

Knitting

Poncho Comfort For Cool Nights

By Ruth Ann Gable

Ponchos continue to be the "in" thing for seemingly all ages but there has been a scarcity of patterns for children's sizes. I am most grateful to Judy Rammelsberg of Cedar Rapids for today's column, both the patterns and the models. Obviously I am catering to you "crocheters" this week. With a little help from you readers I could have some knitted children's ponchos too. By the way, does anyone know where to buy a dolly stretcher?

Crocheted Poncho No. 1

MATERIALS: Two 4 ounce skeins (3 if longer) on size J crochet hook or Boyer 1 wooden hook — worsted weight.

All single crochet in back loop throughout. Chain 48. Join without twisting. SC in each chain until the 24th ch. Then 2 sc in 24th ch and 3 sc in joining ch (this makes the points for front and back).

Continue each row same way until length desired. Fringe lower edge.

Crocheted Poncho No. 2

MATERIALS: Three 4 ounce skeins worsted weight on Size H crochet hook. Chain 60. Join with a slip stitch.

Row 1: Ch 3, 1 dc in 2nd ch, * ch 1, 1 dc in 2nd ch; repeat from * to end, ending ch 1. Join with a sl st to 2nd ch of the ch 3.

Row 2: Sl st in next ch, ch 3, 1 dc under ch 1 space, * ch 1, 1 dc under next ch 1 space; repeat from * to end, ending ch 1, 1 sl st in 2nd ch of the ch 3.

Row 3: Inc row—Repeat Row 2 for pattern working 2 dc (with ch 1 in between) in every 3rd space.

Row 4: Work even in pattern.

Row 5: Repeat Row 3.

Repeat last 2 rows once.

Work even in pattern for 6 rows. Work in inc row increasing in every 10th space. Work even in pattern for 3 rows. Work an inc row, increasing every 10th space. Work even in pattern for 7 rows. End off.

FINISHING: Work 1 row of dc around neck working 2 dc in each block. Fringe.

Crocheted Poncho No. 3

Fits all sizes from 8 to 20

MATERIALS: 8 ounces worsted on size J or K hook for GAUGE of 7 sc to 2 inches. 14½x29 inches (without fringe).

Ch 51 loosely. (Using Main Color—MC). Sc in 2nd ch from hook and sc in each ch across—50 sc, ch 3, turn.

Row 1: Dc in back lp only throughout. Dc in second ch, * ch 2 loosely, sk 2 sc, dc in each of next 2 sc; repeat from * across—12 sps, ch 3, turn.

Row 2: Counting turning ch as first dc, dc in 2nd dc from hood, * ch 2, dc in each of next 2 dc; repeat from * across.

Repeat Row 2 for pattern st and work until entire piece measures 29 inches without stretching.

Work 1 row sc. Fasten off.

Make second piece of contrast color. (CC)

FINISHING: With wrong sides facing, pin last sc edge of MC piece to ½ of side edge of CC piece. Pin last sc edge of CC piece to ½ of side edge of MC piece, starting at first row.

With a 3rd color, join pinned pieces together by working 1 row of sc. With right side facing, work 1 row sc along lower edge and around neck edge, using MC on MC, CC on CC. Hold in neck edge slightly. Fringe.

'The Female Can Explore Space'

SPACE CENTER, Houston, Texas, who was aboard a Soviet (AP) — Russia has flown only spacecraft in 1963.

The news conference was held at the conclusion of a six-day meeting of the joint U.S.-Soviet working group on space biology and medicine. Space doctors from both countries met to exchange data on their findings.

The question was posed to Dr. Charles Berry, head of life sciences for the space agency, and Professor O. G. Gazenko of the Soviet Academy of Sciences, at a news conference Thursday.

"Medical science insists that life without women is impossible and that includes space flight," said Gazenko.

Berry laughed and said, "I can't top that."

The only woman to fly into 425-degree oven 15 to 20 min. home. There is one grand-

Beef Under Biscuits Is Quick Concoction

For a speedy yet satisfying dinner, turn two cans of beef stew into a casserole and stir in a package of cooked frozen or drained canned vegetables.

Top with biscuits from a re-

frigerator package and bake in Danny, Steven and Randy,

utes, or until biscuits are done, daughter.



Ponchos, just the thing for catching lightning bugs on a cool summer evening. Enjoying theirs which were crocheted by their mother, Mrs. Judy Rammelsberg, 2267 C street SW, are, from left, Sandy, 7; Regina, 4, and Donna Zahn, 8. Patterns for the crocheted ponchos are printed at left in the "Knitting" column.

Anniversaries

Mass of Thanksgiving To Honor The Jaegers



The Jaegers

GUTTENBERG — A mass of thanksgiving at St. Mary's Catholic church will honor Mr. and Mrs. Albert Jaeger at 10:30 next Saturday in observance of their 50th wedding anniversary. There will be an open house from 2 to 4 at the Municipal building.

The Jaegers' are the parents of 11 children: Mrs. Adolph Wolter, Gutenberg; Mrs. Russell Cole, Dubuque; George, Garnaville; Donald, now in Vietnam; Joseph, Bellevue; Mrs. Elmer Scherbring, Earlville; Mrs. Eldon Kregel, Luana; Robert, Dubuque; Mrs. Walter Engelken, Dyersville; Raymond, Peru, Ind.; and Roland, Eaton, Ind. There are 49 grandchildren and 10 great-grandchildren.

Mr. Jaeger and the former Lucille Hefel were married May 17, 1922, in Immaculate Conception Catholic church, Buena Vista.

THE VALENTAS TO NOTE GOLDEN ANNIVERSARY

Mr. and Mrs. Lester Valenta, 238 Twenty-second street NW, will observe their 25th wedding anniversary with an open house from 2 to 4 next Sunday in Salem United Methodist church. Their children will be the hosts: Dennis of Rochester, Minn., and Steven and Gary at home. Mr. Valenta and the former Helen Chalupsky exchanged vows May 18, 1947, in Waterloo.

THE McNEALS TO NOTE ANNIVERSARY WITH DANCE

A square dance and open house next Sunday from 2 to 5 in IBBW hall will honor Mr. and Mrs. Glenn E. McNeal, 5011 Harbet avenue NW. The occasion is in observance of their silver wedding anniversary. Mr. McNeal and the former Lucy Scott were married June 1, 1947.

Hosts will be their four children: Mrs. Lee Wolfe of Cedar Rapids and

daughter.

OPEN HOUSE TO HONOR MR. AND MRS. LEO BENA

An open house from 2 to 5 o'clock next Sunday in the home of Mr. and Mrs. Garret B. Wedemeier, 223 Broadmore road NW, will honor Mrs. Wedemeier's parents, Mr. and Mrs. Leo L. Bena, in celebration of their 25th wedding anniversary. Mr. Bena and the former Dorothy Ann Pisney were married May 27, 1947, in Cedar Rapids.

The Herbert Woods Plan A Family Dinner

Mr. and Mrs. Herbert O. Wood, 216 Collins road NE, observed their 50th wedding anniversary Thursday. Mr. Wood and the former Leona McHugh were married May 18, 1922, in Cedar Rapids.

They have three children, Billy B. Wood, route 3, Marion; Mrs. Emery Throckmorton, Alburnett, and Dwain R., stationed with the air force in Okinawa. They have seven grandchildren and two great-grandchildren.

A family dinner honoring the couple will be given in June when Dwain returns from Okinawa.

Mr and Mrs. Hanson Note 50th Anniversary

DECORAH — Mr. and Mrs. Olaf J. Hanson will be honored with an open house next Sunday from 2 to 5 at First Lutheran church.

The occasion is planned in observance of the Hanson's golden wedding anniversary.

MASS TO HONOR

THE HENRY SINNWELLS

A mass of thanksgiving at 9 o'clock at All Saints Catholic church next Sunday will honor Mr. and Mrs. Henry Sinnwell, 1507 Memorial drive SE, in observance of their 25th wedding anniversary. An open house will be given from 1 to 4:30 in their home. Hosts are a son-in-law and daughter, Mr. and Mrs. Richard Green, and a son, Richard at home. Mr. Sinnwell and the former Velma Rodemaker were married May 24, 1947, in Waterloo. There are two grandchildren.

Wed to D. J. Headrick

QUINCY, Ill. — Miss Karen Joyce Bruemmer, daughter of Mrs. Edward Bruemmer and the late Mr. Bruemmer, became the bride of Daniel Josef Headrick, 1118 Twenty-seventh street NE, Cedar Rapids, Iowa, during a 7 o'clock wedding ceremony Friday.

The ceremony was performed by the Rev. Aaron Pemberton in Quincy college chapel.

Parents of the bridegroom are Mr. and Mrs. Daniel C. Headrick of the Twenty-seventh street address.

The bride, given in marriage by her mother and brother, Donald J. Bruemmer, wore a white and taffeta gown designed with a mandarin neckline, bishop sleeves and a chapel-length train. A Juliet cap held her triple-tiered veil and she carried a bouquet of pink sweetheart roses.

The bride's sister, Mrs. Richard D. Mason, attended as matron of honor and Miss Ann Theresa Dittmer was bridesmaid. Hot pink trim marked each attendant's gown which was fashioned of light blue cotton voile and flocked pink roses. Their bouquets were pink sweetheart roses and miniature white carnations.

D. J. Kennedy served the bridegroom as best man and groomsmen was Micky I. Finn. Guests were seated by Denny Herrald and Robert Stensby.

Flower girl was Christy Stensby and Bobby Stensby was ringbearer.

A reception was given at the Holiday Inn in Quincy.

The newlyweds will reside in Cedar Rapids after a brief wedding trip to the eastern states. Both Mr. Headrick and his bride were graduated from Quincy (Ill.) college.

The bridegroom's parents were hosts at a bridal dinner given at Stipps restaurant in Quincy.

Rainbow Girls

Miss Lynn Everts, 2190 Tenth avenue, Marion, will be installed as worthy advisor in ceremonies Saturday at 7 in the Masonic temple, Marion. Other officers to be installed are: Sue Kennedy, worthy associate advisor; Wendy Walsh, charity; Yvonne Hogan, hope, and Katie Ferris, faith.

Linda Huber, D. J. Birney Repeat Vows

KEOTA — Nuptial vows were exchanged Saturday during a 2 o'clock ceremony between Miss Linda Marie Huber of Iowa City, daughter of Mr. and Mrs. Herbert D. Huber of Wellman, and David James Birney.

Parents of the bridegroom are Mr. and Mrs. James Birney of Washington.

The Rev. David L. Reeves officiated at the ceremony in United Presbyterian church. A reception was given for 245 guests in the social rooms at the church.

Organza ruffles trimmed the high neckline and long sleeves of the bride's organza and peau d'ange lace gown. A Camelot headpiece held her chapel-length veil and she carried a nosegay bouquet of white carnations and daisies.

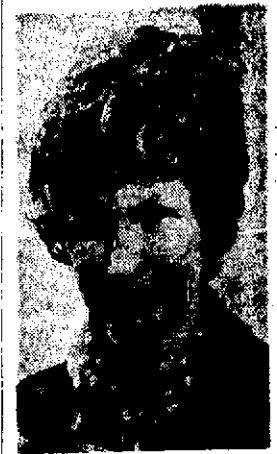
The bride's sister, Miss Margaret Huber, was maid of honor and Miss Barbara A. Williams and Mrs. Claude Greiner attended as bridesmaid and bridesmatron. Green velvet ribbon marked their gowns of blue and green floral print over pastel blue taffeta. Each wore matching green ribbons in her hair and carried a basket of yellow mums.

James Arnett was best man and Mr. Greiner and Thomas Stephens were groomsmen. Ushers were Jay Huber, brother of the bride, and Donald Birney and John Huber.

Nicholle Stewart was flower girl and Thomas Erdahl, ring bearer.

Mrs. Birney was graduated from North Iowa Area Community college in Mason City and is employed by University hospital in Iowa City. Her husband was graduated from Iowa State university. The newlyweds will reside near Washington where Mr. Birney farms.

Pen Women, Inc. Install Officers



Mrs. Struthers

Mrs. Melvin Struthers, 503 Forest drive SE, was installed as president of the Waterloo-Cedar Rapids branch of the National League of American Pen Women, Inc., Saturday at the meeting at the Elks club.

Other officers who were installed are: Prof. Margaret Garland of Waverly, vice-president; Mrs. J. C. Stewart of Cedar Falls, treasurer, and Mrs. William Mack, 1815 Washington avenue SE, secretary.

Sinusitis Caused By Environment

NEW YORK — Air pollution and excessive cigarette smoke are contributing to sinusitis problems, according to a pharmaceutical journal.

Other predisposing factors cited include bacterial infection, poor drainage of the sinuses, allergies, exposure to extremes in temperature and humidity, general debility and emotional upsets.

Physicians often prescribe antibiotics to control acute infection, and to promote drainage of the sinus cavities, a decongestant-antihistamine, or nose drops or sprays.

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says Mrs. Ken Schmidt of Norfolk, Nebraska

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