## ASOCIACION ESPAÑOLA DE POWERLIFTING I Campeonato del Mediterrani de la Asociación de Powerlifting de Cataluña La Pobla de Montornes (Tarragona), 28-30 de enero del 2022

MUJERES POWERLIFTING RAW LEVANTADORA	AÑO	CLUB	PESO	COEF.	Ord	c	ENTAD:	TIIAS		n	RESS B	ANCA		n	ESO MU	IEDTO		TOTAL	IPF GL	Dτ
-47kg	ANU	CLUB	PESU	COEF.	Ora.		ENTAD.	ILLAS		<u></u>	KESS D	ANCA		<u> </u>	ESO MU	EKIU		IUIAL	IPF GL	<u> </u>
1 Torrijos Martin Mar	1988	FVLFR	47,00	0,2772	1	65,0	70,0	<del>75,0</del>	1	37,5	<del>40,0</del>	40,0	1	85.0	90,0	<del>95,0</del>	1	197,5	54,75	1
•52kg	1300	IVLIK	17,00	0,2772		05,0	70,0	75,0		57,5	10,0	10,0		03,0	50,0	22,0	-	197,3	34,73	
1 Larrosa Cintas. Nayma	2000	FIA	51,65	0,2540	7	110,0	115,0	117,5	2	75,0	80,0	<del>85,0</del>	1	125,0	132,5	137,5	2	335,0	85,09	1
2 Larrosa Cintas Andrea	2000	FIA	51,75	0,2536	6	110,0	115,0	120,0	1	65,0	70,0	<del>75,0</del>	2	130,0	140,0	145,0	1	335,0	84,96	9
Peralta Cabrera Laura	1992	FKB	51,05	0,2566	5	92,5	97,5	<del>102,5</del>	3	47,5	52,5	<del>55,0</del>	3	115,0	120,0	125,0	3	275,0	70,56	
Sanchez Gomez Maria	1994	PBAR	51,20	0,2559	3	82,5	87,5	87,5	4	37,5	40,0	<del>42,5</del>	5	105,0	110,0	<del>120,0</del>	4	237,5	60,78	
5 Inderbaeva Attsaeva Lilia	1987	IRONT	51,80	0,2533	4	75,0	80,0	87,5	5	42,5	45,0	4 <del>7,5</del>	4	95,0	102,5	<del>110,0</del>	5	235,0	59,53	
5 Kharandyuk Oleksandra	1989	FVLFR	48,20	0,2705	8	55,0	57,5	<del>62,5</del>	6	32,5	35,0	<del>35,0</del>	6	70,0	75,0	80,0	6	170,0	45,98	
57kg	1303	I VEIIX	10,20	0,2703		33,0	37,3	02,5		32,3	33,0	33,0		70,0	73,0	00,0	ŭ	170,0	.5/50	
Valverde Vizcaino Erika	2001	PBAR	52,80	0,2493	14	105,0	112,5	<del>117,5</del>	2	50,0	55,0	60,0	3	122,5	127,5	130,0	2	302,5	75,41	1
Peña Magallon Alicia	1998	AFA	54,80	0,2418	9	100,0	105,0	110,0	3	57,5	62,5	<del>67,5</del>	2	117,5	130,0	<del>140,0</del>	3	302,5	73,14	-
Segarra Gonzalez Marina	1997	PBAR	56,80	0,2352	15	105,0	<del>112,5</del>	<del>112,5</del>	4	65,0	67,5	67,5	1	<del>130,0</del>	130,0	140,0	4	300,0	70,56	
Armengol Vallejo Aida	2001	PBAR	56,00	0,2377	11	75,0	80,0	85,0	6	45,0	47,5	50,0	4	85,0	95,0	100,0	6	235,0	55,86	
Puigdomenech Lloveras Laia	2002	PBAR	52,50	0,2505	12	80,0	85,0	90,0	5	32,5	37,5	<del>40,0</del>	6	85,0	92,5	<del>100,0</del>	7	220,0	55,11	
Hernandez Garriga Alba	1997	PBAR	54,45	0,2430	13	57,5	<del>65,0</del>	65,0	7	35,0	40,0	4 <del>2,5</del>	5	90,0	97,5	105,0	5	210,0	51,03	
- Palenzuela Aviles Cristina	1998	FIA	56,55	0,2360	16	115,0	120,0	<del>125,0</del>	1	57,5	62,5	<del>62,5</del>	_	145,0	150,0	155,0	1		_	
3kg	1330	11/1	30,33	0,2300	10	115,0	120,0	123,0		37,3	02,3	02,3		115,0	150,0	133,0	•			
Jimenez Calabuig Silvia	1996	AFA	62,85	0,2191	27	135,0	142,5	<del>142,5</del>	1	75,0	80,0	<del>82,5</del>	1	145,0	152,5	<del>160,0</del>	1	367,5	80,52	1
Fernandez Gonzalez Marta	2002	FIA	62,95	0,2189	19	117,5	125,0	132,5	2	<del>55,0</del>	60,0	65,0	5	125,0	137,5	145,0	2	337,5	73,88	-
Collado Valenzuela Irene	1997	MOON	62,30	0,2204	24	115,0	122,5	<del>130,0</del>	3	60,0	65,0	67,5	2	125,0	135,0	145,0	6	322,5	71,08	
Marguez Garcia Maria	2001	PBAR	62,60	0,2197	18	105,0	110.0	115,0	5	55,0	60,0	62,5	3	125,0	137,5	152,5	4	315,0	69,21	
Mitjavila Casals Irene	2002	MOON	61,75	0,2137	25	102,5	110,0	115,0	4	52,5	57,5	57,5	9	125,0	135,0	142,5	3	310,0	68,73	
Pineda Sandoval Belen	1997	PBAR	63,00	0,2188	26	95,0	110,0 102,5	102,5	6	50,0	55,0	57,5	6	125,0	132,5	137,5	5	297,5	65,09	
Ramirez Espinosa Heidi	1997	PBAR	62,40	0,2201	21	85,0	92,5	100,0	8	47,5	52,5	55,0	8	115,0	125,0	135,0	7	290,0	63,83	
Perez Muñoz Isabel	1996	PBAR	62,20	0,2201	17	85,0	95,0	100,0	7	47,5	52,5	55,0	7	120,0	130,0	135,0 135,0	9	285,0	62,87	
Gonzalez Romero Lidia	1999	MOON	57,50	0,2330	22	80,0	87,5	92,5	9	40,0	42,5	45,0	11	122,5	132,5	137,5	8	267,5	62,33	
) Bonilla Colomo Yolanda	1997	PTRSA	62,85	0,2191	23	90,0	92,5	<del>100,0</del>	10	55,0	60,0	62,5	4	100,0	112,5	120,0	10	267,5	58,61	
1 Bruix Girau Anna	1988	PBAR	60,25	0,2254	20	80,0	85,0	90,0	11	42,5	45,0	4 <del>7,5</del>	10	92,5	97,5	100,0	11	235,0	52,97	
9kg	1300	IDAI	00,23	0,2231	20	00,0	03,0	50,0	-11	12,3	13,0	٦, ٦,	10	32,3	57,5	100,0	-11	233,0	32,37	
Almendariz Vera Dina Belen	1997	AFA	68,35	0,2083	36	107,5	115,0	120,0	5	62,5	<del>67,5</del>	67,5	2	150,0	162,5	170,0	1	357,5	74,47	1
Vidal Belles Balma	2001	FIA	68,50	0,2080	29	112,5	122,5	130,0	1	62,5	67,5	67,5	4	152,5	162,5 162,5	162,5	2	355,0	73,84	-
Barea Paucirerol. Sara	1997	MOON	67,85	0,2091	35	110,0	<del>120,0</del>	125,0	2	65,0	70,0	<del>75,0</del>	1	135,0	145,0	155,0	3	350,0	73,19	
Diaz Carnicer Rosana	1993	IRONT	66,10	0,2124	31	115,0	122,5	127,5	3	50,0	55,0	57,5	6	135,0	145,0	152,5	4	332,5	70,62	
Felix Orive Laura	1991	PBAR	67,75	0,2124	30	97,5	105,0	112,5	6	62,5	55,0 <del>67,5</del>	57,5 <del>67,5</del>	3	110,0	120,0	125,0	8	300,0	62,79	
Redondo Edo Raquel	2001	PSVIC	67,75	0,2093	33	102,5	112,5	120,0	4	45,0	<del>52,5</del>	<del>52,5</del>	9	110,0	120,0	125,0 <del>127,5</del>	9	285,0	60,02	
Castellano Funes Lucia	1999	FIA	67,05	0,2100	28	80,0	87,5	95,0	7	47,5	52,5	<del>52,5</del> <del>60,0</del>	8	120,0	130,0	135,0	6	282,5	59,38	
Alonso Beneyto Elena	2001	AFA	66,95	0,2102	32	75,0	82,5	90,0	8	52,5	52,5 57,5	<del>62,5</del>	7	115,0	125,0	135,0 <del>130,0</del>	7	202,5 272,5	57,44	3
•	1993	PBAR	69,00	0,2108	34	75,0 <del>122,5</del>	62,5 <del>122,5</del>	90,0 <del>122,5</del>	0	52,5 <del>60.0</del>	57,5 60,0	62,5	5	140.0	142,5	150,0	5	212,3	57,44	-
<ul> <li>Aniorte Lopez. Maria</li> </ul>	1993	PDAK	09,00	0,2072	34	122,5	122,5	122,5	_	<del>00,0</del>	00,0	02,5	Э	140,0	142,5	150,0	Э	_	_	-

## ASOCIACION ESPAÑOLA DE POWERLIFTING I Campeonato del Mediterrani de la Asociación de Powerlifting de Cataluña La Pobla de Montornes (Tarragona), 28-30 de enero del 2022

MUJERES POWERLIFTING RAW																				
LEVANTADORA	AÑO	CLUB	PESO	COEF.	Ord.	S	ENTAD:	[LLAS		P	RESS B	ANCA		P	ESO MU	ERTO		TOTAL	<b>IPF GL</b>	Pt.
-76kg																				
1 Lanza Alzamora Martina	2003	PRAET	75,50	0,1978	41	130,0	137,5	145,0	1	62,5	70,0	75,0	2	150,0	160,0	170,0	1	390,0	77,14	12
2 Garrido Romero Blanca	1999	AFA	72,15	0,2023	42	112,5	120,0	127,5	2	80,0	85,0	90,0	1	135,0	145,0	155,0	2	372,5	75,36	9
3 Moreno Davo Jessica	1999	IRONT	73,95	0,1998	38	105,0	110,0	117,5	3	60,0	62,5	<del>65,0</del>	3	135,0	142,5	147,5	3	327,5	65,43	8
4 Miranda Carmona Raquel	1996	MOON	73,10	0,2009	40	100,0	107,5	115,0	4	55,0	60,0	<del>62,5</del>	4	125,0	132,5	140,0	4	315,0	63,28	7
5 Bernabe Perez Andrea	2002	BEGOAL	73,70	0,2001	37	92,5	100,0	105,0	5	45,0	47,5	50,0	5	92,5	105,0	112,5	5	267,5	53,53	6

	CLASIFICACIÓN POR CLUBS	pt.	Puntuaciones
1	ALTEA-FINESTRAT-L'ALFAS	45	[12+12+9+9+3] 360,93 GL Pts
2	FUERZA ISABEL ATLAS Chiva	43	[12+9+9+9+4] 377,15 GL Pts
3	POWERLIFTING BARCELONA	41	[12+8+7+7+7] 331,81 GL Pts
4	MOONSTONE BARBELL Barcelona	31	[8+8+7+6+2] 338,60 GL Pts
5	IRON TEAM Elche	21	[8+7+6] 195,58 GL Pts
6	FORÇA VILAFRANCA	17	[12+5] 100,73 GL Pts
7	PRAETORIANS TARRAGONA	12	[12] 77,14 GL Pts
8	FUERZA KB Baleares	8	[8] 70,57 GL Pts
9	CENTRO BEGOAL Alicante	6	[6] 53,53 GL Pts
10	POWER SAN VICENTE	5	[5] 60,02 GL Pts
11	PESAS TERRASSA	1	[1] 58,61 GL Pts

MEJORES LEVANTADORAS pt. IPF GL											
	Nombre	Club	Cat.	Peso corp.	Total	GL pt.	Clasif.				
1	Larrosa Cintas. Nayma	FUERZA ISABEL ATLAS Chiva	-52kg	51,65	335,0	85,0900	1				
2	Larrosa Cintas Andrea	FUERZA ISABEL ATLAS Chiva	-52kg	51,75	335,0	84,9560	2				
3	Jimenez Calabuig Silvia	ALTEA-FINESTRAT-L'ALFAS	-63kg	62,85	367,5	80,5193	1				
4	Lanza Alzamora Martina	PRAETORIANS TARRAGONA	-76kg	75,50	390,0	77,1420	1				
5	Valverde Vizcaino Erika	POWERLIFTING BARCELONA	-57kg	52,80	302,5	75,4133	1				
6	Garrido Romero Blanca	ALTEA-FINESTRAT-L'ALFAS	-76kg	72,15	372,5	75,3568	2				
7	Almendariz Vera Dina Belen	ALTEA-FINESTRAT-L'ALFAS	-69kg	68,35	357,5	74,4673	1				
8	Fernandez Gonzalez Marta	FUERZA ISABEL ATLAS Chiva	-63kg	62,95	337,5	73,8788	2				
9	Vidal Belles Balma	FUERZA ISABEL ATLAS Chiva	-69kg	68,50	355,0	73,8400	2				
10	Barea Paucirerol. Sara	MOONSTONE BARBELL Barcelon	-69kg	67,85	350,0	73,1850	3				
11	Peña Magallon Alicia	ALTEA-FINESTRAT-L'ALFAS	-57kg	54,80	302,5	73,1445	2				
12	Collado Valenzuela Irene	MOONSTONE BARBELL Barcelon	-63kg	62,30	322,5	71,0790	3				
13	Diaz Carnicer Rosana	IRON TEAM Elche	-69kg	66,10	332,5	70,6230	4				
14	Peralta Cabrera Laura	FUERZA KB Baleares	-52kg	51,05	275,0	70,5650	3				
15	Segarra Gonzalez Marina	POWERLIFTING BARCELONA	-57kg	56,80	300,0	70,5600	3				
16	Marquez Garcia Maria	POWERLIFTING BARCELONA	-63kg	62,60	315,0	69,2055	4				
17	Mitjavila Casals Irene	MOONSTONE BARBELL Barcelon	-63kg	61,75	310,0	68,7270	5				
18	Moreno Davo Jessica	IRON TEAM Elche	-76kg	73,95	327,5	65,4345	3				
19	Pineda Sandoval Belen	POWERLIFTING BARCELONA	-63kg	63,00	297,5	65,0930	6				
20	Ramirez Espinosa Heidi	POWERLIFTING BARCELONA	-63kg	62,40	290,0	63,8290	7				

## ASOCIACION ESPAÑOLA DE POWERLIFTING I Campeonato del Mediterrani de la Asociación de Powerlifting de Cataluña

La Pobla de Montornes (Tarragona), 28-30 de enero del 2022

**ABREVIACIONES:** 

AFA = ALTEA-FINESTRAT-L'ALFAS BEGOAL = CENTRO BEGOAL Alicante FIA = FUERZA ISABEL ATLAS Chiva FKB = FUERZA KB Baleares FVLFR = FORÇA VILAFRANCA IRONT = IRON TEAM Elche MOON = MOONSTONE BARBELL Barcelona PBAR = POWERLIFTING BARCELONA PRAET = PRAETORIANS TARRAGONA PSVIC = POWER SAN VICENTE PTRSA = PESAS TERRASSA