

A white rabbit character with long ears, black dot eyes, and a black 'X' for a mouth. It is wearing a blue short-sleeved shirt and has its arms raised. The background is a blue sky and green grass.

RESTRAINING ORDER OR RELATIONSHIP?

a case study on a
corporate romance

💖 👍 👎 HA HA !! ? 😂

ethan i'm like a very stubborn
person until i get a restraining
order i prob won't stop tbh



THE TIMELINE

05/27/2025

T met J, assigned to
eat lunch together,
stalking began

06/17/2025

Summer kickoff, went
on a walk together, ***J***
took pictures of T,
INSTENSE STALKING

06/16/2025

J: “If you ever make
sourdough baguettes
for me I’ll give you ***tea***
for the rest of your
life.”



06/24/2025

J invites T to go *rock climbing!!!*

07/08/2025

T *left on delivered on TEAMS*

**06/30/2025 –
07/06/2025**

Intermission (J went on a backpacking trip to Sweden)

07/17/2025

Friend said today was a lucky day, *called* James out of *desperation* on Instagram, *didn't pick up... STILL delivered* on Teams.





DATA FINDINGS

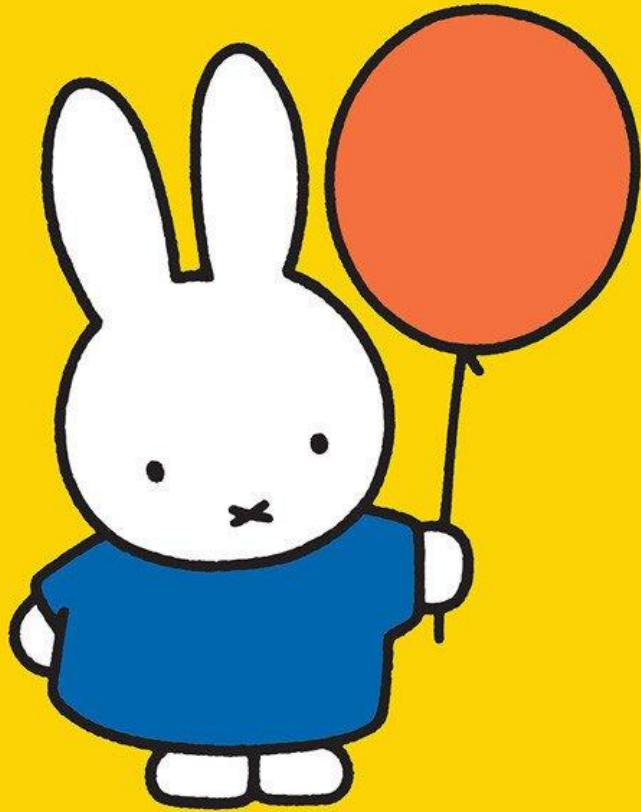
- Excel Dataset
- Excel pivot table
- Interactive Tableau Dashboard
- Analysis
- Next steps



THE "CHART"

- Data collected over the span of 3 months
- ***Variables:***
 - ***Date:*** date of event
 - ***Feeling:*** how T felt about that day's events
 - ***Length talking:*** how many hours T spent talking to J
 - ***What happened:*** specific details about events and feelings

SYNTHESIZING THE NOTES INTO A USABLE DATASET



- ***To encode feelings:***
`=IF(ISNUMBER(MATCH(Table1[@Feeling
],
{"bad","uncertain","angry","sad","confus
ed"}, 0)), -1, 1)`
- ***To encode length talking:***
`=IF(ISNUMBER(MATCH(Table1[@[Length
Talking (hours)]], {"Dms'd","Teams'd"},
0)), 0, Table1[@[Length Talking
(hours)])`

THE PIVOT TABLE



Row Labels	Sum of Hours Talking	Sum of Feeling
May	2	-1
Jun	5	-4
Jul	3.05	-7
Aug	1	2
Grand Total	11.05	-10

"HEY SIRI PLAY THE SUBWAY BY CHAPPELL ROAN: " TABLEAU DASHBOARD!"

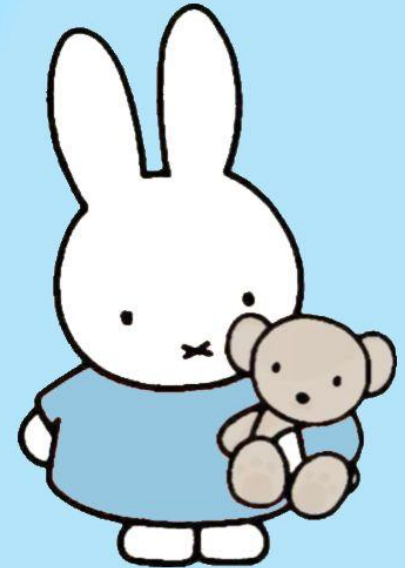
[Dashboard link](#)

(Ctrl + Click to follow)



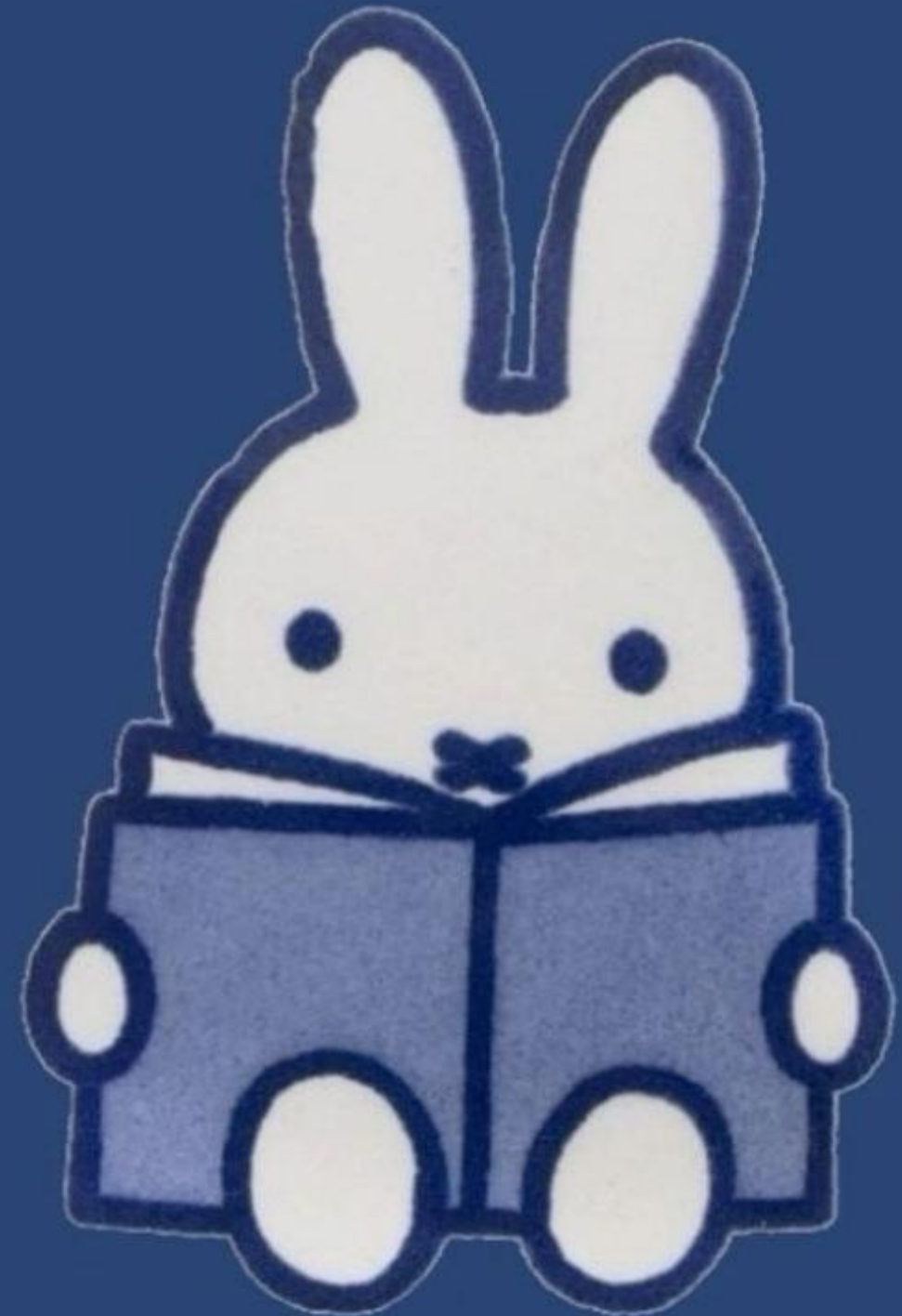
"LIKE I AM NOT MANEATING RN:" ANALYSIS

- Overall, J is **not** good for T
- Although we can see some highs in the beginning of their relationship, namely late May to mid-June, ***T has more consistently felt negatively***
 - Namely that ***T has not felt positively throughout July***
- Does not seem to be a strong relationship between T's feelings and length talking
 - Despite talking for ***10+ hours***, T ***overall felt NEGATIVE***



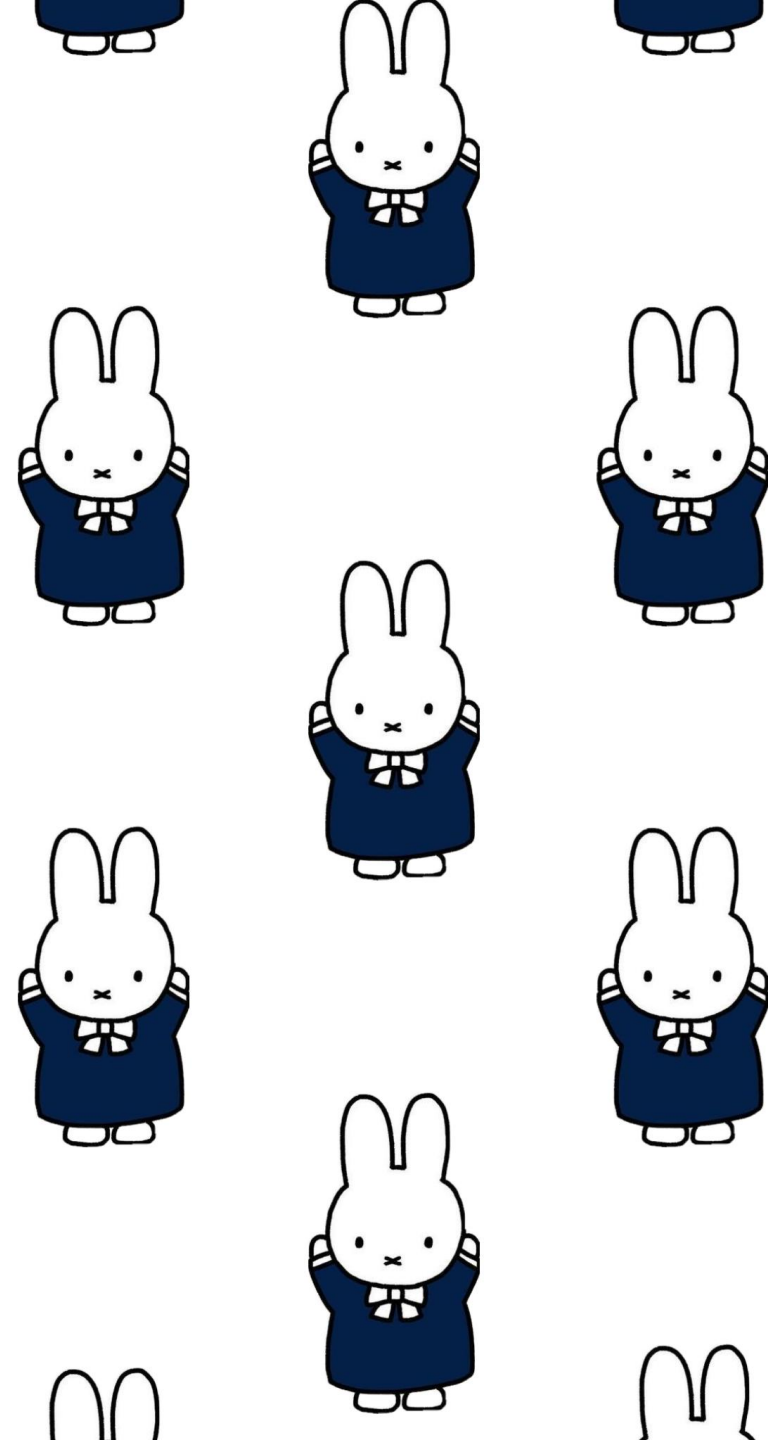
"I FEAR I CAN'T EVEN RECOGNIZE MY OWN PATTERNS:" THE WHY

- T has said that they ***don't want a full-blown relationship***, just someone to like them in a romantic way
 - Has said that if they wanted a friend they could get one, but romantically that has never happened -> perhaps an ***internal competition*** to ***"prove" themselves***
- T never met someone who could "keep up" with them, so perhaps they ***felt the need to "win"*** J over because who else could "keep up" with them?
 - Scarcity mindset realness



"JUST MENTALLY ILL ENOUGH TO YEARN:" THE WHY (CONT.)

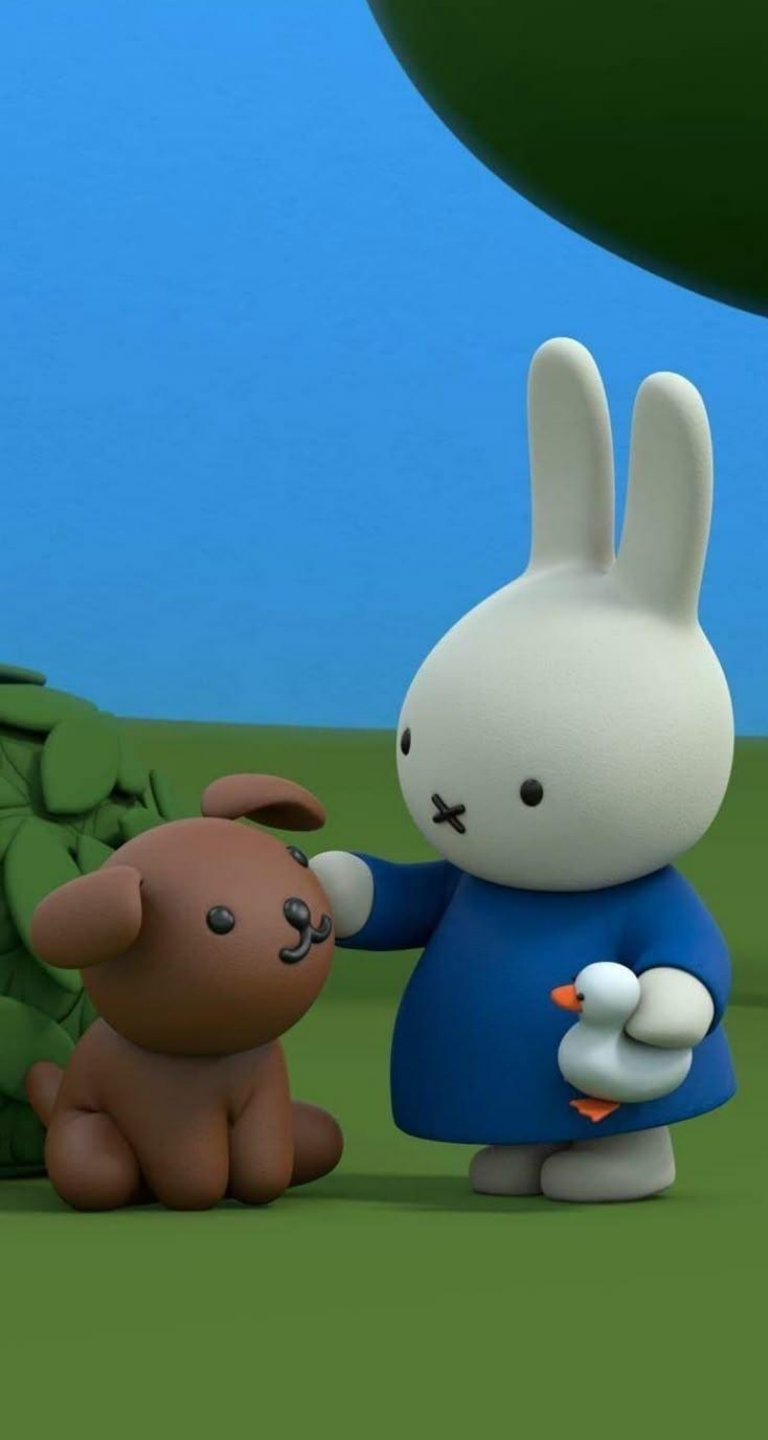
- Perhaps J has *unresolved trauma unbeknownst to us*
- Seems like J is interested in T, but something is blocking them from making a move, so perhaps they just stick to casual flirting to get that same "*rush*" *without the fear of rejection*
- *J going to school in D.C.* makes it easy to flirt around in California as he knows that *they won't make any connections meaningful enough to travel back with them to D.C.*
- *Perhaps T is just bored*

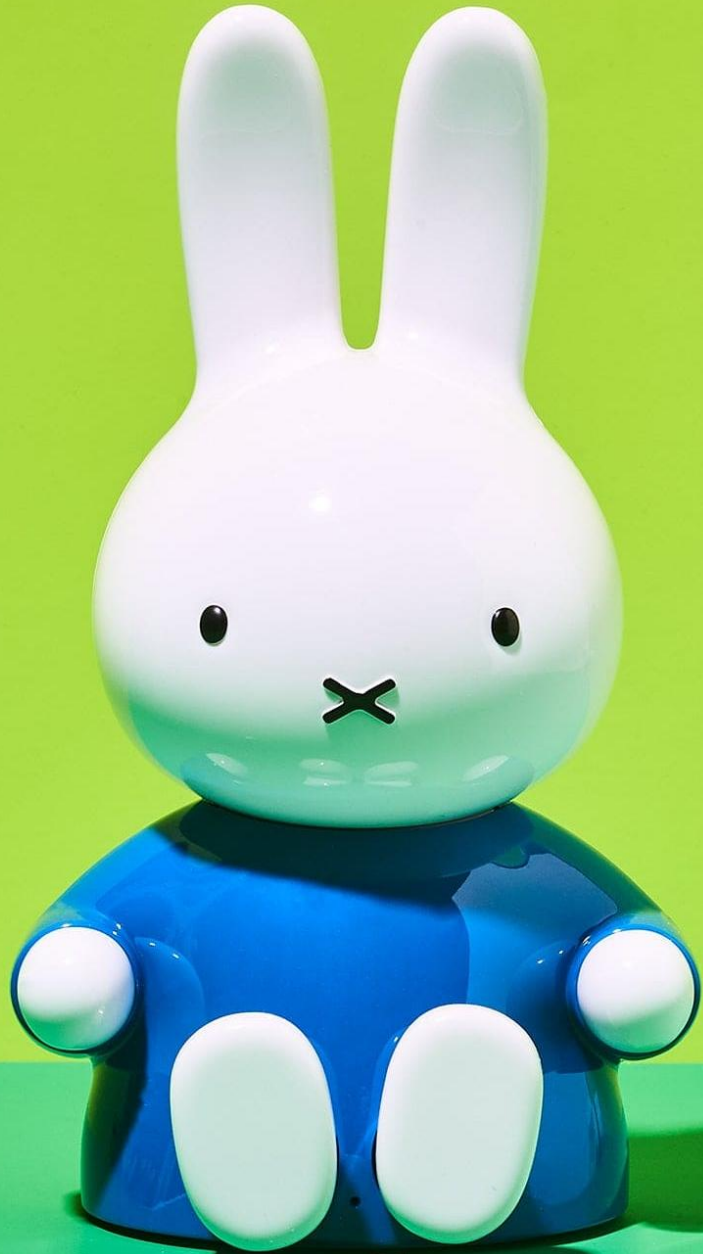


SO... WHAT NOW?: NEXT STEPS



- **Therapy:** will help set healthy boundaries to approach future romantic situations in a healthier way
- **Self-investment:** self-improvement will help create a **stronger sense of identity and personal power**
 - Helps you "**stick**" in people's memory better once they associate you with your niche(s)
-> **impactful existence!**





THANK YOU!