

The Limbic Constraint Thesis

A Root Cause Analysis of Civilizational Misalignment

Chuck Herrin | globalracecondition.com | February 2026

The Thesis

All human sensory input is processed through the limbic system before reaching higher cognitive functions. This system was optimized for physical survival in small groups under conditions of scarcity. It evaluates every input against three criteria: *identity* (does this affect what I consider 'me?'), *expectation* (does this match what I predicted?), and *desire* (does this match what I want?). When inputs violate expectation or desire, the system generates emotional responses that suppress executive function, defaulting to fight-or-flight rather than reason-and-evaluate. This is the biological root cause of humanity's persistent failure to cooperate at the scale our technology requires.

The Causal Chain

Surface: We face converging existential risks (ASI, geopolitical collapse, climate instability, demographic implosion) and cannot coordinate responses.

Why: We are locked in zero-sum competition (US-China AI race, corporate quarterly optimization, political polarization) at every scale.

Why: We default to zero-sum thinking because our threat-detection system was built for a zero-sum world of physical scarcity.

Why: We cannot see this filter operating because the filter distorts perception of the filter. The tool we would use to diagnose the problem is the thing that is broken.

Root: Third parties have learned to exploit this vulnerability at scale (attention economy, political manipulation, algorithmic outrage). Meanwhile, we are encoding these same biases into AI systems via RLHF and training data, replicating the constraint in our successors.

Evidence Categories

Neuroscience: Limbic system architecture, amygdala hijack, cognitive resource allocation, IQ suppression under emotional load.

Historical patterns: Strauss-Howe generational cycles, Thucydides Trap recurrence, 80-year crisis periodicity, Reagan Reversal as identity-shift case study.

Physics/biology parallels: Strong force / gravity duality as individuation / connection pattern, endosymbiosis as evolutionary step-function via cooperation, dual-control design patterns across domains.

AI systems: Moltbook autonomous agent behavior, RLHF bias transmission, AI agents already identifying and calling out human hypocrisy.

Commercial exploitation: Attention economy business models, algorithmic outrage optimization, limbic exploitation as monetization strategy.

The Proposed Intervention

Individual cognitive self-awareness (recognizing the filter and learning to invoke executive override) as a prerequisite for institutional solutions. Not universal enlightenment, but sufficient critical mass of individuals who understand their own information-processing limitations to design and staff institutions that don't replicate zero-sum defaults. Complemented by system design (transparent transactions, reputation mechanisms, aligned incentives) that makes cooperation structurally rational rather than morally required.

Where I Need Pushback

- 1. Is the neuroscience model accurate or oversimplified?** I am describing the limbic system as a "host-based firewall" that processes 100% of sensory input before executive function. Is this a defensible simplification or a distortion that undermines the argument?
- 2. Is individual change a realistic prerequisite for institutional change, or is it backwards?** The strongest counterargument may be that good institutions shape individual behavior more reliably than individual enlightenment shapes institutions. Am I sequencing this wrong?
- 3. Does the physics parallel hold or is it false pattern-matching?** I draw structural parallels between strong force/gravity and individuation/connection. Is this a legitimate isomorphism or am I seeing patterns where there is only coincidence?
- 4. Is the "zero-sum to abundance" transition historically precedented at civilizational scale?** Have any societies successfully made this mindset transition without first experiencing catastrophic collapse? If not, does that undermine the thesis or confirm it?
- 5. What am I missing?** What are the strongest arguments against this thesis that I have not addressed? Where are my own filters most likely distorting my analysis?