healf.

GROWTH · MULTIPLE LOCATIONS · FULLY REMOTE

Backend Engineer

Location: Remote — Open to candidates anywhere in the world. Build secure, scalable APIs in Node.js/ TypeScript. Own CI/CD, cloud infra, and integrations. Help power our product across web, mobile

Apply for this job

Build the Future of Wellbeing

Do Your Life's Best Work

If modern wellbeing were redesigned from scratch, it wouldn't live in a GP's office or a cluttered supplement aisle. It would be digital-first, beautifully curated, and powered by data that actually helps you feel your best.

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That's what we're building at **Healf**—an ecommerce platform at the

intersection of personalised health and curated wellbeing. We connect customers with the world's most effective products across **EAT MOVE MIND and SLEEP**, and we're just getting started.

We combine **culture-shaping storytelling**, **cutting-edge health tech** (like our new blood testing platform, **Healf Zone**), and **a best-in-class product experience** to help people build rituals that work.

Backed by investors behind **Soho House, Alo Yoga, Cult Beauty, and Innocent**, we're scaling fast—and redefining how the world shops and lives well.

The Role

We're looking for a sharp and experienced Full-Stack Engineer who leans back-end and thrives in fast-paced, high-ownership environments. In this role, you'll take the lead on building secure, scalable APIs and real-time integrations that power our core product. You'll own critical infrastructure, shape API design in collaboration with front-end teams, and ensure production systems run smoothly. If you love writing clean, efficient code and solving technical challenges across the stack—especially in Node.js and TypeScript—this is for you.

📍 **Location: Remote — Open to candidates based anywhere in the world.**

Key Respons

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- Design, build, and maintain secure REST & GraphQL APIs that power web, mobile, and partner integrations.

- Implement authentication and authorisation flows (OAuth 2.0, OpenID Connect, JWT) plus role-based access controls.

- Own CI/CD pipelines (GitHub Actions or similar): automated tests, static analysis, container builds, multi-env deploys.

- Create background workers, cron jobs, and real-time webhooks that sync data with third-party SaaS.

- Monitor, debug, and tune production services using CloudWatch, Posthog, Vercel and structured logging.

- Collaborate with front-end engineers to define API contracts and deploy them to production.

Qualifications

- 4 + years building production back ends in Node.js/TypeScript, ideally using NextJS, including ownership of at least one CI/CD pipeline.

- Deep knowledge of relational databases (Postgres or MySQL), migrations, quer~~~~~~~~~~~~~~~~~~~~~~~ (Redis).

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- Experience with modern web tools like vercel(NextJS), Sentry,

Supabase etc

- Comfort with containerisation and cloud-native patterns (Docker, AWS Lambda/ECS/Fargate).

- Experience integrating external APIs and maintaining robust webhook/event systems.

- Strong testing culture (unit, integration, contract testing) and commitment to secure coding standards.

Nice to Have

- Exposure to Shopify Admin API or other e-commerce platforms.

- Infrastructure-as-code with Terraform or AWS CDK.

- Experience with Content Management Solutions

- Familiarity with event streaming (SNS/SQS, Kafka) and data pipelines

Why Join He

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- **Do your life's best work** — Build something that matters, with a

team that moves fast and aims high

- **Surround yourself with A+ talent** – You'll work with high-performers who care deeply and raise the standard every day

- **Be a builder** – This isn't a cog-in-the-machine role. You'll help shape our voice, culture, and growth

- **Wellbeing is the lifestyle** – From office yoga to Healf Zone insights, everything we do is rooted in our pillars: EAT MOVE MIND SLEEP

Department
Growth

Locations
Multiple locations

Remote status
Fully Remote

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About Healf

Healf was founded by two brothers - Max and Lestat - with a relentless drive to reshape health and wellness.

Their journey has been fuelled by hard work, intensity, and a commitment to build something transformative.

Like all of us, they're here to make a lasting impact.

Founded in 2021

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Do you have at least 4 years of experience building production back ends in Node.js and TypeScript? *

○ Yes   ○ No

Have you owned and maintained a CI/CD pipeline (e.g. GitHub Actions) in a production environment? *

○ Yes   ○ No

On a scale of 1 to 5, how would you rate your experience in building and maintaining real-time integrations like webhooks, background workers, and cron jobs in a production environment? *

(1 = No experience, 2 = Familiar with the concepts but haven't built them, 3 = Built simple versions in personal or team projects, 4 = Implemented and maintained them in production, 5 = Designed and supported complex, production-grade integrations across systems)

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○

On a scale of 1 to 5, how would you rate your proficiency in working with relational databases like Postgres or MySQL (including schema design, migrations, and query optimisation)? *

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(1 = No experience, 2 = ⌊   ⌋ole with schema design and simple migrations, 4 = Strong experience with optimising queries and managing

data at scale, 5 = Expert in designing, optimising, and maintaining production-grade relational databases)

1

Why do you want to work with Healf? *

Type an answer...

What do you believe makes you exceptional? Please share three examples. *

These can be from your work, studies, or life experiences.

Type an answer...

LinkedIn Profile *

Type an answer...

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Link to your por...

Please show us samples of your work.

Type an answer...

What is the highest degree you have earned? *

○ GCSEs or Equivalent

○ A-Levels or Equivalent

○ Bachelor's Degree (Undergraduate)

○ Master's Degree

○ Doctoral Degree

○ Other (Please specify)

What school, university, or college did you last attend? *

Type an answer...

What are your salary expectations? *

Type an answer...

What is your notice period? *

Type an answer...

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Do you have a laptop or computer that you use for work?
*

○ Yes   ○ No

Anything else you would like to share?

Type an answer...

Locations *

☐ Islamabad   ☐ New Delhi   ☐ Bucharest   ☐ Hanoi

☐ Kyiv   ☐ Manila   ☐ Nairobi   ☐ Tbilisi

☐ Warsaw

Personal information

Apply with LinkedIn

First name *

Apply for this job

Jane

Doe

Email *

jane@example.com

Phone *

▢ ▾   +92 301 2345678

Upload CV *

Drop your file or upload

Additional files

Drop your file or upload

Cover letter

Write your letter...

By submitting this application, I agree that I have read the Privacy Policy
and confirm that Healf store my personal details to be able to process
my job application. *

Yes, Healf can contact me directly about specific future job
opportunities.

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