

Welcome and Course Information

Welcome to *Learning How to Learn*!



Learning How to Learn is for *you*—it's meant to give you practical insight on how to learn more deeply and with less frustration. The lessons in this course can help you in learning many different subjects and skills. Whether you love language or math, music or physics, psychology or history, you'll have a lot of fun, and learn a LOT about how to learn!

To get started on the course, just dive right into the videos, which are immediately after this page. If you want, you can jump back here at any time to explore more specific information about the various areas below.

- [Course objectives](#)
- [Course FAQs](#)
- [How to use discussion forums](#) (and video forums)
- [Grade calculations](#)
- [The readings](#)
- [About the mentors and the instructors](#)
- [Can you help with translating the course into your favorite language?](#)
- [Special information on learning for pre-med students, medical school students, and doctors](#)
- [Hall of Fame of previous projects for the course](#)

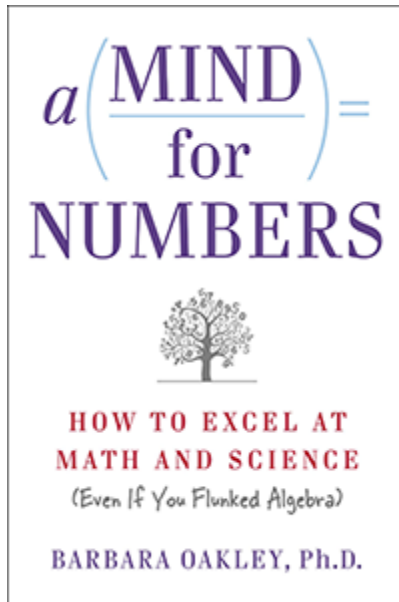
Video Discussion Forums

Meet your fellow classmates and engage in face-to-face video discussions about the course using [the HiHo app](#) (iOS only for now). You can participate in a number of our active discussions on the [Learning How to Learn channel](#). See you there!

Supplementary Course Text

If you want to be extra prepared, the book [A Mind for Numbers](#) (which is not required, but which formed the basis for this MOOC) is available in many different languages, editions, and locations worldwide. (There are links to many of the different language versions, as well as a desk copy for teachers and professors.) Don't be fooled by the book's title—*A Mind for Numbers* is actually a very general book about learning that has climbed to the *New York Times* list of best-selling science books. As the Library Journal noted in their

review: "VERDICT Superb not only for those who are struggling or who are expert at math, but for readers who wish to think and comprehend more efficiently." This book gives you a chance to reinforce the great learning approaches from the course—you can write in the margins or make an electronic note to help further 'chunk' the ideas.



Join the Fun!

Learning with others is more fun, so please feel free to share this course and these ideas with your friends and family. Sharing helps build your own abilities! We've set up a [Facebook page](#) to let people know about the MOOC. You can also share your success stories and join the video discussions in our [Learning How to Learn channel](#) on the HiHo app!