Chunking

Only dip in to read what is of interest to you - these readings are entirely optional.

Chapters 4 and 7 of *A Mind for Numbers* are especially helpful in providing helpful information and additional exercises related to the materials of Module 2.

Worthwhile Additional Popular Works

- Robyn Scott, "The 30 Second Habit That Can Have a Big Impact On Your Life," Feb 18, 2014, *The Huffington Post.* This is actually a wonderful article on chunking!
- David Glenn,"Divided Attention," February 28, 2010, *The Chronicle of Higher Education.*
- Errol Morris, "The Anosognosic's Dilemma: Something's Wrong but You'll Never Know What It Is (Part 1)," June 20, 2010, *The New York Times, Opinionator.*
- Johns Hopkins Medicine, "Memories of errors foster faster learning," August 14, 2014, *Science Daily*. Yes, mistakes really do help you learn!
- Travis Bradberry, "Multitasking Damages Your Brain And Career, New Studies Suggest," October 8, 2014, *Forbes.*
- Sue Shellenbarger, "The Power of the Doodle: Improve Your Focus and Memory," July 29, 2014, *The Wall Street Journal*.
- Colin Gerber, "Memory Consolidation and Productivity Can Both Be Improved by Taking Breaks," *Quora*, November, 2014.
- Steven C. Pan, "The Interleaving Effect: Mixing It Up Boosts Learning," *Scientific American*, August 4, 2015.

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Video: The Value of a Library of Chunks: Compaction, Transfer, Creativity, and the Law of Serendipity

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In Video Questions