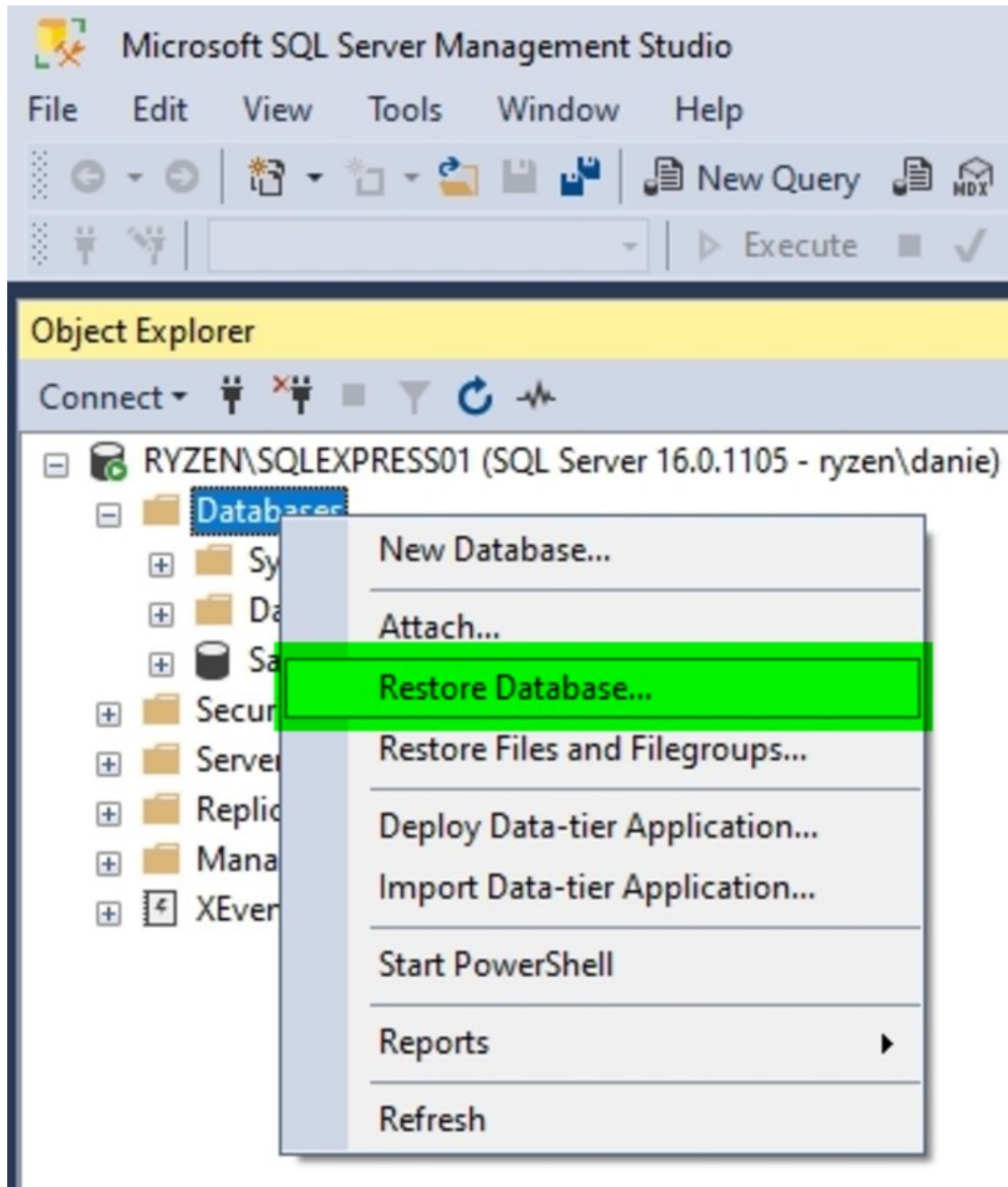


Restore database from .bak file

Guide elaborated by [danicoder](#)

Using the [Microsoft SQL Server Management](#), let's restore the database using the .bak file:

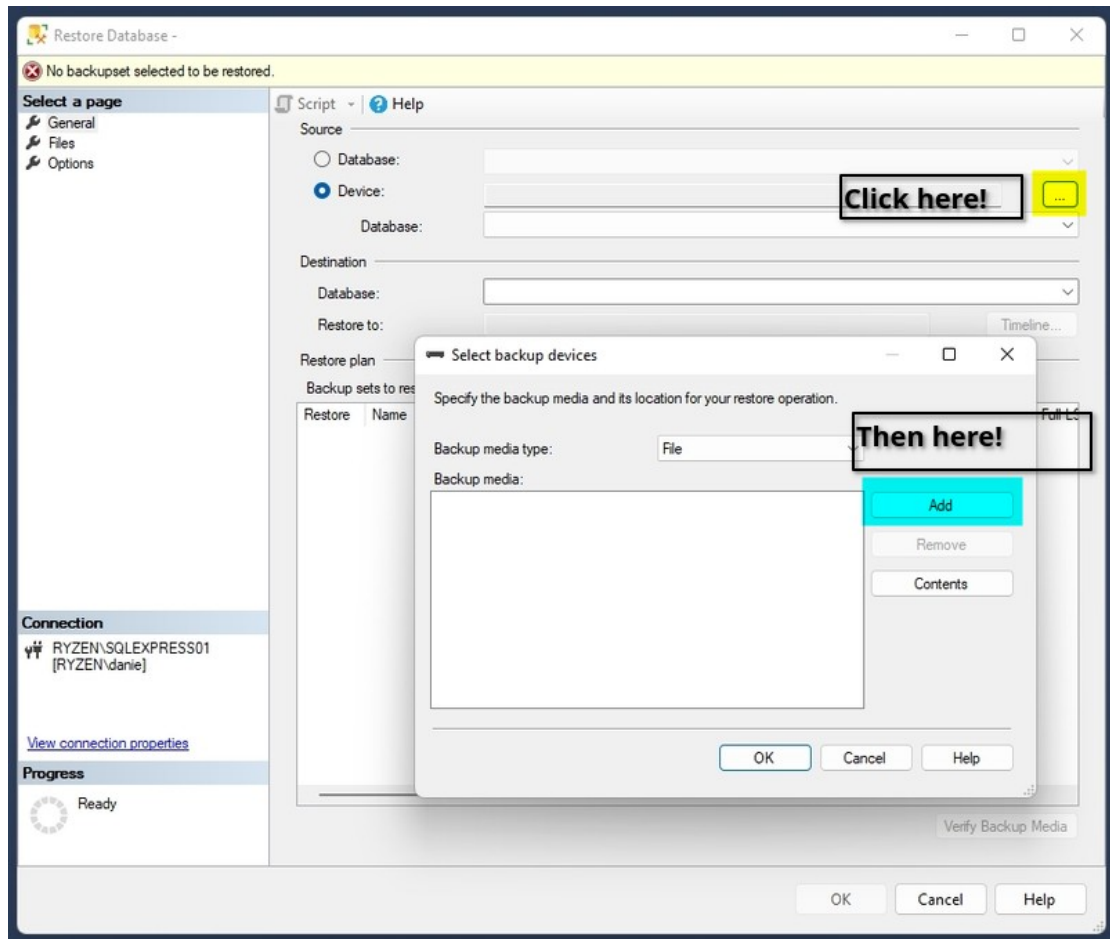
Step 1



Step 2

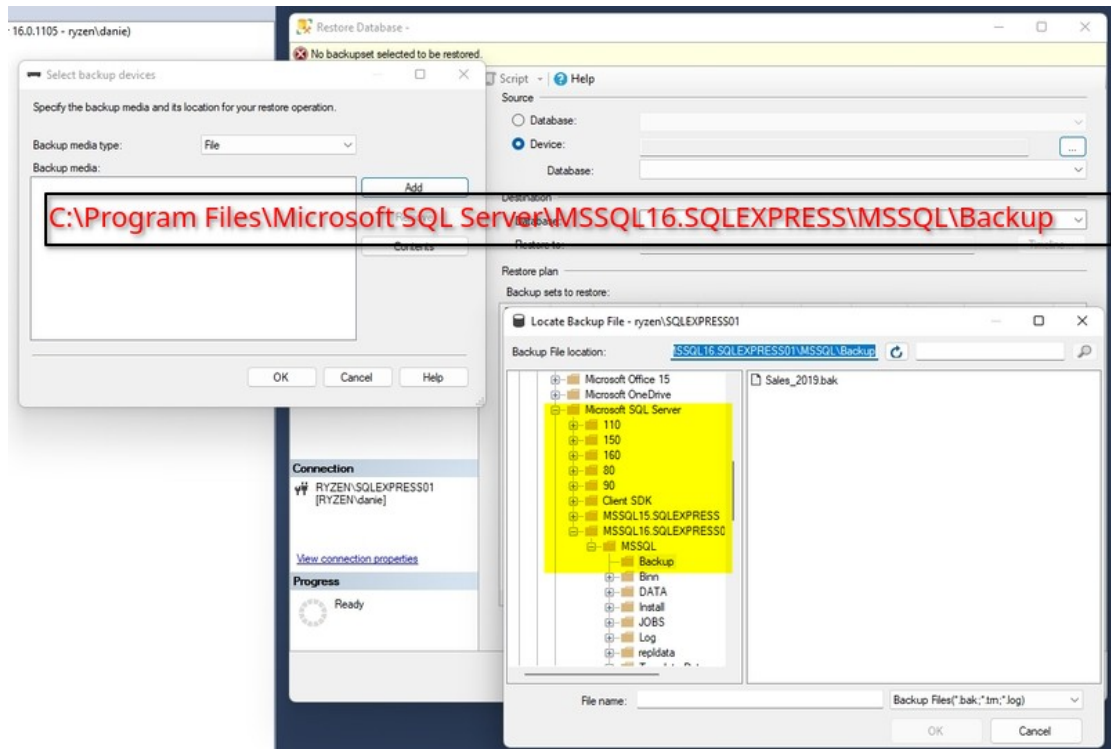
Prior to step 2, you HAVE TO place the .bak file into a very specific path:

C:\Program Files\Microsoft SQL Server\MSSQL16.SQLEXPRESS\MSSQL\Backup



Step 3

In step 3, click on Add button and navigate to the previous path to select Sales_2019.bak file (I renamed the file from Sale_2019.bak to **Sales**_2019.bak) :

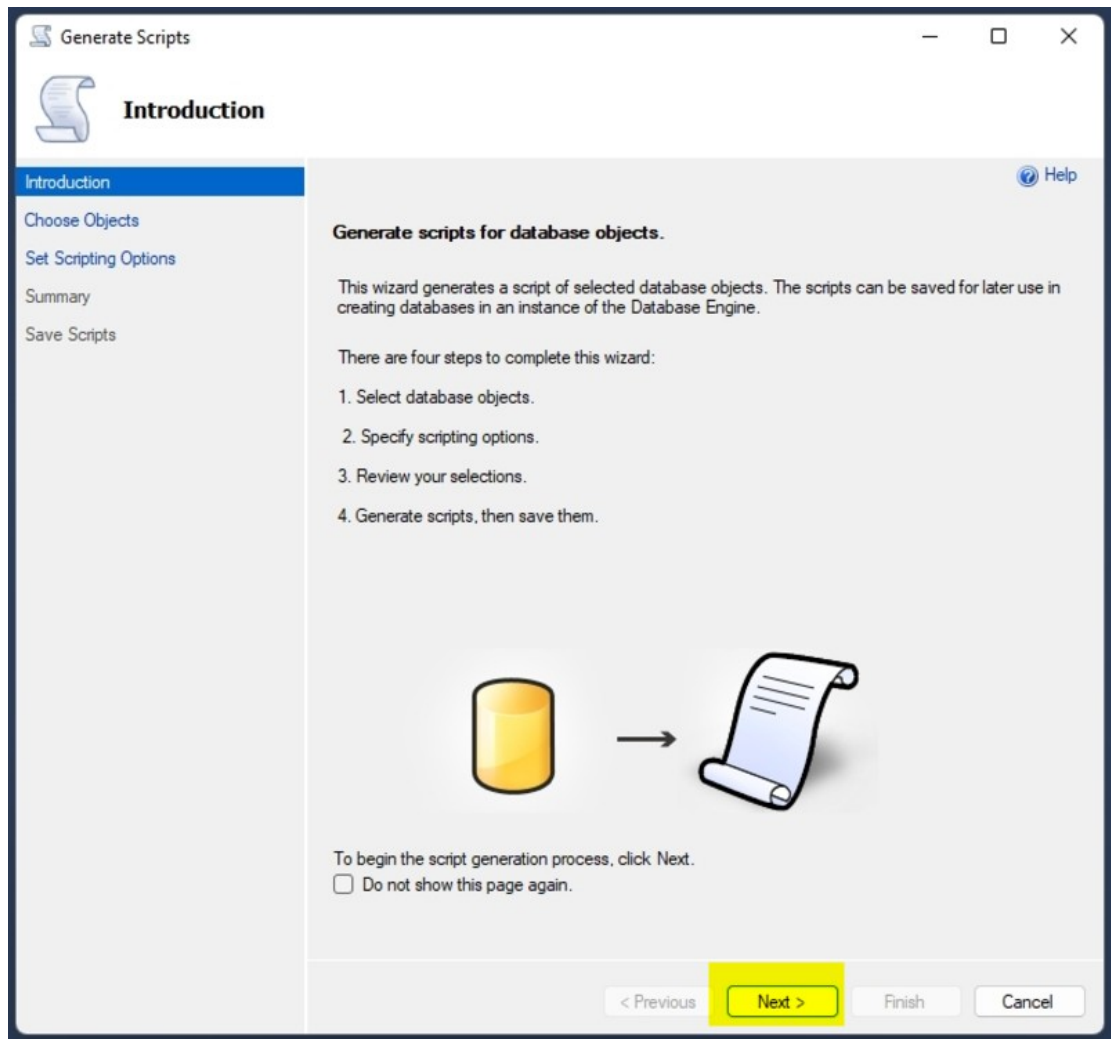


Step 4

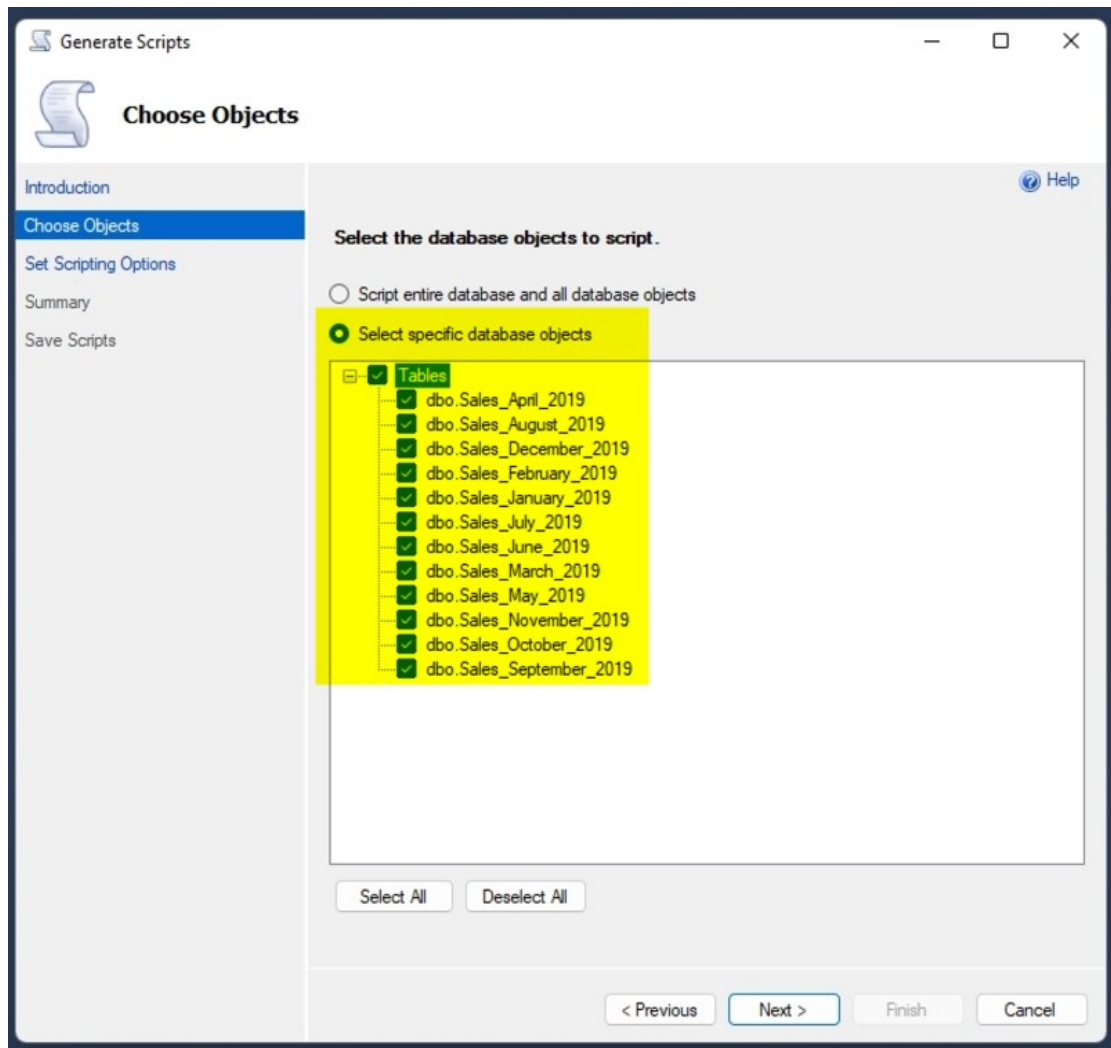
Now you should have successfully restored the database to be used in Microsoft SQL Server.

Since I wanted to migrate it to MySQL, I additionally followed the steps below:

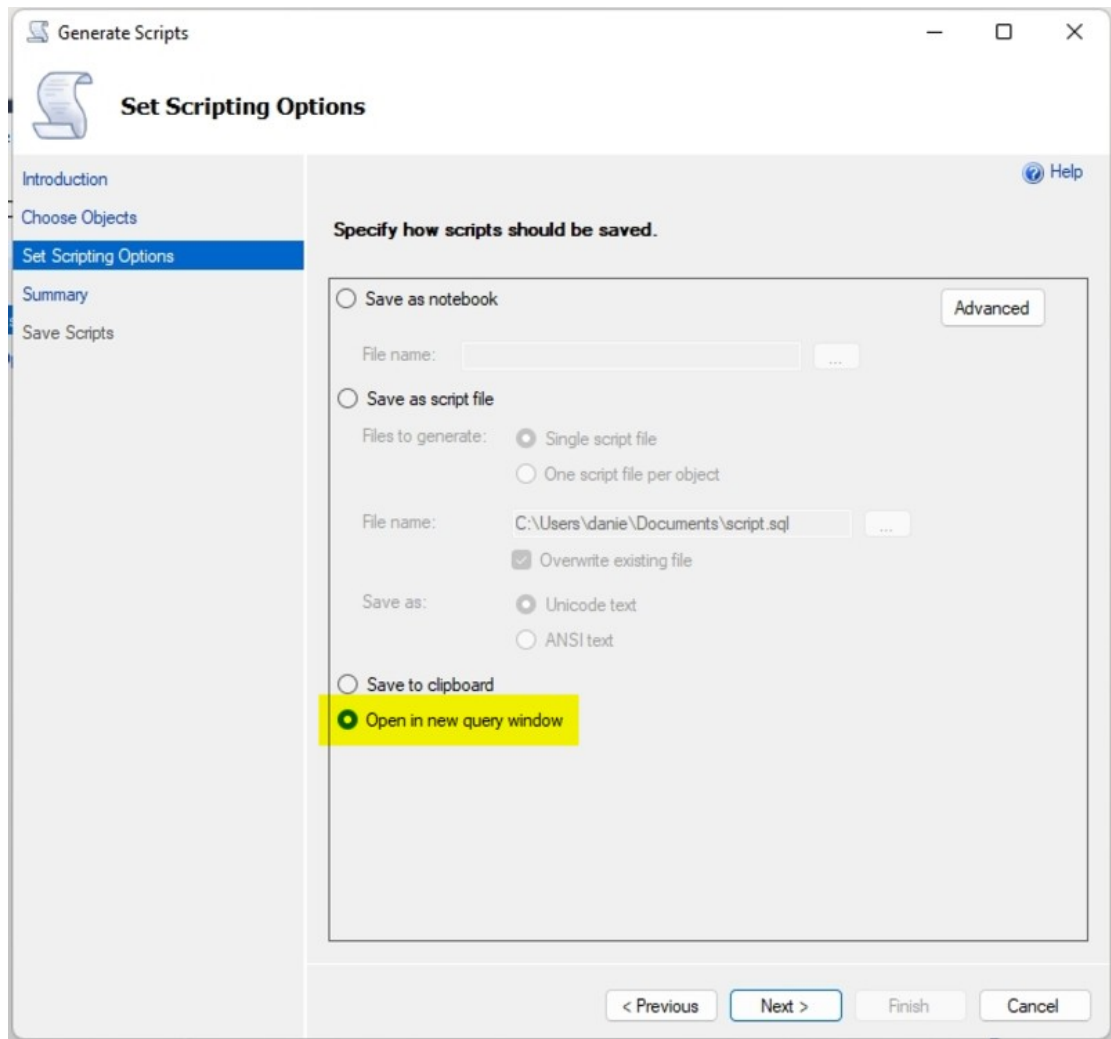
1. Right click on the database name and Selected *Tasks* --> *Generate Scripts...*



Step 5

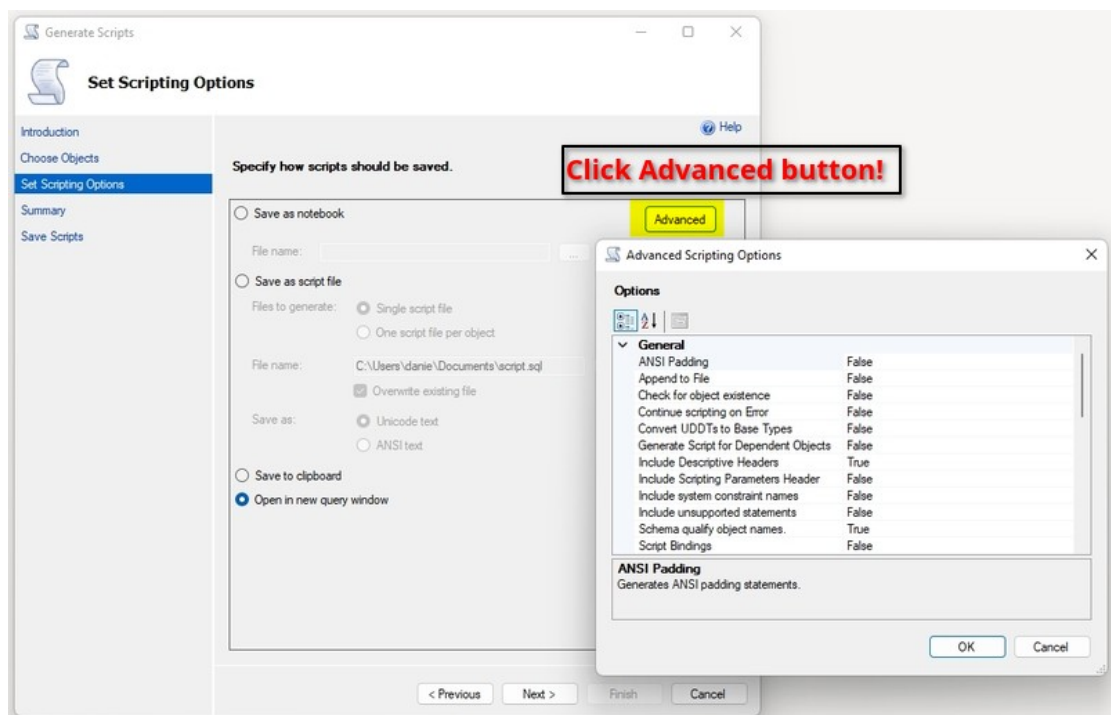


Step 6



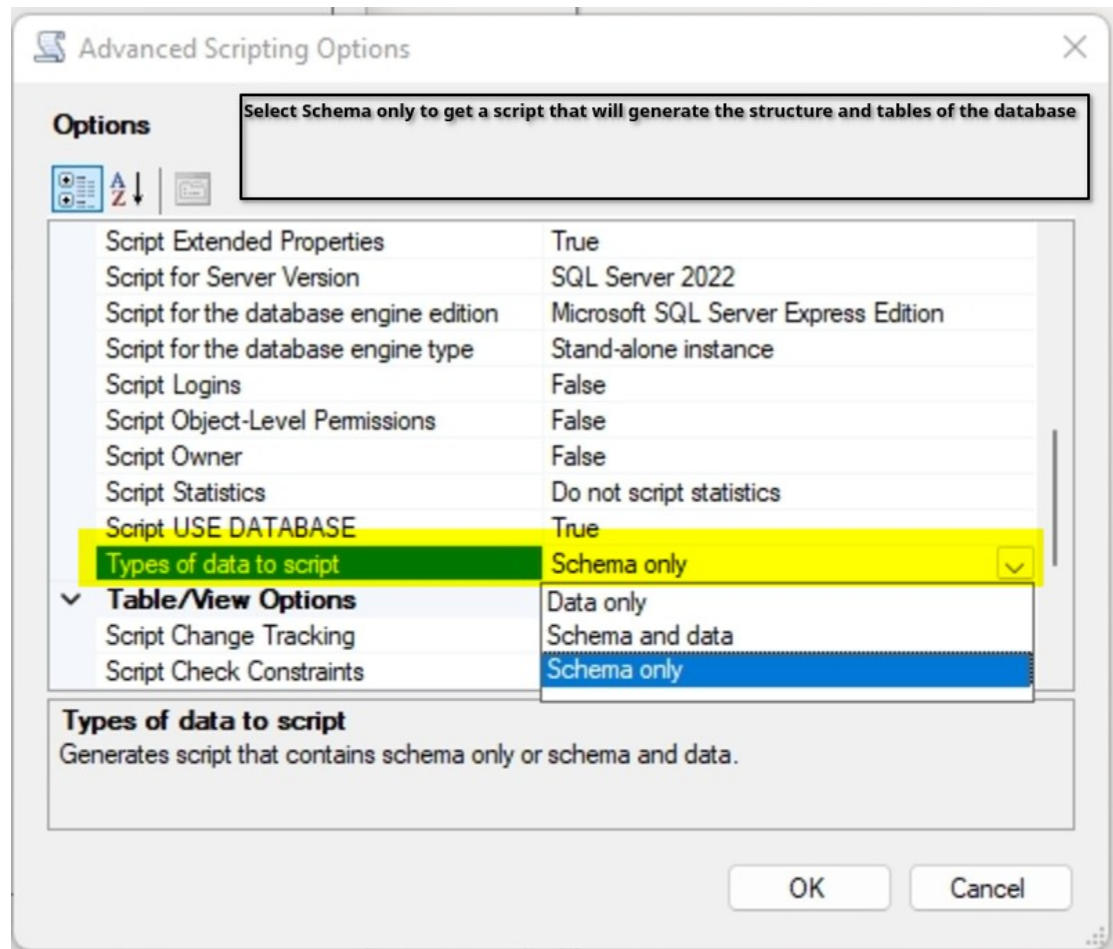
Step 7

Click on **Advanced** button so I can fine tune the resulting script



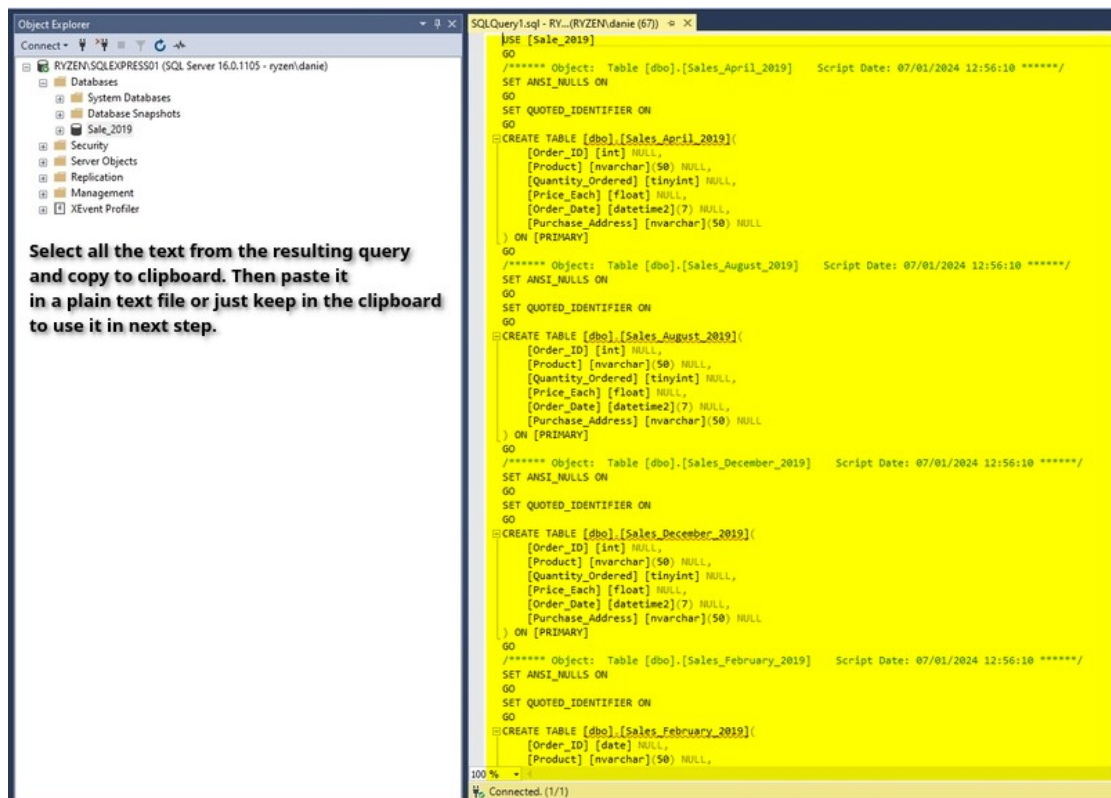
Step 8

Firstly, I want to generate a SQL script to create the tables and the schemas of the database, so I select **Schema only**



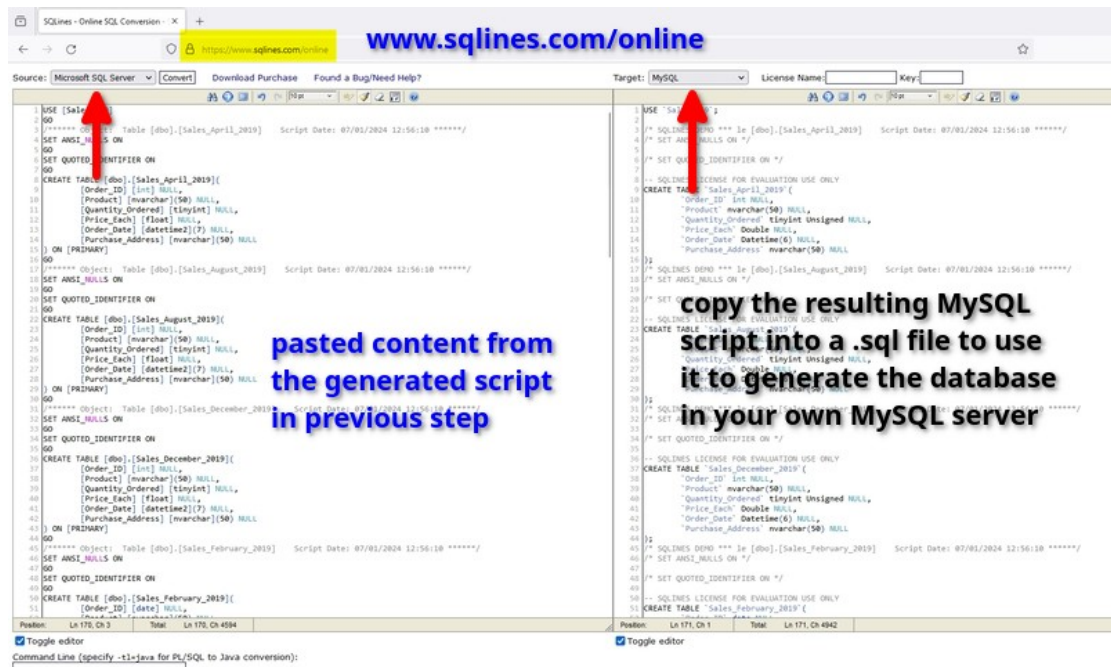
Step 9

I will copy the content of the script into a file called **database creation T-SQL.sql**. Microsoft SQL Server uses a derivative from SQL. I want to translate this T-SQL specific script into MySQL compatible one.



Step 10

Making use of the website [sqlines.com](https://www.sqlines.com), I will convert the T-SQL script into a MYSQL script.



Export the data from the database into a .sql file

To get the data that were introduced in the database, follow from [Step 4](#) to [Step 8](#).
In Step 8, select **Data Only**.