

# People

**CAUGHT IN THE ACT!**

## What's Got Tom Colicchio & Gail Simmons Spinning Out of Control?

01/11/2013 at 06:00 AM EST

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### FROM TOP CHEF TO TOP CYCLIST!

Top Chef judges chef Tom Colicchio and Gail Simmons kicked off 2013 on a healthy note by visiting SoulCycle's Tribeca location on Wednesday. "While Gail was upfront wearing a SoulCycle t-shirt, Tom was in the back wearing black shorts, an Under Armour tank and a do-rag," an onlooker tells PEOPLE. The co-judges are no strangers to the cycling craze, the source adds. "They both spin on a regular basis" and "spin together regularly when they're filming Top Chef". After powering through the last song of the class – Beyoncé's "Halo" – Colicchio stopped to chat with Food & Wine magazine publisher Christina Grdovic.

Here's to hoping for a Quickfire Competition on a bike!  
– Lesley Messer

JANUARY 11, 2013