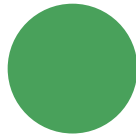


CRITICAL FITTING prompt cards



First Task:
Introduce yourselves
within your group

Put the garment on

How does the material
feel?

Put the garment on a
team mate

Ask the wearer how
they feel.

Use the fitting tools to
re-adjust the garment

How does it feel to use
tools to fit instead of
your hands?

Make an expressive
movement

Did the fit help or hinder
your movement?
Adjust if necessary

Reposition the garment
on a different part of
the body

Does wearing the garment
in this way bring back any
memories? Tell us a story?

Secure the garment close
to the body. Take a walk.

How does this change the
sensation of moving?

Free the garment from
the body

How does this change the
sensation of moving?

Adjust the garment
for comfort

Did you focus on look
or feel?

Adjust the garment in
relation to the previous
discussion

Don't forget to record
observations on your
garment

Ask the wearer how
they're feeling?

How are the physical
sensations linked to
your emotions?

Move into a public
space

Did you adjust the
clothing and why?

Interact with your
physical environment

How is the garment a
physical and/or
emotional protection?

Interact with a passerby
(if you want to)

What sensations of the
clothing became relevant
in this encounter?

Go into a shop or cafe

What sensations of the
clothing became relevant
in this experience?

CRITICAL FITTING prompt cards

First Task:
Introduce yourselves
within your group

Put the garment on

What garment does this
remind you of?

Secure the garment close
to the body. Take a walk.

What mode of
suppression have you
used? (dart, pleat, etc)

Use the fitting tools to
re-adjust the garment

Does that create a
different garment type?

Make an expressive
movement

Was the movement you
made defined by the
garment? How so?

Reposition the garment
on a different part of
the body

Does wearing the garment
in this way bring back any
memories? Tell us a story?

Put the garment on a
team mate

Does the material
suggest a particular
way of fitting?

Free the garment from
the body

Do you associate the
garment now with a
different archetype?

Adjust the garment
for comfort

Does this process
make you think about
historical garments?

Adjust the garment in
relation to the previous
discussion

Don't forget to record
observations on your
garment

Ask the wearer how
they're feeling?

How does this question
relate to fitting processes
in design education?

Move into a public
space

What's the relationship
between fit and "fitting in"
to society?

Interact with your
physical environment

How is the garment a
physical and/or
emotional protection?

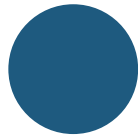
Interact with a passerby
(if you want to)

Comment on your
encounter in relation
to the garment.

Go into a shop or cafe

Comment on this
experience in relation to
the garment.

CRITICAL FITTING prompt cards



First Task:
Introduce yourselves
within your group

Put the garment on

Why did you choose to
wear it in this way?

Secure the garment close
to the body. Take a walk.

Does the material
suggest a particular way
of fitting?

Use the fitting tools to
re-adjust the garment

Where did you learn
this technique?

Make an expressive
movement

In what way were
you aware of the
garment when
moving?

Reposition the garment
on a different part of
the body

Does wearing the garment
in this way bring back any
memories? Tell us a story?

Put the garment on a
team mate

Were you aware of the
actions of your hands as
you fit the garment on
your body?

Free the garment from
the body

Does this action
relate to embodied
ways of knowing?

Adjust the garment
for comfort

Does the material lend
itself to any particular
arrangement regarding
fit?

Adjust the garment in
relation to the previous
discussion

Don't forget to record
observations on your
garment

Ask the wearer how they're feeling?

How does this question relate to fitting processes in design education?

Move into a public space

Are you more aware of how your clothing feels?

Interact with your physical environment

How is the garment a physical and/or emotional protection?

Interact with a passerby (if you want to)

Comment on your encounter in relation to the garment.

Go into a shop or cafe

Comment on this experience in relation to the garment.

CRITICAL FITTING
prompt cards

First Task:
Introduce yourselves
within your group

Put the garment on

Who in the group decided
the garment should be worn
in this way?

Secure the garment close
to the body. Take a walk

What's the relationship
between fit and "fitting in"
to society?

Use the fitting tools to
re-adjust the garment

Where did you learn
this technique?

Make an expressive
movement

Did you feel you
looked amazing?

Reposition the garment
on a different part of
the body

Does wearing the garment
in this way bring back any
memories? Tell us a story?

Put the garment on a
team mate

How did you chose the
team mate?

Free the garment from
the body

How much choice do
we have over how our
clothes fit?

Adjust the garment
for comfort

Who controls how
our garments fit?

Adjust the garment in
relation to the previous
discussion

Don't forget to record
observations on your
garment

Ask the wearer how they're feeling?

How does this question relate to fitting processes in industry?

Move into a public space

Are you more aware of how your clothing feels?

Interact with your physical environment

How is the garment a physical and/or emotional protection?

Interact with a passerby (if you want to)

Comment on your encounter in relation to the garment.

Go into a shop or cafe

Comment on this experience in relation to the garment.