

Michelle Archard

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CORU Membership Number: DI008266

WORK EXPERIENCE

St. Vincents University Hospital (Dublin)

Dietitian, Nov 2016 - Present

Dietitian

- ▶ Surgical Dietitian covering adult inpatients including vascular, urology, gynaecology, plastics, ENT and oncology specialities (0.7WTE).
- ▶ Additionally cover ICU seeing a variety of patients on continuous dialysis +/- ventilated / intubated (0.3WTE).
- ▶ Involved in MDT Major Limb Amputee Pathway including contributing to patient pathway booklet for SVUH.
- ▶ See patients requiring variety of dietetic interventions including food fortification, renal diet, oral nutritional supplements, enteral feeding and total parenteral nutrition.
- ▶ Liaise with community dietitians and other hospitals regarding patient transfer / handover.

North Middlesex University Hospital (London N18 1QX)

Band 6 Paediatric Dietitian, June 2015 - Nov 2016

- ▶ Worked as a full time Paediatric Dietitian as part of a four member team in North London which is a secondary healthcare centre. My team members included specialist Neonatal, Diabetes and Allergy Dietitians whom I liaised with regarding complex patients and also have opportunity to shadow and appreciate the value of peer support.
- ▶ I screened and assessed patients in these areas when my team may be on annual leave and when weekend working.
- ▶ I have always had a keen interest in dietetics and would enjoy building on my transferable dietetic skills and working with adults.
- ▶ Evidence-based strategies were employed in my formulation of care planning regarding weight management, nutrition support, food allergy, T1DM, NG NJ, PEG and PEG-J feeding.
- ▶ The practice involved multidisciplinary meetings and liaising with patients and their parents / carers, GPs, consultants, nurses and other allied health professionals, particularly Speech and Language Therapy.
- ▶ I regularly attend ward rounds with the medical team where I screen patients and also participate in discharge planning meetings when appropriate. On a daily basis I clearly, concisely and effectively communicate using appropriate methods with patients, carers and other professionals while ensuring confidentiality is maintained.
- ▶ Based in an area with a diverse range of ethnicities where I encounter people with varying backgrounds and cultures. I enjoyed the challenge of adapting my teaching and education skills in order to clearly, effectively and safely convey important and relevant information to patients, parents, family members and carers to ensure the best possible outcome for service users.
- ▶ Weekend working involved close liaison with the medical team and ward staff and ensuring effective handover and communication with my colleagues for safe continuing care of service users.

Dumfries&Galloway Royal Infirmary (Dumfries, Scotland DG1 4AP)

Band 5 Paediatric Dietitian, Jan 2014 - Feb 2015

My first post as a newly qualified Dietitian was as part of a four-member team in a hospital in Scotland.

- ▶ A large proportion of my case load involved organising outpatient clinics where I assessed, educated and advised children and their families on an individual basis.
- ▶ The role covered a large geographical area where I facilitated outpatient clinics within and out with the hospital premises.
- ▶ This post also involved liaising with the tertiary centre in Glasgow regarding renal, hepatology, cystic fibrosis and gastroenterology patients.
- ▶ My main role was as the ward Dietitian where I screened new patients and also known community patients whom I discussed with my colleagues to review and update plans.
- ▶ I supported patients requiring home enteral feeding and long-term follow up.

CLINICAL EXPERIENCE

B Placement: Glan Clywd Hospital (Rhyl, Wales), Jan - Apr 2012

C Placement: University Hospital Wales (Cardiff, Wales), Aug - Oct 2012

EDUCATION

Cardiff Metropolitan University (Cardiff)

BSc Hons 1st, Human Nutrition and Dietetics 2009-2013

NUI Galway (Galway)

BEng 2:2, Biomedical Engineering 2003-2007

HOBBIES

Clinical dietetics

Movies

Swimming

Cycling

Reading

Roller-blading