

	Technology	Explanation	Examples	Key references
1	Swallowables	Technology that can be ingested	Local drug delivery (Goffredo et al., 2016), Imaging (Intzes & Meng, 2016), Diagnostics (Schmidt et al., 2019); General healthcare applications (Olano, 2019)	(Kalantar-Zadeh & Ward, 2019)
2	Mail-order prescription	Self-ordering pharmaceuticals online or using an online intermediary for clinician-prescribed pharmaceuticals	Amazon's acquisition of PillsPacks; Capsule; NowRx	Centralised system (Kappenman et al., 2019); Adherence in mail-order and community pharmacies (Farley et al., 2019; Schwab et al., 2019)
3	Neural implants and interfaces	Embedded or surface devices sensitive to neural potentials that are used to inform or operate action	Neuralink; DARPA; Kernel; Facebook	An introduction (Fekete & Pongrácz, 2017); Challenges (Das et al., 2020; Koch et al., 2019)
4	Loneliness and social isolation	Any digital technology intended to reduce loneliness or social isolation	Geriatric (Poscia et al., 2018); General healthcare examples (Chen & Schulz, 2016)	Review of problems (Stojanovic et al., 2017); Planned review and meta-analysis of the effectiveness of digital interventions (Shah et al., 2019)
5	Blockchain	Open, decentralised, cryptographic ledgers	Prescribing (Seitz & Wickramasinghe, 2020); General healthcare examples (Agbo et al., 2019; Hölbl et al., 2018)	Challenges (McGhin et al., 2019)