

M. Sc. Bionics Engineering



UNIVERSITÀ DI PISA



Sant'Anna
Scuola Universitaria Superiore Pisa



SCUOLA
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LUCCA

ADVANCED MATERIALS FOR BIONICS

LECTURE 4: MECHANICAL PROPERTIES

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AY 2024-25

L4 - 07.10.2024

QUESTIONS

- When a material is exposed to mechanical forces, what parameters are used to express force magnitude and degree of deformation?
- What is the distinction between **elastic** and **plastic** deformations?
- How are the following mechanical characteristics of materials measured?
 - Stiffness
 - Strength
 - Ductility
 - Hardness
- What parameters are used to quantify these properties?
- How the different classes of materials are deformed ? How this is connected with their bonding/internal structure?

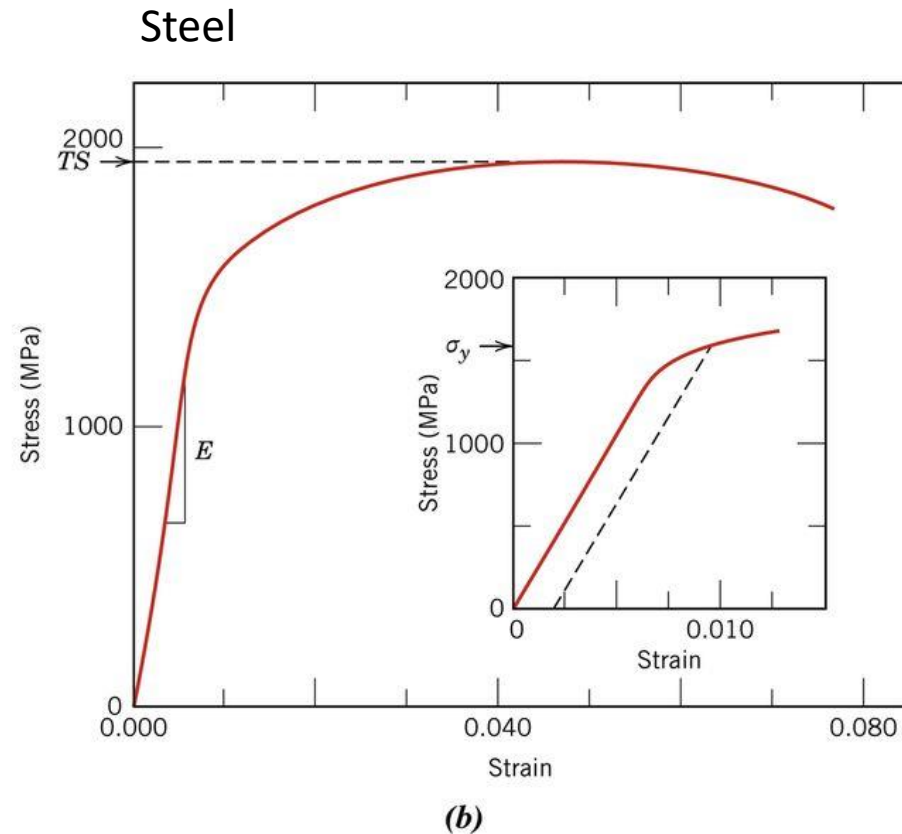
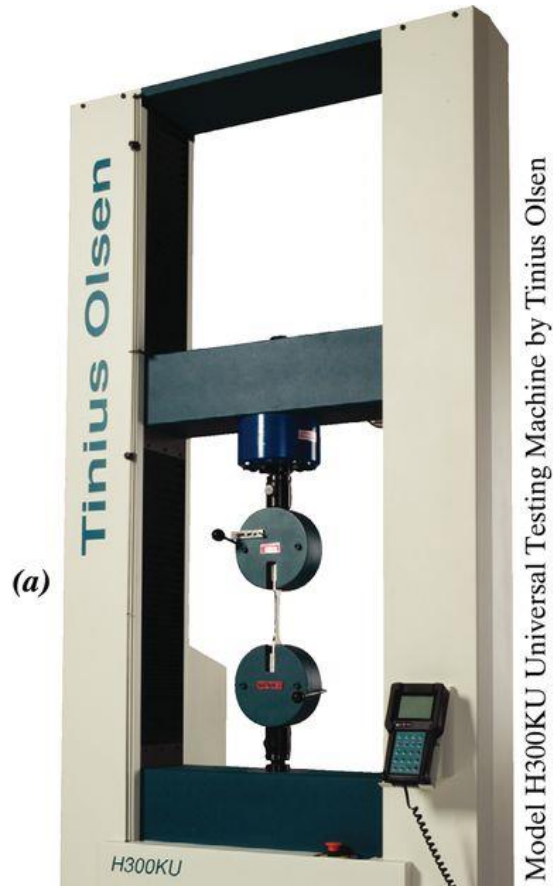


4.1

INTRO AND DEFINITIONS

MECHANICAL TESTS

familiar with this?



STRESS-STRAIN TESTING

Typical tensile test machine

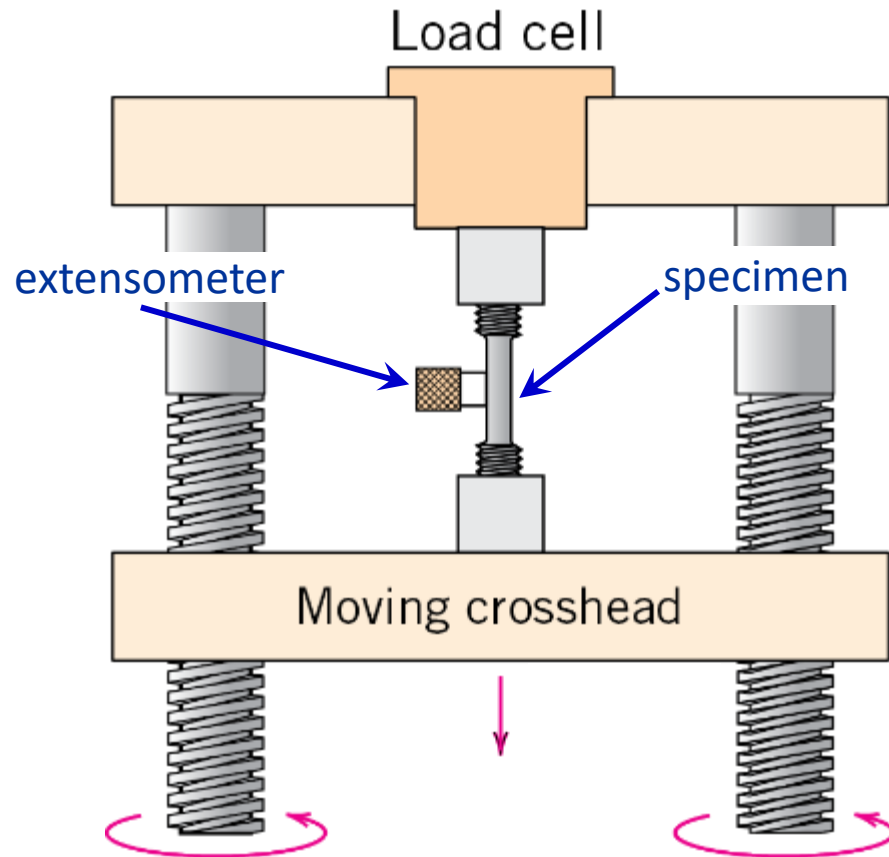


Fig. 6.3, Callister & Rethwisch 10e.

Typical tensile specimen (e.g. metal)

standard «dogbone» specimen

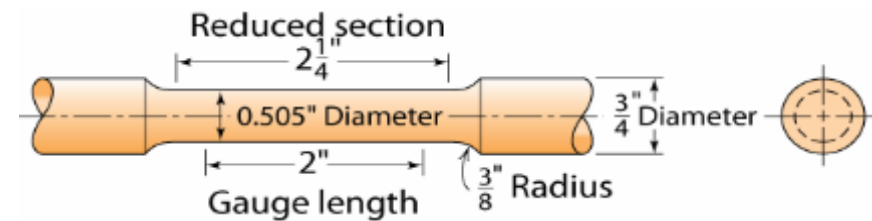


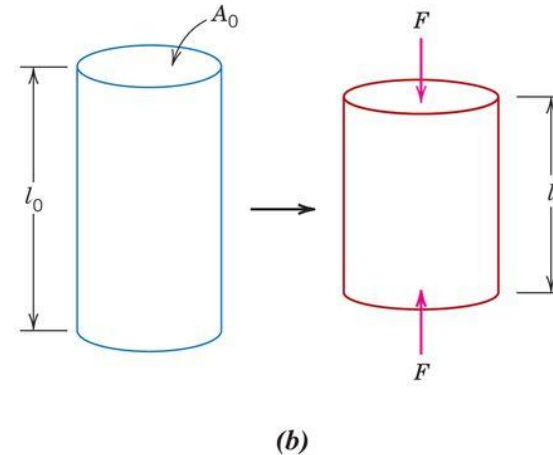
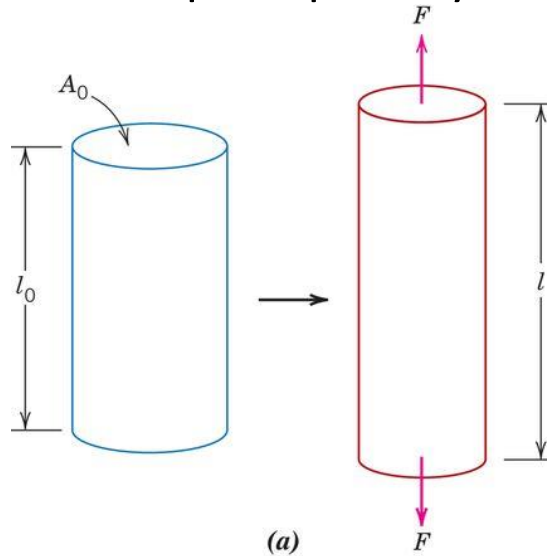
Fig. 6.2, Callister & Rethwisch 10e.

also rectangular section

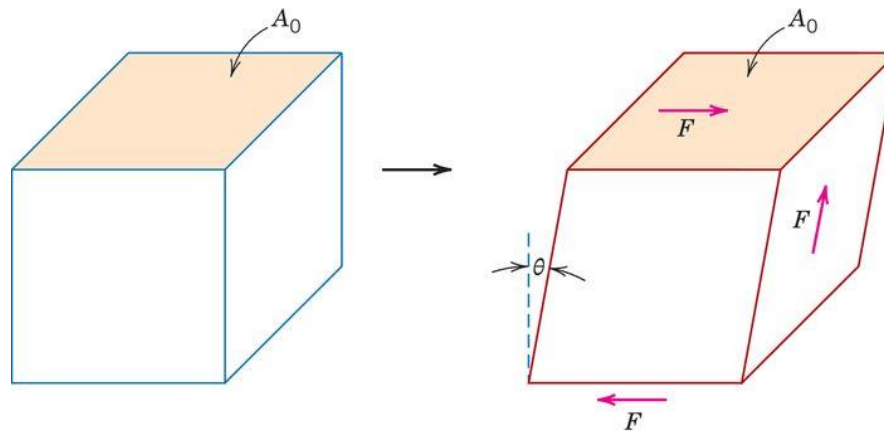
STRESS/STRAIN CONCEPTS

3 principal ways in which a load may be applied

TENSION



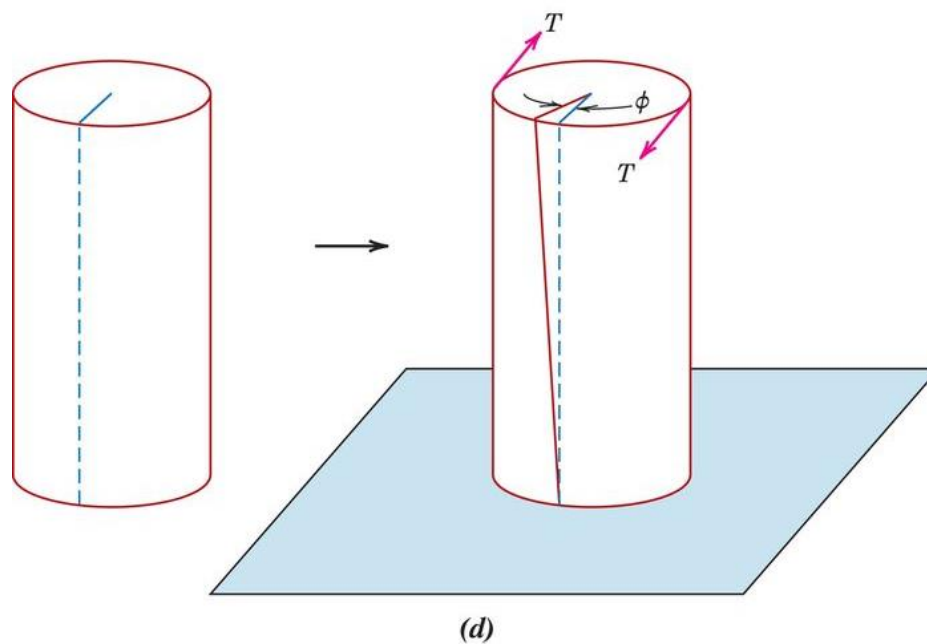
COMPRESSION



SHEAR

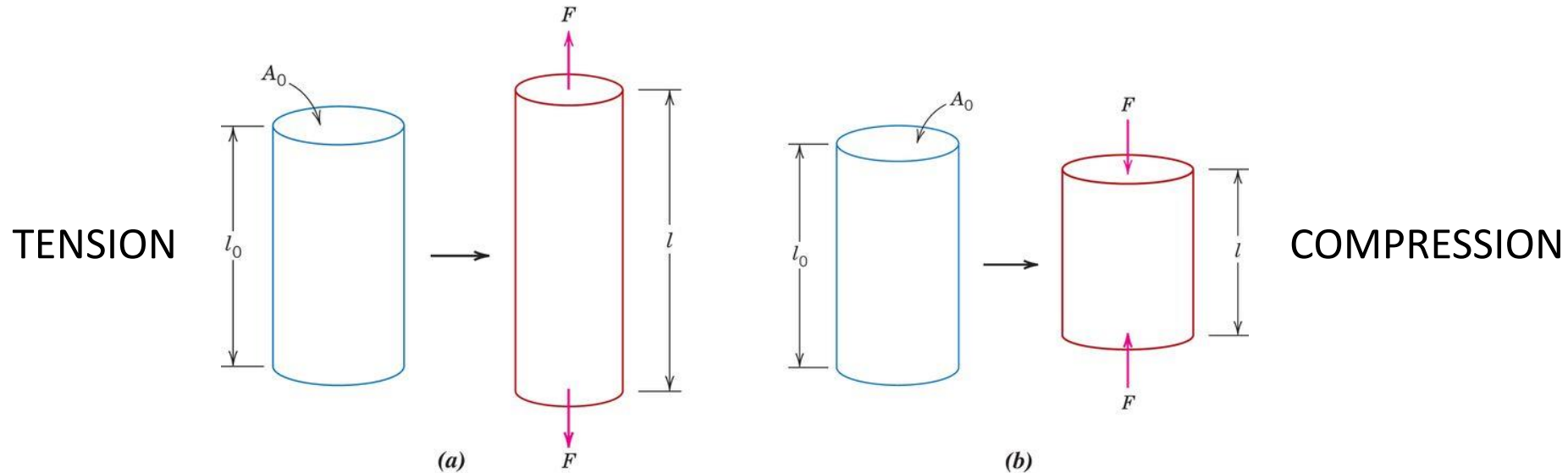
STRESS/STRAIN CONCEPTS

another type (connected to shear)



TORSION

TENSION/COMPRESSION



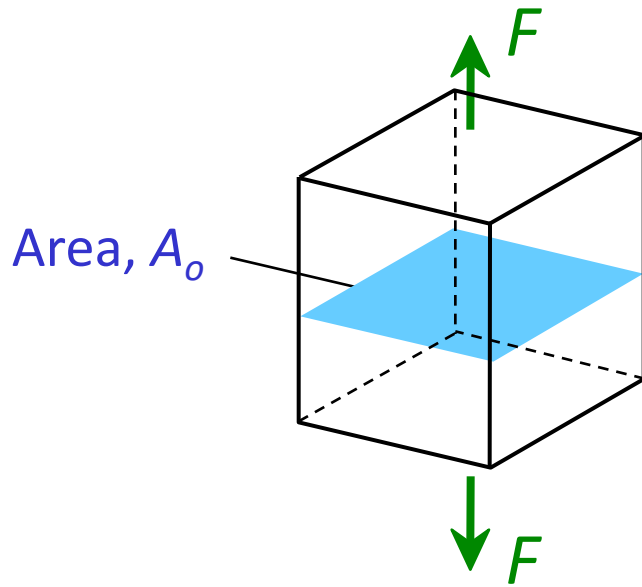
Tensile
(or compressive)
stress

$$\sigma = \frac{F}{A_0}$$

conventionally:
in compression $F < 0 \rightarrow \sigma < 0$

ENGINEERING STRESS

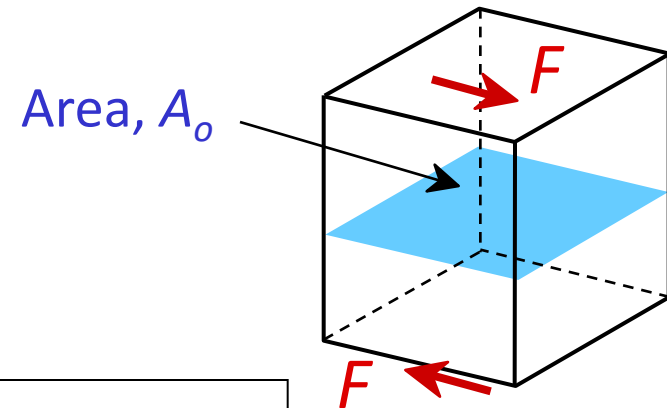
- **Tensile** stress, σ :



$$\sigma = \frac{F}{A_o}$$

original cross-sectional
area before loading

- **Shear** stress, τ :



$$\tau = \frac{F}{A_o}$$

Units for stress:

$$\text{MPa} = 10^6 \text{ Pa} = 10^6 \text{ N/m}^2$$

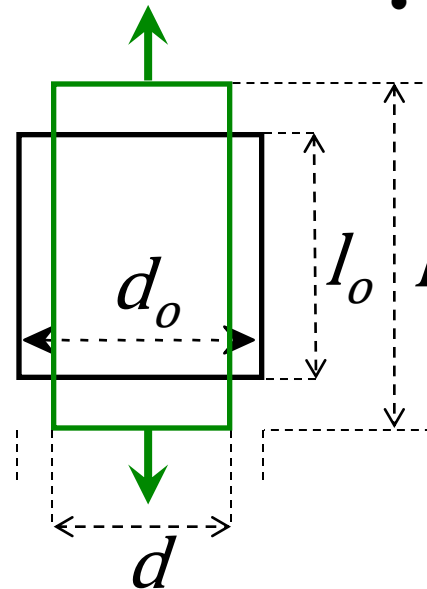
ENGINEERING STRAIN

- **Tensile** strain (ε_z):

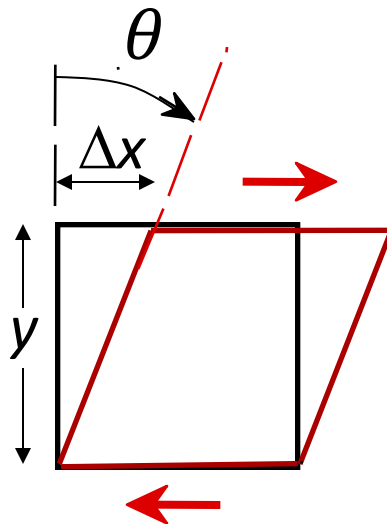
$$\varepsilon_z = \frac{l - l_0}{l_0} = \frac{\Delta l}{l_0}$$

- **Lateral** strain (ε_x):

$$\varepsilon_x = \frac{d - d_0}{d_0} = \frac{\Delta d}{d_0}$$



- **Shear** strain (γ):



$$\gamma = \frac{\Delta x}{y} = \tan \theta$$

dimensionless



4.2

STRESS-STRAIN BEHAVIOUR: ELASTIC DEFORMATIONS

LINEAR ELASTIC PROPERTIES

- **Elastic deformation** is **nonpermanent** and **reversible**!
 - generally valid at small deformations
 - linear stress-strain curve

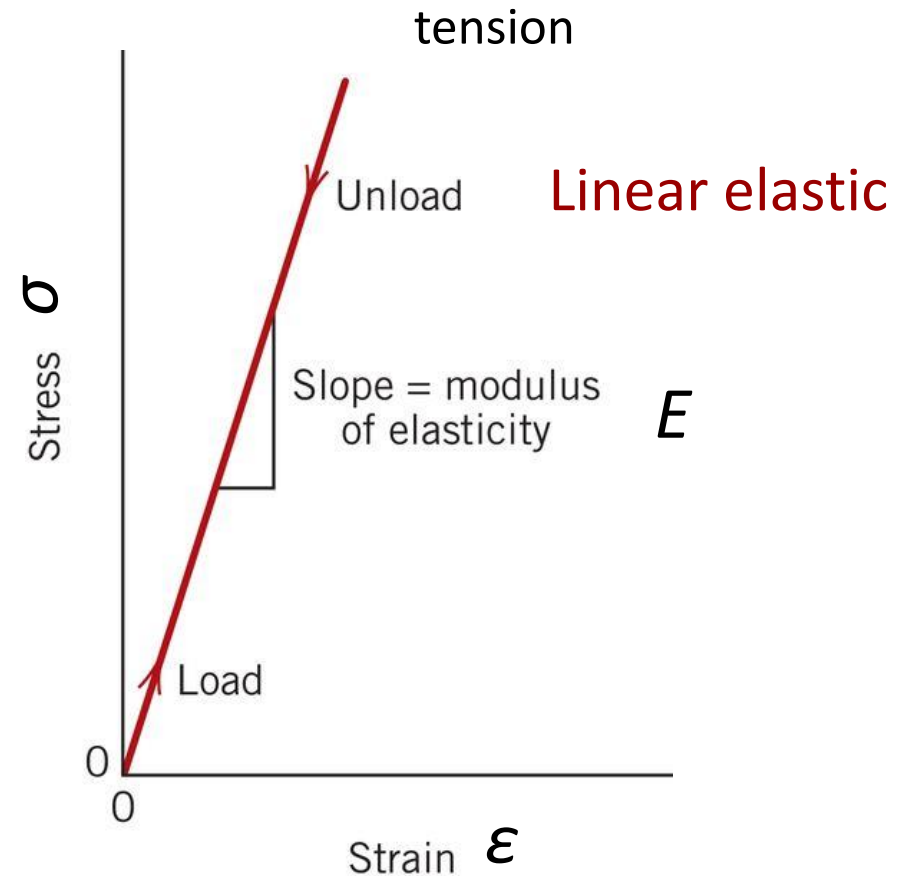
- **Modulus of Elasticity, E :**
(Young's modulus)

- **Hooke's Law:**

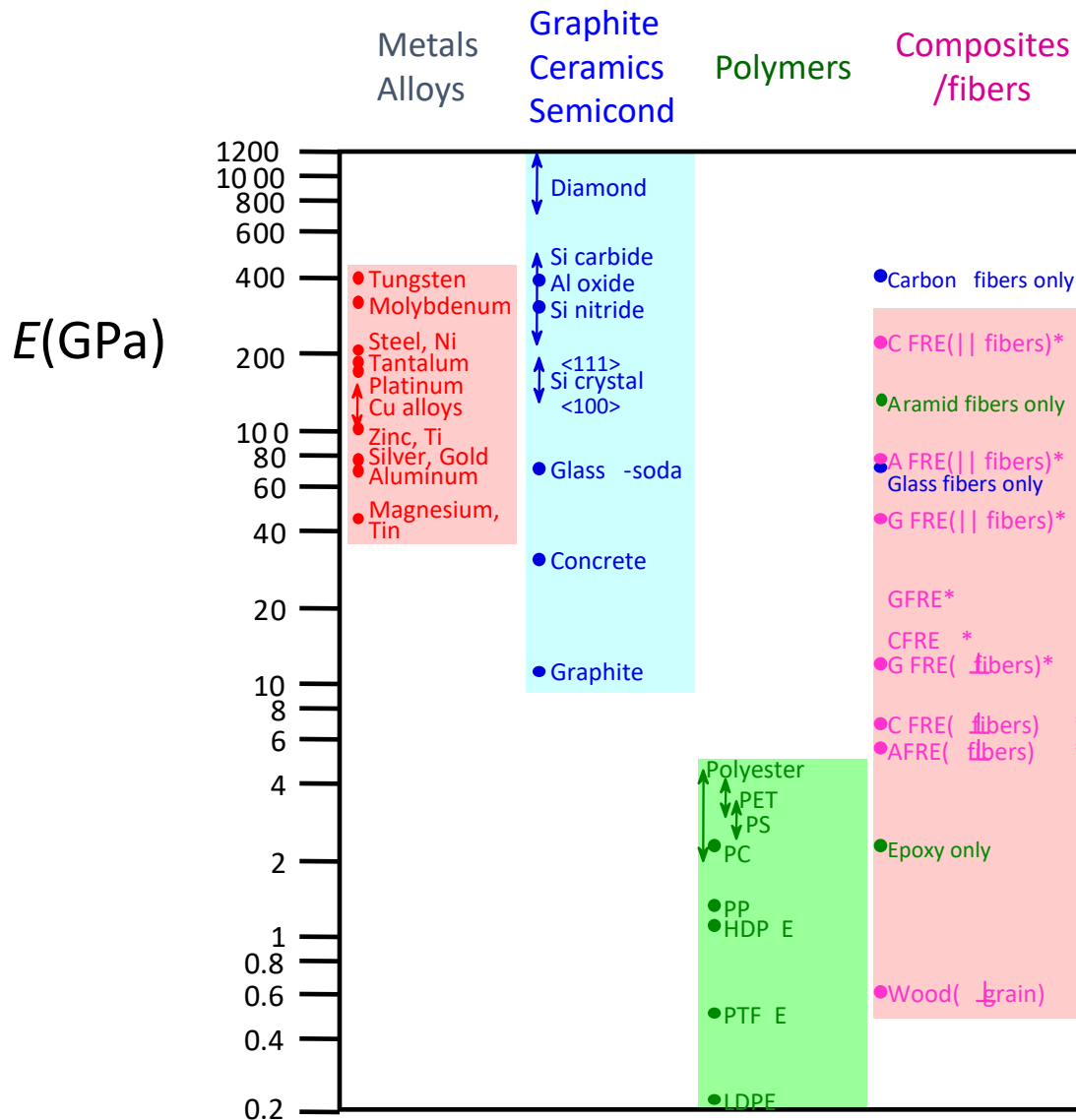
$$\sigma = E \varepsilon$$

Units:

$$E: [\text{Pa}] = [\text{N m}^{-2}]$$



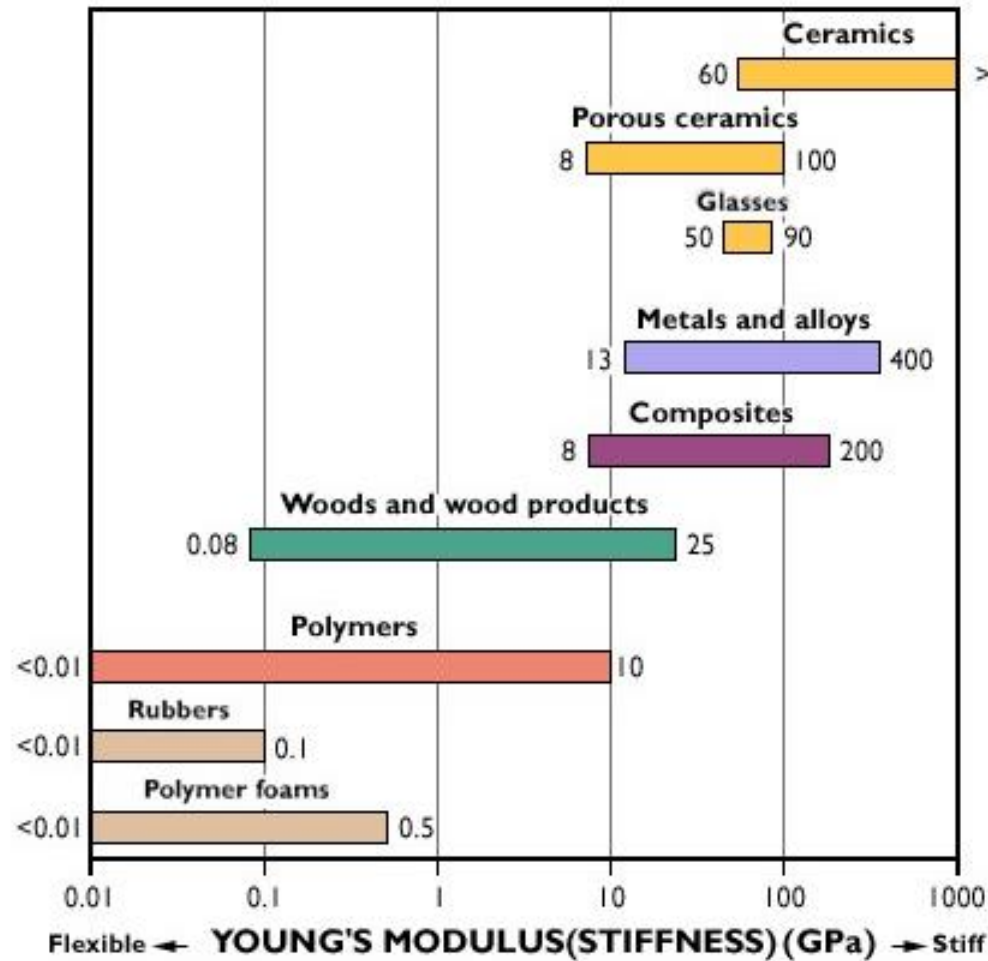
E – COMPARISON OF MATERIAL TYPES



Based on data in Table B.2,
Callister & Rethwisch 10e.

Composite data based on
reinforced epoxy with 60 vol%
of aligned fibers:
carbon (CFRE)
aramid (AFRE)
glass (GFRE)

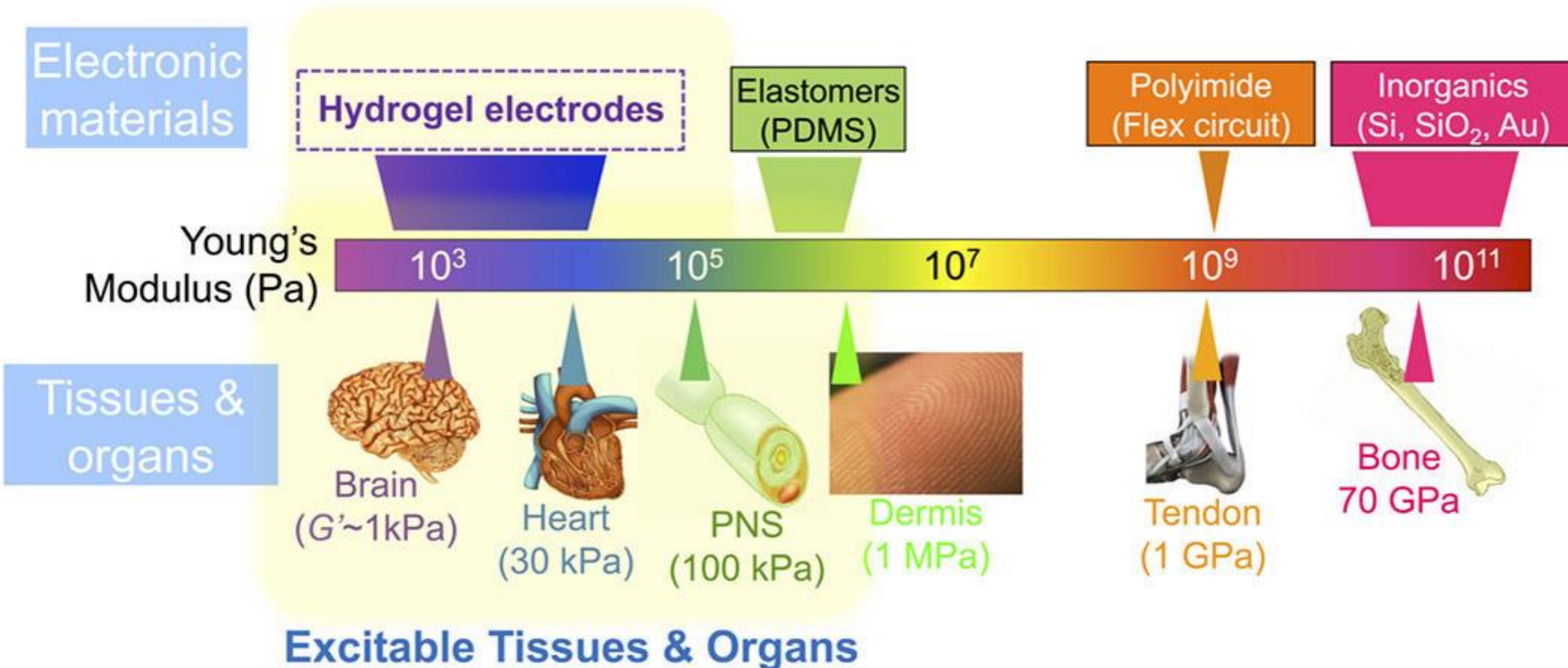
E – COMPARISON OF MATERIAL TYPES



<http://www-materials.eng.cam.ac.uk/>

RANGE OF E AND BIONICS

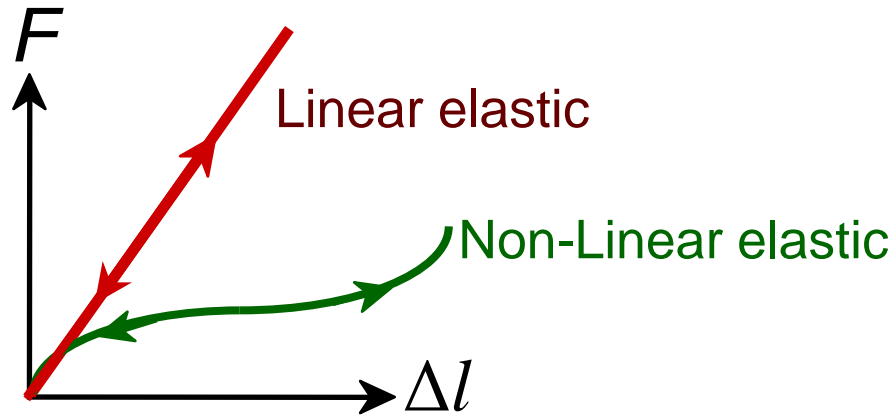
Young's moduli of a range of biological and electronic materials.



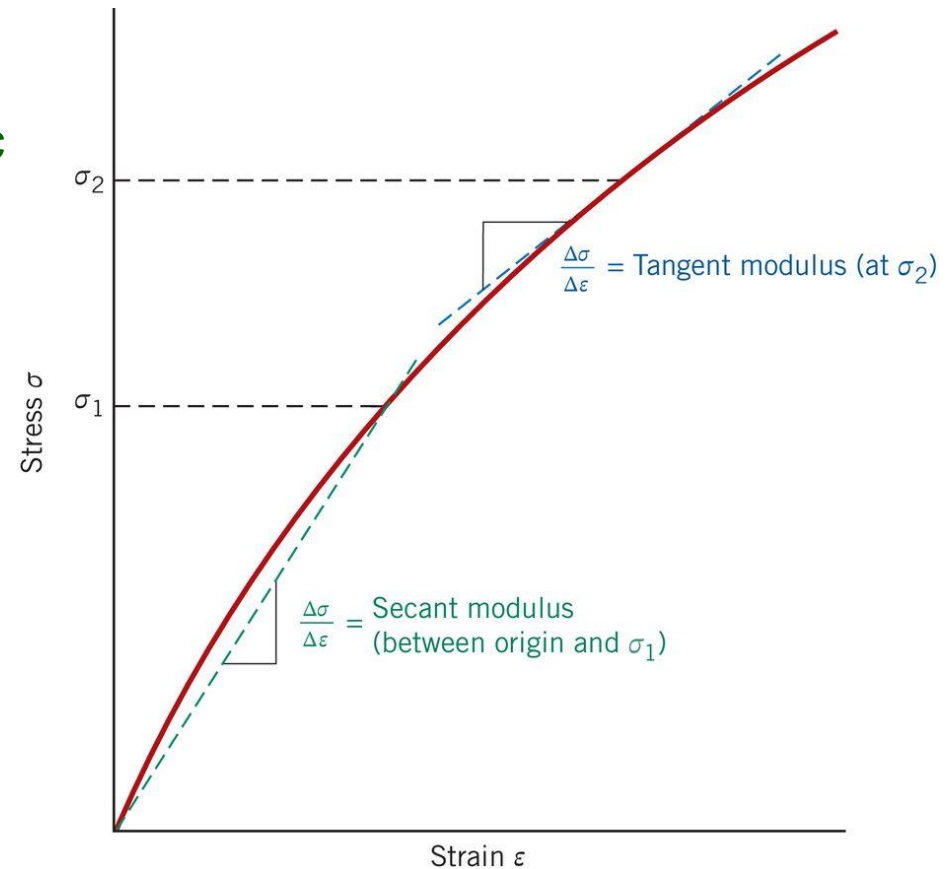
Materials and microfabrication processes for next-generation brain-machine devices

C. Bettinger et al. 2016 – [SPIE NEWS](#)

NON-LINEAR ELASTIC DEFORMATION

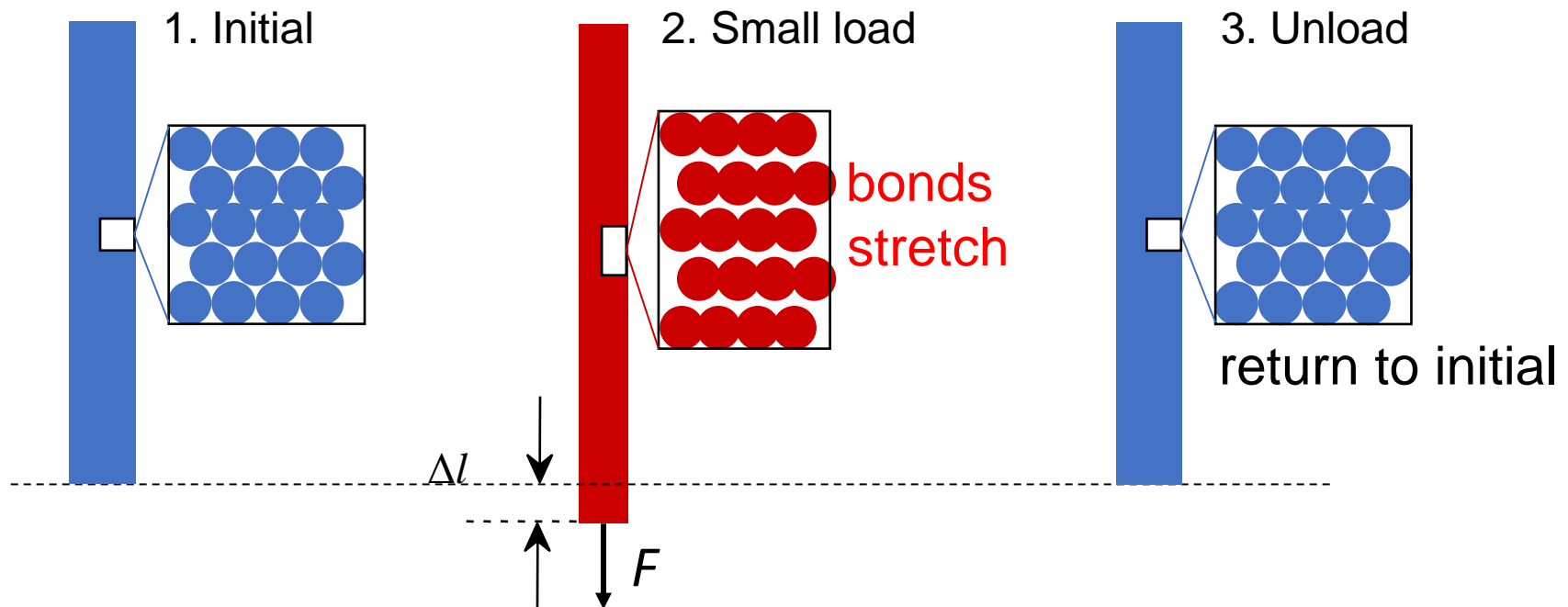


- non linear
- fully reversible



ELASTIC DEFORMATION

Metals



- elastic deformation is nonpermanent and reversible
- small variations of interatomic distances
- E measures the resistance against separation

INFLUENCE OF BONDING FORCES

Elastic modulus depends on interatomic bonding forces

$$E \propto \left(\frac{dF}{dr} \right)_{r_0} \quad F: \text{interatomic bonding force}$$

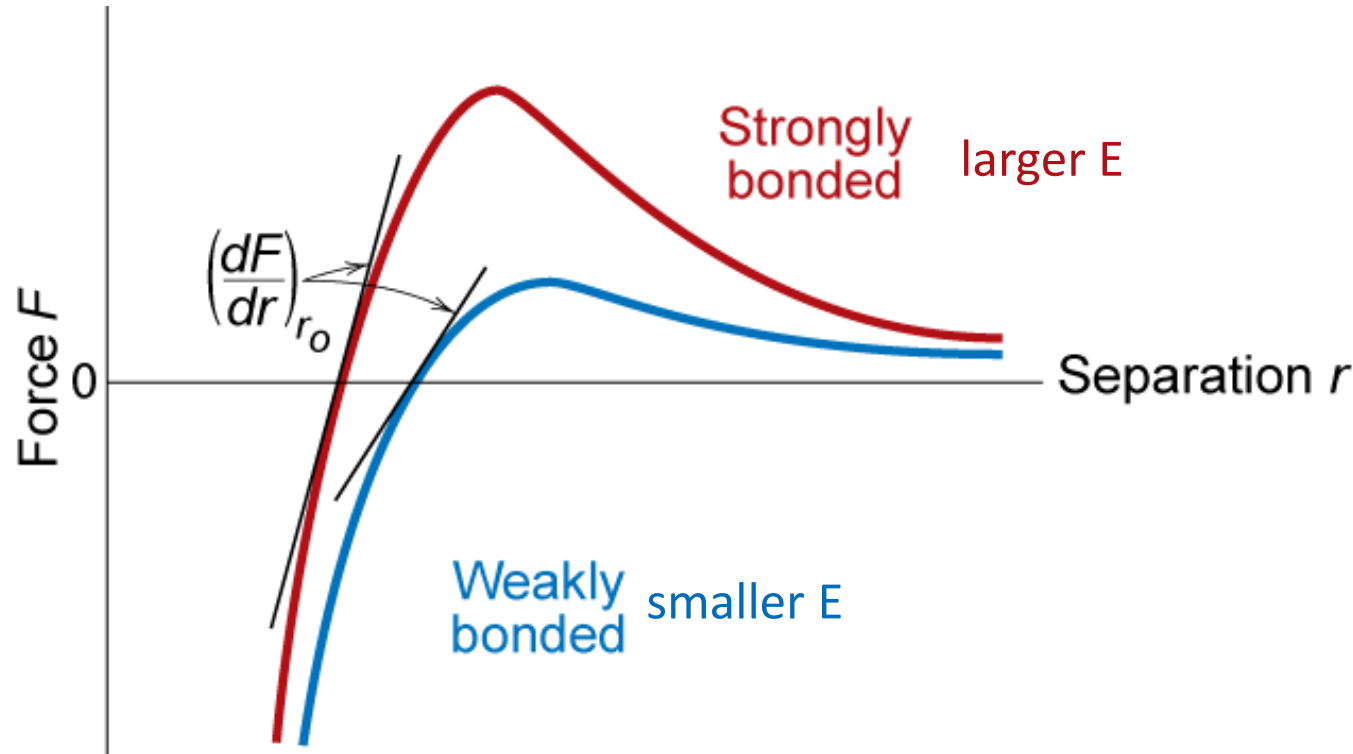
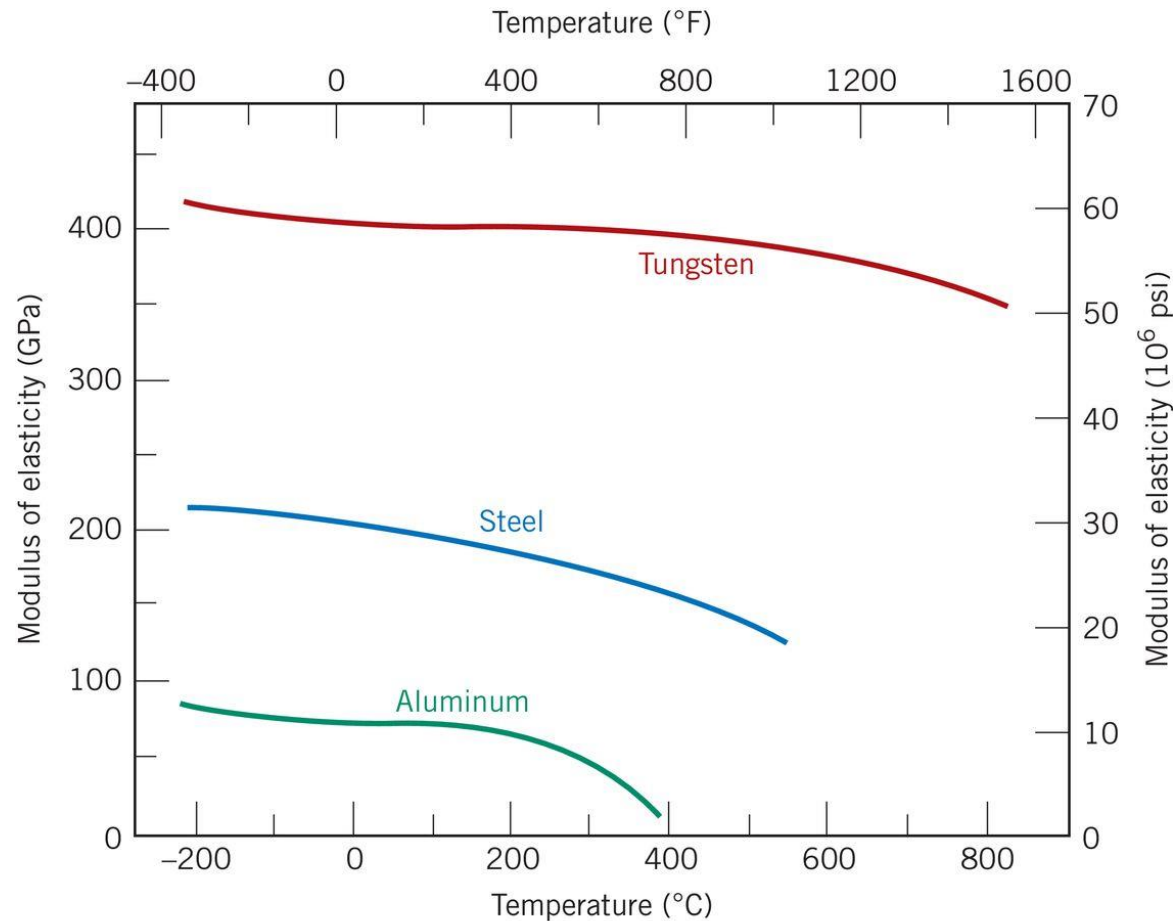


Fig. 6.7, Callister & Rethwisch 10e.

INFLUENCE OF TEMPERATURE ON E

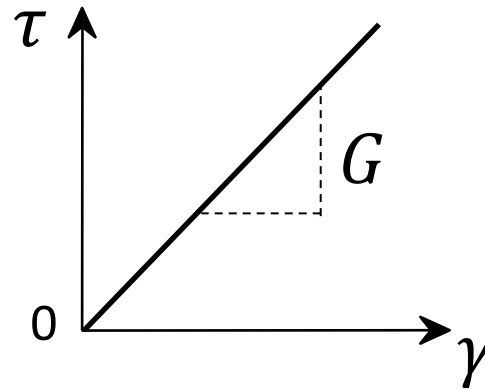


Adapted from K. M. Ralls, T. H. Courtney, and J. Wulff, *Introduction to Materials Science and Engineering*. Copyright © 1976 by John Wiley & Sons, New York. Reprinted by permission of John Wiley & Sons, Inc.

OTHER ELASTIC PROPERTIES

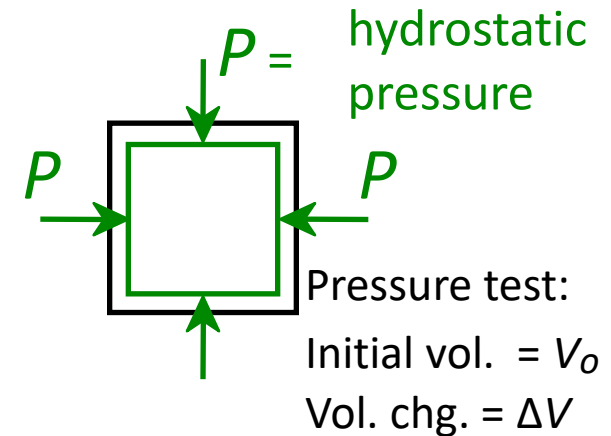
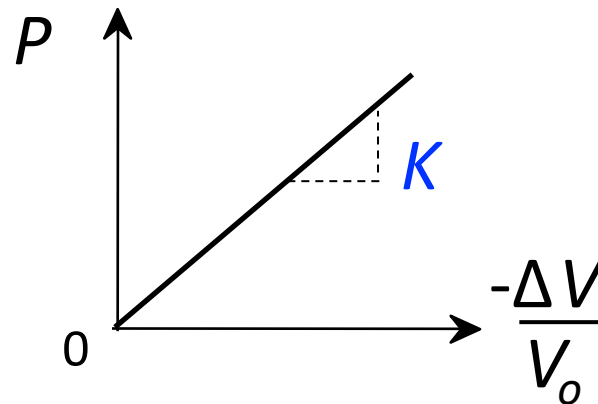
- Elastic Shear modulus, G :

$$\tau = G\gamma$$



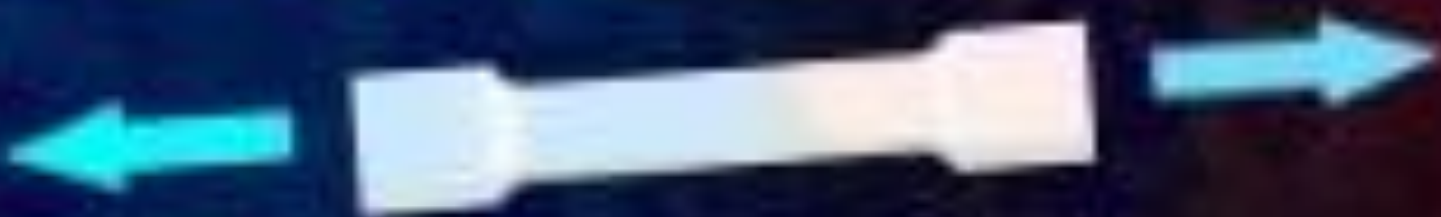
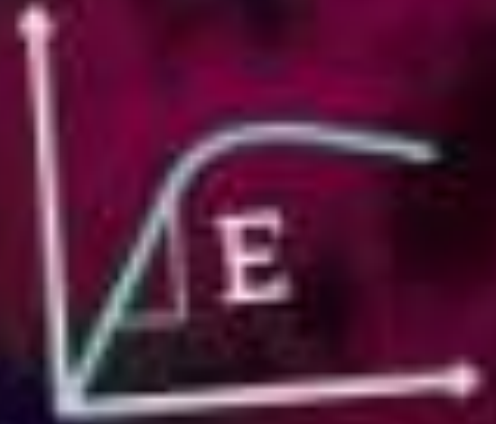
- Elastic Bulk modulus, K :

$$P = -K \frac{\Delta V}{V_0}$$



RECAP: YOUNG'S MODULUS

UNDERSTANDING YOUNG'S MODULUS



YOUTUBE VIDEO – The efficient engineer Channel
“Understanding Young’s modulus” (06:42)

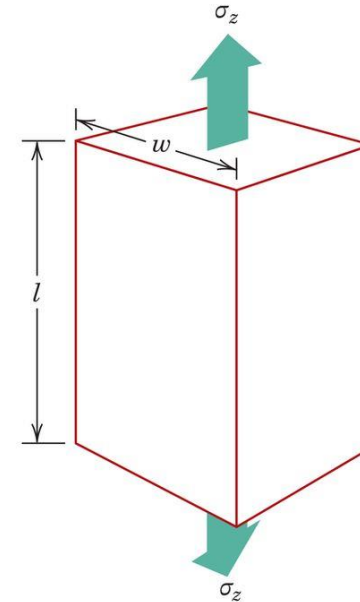
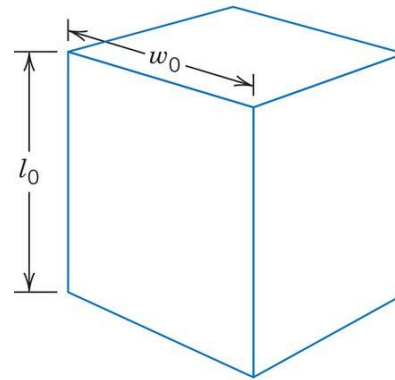
<https://youtu.be/DLE-ieOVfjI>

POISSON'S RATIO

deformation in directions perpendicular to the specific direction of loading

- Poisson's ratio, ν :

$$\nu = - \frac{\varepsilon_{trans}}{\varepsilon_{axial}} = - \frac{\varepsilon_x}{\varepsilon_z}$$



$$\varepsilon_z = \frac{l - l_0}{l_0} = \frac{\Delta l}{l_0} > 0$$

$$\varepsilon_x = \frac{w - w_0}{w_0} = \frac{\Delta w}{w_0} < 0$$

Poisson's ratio:

$$\nu = - \frac{\varepsilon_x}{\varepsilon_z}$$

metals: $\nu \approx 0.33$

ceramics: $\nu \approx 0.25$

polymers: $\nu \approx 0.40$

rubber: $\nu \approx 0.50$

Units:

ν : dimensionless

For most metals, ceramics and polymers:

$$0.15 < \nu \leq 0.50$$

POISSON'S RATIO

isotropic materials:

$$E = 2G(1 + \nu)$$
$$E = 3K(1 - 2\nu)$$



for most metals $G = 0.4E$
if the value of one
modulus is known, ν may
be approximately
estimated

anisotropic materials: elastic behavior (E) varies with crystallographic direction

characterized only by the specification of several elastic constants, depending on characteristics of the crystal structure

RECAP: POISSON'S RATIO

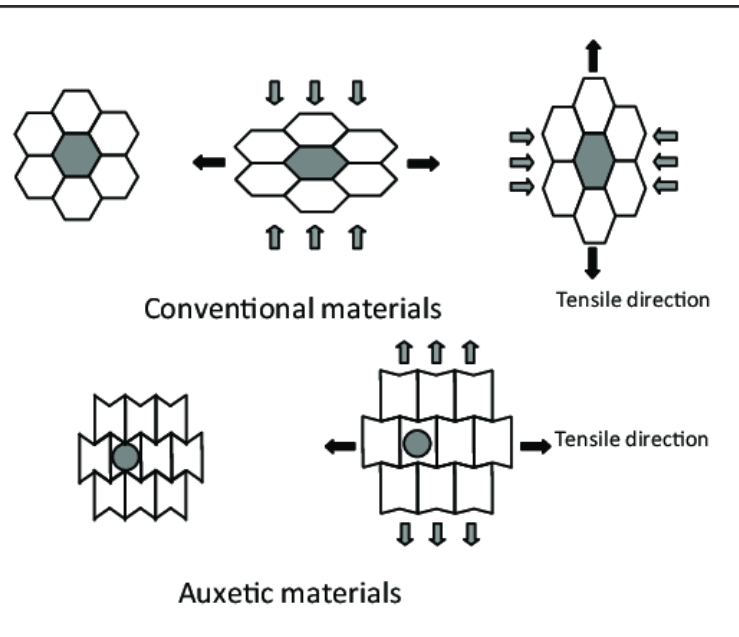


YOUTUBE VIDEO – The efficient engineer Channel
“Understanding Poisson’s ratio” (09:46)

<https://youtu.be/tuOIM3P7ygA>

NEGATIVE POISSON'S RATIO- AUXETIC MATERIALS

auxetic materials: $\nu < 0$ expand along transversal direction during tensile extension

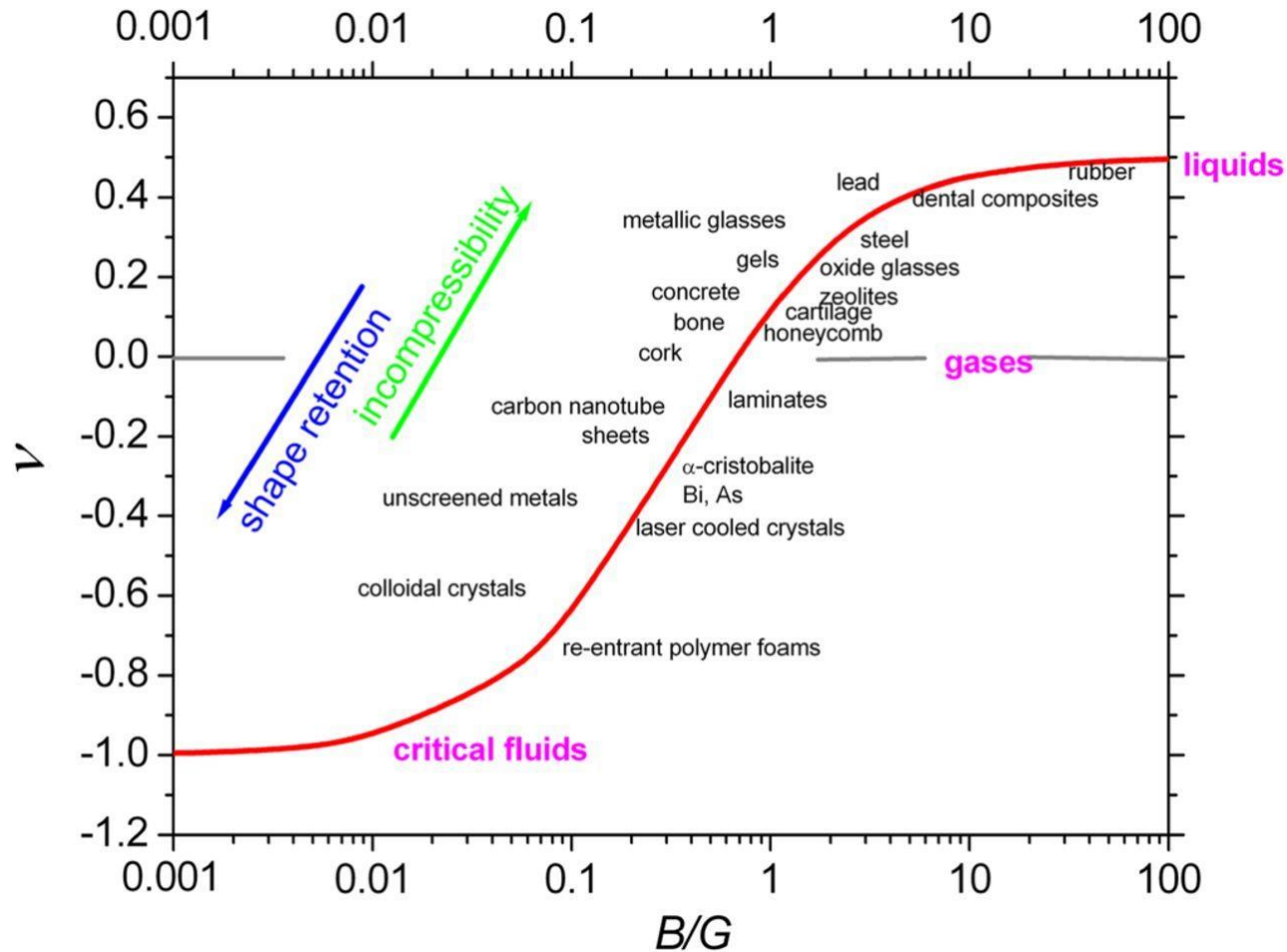


blood vessel stents based on auxetic structures
<https://lgg.epfl.ch/>

SEMINAR
TOPIC

AUXETIC Materials & Structures
in BIOMEDICINE

POISSON'S RATIO



G. N. Greaves Royal Soc. J. Hist Sci. 67,1,37-58, DOI: (10.1098/rsnr.2012.0021)

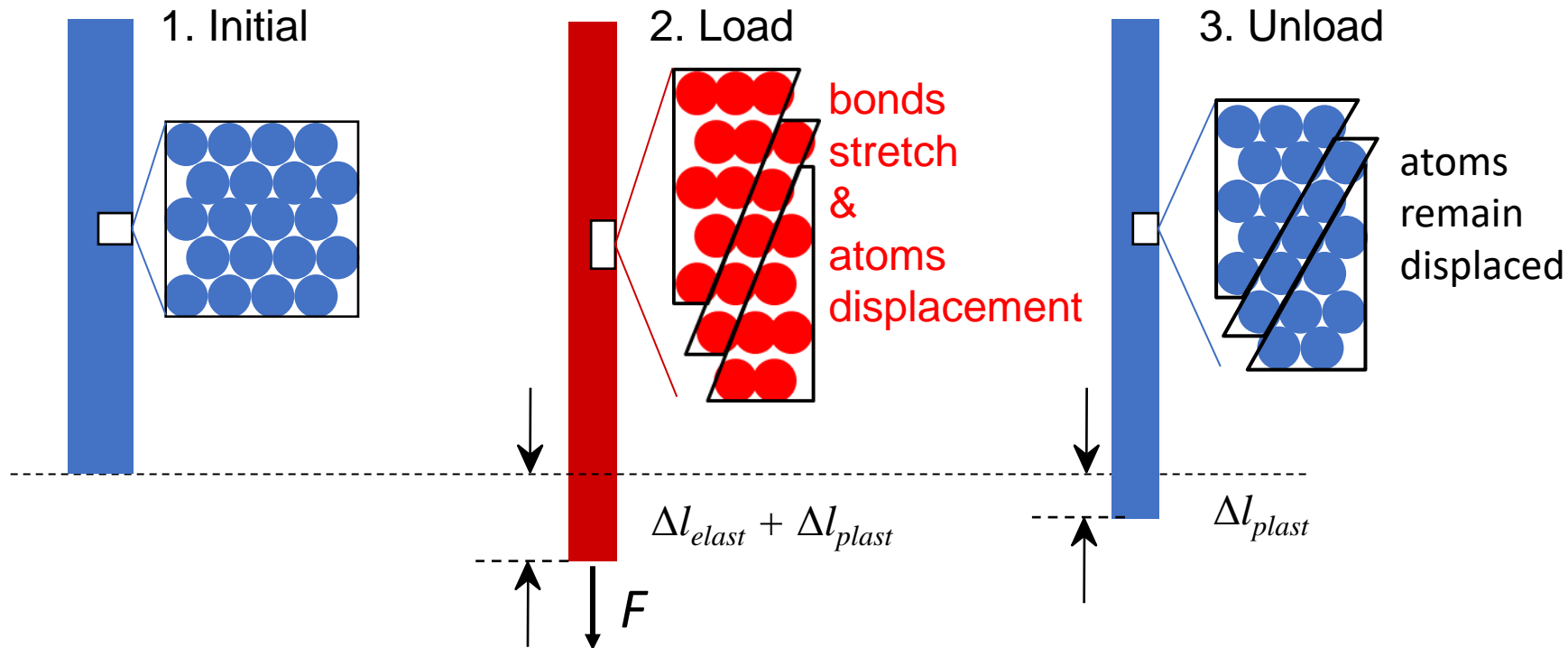


4.3

STRESS-STRAIN BEHAVIOUR: PLASTIC DEFORMATIONS, TENSILE PROPERTIES

PLASTIC DEFORMATION

Metals

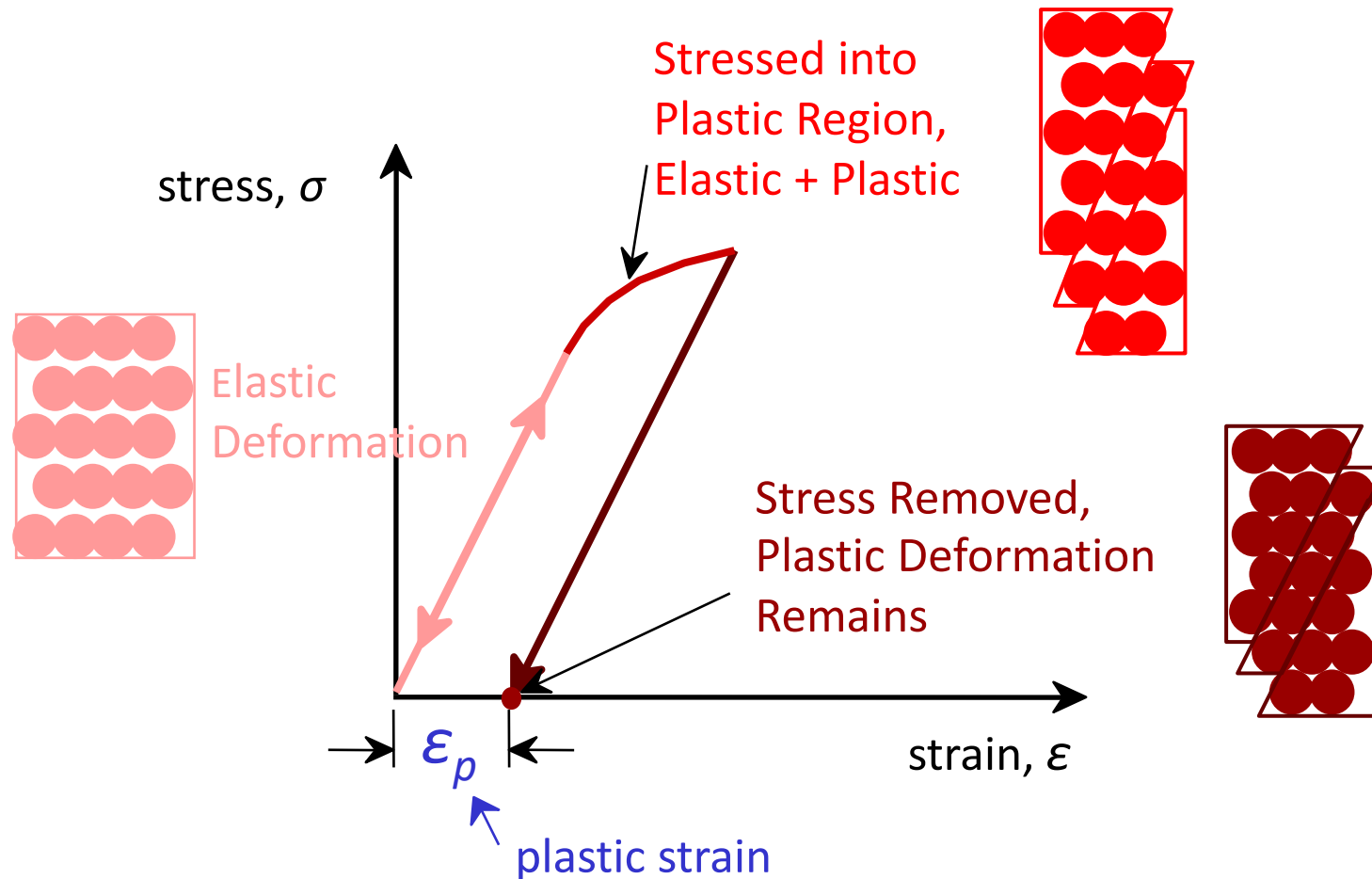


- only partial recovery (elastic)
- **plastic** deformation is permanent and non-reversible

NB! in **crystalline** solids: dislocations
in **amorphous** solids: viscous flux (more in following lectures)

PLASTIC DEFORMATION

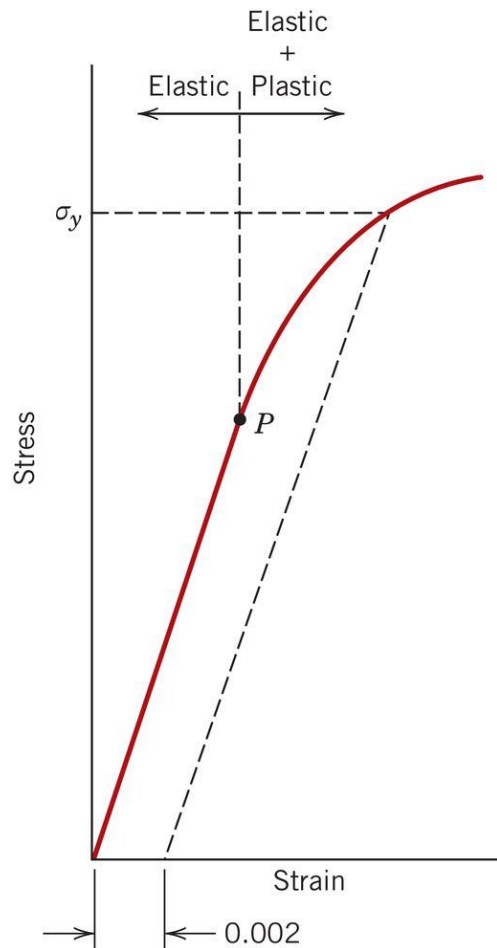
- Stress-strain plot for simple tension test:



Adapted from Fig. 6.10 (a),
Callister & Rethwisch 10e.

YIELD STRENGTH

- Transition from elastic to plastic deformation is gradual
- Yield strength = stress at which *noticeable* plastic deformation has occurred

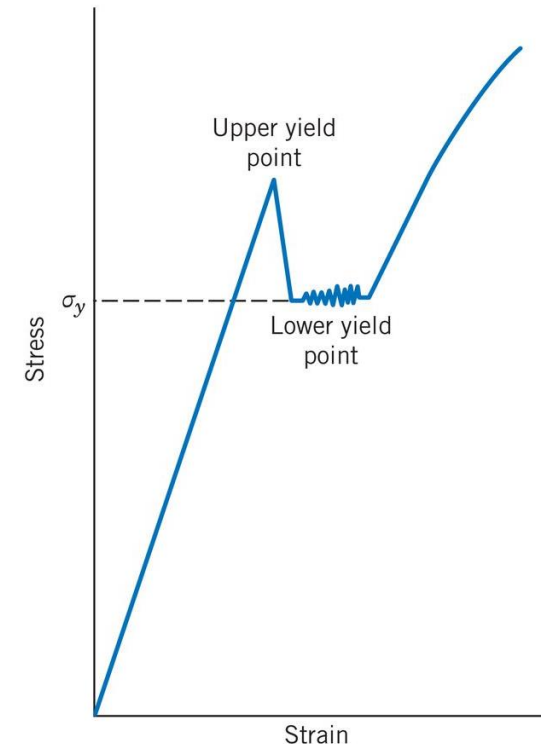


e.g. $\Delta l = 0.01$ cm for $l_0 = 5$ cm sample

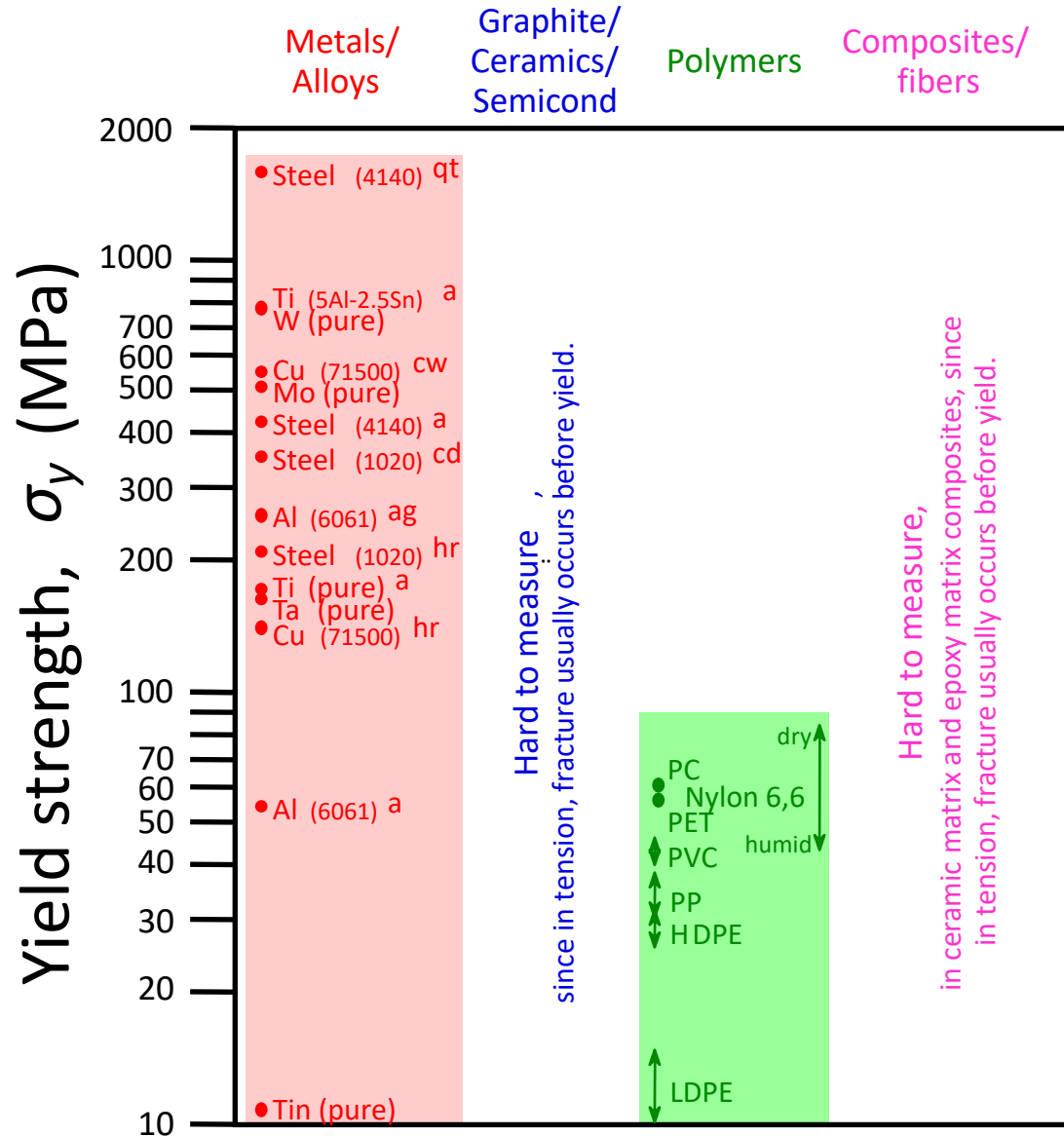
σ_y : yield strength

P: proportionality limit

Some steels →



YIELD STRENGTH – COMPARISON OF MATERIAL TYPES



Room temperature values

Based on data in Table B.4, *Callister & Rethwisch 10e*.

a = annealed

hr = hot rolled

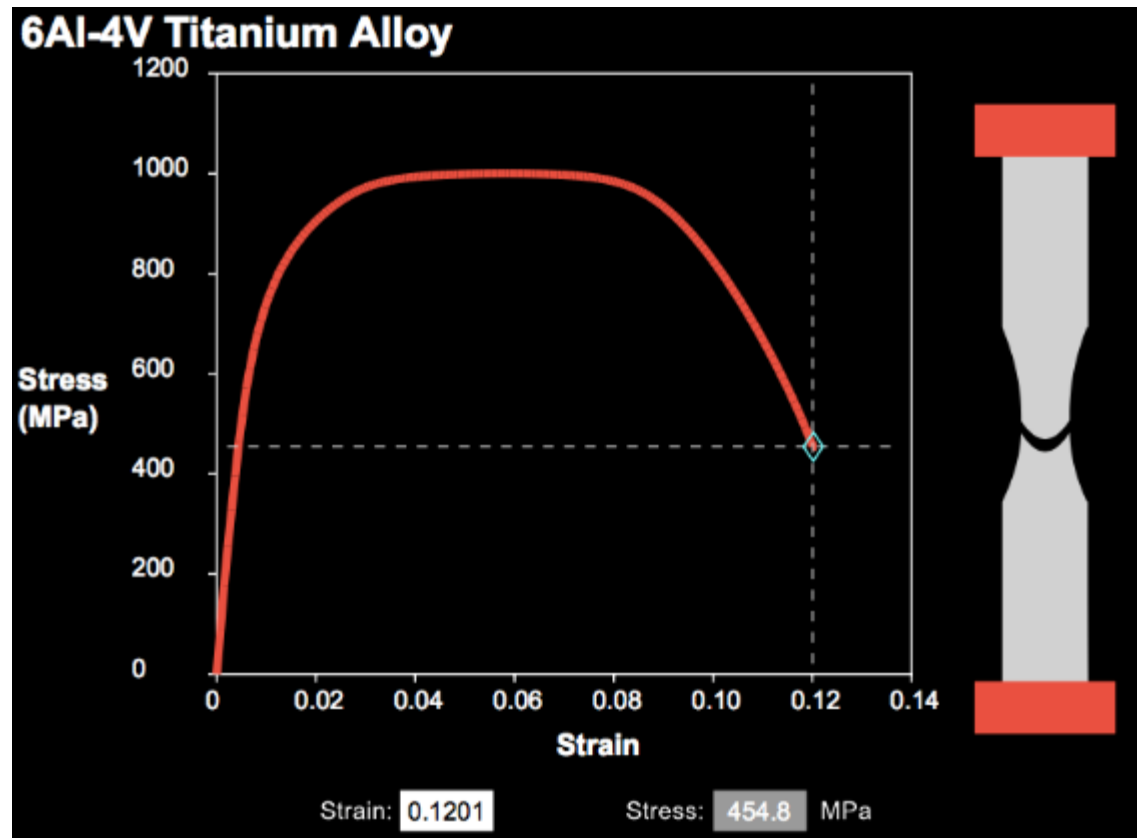
ag = aged

cd = cold drawn

cw = cold worked

qt = quenched & tempered

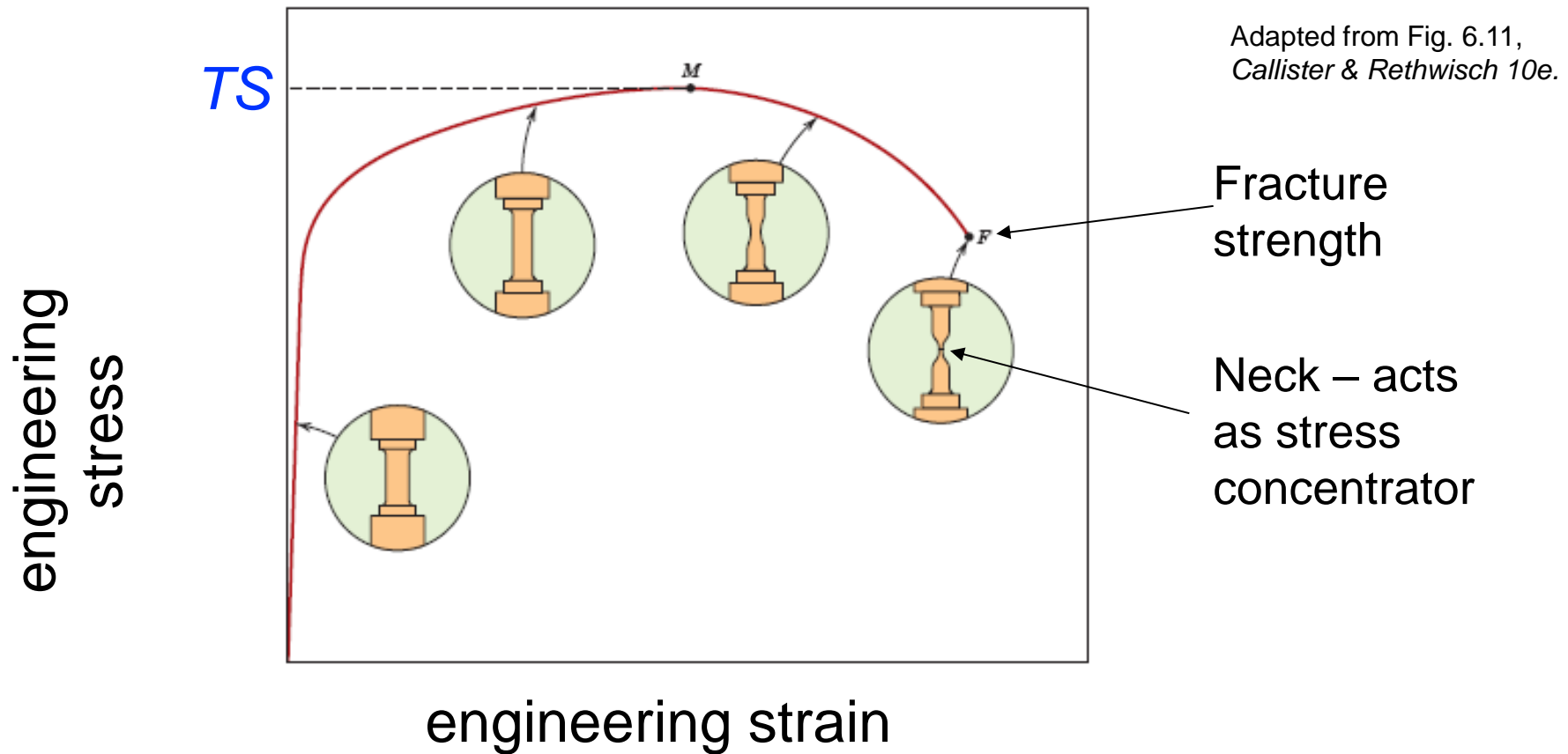
VMSE: VIRTUAL TENSILE TESTING



Wiley - VMSE TENSILE TESTING

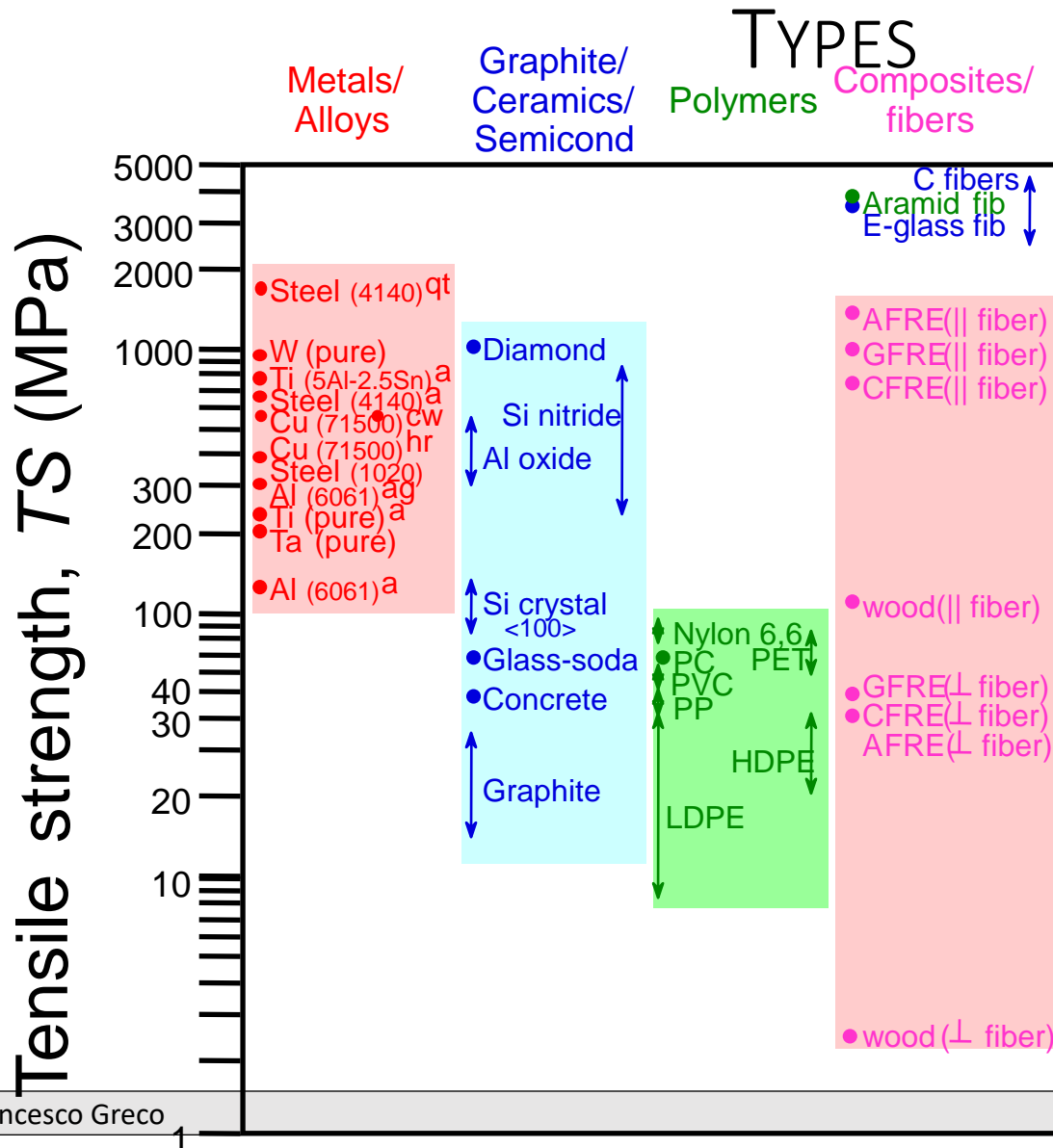
TENSILE STRENGTH

- Tensile strength (TS) (it. “resistenza a trazione”) = max. stress on engineering stress-strain curve.



- **Metals:** Maximum on stress-strain curve appears at the onset of **necking**

TENSILE STRENGTH: COMPARISON OF MATERIAL



Room temperature values

Based on data in Table B4, *Callister & Rethwisch 10e*.

a = annealed

hr = hot rolled

ag = aged

cd = cold drawn

cd = cold worked

qt = quenched & tempered

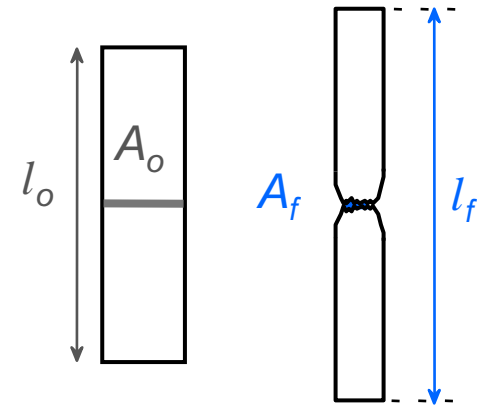
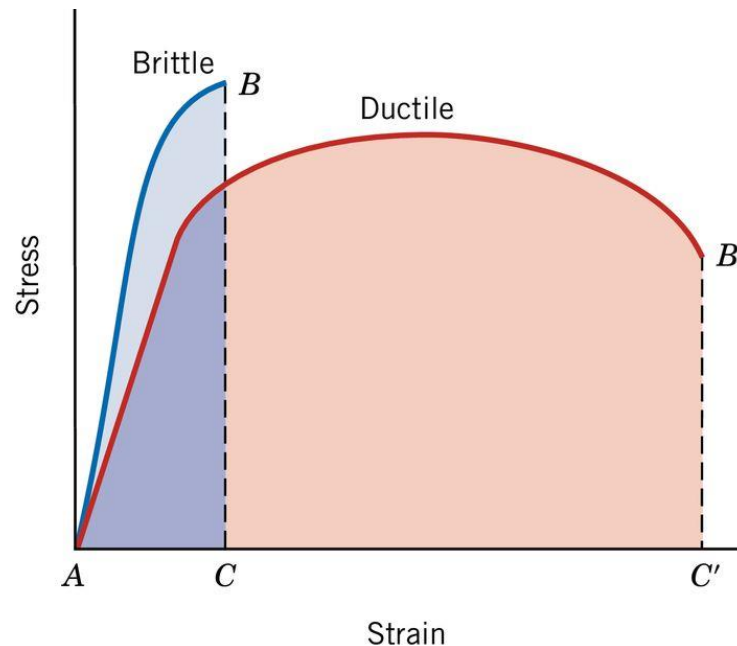
AFRE, GFRE, & CFRE = aramid, glass, & carbon fiber-reinforced epoxy composites, with 60 vol% fibers.

DUCTILITY

- Ductility = amount of plastic deformation **at failure**
- Ductility, as percent elongation
- Ductility, as percent reduction in area

$$\%EL = \frac{l_f - l_0}{l_0} \times 100$$

$$\%RA = \frac{A_0 - A_f}{A_0} \times 100$$

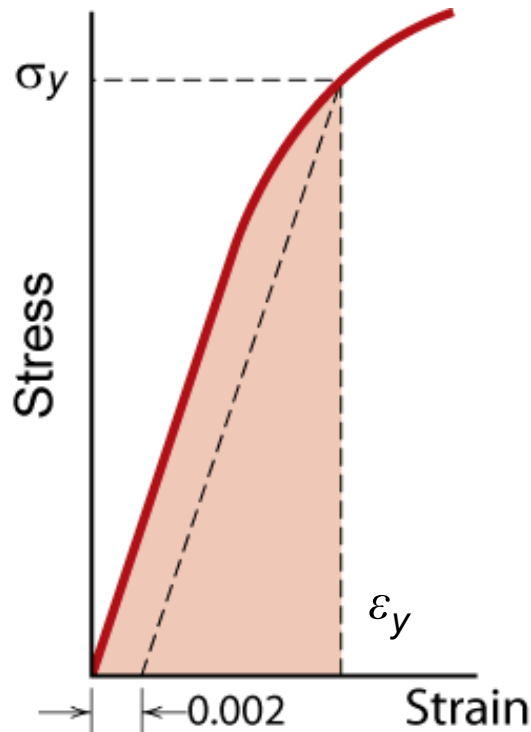


RESILIENCE

Resilience—ability to absorb energy during elastic deformation , energy recovered when load released

Modulus of resilience, U_r

U_r = Area under stress-strain curve to yielding



$$U_r = \int_0^{\varepsilon_y} \sigma d\varepsilon$$

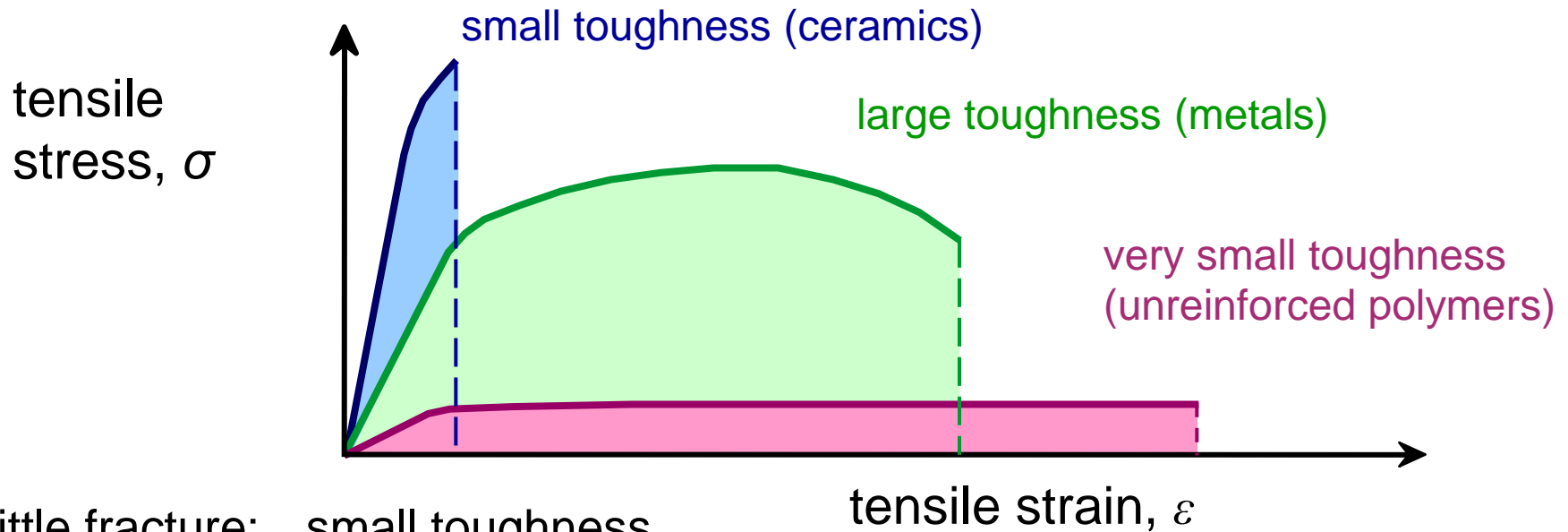
assuming a linear stress-strain curve simplifies to

$$U_r \cong \frac{1}{2} \sigma_y \varepsilon_y = \frac{\sigma_y^2}{2E}$$

resilient materials:
high σ_y , low E
alloys for springs!

TOUGHNESS

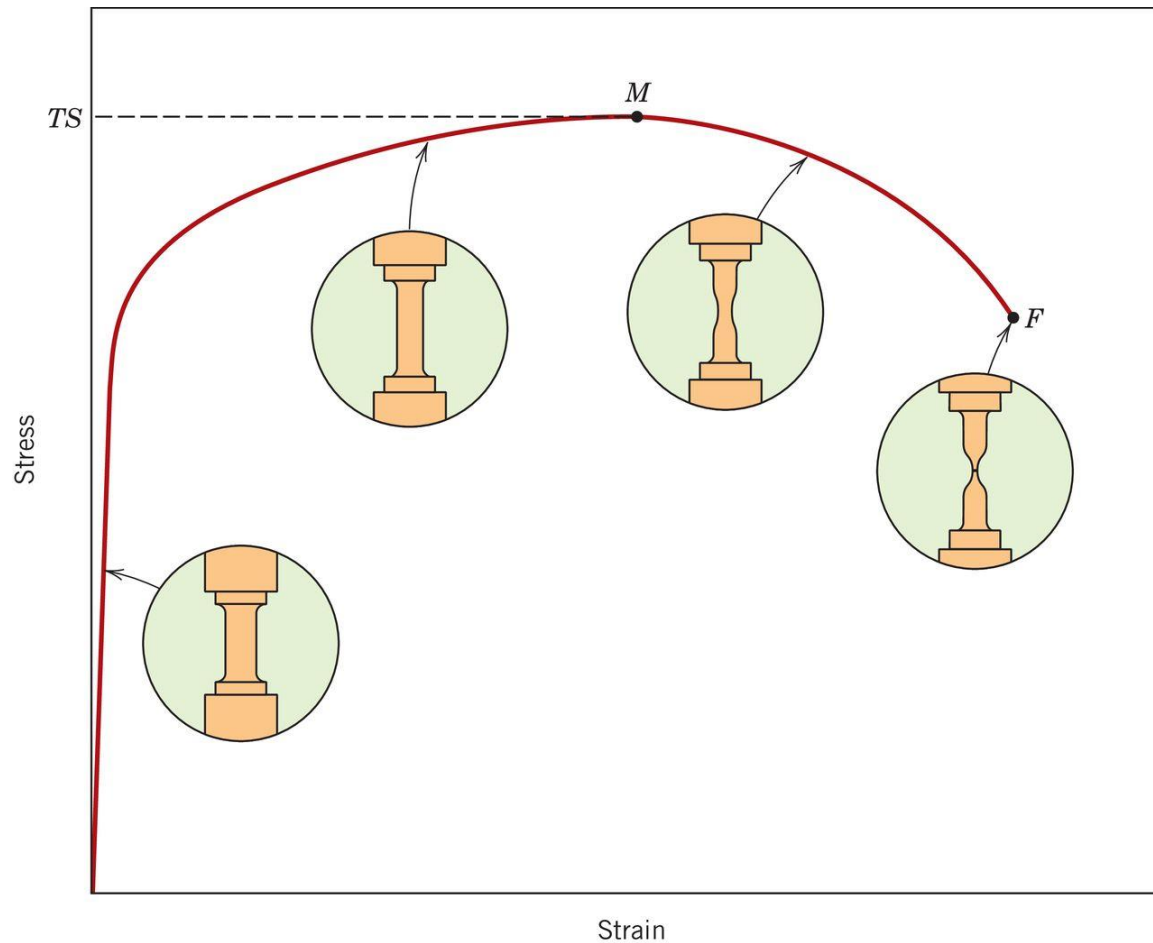
- Toughness (it.: tenacità) of a material is expressed in several contexts
amount of energy absorbed before fracture
- Approximate by area under the stress-strain curve— $[J/m^3]$



Brittle fracture: small toughness
Ductile fracture: large toughness

TRUE STRESS & STRAIN

- after point M (TS) the curve decreases → the material is weaker?
- influence of **necking**



TRUE STRESS & STRAIN

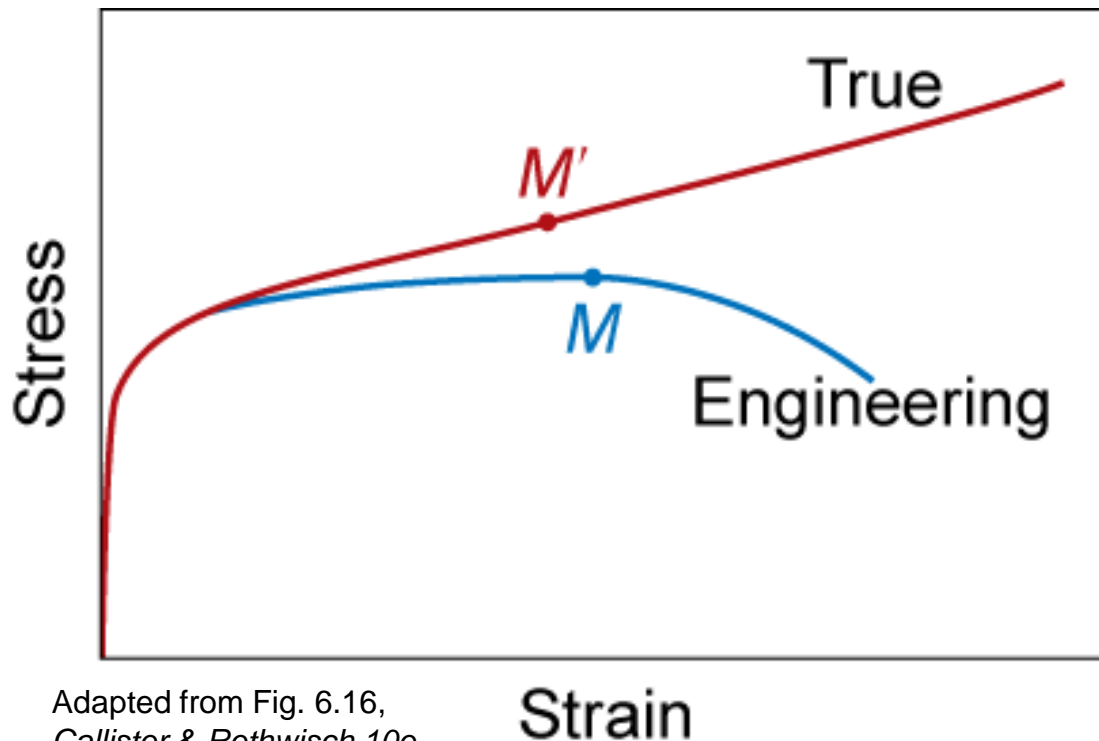
True stress

$$\sigma_T = \frac{F}{A_i}$$

A_i = instantaneous
cross-sectional area

True strain

$$\varepsilon_T = \ln \left(l_i / l_0 \right)$$



Adapted from Fig. 6.16,
Callister & Rethwisch 10e.

if no change in volume

$$A_i l_i = A_0 l_0$$



Conversion Equations:
valid only to the onset
of necking

$$\begin{aligned} s_T &= s (1 + e) \\ e_T &= \ln(1 + e) \end{aligned}$$

ELASTIC STRAIN RECOVERY

yield strength for 2nd
deformation = σ_{yi} →
initial yield strength = σ_{yo} →

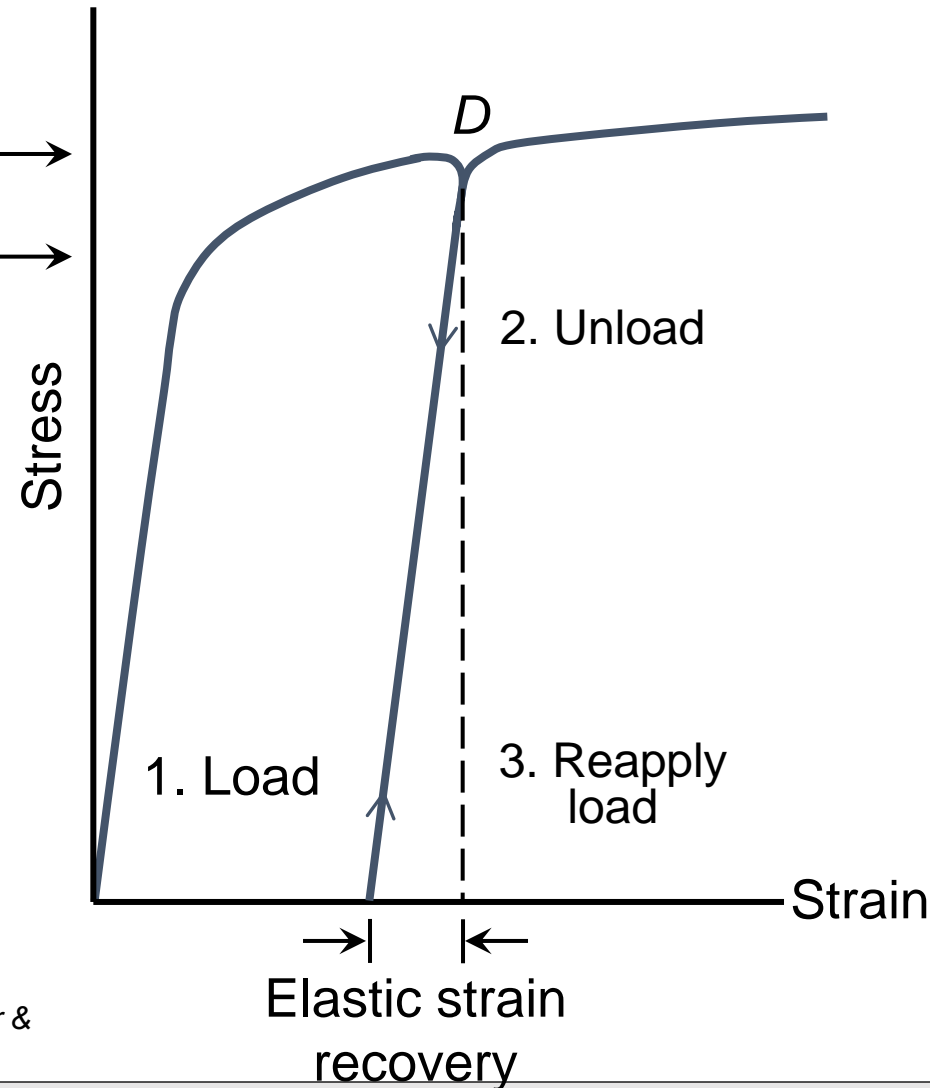
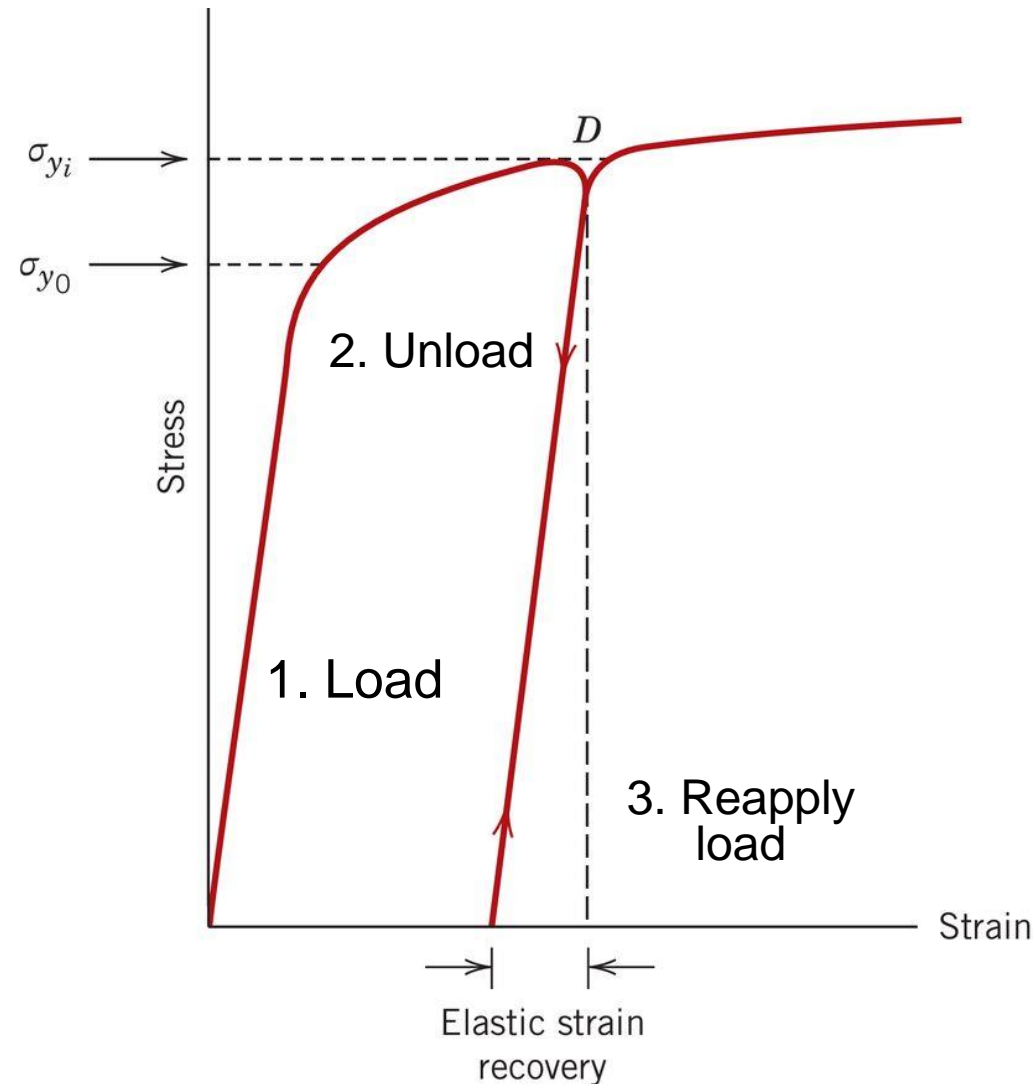


Fig. 6.17, Callister &
Rethwisch 10e.

ELASTIC STRAIN RECOVERY

yield strength for 2nd
deformation = σ_{yi}
initial yield strength = σ_{y0}



RECAP: STRENGTH, DUCTILITY, TOUGHNESS

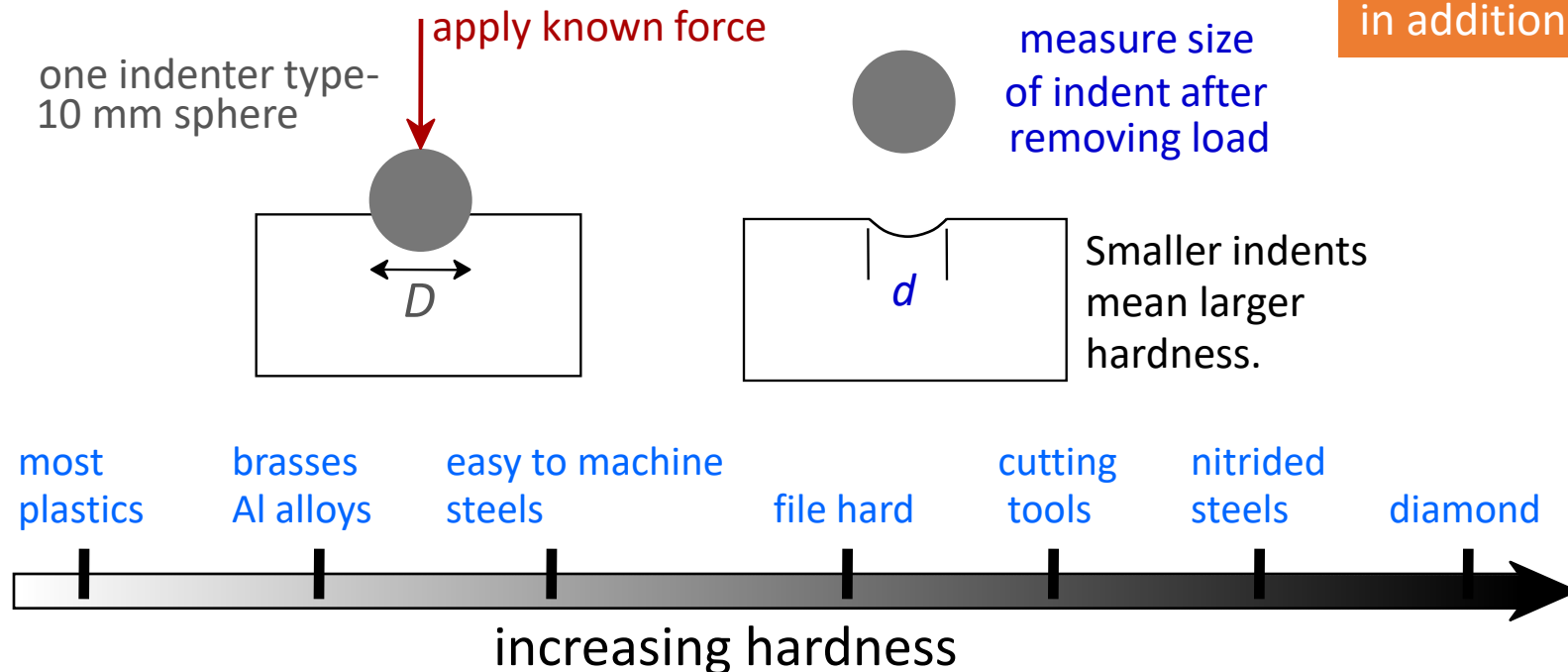


YOUTUBE VIDEO – The efficient engineer Channel
“Understanding Materials’ strength, ductility, toughness” (07:19)

<https://youtu.be/WSRqJdT2COE>

HARDNESS

- Measure of resistance to surface plastic deformation — dent or scratch.
- Large hardness means:
high resistance to deformation from compressive loads
better wear properties.



More on hardness
in additional slides

SUMMARY

- Applied mechanical force—normalized to stress
- Degree of deformation—normalized to strain
- **Elastic** deformation:
 - non-permanent; occurs at low levels of stress
 - stress-strain behavior is linear
- **Plastic** deformation
 - permanent; occurs at higher levels of stress
 - stress-strain behavior is nonlinear

SUMMARY

- **Stiffness**—a material's resistance to elastic deformation
—elastic (or Young's) modulus
- **Strength**—a material's resistance to plastic deformation
—yield and tensile strengths
- **Ductility**—amount of plastic deformation at failure
—percents elongation, reduction in area
- **Hardness**—resistance to localized surface deformation
& compressive stresses
—Rockwell, Brinell hardnesses

SUMMARY L4

- L4.1 • Stress/Strain: Intro and Definitions
- L4.2 • Elastic deformations
- L4.3 • Plastic Deformations, Tensile Properties

ADDITIONAL RESOURCES, READINGS

YOUTUBE VIDEOS:

- The Efficient Engineer Channel – [PLAYLIST «Understanding Materials properties»](#)
 - 3 Episodes
 - Young's Modulus
 - Strength, Ductility, Toughness
 - Poisson's ratio
- Real Engineering Channel- Ep. [Material Properties](#) , Ep. [Aluminium](#) , Ep. [Titanium](#)

READINGS:

- Callister Rethwisch – Chapter 6

PLUS:

- [Greaves G. Neville](#) 2013 Poisson's ratio over two centuries: challenging hypotheses
Notes Rec. **67**37–58 <http://doi.org/10.1098/rsnr.2012.0021>



ADDITIONAL SLIDES: HARDNESS

MEASUREMENT OF HARDNESS

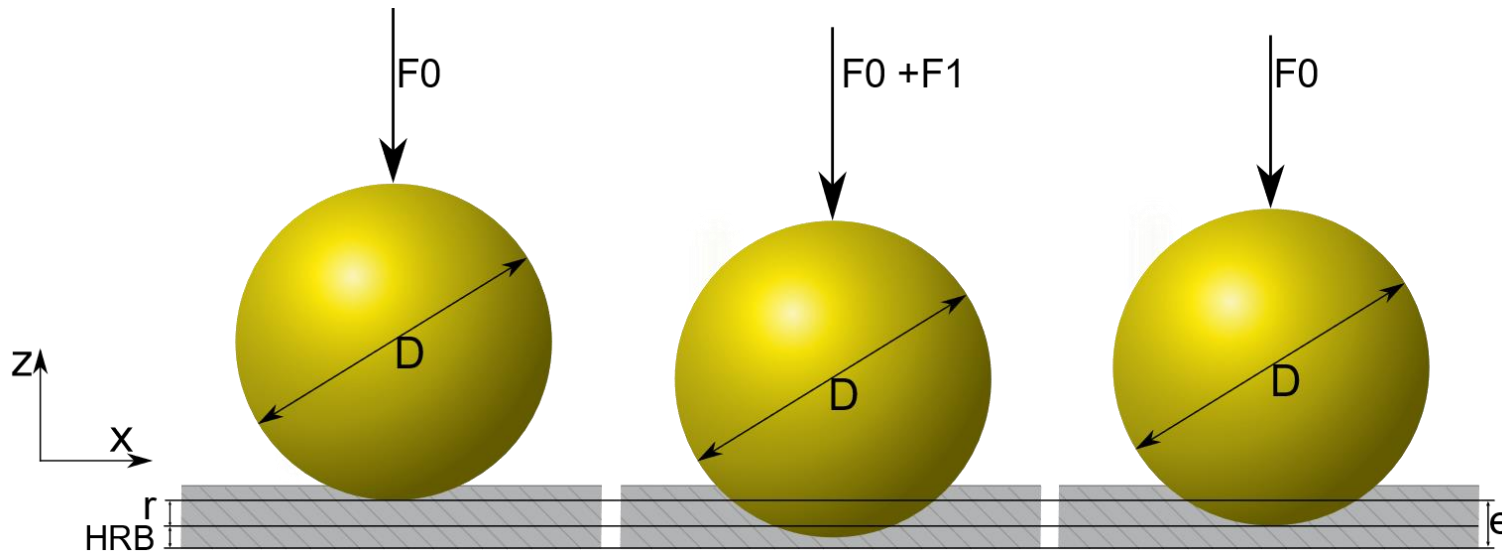
Rockwell Hardness - HR

INDENTERS: ASTM E18, diamond spheroconical or tungsten carbide balls

1. Apply a small load F_0 (preload)

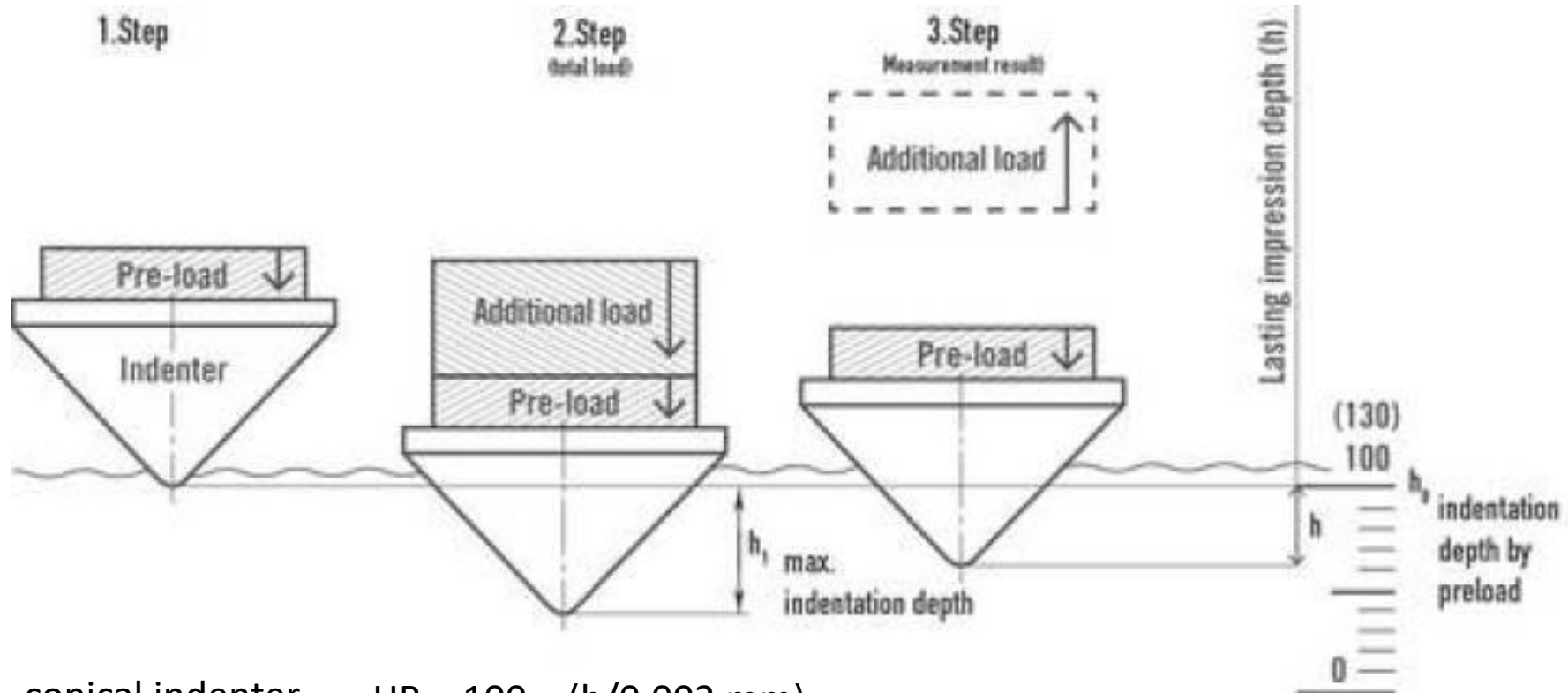
2. Apply additional load F_1 dwell time (typ 4 s)

3. Remove load F_1



MEASUREMENT OF HARDNESS

Rockwell Hardness - HR



conical indenter $HR = 100 - (h/0.002 \text{ mm})$

spherical indenter $HR = 130 - (h/0.002 \text{ mm})$

h in mm

MEASUREMENT OF HARDNESS

Rockwell Hardness - HR

- Several scales—combination of load magnitude, indenter size

	Indenters	Loads
Rockwell and superficial Rockwell	$\left\{ \begin{array}{l} \text{Diamond} \\ \text{cone:} \\ \frac{1}{16}\text{, } \frac{1}{8}\text{, } \frac{1}{4}\text{, } \frac{1}{2}\text{ in.} \\ \text{diameter} \\ \text{steel spheres} \end{array} \right.$	$\left. \begin{array}{l} 60\text{ kg} \\ 100\text{ kg} \\ 150\text{ kg} \end{array} \right\} \text{Rockwell}$
		$\left. \begin{array}{l} 15\text{ kg} \\ 30\text{ kg} \\ 45\text{ kg} \end{array} \right\} \text{Superficial Rockwell}$

- Examples:
 - Rockwell A Scale – 60 kg load/diamond indenter
 - Superficial Rockwell 15T Scale – 15 kg load/ 1/16 in. indenter
- Rockwell hardness designation: (hardness reading) HR
- Examples: 57 HRA; 63 HR15T
- Hardness range for each scale: 0–130 HR; useful range: 20–100 HR

ROCKWELL HARDNESS SCALES

Table 6.6a Rockwell Hardness Scales

Scale Symbol	Indenter	Major Load (kg)
A	Diamond	60
B	$\frac{1}{16}$ -in. ball	100
C	Diamond	150
D	Diamond	100
E	$\frac{1}{8}$ -in. ball	100
F	$\frac{1}{16}$ -in. ball	60
G	$\frac{1}{16}$ -in. ball	150
H	$\frac{1}{8}$ -in. ball	60
K	$\frac{1}{8}$ -in. ball	150

Table 6.6b Superficial Rockwell Hardness Scales

Scale Symbol	Indenter	Major Load (kg)
15N	Diamond	15
30N	Diamond	30
45N	Diamond	45
15T	$\frac{1}{16}$ -in. ball	15
30T	$\frac{1}{16}$ -in. ball	30
45T	$\frac{1}{16}$ -in. ball	45
15W	$\frac{1}{8}$ -in. ball	15
30W	$\frac{1}{8}$ -in. ball	30
45W	$\frac{1}{8}$ -in. ball	45

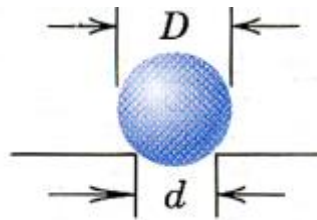
MEASUREMENT OF HARDNESS

Brinell Hardness

Single scale

Brinell hardness designation: (hardness reading) HB

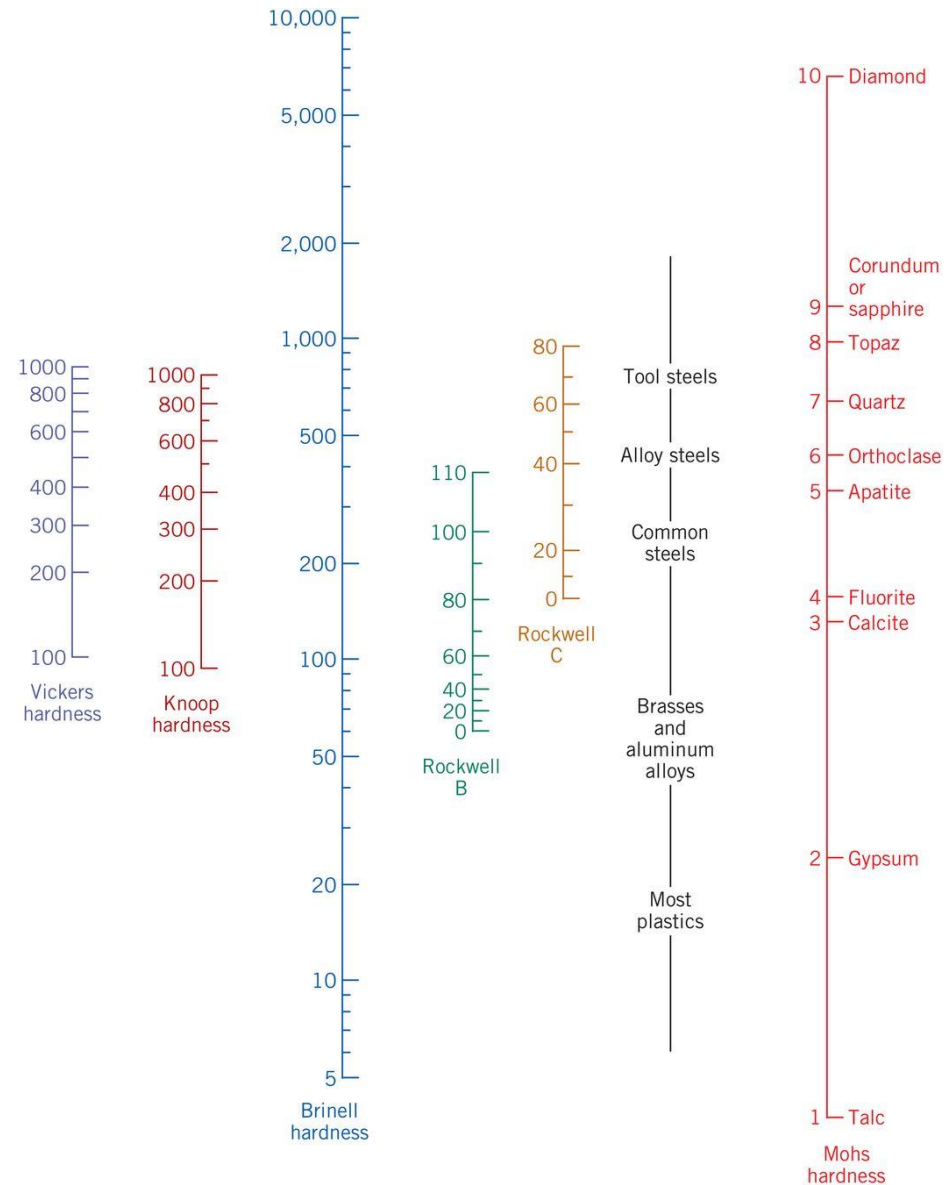
10-mm sphere
of steel or
tungsten carbide



$$HB = \frac{2P}{\pi D [D - \sqrt{D^2 - d^2}]}$$

- P = load (kg)
- $500 \text{ kg} \leq P \leq 3000 \text{ kg}$ (500 kg increments)
- Relationships—Brinell hardness & tensile strength
 - $TS \text{ (MPa)} = 3.45 \times HB$

COMPARISON OF VARIOUS HARDNESS SCALES



Adapted with permission from ASM International, *ASM Handbook: Mechanical Testing and Evaluation*, Vol. 8, 2000, pg. 936.)