

- name: ExerciseName

+ toJson() = 0 + toString() + fromStringToExerciseType()

+ fromStringToExerciseName()

«enumeration» ExerciseName

TreadmillRunning,

TreadmillWalking, StationaryBike, StairClimber, BenchPress,

LatPulldown,
BarbellRow,
OverheadPress,
DumbbellLateralRaise

DumbbellInclinePress,