UMMUL-QURA HIGH SCHOOL

Arowona Bus-Stop, Off Akanran Road, Ibadan.
THIRD TERM EXAMINATION, 2018/2019 ACADEMIC SESSION.

SUBJECT: BST 1. CLASS: JSS 2 TIME: 2 hours.

OBJECTIVE PART: Answer all questions in this part.

BASIC	CC	$IF\lambda$	CF
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- 1. ----- is applicable for ventilation of houses and better air circulation.
- A. Diffusion
- B. Osmosis
- C. Convection
- D. Conduction
- 2. A method of heat transfer wherein heat flows from the cotton to the top with actual movement of the liquid molecules is called;
- A. conduction
- B. convection
- C. radiation
- D. diffusion
- 3. The sunlight get to us through-----.
- A. radiation
- B. conduction
- C. osmosis
- D. diffusion
- 4. The energy which tend to move from place to place especially from its source to cooler is;
- A. kinetic energy
- B. radiation energy
- C. thermal energy
- D. light energy
- 5. The material which allows heat to pass through them are called-----
- A insulator
- B. protector
- C. conductor
- D. radiator

- 6. The following are the by-products of refined crude oil *except*;
- A. kerosene
- B. lubrication oil
- C. polythene
- D. bitumen
- 7. Lubricating oil, fuel oil and bitumen are referred
- A. refinery
- B. viscous material
- C. residues
- D. light material
- 8. The physical method used in separating crude oil
- is called
- A. sublimation
- B. evaporation
- C. recantation
- D. fractional distillation
- 9. Which of these statement is *not correct* about matter?
- A. Matter is always a solid material
- B. Matter can undergo temporary or permanent changes
- C. Heat can affect matter
- D. Matter can exist in three states
- 10. Human beings are unique among other primates
- because?
- A. They have nails
- B. They have hands
- C. They have forward facing eye

- D. They have higher intelligence due to highly developed brain
- 11. Among the living things, human being are animals because;
- A. they manufacturer their own food
- B. they have chlorophyll
- C. they cannot move from place to place
- D. they have complex organ for respiration, reproduction, excretion and sensitivity
- 12. The human brain enables human beings to
- A. remember
- B. control the environment and other living things in their habitat
- C. make inference
- D. produce their own food
- 13. Water pollution may be controlled by;
- A. making good soak away pit
- B. repair of leakages in our roofs
- C. sweeping our rooms regularly
- D. regular disposal of refuse
- 14. The following are diseases *except*;
- A. Malaria
- B. Goiter
- C. Tallness
- D. Bleeding gums
- 15. Disease can be prevented by;
- A. consulting a native doctor
- B. good sanitation
- C. being fashionable
- D. overreacting
- 16. One of the following is *not* a factor that can affect growth and development;
- A. Food
- B. Disease
- C. Hereditary
- D. Humidity

- 17. A----- is a meal that contains all the classes of food in the right proportion?
- A. adequate meal
- B. balance diet
- C. classes of food
- D. proteins
- 18. A man of 60kg lift a box through a distance of
- 15m. Calculate the work done by the man. Take g =
- $10m/s^2$.
- A. 900**J** B. 9000**J**
- C. 90,000**J**
- D. 91,000**J**
- 19. Calculate the power of a man that has done work of 2000 *J* in 20 seconds.
- A. 10W
- B. 100W
- C. 1000W
- D. 10,000W
- 20. Anything that capable of doing work has-----
- A. Power
- B. Time
- C. Energy
- D. Newton

PHYSICAL EDUCATION

- 21. Which of the following is not a postural defect?
- A. Measles
- B. Lordosis
- C. Knocked knee
- D. Flat feet
- 22. Posture is defined as the ----- of the body segment.
- A. defects
- B. arrangement
- C. alignment

D. maintenance	D. Smoke
23. Which of the following is a non-communicable	29. Non-communicable diseases are
disease?	A. contagious
A. Cholera	B. non-contagious
B. Measles	C. defective
C. HIV/AIDS	D. incurable
D. Kwashiorkor	30. Any injury sustained from hot liquid or steam is
24. Excess body fat is caused by;	referred to as
A. sedentary lifestyle	A. burn
B. regular physical exercise	B. cut
C. diet	C. scaled
D. weight-loss surgery	D. falls.
25 is a disease characterized by high blood	31. A kind of wound sustained from sharp objects is
pressure	called.
A. Headache	A. punctured wound
B. Stroke	B. lacerated wound
C. Hypertension	C. incised wound
D. Cough	D. bruises
	32. The following are type of wound except
26. Ability to take care of one's health is called	A. complicated wound
A. Personal health	B. incised wound
B. Community health	C. lacerated wound
C. Environmental health	D. bruises
D. Community health	33 is freedom from injury.
27. The components of school health program that	A. First aid
is designed to take care of the sick and injured	B. Accident
students in school is known as;	C. Treatment
A. school-community relationship	D. Safety
B. health instructions	34. Damage to the body tissues that results in escape
C. school health services	of blood is referred to as;
D. healthful school living	A. injury
28 is the release of harmful substances that	B. illness
contaminates the environment.	C. accident
A. Pollutant	D. casualty
B. Dust	35. Which of the following is <i>not</i> a cause of sport
C. Pollution	injury?

- A. adequate supervision
- B. unequal match
- C. wet sport ground
- D. failure to follow instructions
- 36. An immediate care of an injured or sick person

is called.

- A. accident
- B. first aid
- C. treatment
- D. injury
- 37. ---- is an injury cause by fire;
- A. Fall
- B. Cut
- C. Scald
- D. Burn
- 38. The following are the reasons for human

trafficking except;

- A. to glorify God
- B. for explanation
- C. for self-satisfaction
- D. for political ambition
- 39. Transportation and harboring of people by

means of threat or force is known as;

- A. exhaustion
- B. starvation
- C. exploration
- D. human trafficking
- 40. Which of the following is an outdoor recreation

activity?

- A. hunting
- B. reading for pleasure
- C. painting
- D. internet browsing

THEORY PART: Answer **all** questions in this part.

- 1a. What is crude oil?
- 1b. Differentiate between petroleum and petrochemicals.
- 1c. List the methods of heat flow. Give one application for each of the following methods of heat flow.
- 2a. Define the following terms;
 - (i) Safety
 - (ii) First aid
 - (iii) Injury
- 2b(i) differentiate between burn and scald.
- 2b(ii) List any three types of wound and two types of fracture.
- 2c(i) What is Recreation?
- 2c(ii) Mention three causes of assault in sports.