# Day 5: For . . . Of

**JavaScript ES6 for . . . of**

Here's a nice discussion about the *for-of* loop that is introduced in ES6 and the purpose it serves.

## for . . . of

The *for...of* statement creates a loop iterating over iterable objects like arrays, maps, and argument objects. It invokes a custom iteration hook with statements to be executed for the value of each distinct property.

**SAMPLE CODE**

```
var employee = ['001', '002', '003', '004', '005', '006', '007'];
for(let i in employee){
    console.log(i);
}
console.log();
for(let i of employee){
    console.log(i);
}
```

**OUTPUT**

```
0
1
2
3
4
5
6

001
002
003
004
005
006
007
```

## Task

We have created an array **my_array** whose elements are strings. Your task is to print the elements which are *palindromes*.

## Constraints

$0 \leq size \ of \ array \leq 100$
$0 \le size \ of \ each \ string \leq 100$

## Hint

You can learn about how to reverse a string in place, here.

## Note

- Do not declare the variable **my_array**.