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# Baclofen-associated neurophysiologic target engagement across species in fragile X syndrome

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#### **Abstract**

**Background:** Fragile X syndrome (FXS) is the most common inherited form of neurodevelopmental disability. It is often characterized, especially in males, by intellectual disability, anxiety, repetitive behavior, social communication deficits, delayed language development, and abnormal sensory processing. Recently, we identified electroencephalographic (EEG) biomarkers that are conserved between the mouse model of FXS (*Fmr1 KO* mice) and humans with FXS.

**Methods:** In this report, we evaluate small molecule target engagement utilizing multielectrode array electrophysiology in the *Fmr1 KO* mouse and in humans with FXS. Neurophysiologic target engagement was evaluated using single doses of the GABA<sub>B</sub> selective agonist racemic baclofen (RBAC).

**Results:** In *Fmr1* KO mice and in humans with FXS, baclofen use was associated with suppression of elevated gamma power and increase in low-frequency power at rest. In the *Fmr1* KO mice, a baclofen-associated improvement in auditory chirp synchronization was also noted.

**Conclusions:** Overall, we noted synchronized target engagement of RBAC on resting state electrophysiology, in particular the reduction of aberrant high frequency gamma activity, across species in FXS. This finding holds promise for translational medicine approaches to drug development for FXS, synchronizing treatment study across species using well-established EEG biological markers in this field.

**Trial registration:** The human experiments are registered under NCT02998151.

**Keywords:** Fragile X syndrome, Electroencephalography, Biomarker, Baclofen, Autism, Multielectrode array

#### **Background**

Fragile X syndrome (FXS) is the most common inherited genetic cause of intellectual disability and most common single gene cause of autism spectrum disorder (ASD) [1]. FXS is caused by a CGG repeat expansion and

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subsequent methylation in the *fragile X mental retardation 1 (Fmr1)* gene that results in deficient production of fragile X protein (FXP; formerly termed fragile X mental retardation protein (FMRP)) [2]. FXP is an RNA-binding protein that regulates synaptic function through regulation of protein translation [3]. In addition to intellectual disability, clinical features associated with FXS often include increased anxiety, repetitive behaviors, social communication deficits, delayed language development, and abnormal sensory processing [4–15]. Using EEG, our group and others have identified abnormal sensory



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processing in FXS including hypersensitivity and reduced habituation to repeated stimuli [16–18].

Identification of comparable biomarkers in humans and validated animal models is a critical step in facilitating pre-clinical to clinical therapeutic pipelines to advance treatment development for neurodevelopmental disorders, as many novel therapeutics showing promise in rodent models have failed in clinical trials in humans with FXS [15, 19-21]. To provide relevant translational electrophysiological biomarkers, we have developed and applied multielectrode array (MEA) analysis in Fmr1 KO mice, the mouse model of FXS [22, 23]. Our murine system involves stable chronic in vivo implantation of a planar multielectrode array (MEA) on the surface of the mouse skull and enables low-noise 30-channel simultaneous EEG, which can then be used for acquiring resting and stimulus-evoked EEG in awake, freely moving mice [22]. In humans, we have utilized 128-channel high-density EEG sampling. In mouse and human studies, we use analogous paradigms for auditory stimulation [24], and in both species have demonstrated robust phenotypes of altered resting EEG power, particularly in the gamma frequency band, altered single-trial and train-related EEG power and reduced inter-trial phase coherence (ITPC) to auditory chirp stimuli [23, 24]. Similar resting state and auditory evoked response EEG findings have been noted in FXS across species [18, 23-29], identifying cross-species electrophysiology as a particularly promising translational treatment development biomarker tool in the field.

In this study, we test a specific candidate mechanism for electrophysiological target engagement across mouse and human study in FXS. Deficient GABA neurotransmission has been implicated in the pathophysiology of FXS [30–32]. Pharmacological enhancement of GABAR subtypes shows efficacy against pathological behaviors and brain hyperexcitability in FXS and *Fmr1* KO mice [33–36]. Proof-of-principle for salutary effects of the GABA<sub>B</sub> agonist racemic baclofen (RBAC) on EEG

and behavior in Fmr1 KO mice was observed previously [36]. In that study, RBAC was found to suppress gamma power and improve working memory and anxiety-related behavior in a dose-dependent manner in *Fmr1* KO mice. Thus, evidence exists that baclofen may be therapeutic in FXS. However, single-dose RBAC has not been tested in parallel in animal models of FXS and patients with FXS. In this study, we administered acute RBAC to Fmr1 KO mice and to humans with FXS, and examined the effects of the molecule on translational EEG biomarkers. We demonstrate significant dose-related reduction in EEG gamma power and amelioration of inter-trial phase coherence (ITPC) deficits to temporally modulated auditory stimuli by single dose racemic baclofen in Fmr1 KO mice, and corresponding reduction in gamma power following single-dose RBAC in humans with FXS.

#### **Methods**

#### Mouse

Male KO (B6.129P2-Fmr1tm1Cgr/J, Fmr1 stock #003025) [37] and C57BL/6J WT (stock #000664) mice were obtained from The Jackson Laboratory. All genotypes were confirmed by Transnetyx (Cordova, TN) using real-time PCR analysis. Mice were maintained in an AAALAC-accredited facility under a 12-h light/dark cycle and were provided irradiated rodent diet (PicoLab, 5053) and water ad libitum. All mouse procedures were performed with approval from the University of California Institutional Animal Care and Use Committee and in accordance with the NIH Animal Care and Use Guidelines. EEG recordings were obtained from 20 Fmr1 KO and 20 WT mice. Male mice between 12 and 15 weeks of age were used for all EEG recordings. In each group (n =10 WT,  $n = 10 \, Fmr1$  KO), EEG data were recorded 3–4 days after recovery from MEA implantation surgery and served as pre-drug baseline responses ("pre-drug EEG", Fig. 1). EEG recordings were obtained from the same mice one hour after racemic baclofen (RBAC) treatment

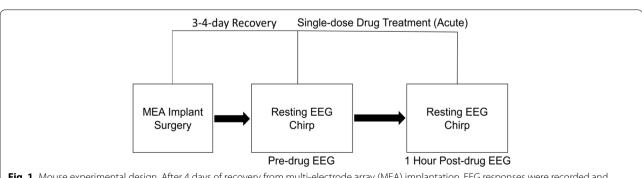


Fig. 1 Mouse experimental design. After 4 days of recovery from multi-electrode array (MEA) implantation, EEG responses were recorded and served as pre-drug baseline responses. Post-drug EEG responses were recorded after acute single-dose drug treatment

(2.5 mg/kg or 5 mg/kg, i.p.) ("1 h post-drug EEG", Fig. 1). The 5 mg/kg dosage is the *Fmr1* KO mouse approximate equivalent to our 30 mg dosing in humans with FXS [38]. Racemic baclofen (Sigma #B5399-5G) solutions were suspended using saline vehicle. EEG recordings obtained during each mouse recording session included resting-state EEG and auditory chirp stimuli (see below). Recordings were collected using the SmartBox (Neuronexus) acquisition system from awake and freely moving mice [22, 23]. Acquisition hardware was set to lower (0.5 Hz) and upper (500 Hz) filters and data were sampled at a rate of 1250 Hz. MEA surgical and recording procedures followed our previously published methods [39, 40].

#### Human

In humans, we analyzed neural correlates of a RBAC acute dose (30 mg) challenge in a single-dose placebocontrolled crossover study with a 2-week washout period. For the human study, legally authorized representatives and participants provided informed consent/ assent for the completion of all study procedures and the human work was reviewed and approved by the Cincinnati Children's Hospital Institutional Review Board (IRB; study registered at clinicaltrials.gov as NCT02998151). Seventeen adolescents and adults with full mutation FXS received single dose (30 mg; equivalent of 5 mg/kg mouse dose) or placebo in random order (see Table 1 for participant characteristics). Resting-state and auditory chirp paradigms were performed in humans as previously described [18, 25], with presentation and analyses directly paralleling our mouse studies. Recordings were collected with a Phillips/EGI NetAmp 400 system (Eugene, Oregon, USA) using a 128-channel Hydrocel saline-based electrode net sampled at 1000 Hz.

#### Resting-state

Mouse resting EEG data was analyzed for 2 factors: treatment (pre, post) and frequency (delta to gamma) for the cortical regions (left frontal, right frontal, left medial, right medial, left temporal and right temporal). Data were expressed as the ratio of pre-treatment (Pre) values

Table 1 Human subject characteristics

Mean (SD)	FXS (n= 17)
Age	26.3 (8.9) Range 16–43
% male ( <i>n</i> )	69 (11)
Stanford-Binet 5 Abbreviated IQ (SS)	57.5 (17.0) Range 47–88
Stanford-Binet 5 Deviation IQ	55.9 (29.5) Range 11–91

to gauge relative differences in various factors using the same scale. Mouse Pre data for each frequency band were normalized to 1. Mouse EEG data analysis was performed using a combination of Analyzer 2.1 (Brain Vision Inc.), MATLAB, and SPSS. Data were extracted from the Smartbox files and saved in a file format compatible with Analyzer 2.1 software. Data were first down sampled to 625 Hz and a 60 Hz notch filter was used. EEG artifacts were removed using a semi-automatic procedure in Analyzer 2.1 for all recordings. Less than 20% of data were rejected due to artifacts from any single mouse. Restingstate (no auditory stimulus) EEG data were divided into 1 s segments and fast Fourier transforms (FFT) was run on each segment using a 10% Hanning window at 0.5 Hz bins resolution and then average power ( $\mu V/Hz^2$ ) was calculated for each mouse from 1 to 100 Hz. Power was then further binned into standard frequency bands: Delta (1-4 Hz), Theta (4-8 Hz), Alpha (8-13 Hz), Beta (13-30 Hz), Low Gamma (30–55 Hz), and High Gamma (65–100 Hz). We analyzed the raw data using two-way ANOVA.

In humans, for resting-state EEG analysis current source density (CSD) was estimated from eighty seconds of continuous preprocessed EEG data using a minimum norm estimate (MNE) model. Surface was parcellated into cortical nodes and grouped into bilateral regions (frontal, parietal, temporal, and occipital) according to the Desikan-Killiany atlas [41]. Relative power (band specific power divided by total power) was calculated for each frequency band and a linear mixed effect model (LMM) was performed to account for individual differences between participants using an alpha level of .05 and a false discovery rate (FDR) of 5%. The LMM examined fixed effects of changes in power (postdose-pre-dose) across 2 conditions (placebo or RBAC), 6 frequency bands (akin to the mouse work above: Delta (1-4 Hz), Theta (4-8 Hz), Alpha1 (7.5-10), Alpha2 (10-13 Hz), Beta (13-30 Hz), Low Gamma (30-55 Hz), and High Gamma (65-100 Hz)) across 8 bilateral cortical regions with nodes serving as replicates and subject as a random effect. To visualize the results, we implemented the R function scale to numerically scaled and centered change values for each subject by frequency band and divided it by the max value to ensure boundaries of -1to 1.

#### Chirp

Across species, following 5 min of resting-state recording we used a chirp-modulated tone (henceforth, 'chirp') to induce synchronized oscillations in EEG recordings [24]. The chirp stimulus used was broadband noise whose amplitude was modulated by a sinusoid with linearly increasing frequencies from 1 to 100 Hz [42–44]. Each stimulus was 2 s in duration, and the depth of modulation

was 100%. For mice, chirp trains were presented via speaker positioned at the floor of the recording chamber at  $\sim 70$  dB SPL 300 times with the interval between each train randomly generated to be between 1 and 1.5 s. We confirmed in each case that this dB level did not induce audiogenic seizures. For humans, chirp trains were presented via headphones at 65 db SPL 200 times each with the interval between each train randomly generated to be between 1.5 and 2 s.

The chirp facilitates a rapid measurement of transient oscillatory entrainment (delta to gamma frequency range) to auditory stimuli of a wide range of frequencies and can be used to compare oscillatory responses in different groups in clinical and pre-clinical settings [44]. Inter-trial phase coherence analysis (phase locking

factor) [45] can then be used to determine the ability of neural generators to synchronize oscillations to the frequencies present in the auditory stimulus.

Across species, chirp trains were processed with Morlet wavelets linearly spaced from 1 to 100 Hz using voltage ( $\mu V$ ) and wavelet coefficients were exported as complex values for use with Inter-trial phase coherence (ITPC) analysis. Wavelets were run with a Morlet parameter of 10. This parameter was chosen since studies in humans found most robust difference around 40 Hz, where this parameter is centered [24]. To measure phase synchronization at each frequency across trials, inter-trial phase coherence (ITPC) was calculated. The equation used to calculate ITPC is:

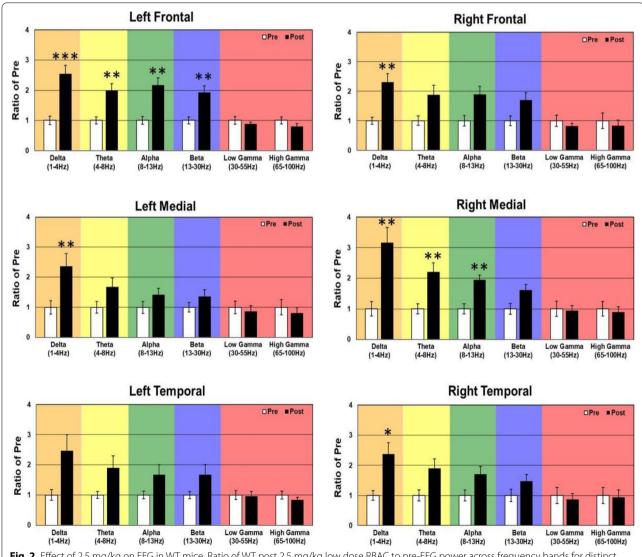


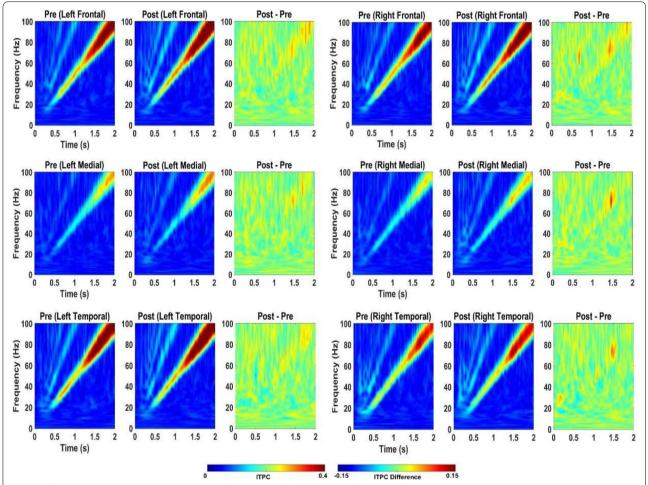
Fig. 2 Effect of 2.5 mg/kg on EEG in WT mice. Ratio of WT post 2.5 mg/kg low dose RBAC to pre-EEG power across frequency bands for distinct cortical regions following treatment

$$ITPC(f,t) = \frac{1}{n} \sum_{k=l}^{n} \frac{F_k(f,t)}{|F_k(f,t)|}$$

where f is the frequency, t is the time point, and k is trial number. Thus,  $F_k(f,t)$  refers to the complex wavelet coefficient at a given frequency and time for the kth trial.

Specifically in mice, there were no less than 275 chirp trials (out of 300) for any given mouse after segments containing artifacts were rejected. For the mice, statistical group comparisons of ITPC in chirp trains were quantified using a Monte Carlo permutation approach. Analysis was conducted by binning time into 256 parts and frequency into 100 parts, resulting in a  $100 \times 256$  matrix. Non-parametric analysis was used to determine contiguous regions in the matrix that were significantly different from a distribution of 2000 randomized Monte Carlo permutations based on previously published methods. Cluster sizes of the real treatment assignments (both

positive and negative direction, resulting in a two-tailed alpha of p = 0.025) that were larger than 97.25% of the random group assignments, were considered significantly different between experimental conditions. This method avoids statistical assumptions about the data and corrects for multiple comparisons. For human data, theta/alpha ITPC to stimulus onset, ITPC to the chirp stimulus at 40 Hz, ITPC to the chirp stimulus centered at 80 Hz, and single trial power across the entire trial in the alpha and gamma bands were examined in two frontal electrodes that have previously been included in a montage used to examine auditory event related activity (F3, left hemisphere; F4, right hemisphere; see [18] for details). Each human variable was submitted to a 2 (drug vs placebo) × 2 (pre-dose vs post-dose) × 2 (hemisphere) repeated measures ANOVA with an alpha level of .05 (see [24] for additional detail). All 17 participants with FXS provided chirp data for at least 3 out of four sessions, however only



**Fig. 3** Effect of 2.5 mg/kg RBAC on auditory chirp in WT mice. For each cortical region, the left panel shows the averaged inter-trial phase coherence (ITPC or phase locking factor) before vehicle treatment (Pre), the middle panel shows the averaged ITPC after vehicle treatment (Post) and the right panel shows Post–Pre. Significant increases in ITPC in Post compared to Pre are shown in black-outlined areas. Red areas in the right panels (Post–Pre) represent positive ITPC differences and blue areas represent negative ITPC differences

11 participants provided a complete chirp dataset with at least 35% artifact-free trials at every session, therefore only 11 participants are included in the human chirp statistical analyses.

#### **Results**

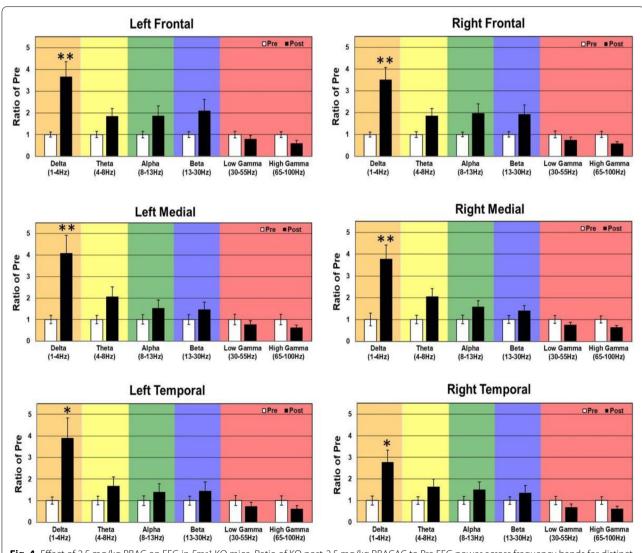
## EEG response to acute RBAC treatment in mice Effects of 2.5 mg/kg (low dose) racemic baclofen on EEG in WT and KO mice

In WT mice, acute 2.5 mg/kg RBAC increased resting EEG power in delta, theta, alpha, and beta frequency bands (Fig. 2). Specifically, significant increases were observed in 5/6 brain regions for delta power, 2/6 for theta, 2/6 for alpha and 1/6 for beta (Fig. 2). With regard to auditory chirp studies, acute 2.5 mg/kg RBAC had no significant effect on chirp ITPC in WT mice (Fig. 3).

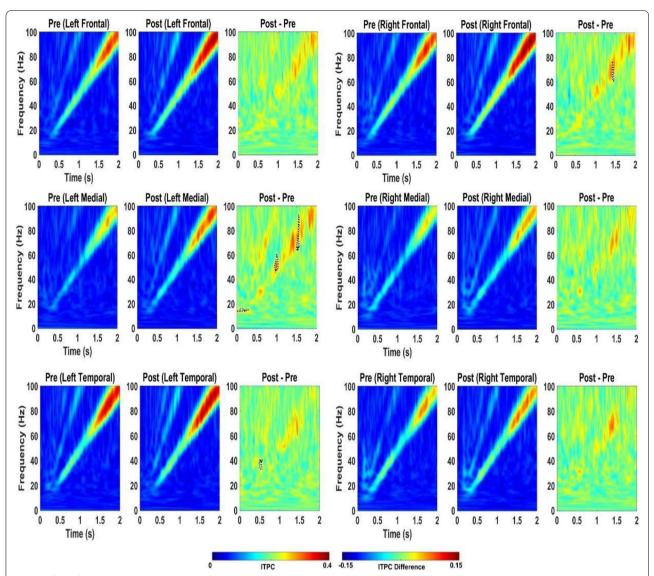
In *Fmr1* KO mice, acute 2.5 mg/kg RBAC markedly increased EEG power in the delta frequency band (Fig. 4) throughout all brain areas. Thus, in comparison with WT mice, which demonstrated changes acutely across multiple frequency bands (Fig. 2), the acute effects of 2.5 mg/kg RBAC in *Fmr1* KO mice were more limited to increasing delta frequency power. Acute 2.5 mg/kg RBAC had slight but significant effects on increasing chirp ITPC in *Fmr1* KO mice (Fig. 5).

## Effects of 5 mg/kg racemic baclofen on EEG in WT and KO mice

In WT mice, acute 5 mg/kg RBAC increased resting EEG power in delta, theta, and alpha frequency bands (Fig. 6). Specifically, significant increases were observed in 4/6 brain regions for delta power, 5/6 for theta, and 2/6 for



**Fig. 4** Effect of 2.5 mg/kg RBAC on EEG in *Fmr1* KO mice. Ratio of KO post-2.5 mg/kg RBACAC to Pre EEG power across frequency bands for distinct cortical regions following treatment

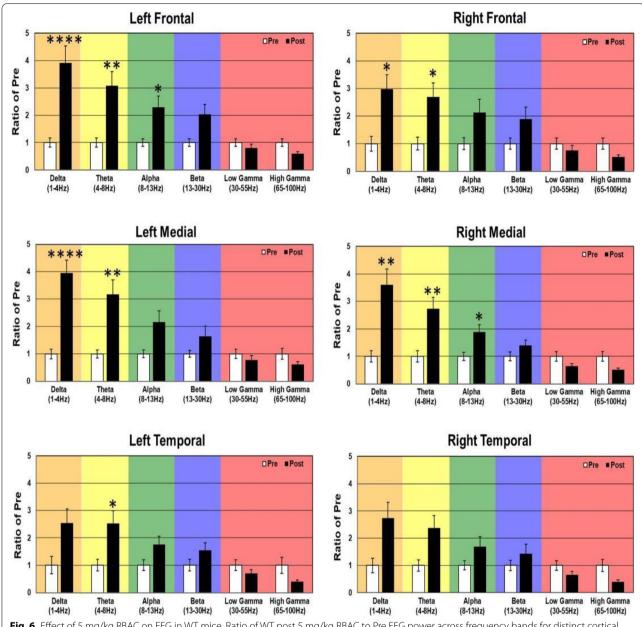


**Fig. 5** Effect of 2.5 mg/kg RBAC on auditory chirp in *Fmr1* KO mice. For each cortical region, the left panel shows the averaged inter-trial phase coherence (ITPC or phase locking factor) before vehicle treatment (Pre), the middle panel shows the averaged ITPC after vehicle treatment (Post) and the right panel shows Post–Pre. Significant increases in ITPC in Post compared to Pre are shown in black-outlined areas. Red areas in the right panels (Post–Pre) represent positive ITPC differences and blue areas represent negative ITPC differences

alpha (Fig. 6). These changes occurred globally across the brain but the magnitude of the effects was region-specific. Acute 5 mg/kg RBAC markedly increased chirp ITPC in WT mice throughout the brain (Fig. 7). In *Fmr1* KO mice, acute 5 mg/kg RBAC increased EEG power in delta and theta frequency bands (Fig. 8). Specifically, significant increases were observed in 4/6 regions for delta power and 1/6 for theta power (Fig. 8). In addition, low gamma EEG power was suppressed in 3/6 areas (left frontal, right medial and right temporal areas (Fig. 8). Acute 5 mg/kg RBAC markedly increased chirp ITPC in *Fmr1* KO mice throughout the brain (Fig. 9).

## EEG response to 30 mg acute RBAC treatment in humans with FXS

Human EEG resting state LMM analysis (n=17) revealed a significant interaction effect between condition (RBAC vs. placebo), frequency band, and cortical region ( $F_{42,7012}=2.4,\ p<.0001$ ) on change in power (post-dose–predose). Significant least-squared mean contrasts (5% FDR corrected) are presented in Fig. 10. Notably, significant RBAC-associated increases in theta power and reductions in gamma power were noted across the left frontal, bilateral temporal, and bilateral occipital regions in our human analysis. In the 11 subject sub-sample with



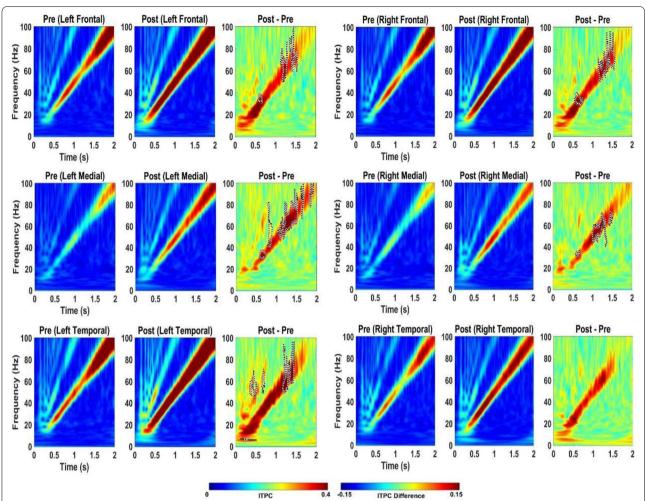
**Fig. 6** Effect of 5 mg/kg RBAC on EEG in WT mice. Ratio of WT post 5 mg/kg RBAC to Pre EEG power across frequency bands for distinct cortical regions following treatment

evaluable chirp data across pre- and post-drug and placebo treatment, no significant RBAC-associated effects were noted in the human chirp analysis (Fig. 11).

#### **Discussion**

In this paper, that is focused on FXS, we used 30-channel mouse skull surface MEA [22, 23] and 128-channel human EEG to test the acute effects of the  $GABA_B$  agonist RBAC on translational EEG biomarkers across species. In the mouse studies, we tested RBAC at 2 doses (2.5)

mg/kg and 5 mg/kg and saline in parallel groups) in two genotypes (WT and *Fmr1* KO mice) and humans with FXS received a single 30 mg RBAC dose (approximately equivalent to mouse 5 mg/kg) or placebo in random order with a washout period between dosing. First, we found that 2.5 mg/kg and 5 mg/kg RBAC increase low-frequency band EEG resting power in WT mice. Additionally, 2.5 mg/kg (Fig. 4) and 5 mg/kg (Fig. 8) RBAC increases delta band EEG power in *Fmr1* KO mice. With the chirp stimuli, 5 mg/kg (Fig. 9), but not 2.5 mg/kg



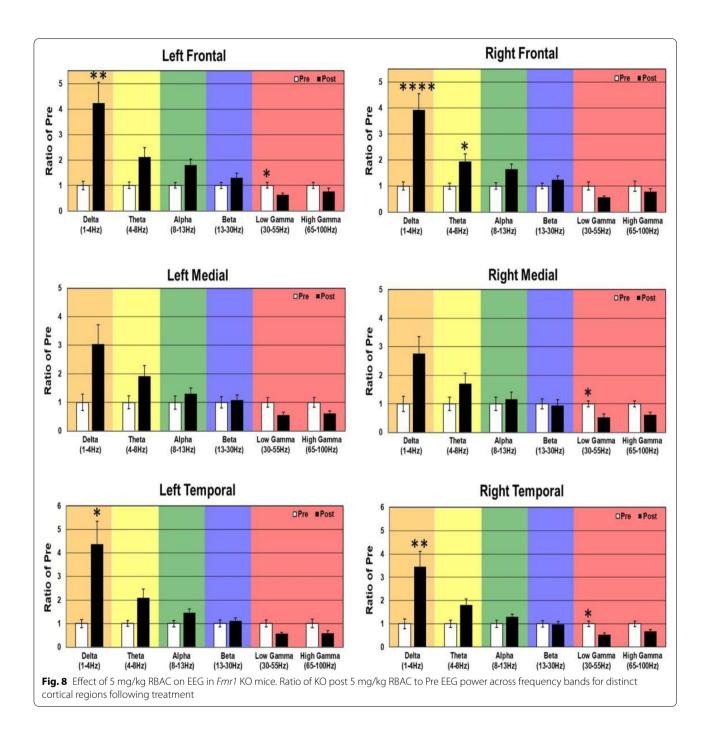
**Fig. 7** Effect of 5 mg/kg RBAC on auditory chirp in WT mice. For each cortical region, the left panel shows the averaged inter-trial phase coherence (ITPC or phase locking factor) before vehicle treatment (Pre), the middle panel shows the averaged ITPC after vehicle treatment (Post) and the right panel shows Post–Pre. Significant increases in ITPC in Post compared to Pre are shown in black-outlined areas. Red areas in the right panels (Post–Pre) represent positive ITPC differences and blue areas represent negative ITPC differences

(Fig. 5), RBAC significantly increases chirp ITPC (phase synchronization) in *Fmr1* KO mice. In our small human subject sub-sample, 30 mg acute RBAC dosing did not significantly increase chirp ITPC, but consistent with our mouse data, did significantly increase theta power and reduce gamma power at rest.

Our across species resting state power findings show similar effects of RBAC on EEG biomarkers. In the mice, 5 mg/kg of RBAC increased delta band power diffusely and reduced low gamma power in left frontal, right medial and right temporal brain regions. In humans, 30 mg acute RBAC dosing was associated with theta band power increase and gamma band power reduction in left frontal and bilateral temporal and occipital regions compared to placebo. These findings are important in demonstrating proof of principle that EEG biomarkers of drug effects show translational synchrony across species

in FXS. Additionally, this work shows the ability of a single small molecule drug dose to potentially normalize aberrant resting neurooscillatory activity in FXS across species.

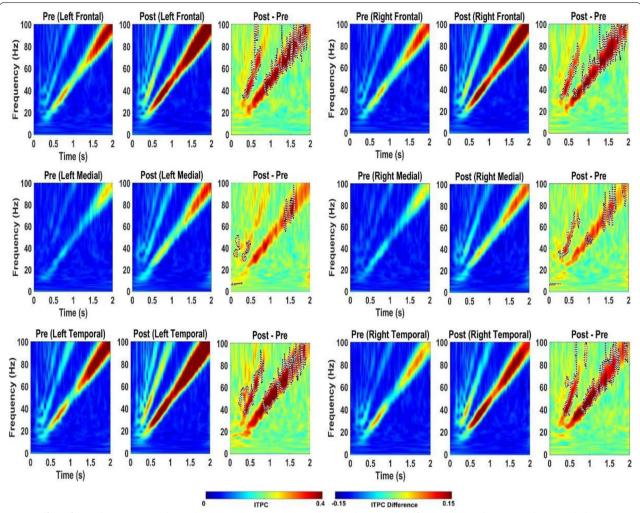
There is increasing distinction among the role of gamma oscillations such a general association with brain activation as well as increases in precise synchrony of cognitive processes, gamma oscillations hold a special interest in neurodevelopmental conditions because of their relation to cortical excitability [46, 47], association with cognitive processes [48], and analogous measurability in animal models [22]. The role of gamma oscillations is increasingly nuanced, such that precise synchrony in gamma activity is contributory to higher-order cognition [49, 50], and that a modest degree of asynchrony or noise represents physiological processes [51–53]. Nevertheless, asynchronous (usually broadband) gamma power, above



what is typically expected, has been associated with disease states [48] as well as with reduced spike precision and spectral leakage of spiking activities in microcircuit preparations [54].

At baseline, gamma power has shown to be consistently increased at rest in humans with FXS, and here we demonstrated acute RBAC treatment significantly reduced this abnormality. Though multiple physiological roles have been identified for gamma oscillations [51–53],

FXS patients precise gamma synchrony to sensory input is impaired [18] and asynchronous background gamma activity is increased [18, 25, 55]. In full mutation, non-mosaic males with FXS, increased gamma power is associated with increased severity across behavioral domains (i.e., irritability, abnormal speech, hyperactivity) as well as cognitive function [55]. Our finding of co-occurring RBAC-associated theta band power increase and gamma band reduction is consistent with our prior hypothesis

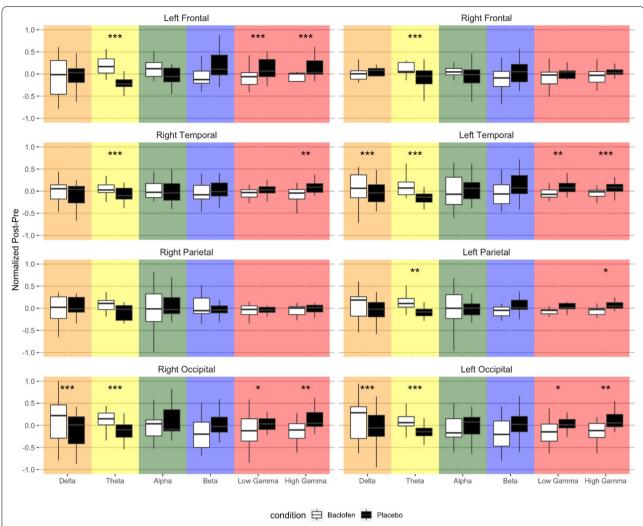


**Fig. 9** Effect of 5 mg/kg RBAC on auditory chirp in *Fmr1* KO mice. For each cortical region, the left panel shows the averaged inter-trial phase coherence (ITPC or phase locking factor) before vehicle treatment (Pre), the middle panel shows the averaged ITPC after vehicle treatment (Post) and the right panel shows Post–Pre. Significant increases in ITPC in Post compared to Pre are shown in black-outlined areas. Red areas in the right panels (Post–Pre) represent positive ITPC differences and blue areas represent negative ITPC differences

that in FXS increased theta may be recruited to down-regulate gamma activity and thus potentially suppress sensory hyperexcitability [25] thus showing a potential mechanistic signature of RBAC use in FXS. Regarding mechanisms of gamma power modulation by GABAergic mechanisms, several lines of evidence have identified GABAergic interneurons as the primary source of gamma oscillations in the brain [56–59]. To our knowledge, only one previous study [36] in mice reported gamma power reduction following acute administration of racemic baclofen. Our data concur with this finding that GABA<sub>B</sub> modulation in particular may suppress resting gamma power in the brain.

Another remarkable similarity in the effects of RBAC on both mouse and human EEG in our study is increases in low-frequency power. In the mouse, this manifests as

diffuse increases in delta power and also a trend toward increases in theta power in all regions. This varied slightly by dose and genotype (cf. Figs. 2, 4, 6, and 8), but overall increases in low-frequency power were consistently observed. In the human EEG, single-dose RBAC significantly increased delta power in 3/8 regions and theta power in 7/8 regions (Fig. 10). Increases in low-frequency power were previously observed ([36], Fig. 2B). Our view based on the data we have generated and that from [36] is that GABA<sub>B</sub> agonism by RBAC clearly "slows" the EEG, meaning increasing power in the low frequency bands. This has been observed in multiple other contexts with GABA agonism causing synchronization and generation of "slow waves" in the delta frequency band [60, 61]. In particular, a quantitative EEG study with GABA<sub>B</sub> agonists including RBAC has shown increases in delta frequency



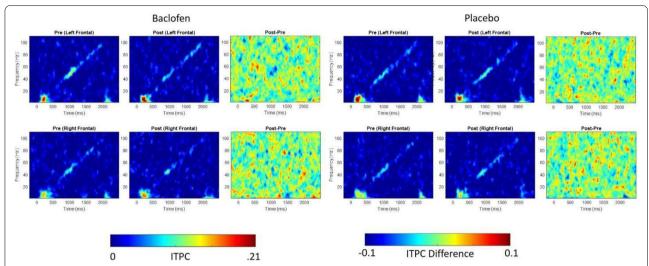
**Fig. 10** Effect of acute single-dose RBAC on resting-state EEG in FXS participants (n=17). Pairs of boxplots visualizing standardized changes in relative power associated with either baclofen (white bars) or placebo (black bars) acute dose challenge across cortical region and grouped by frequency band. Significant differences (least-squared means contrasts) between baclofen and placebo treatment effects are designated with asterisks above each boxplot pair and corrected by a 5% false discovery rate (FDR). Cortical regions: L, left; R, right; F, frontal; T, temporal; P, parietal; O, occipital. Significance of adjusted p values: \*, p < .05; \*\*, p < .01, \*\*\*, p < .001

power when administered acutely to mice [60]. We noted that the higher dose of RBAC (5 mg/kg) given acutely to mice had sedative effects, which was also observed by [36, 60].

A strength of our approach with RBAC target engagement study across species is a similar approach to resting state electrophysiology analysis and the demonstration of specific parallel drug effects across species. However, our human sample was small, and included a mixture of males and females with varying clinical levels of function. Future work will be required with larger human sample sizes to determine if there is a subset of persons with FXS who are RBAC treatment responders. It is also possible that subgroups of the FXS population have

electrophysiological RBAC target engagement while others may not, which might underlie treatment outcome variability. This is of critical importance given that while FXS is a single gene disorder, the clinical presentations of the disorder vary widely. Additionally, we have demonstrated that the EEG signatures in FXS differ based on sex [62], and therefore it is possible that EEG target engagement also may differ based upon the sex of the subject. Thus, increasing our human sample size in this line of research will be essential to answer these questions of importance to the field.

Chirp analyses in the human data were underpowered due to data loss and reduced trial count relative to the murine task. Collecting more trials to ensure adequate



**Fig. 11** Effect of acute single-dose RBAC on auditory chirp in FXS participants. For left (upper row) and right (lower row) hemispheres, and for baclofen (left 3 columns) and placebo (right 3 columns) the left panel shows the averaged inter-trial phase coherence (ITPC or phase locking factor) before treatment (Pre), the middle panel shows the averaged ITPC after treatment (Post) and the right panel shows Post–Pre. Red areas in the right panels (Post–Pre) represent positive ITPC differences and blue areas represent negative ITPC differences

sampling may be needed for future studies. It is also possible that single dose RBAC is not sufficient in human participants to achieve the effects on chirp phase dynamics. In the future, evaluating evoked EEG responses following baclofen treatment may further advance mechanistic understanding, provide additional translational electrophysiology tools for testing drugs like RBAC, and directly evaluate the relation of functional brain alterations to disturbances in sensory and cognitive function. Our human work also will benefit from dose finding study to determine a minimal effective dose that positively engages the human neurophysiology of FXS while also potentially improving performance-based clinical measures. Human and mouse future investigation of chronic RBAC use also will be essential to understanding the true potential clinical utility of this compound in FXS and its effect on brain function in the context of longerterm treatment.

#### **Conclusion**

Improving translational synchrony of outcome measures across animal and human study is an essential element to success of drug development in the FXS and other neurodevelopmental disorder fields. In this study, we report the feasibility and successful effort to establish parallel target engagement across species using EEG biomarkers. We demonstrated an analogous change in resting low-frequency power (increase) and gamma band (reduction) activity in mouse and human study, two alterations we have previously related to clinical features of the illness [6]. More work is required to clarify dose-response

patterns in beneficial and potentially adverse effects, and to identify potential baseline EEG characteristics, molecular aspects of FXS, sex, age, and other features that predict RBAC response, as such findings would help individualize patient care and potentially stratify patients in clinical trials. Synchronized preclinical and human study is a model that can de-risk large-scale trials and drug development programs in this field to guide more optimal and informed "go no-go" decisions during treatment development efforts.

#### Abbreviations

ASD: Autism spectrum disorders; EEG: Electroencephalography; FMRP: Fragile X mental retardation protein; FXP: Fragile X protein; FXS: Fragile X syndrome; ITPC: inter-trial phase coherence (phase locking factor); K/X: Ketamine/xylazine; MEA: Multielectrode array; RBAC: Racemic baclofen.

#### **Supplementary Information**

The online version contains supplementary material available at https://doi.org/10.1186/s11689-022-09455-9.

**Additional file 1: Supplemental Figure S1.** Pre-treatment resting EEG comparison of FMR1 KO and WT mice.

**Additional file 2: Supplemental Figure S2.** Pre-treatment EEG auditory chirp comparison of FMR1 KO and WT mice.

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Not applicable.

#### Authors' contributions

CRJ, KAR, DKB, MSS, and SAA participated in mouse data acquisition. CRJ, DKB, EVP, LMS, LE, and CAE wrote and edited the manuscript. DKB, CAE, KAR, and JAS conceived of the experiments in the manuscript. CRJ, KAR, and DKB conducted

the mouse data analysis. EVP, LMS, LD, and LE conducted the human data analysis. All authors have reviewed and approved the final manuscript.

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#### Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

#### **Declarations**

#### Ethics approval and consent to participate

All human research described in this manuscript was reviewed and approved by the Cincinnati Children's Hospital Medical Center Institutional Review Board (IRB; IRB reference number 2015-8804). Informed consent was obtained from the guardian of all subjects enrolled in the human subjects research described in this manuscript.

All animal research described in this manuscript was approved by the University of California Riverside Institutional Animal Care and Use Committee (IACUC).

#### Consent for publication

Not applicable.

#### Competing interests

CAE and EVP are inventors on a patent(s) that focus on new treatment development in fragile X syndrome held by the Cincinnati Children's Research Foundation (CCRF) and licensed out at the discretion of CCRF. CAE is a current consultant to Impel, Stalicla, and Scioto Bioscience.

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