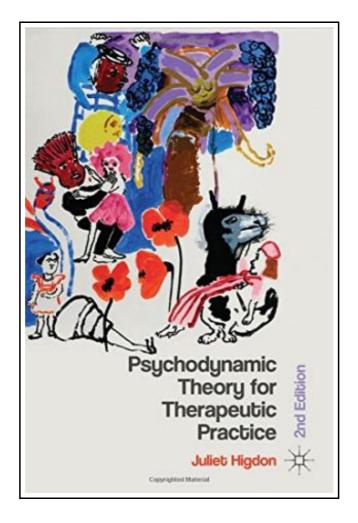
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Palgrave Macmillan. Paperback. Book Condition: new. BRAND NEW, Psychodynamic Theory for Therapeutic Practice (2nd Revised edition), Juliet Higdon, The work of Freud and the pioneers who followed in his footsteps offers a rich and diverse source of ideas for those working, or training to work, in the helping professions. However too often this body of theory comes across as abstract and can be difficult to grasp. This refreshingly clear book provides a brilliantly readable account of the major psychodynamic theories, unpacking complex theory and showing the people behind the ideas. Originally published as From Counselling Skills to Counsellor and significantly refreshed and revised in its second edition, this text guides readers through how key concepts first originated, how they developed and how they apply in practice today. This updated edition: * Discusses the contributions of five key figures in the field: Freud, Klein, Winnicott, Bion and Bowlby * Presents compelling case studies throughout which powerfully illustrate psychodynamic theory in practice * Explores the legacy of psychodynamic theorists in two new chapters, including feminism and developments in attachment theory * Shows how psychodynamic theory can help practitioners in building and understanding the therapeutic relationship An insightful introduction to core psychodynamic theory, this text is invaluable reading for all students, trainees and practitioners in counselling and psychotherapy, and of interest to those studying and working in the fields of nursing, social work and counselling psychology.

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