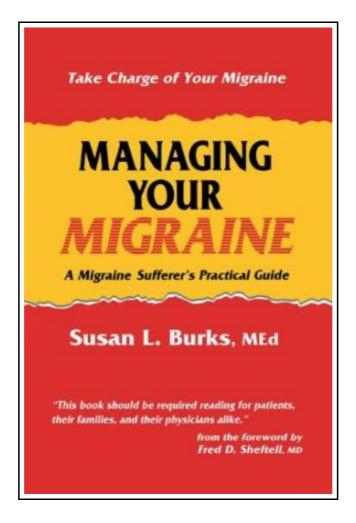
# Managing Your Migraine: A Migraine Sufferer S Practical Guide



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Unquestionably, this is the very best operate by any author. it had been writtern extremely flawlessly and beneficial. You can expect to like the way the blogger publish this publication. (America Gleason)

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Humana Press. Hardcover. Book Condition: New. Hardcover. 248 pages. Dimensions: 9.2in. x 6.1in. x 1.0in.Managing Your Migraine speaks to your needs as a migraine sufferer. It confirms that you suffer from a genuine physical illness and that others share your frustration, disappointments, and anger. Its goal is to move you beyond learning to live with it to a full understanding of its mechanisms, symptoms, and treatments. This book proves that you can take charge of your illness-and shows you how to do so safely, effectively, and with real confidence. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Hardcover.



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