

CHOOSING THE RIGHT THREAD FOR SEWING



THREADS FOR HAND SEWING (TEMPORARY AND PERMANENT)

Sewing a garment involves various hand-sewing tasks: basting pieces together before machine-stitching, shaping pieces before pressing, pre-hemming for the fitting, and so on. For temporary hand stitches, it's best to use threads that are not very strong. If the basting thread is too strong you risk damaging the fabric when pulling it out with force.

Ideally, you should use cotton thread, as it usually breaks easily. This type of thread used to come on wooden spools, so look for those in your stash.

These days, stores mostly sell very strong threads. You can always ask the store staff for advice on which threads are less strong. For basting, choose easily breakable cotton threads in light colors to avoid staining the fabric during pressing and steaming. If you can't find these, use regular inexpensive threads, like light-colored Dor Tak.

For permanent hand-sewing tasks, like sewing on buttons, securing seam allowances inside the garment, or hemming, you should use strong, all-purpose thread, the same as you use for machine stitching (see below).

THREADS FOR MACHINE-STITCHING AND TOPSTITCHING

Garment pieces are joined together with thread seams. The thread should ensure a strong seam and have a smooth, even surface, free of fuzz and knots. The thread shouldn't fray into individual fibers or break, even when you are sewing at a high speed.

The thread shouldn't melt when pressed and steamed. The thread should also be colorfast and not fade from sunlight, washing, or dry cleaning.

The thread should be very strong and able to withstand a lot of stress and wear. Imagine a sewn-on button: consider how many times it needs to be buttoned and unbuttoned, and the strain the thread undergoes each time.

For machine-stitching, choose all-purpose polyester threads, like the ones by Dor Tak, Amann Group Mettler, or Gütermann.

DOR TAK

affordable thread for medium-weight fabrics



Dor Tak 40 sewing threads are high-quality threads suitable for all domestic and industrial sewing machines, as well as for overlockers, coverstitch machines, and other types of sewing machines. To find the right color, use the color charts that are often available in stores. These threads are suitable for medium- to heavyweight fabrics. They are not suitable for lightweight fabrics such as silk or chiffon.

METTLER

for delicate fabrics



Amann Group Mettler Seralon 200 m threads are excellent all-purpose threads known for being strong, flexible, colorfast, and evenly spun. They have a uniform thickness, no breakage or knots, high abrasion resistance, and heat resistance. They are suitable for all types of seams and fabrics, including delicate lightweight materials. These threads are suitable for cotton, synthetics, blends, linen, wool, silk, or any other fabric. The thread comes in a wide range of colors, with 350 shades available.

Each Amann Group Mettler spool comes with thread locks, ensuring neat and tidy storage.

GÜTERMANN

for delicate fabrics



Gütermann Creativ Sew All threads are universal and suitable for all types of fabrics and seams. These high-quality sewing threads are manufactured using a unique technology to ensure smooth seams without puckering. They also allow sewing with fine needles starting from size 60. The excellent tear resistance and abrasion resistance of these threads make the seams especially strong and durable. The thread does not unravel or tangle during sewing. It has a well-thought-out and extensive color range.

If you are sewing with basic, inexpensive fabrics (like cotton, sateen, denim, etc.), you don't need to use expensive thread; all-purpose thread from Dor Tak will work well. These threads are also suitable for overlockers.

For delicate, lightweight fabrics, Dor Tak threads might be too thick, so consider using Amann Group Mettler threads instead. The highest quality and most expensive threads are made by Gütermann. Use these for your most luxurious and delicate fabrics.



For topstitching, i.e. decorative stitching used on outerwear (like coats), use thicker and stronger threads, such as the Amann Group Mettler Extra Strong 125 m. Gütermann Top Stitch 30 m is also suitable for this purpose.

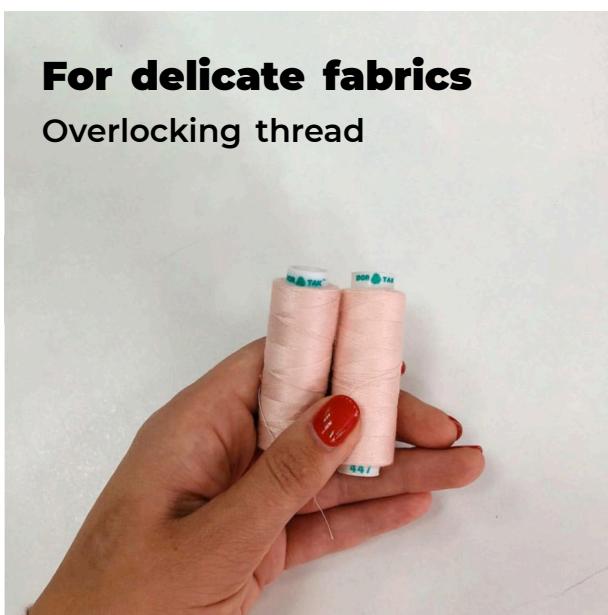
Natural silk thread is another type of thread that's worth noting. These beautiful, shiny threads are known for their softness, elasticity, and beautiful finish. They can withstand brief exposure to temperatures up to 400°C but are not very strong. As a result, they are mainly used for machine embroidery and crafts nowadays. Avoid using silk threads for sewing your garments, as the stitches will not be durable.

THREADS FOR OVERLOCKING AND COVERSTITCHING

Threads used for overlocking should be smooth and evenly spun. They should match the type of fabric and seam. Threads that are too thick can make the seam stiff and rough. It's better to use finer threads than those used for machine-stitching. To check the quality of the overlocked seam, press the overlocked edge. It should not leave imprints and be visible from the right side.

When choosing threads for overlocking, pay attention to the spools: they should be neatly wound, and the thread should have a uniform structure.

You can use universal threads recommended for machine-stitching (see above) or specialized threads designed for overlocking:



For delicate fabrics

Overlocking thread

Madeira Aerolock overlocking threads are high-quality, core-spun, reinforced threads made from 100% polyester. They guarantee durability, even with frequent washing and intensive use.

These threads are suitable for all types of overlock and coverstitch/coverlock seams.

Aerolock threads produce neat and long-lasting overlocked seams.

You also don't have to match the thread color exactly to the fabric.

Madeira Aerolock overlocking threads blend well with the fabric like a chameleon. You only need to purchase two sets of 4 spools in light and dark colors.

For example, grey thread can be used to overlock any grey fabric from light to dark shades, as well as blue, green, light blue, purple, and brown fabrics.

If the thread is too expensive, you can buy just 1-2 spools depending on the size of your project, and wind the thread onto the necessary number of bobbins, i.e., 4.



Textured

In addition to universal threads for overlocking, you can use textured threads, such as Madeira Aeroflock. Thanks to their structure, they are very flexible and stretchy. These are no-twist threads that are voluminous but thin. The seams stitched with these threads are thin and soft, with the threads "hugging" the edge. These are used as looper threads only because if used in the needles, they will quickly fray, tangle, break, and snag. Instead, use standard twisted polyester thread for the needles.

Textured threads are also used for sewing knits. They produce strong, soft, flexible, and beautiful stitches.

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