

TECHNICAL FALLS

- + Greco Roman -> USAW 10-Points (UWW -> 8-Points)
- + Freestyle -> USAW 10-Points (UWW -> 10-Points)



FALLS

- ✗ For Schoolboy's & Down -> 2-sec Falls
 - + Referees -> Indicate a 2-Count When Possible
- ✗ For Cadets & Up -> 1-sec Controlled Fall
 - + Controlled Compression Of The Shoulders/Scapulae
 - + Not A "Touch Fall"
 - + No Roll Through Falls
 - + *The Wrestler Must Be Held*

FALLS

- ✖ Both Shoulder Blades/Scapulae Must Be Pressed Against The Mat Simultaneously
- ✖ No Defensive Falls

