

2022

june

sunday

monday

tuesday

wednesday

thursday

friday

saturday

may 2022

july 2022

su m t w th f sa  
1 2 3 4 5 6 7  
8 9 10 11 12 13 14  
15 16 17 18 19 20 21  
22 23 24 25 26 27 28  
29 30 31

su m t w th f sa  
1 2  
3 4 5 6 7 8 9  
10 11 12 13 14 15 16  
17 18 19 20 21 22 23  
24 25 26 27 28 29 30  
31

Calzone

5

Steak  
w/  
Zerba

6

Dry  
Pot

7

Steak  
&  
Mushrooms

8

Out  
chipotle

9

Leftovers  
Steak

10

Chicken  
Pot  
Pie

11

Chicken  
w/  
Onion & Peppers

12

Chicken  
w/  
Onion & Peppers

13

Balsamic  
Mac &  
Cheese

14

flag day

Chicken  
w/  
onion & mushrooms

15

Teriyaki  
chicken

16

Chicken  
w/  
onion & mushrooms

17

Out  
Food  
Carts

18

Pizza

father's day  
juneteenth

19

Out  
Kinara

20

Scallops  
&  
Brocoli

summer solstice

21

Out  
Nine-Dang

22

Chicken  
w/  
Onions & Peppers

23

Out  
Sizzle Pie

24

Out  
Lemon  
Grass  
Chicken

25

Chicken  
w/  
onions

26

Khao  
Klaog

27

Leftovers  
Khao  
Klaog

28

Khao  
Klaog

29

Leftovers  
Khao  
Klaog

30

Chicken  
quesadillas

1

Kimchi  
fried  
rice

2

Leftovers  
Beef  
Pot  
Roast

3

Chicken  
Pot  
Pie

4

Out  
leftovers

reg

DO SOMETHING CREATIVE EVERY DAY

notes & such