

2024

January

veg
Out
leftovers

sunday monday tuesday wednesday thursday friday saturday

	chicken chilli	tuna spaghetti	"Beef" Stir Fry	Turkey Sandwich	Pesto	Rebel
new year's day	1	2	3	4	5	6 epiphany
Black Bean Soup	Cauliflower Power Bowl	Fish Tacos	Fish Tacos	Chicken Pasta	Pad Thai	Via Roma
7	8	9	10	11	12	13
Baked potato soup	Salmon Steaks	Salmon Pasta	Mushroom Rigatoni	Teriyaki Salmon Wraps	Cauliflower + chicken Power bowl	Bangkok 2 Thai
14	15 martin luther king jr. day	16	17	18	19	20
chicken Borley soup	Cauliflower + chickpea Power bowl	Ippudo	Pasta	Pulled Pork Sandwich	Breaded Tapioca	Pulled Pork Sandwich
21	22	23 national handwriting day	24	25	26	27
African Peanut Stew	pulled pork nachos	pulled pork nachos	Let's meet KBBQ			
28	29	30	31			

december 2023							february 2024						
su	m	t	w	th	f	sa	su	m	t	w	th	f	sa
					1	2					1	2	3
3	4	5	6	7	8	9	4	5	6	7	8	9	10
10	11	12	13	14	15	16	11	12	13	14	15	16	17
17	18	19	20	21	22	23	18	19	20	21	22	23	24
24	25	26	27	28	29	30	25	26	27	28	29		
31													

DO SOMETHING CREATIVE EVERY DAY

notes & such