

# 2022 february

sunday	monday	tuesday	wednesday	thursday	friday	saturday
		steak <small>first day of black history month lunar new year</small>	chicken Quesadilla <small>groundhog day</small>	Tuna Poke Bowl	Sweet Potato Chili	Ravioli w/ Parents
		1	2	3	4	5
Pizza	Scallops	chicken Burrito	Teriyaki Tofu	<u>out</u> Dil Se	Honey Mustard Pork chops	Enchiladas chicken
6	7	8	9	10	11	12
Beef Lo Mein	"Single" sheet Shrimp	NY strip Steak	Steak & Mushroom Mac & cheese	Chicken Fried Rice	<u>Leftovers</u> Chicken Fried Rice	Sambal Salmon*
13	14 <small>valentine's day</small>	15 <small>Brussels Potatoes</small>	16	17	18 <small>Teriyaki Tofu Bao</small>	19 <small>Asparagus Potatoes</small>
<u>out</u> Tom's Breakfast	Ramen w/ Pork Belly	Lemon Butter Garlic Salmon	Mushroom Rigatoni	<u>out</u> Gyro House	Pulled Pork	<u>leftovers</u> glass noodles Khao klong fries
20	21 <small>presidents' day</small>	22 <small>Steamed broccoli Ginkgo</small>	23 <small>cauliflower</small>	24	25	26
minestrone soup	turkey chili					
27	28					

january 2022							march 2022						
su	m	t	w	th	f	sa	su	m	t	w	th	f	sa
						1			1	2	3	4	5
2	3	4	5	6	7	8	6	7	8	9	10	11	12
9	10	11	12	13	14	15	13	14	15	16	17	18	19
16	17	18	19	20	21	22	20	21	22	23	24	25	26
23	24	25	26	27	28	29	27	28	29	30	31		
30	31												

notes & such

DO SOMETHING CREATIVE EVERY DAY\*