

# 2022 october

sunday	monday	tuesday	wednesday	thursday	friday	saturday
september 2022 su m t w th f sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	november 2022 su m t w th f sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30					microwave channa masala 1
<u>Out</u> Indian 2	Quinoa bowl 3	tuna noodle casserole 4 <small>yom kippur begins at sundown</small>	brats 5	lemon butter garlic salmon 6	chicken fajitas 7	<u>Out</u> Thai Chilli Jam 8
<u>leftovers</u> Thai 9	Ratatouille 10 <small>indigenous peoples' day canadian thanksgiving</small>	Chilli 11	<u>leftovers</u> Ratatouille 12	<u>Out</u> Scotch Lodge 13	Chilli dogs 14	<u>Out</u> Tanaka 15 <small>sweetest day</small>
<u>Out</u> Backwoods 16	Chicken dumpling soup 17 <small>boss's day</small>	<u>leftovers</u> lasagna 18	Scallops 19	Salmon + risotto 20	pesto pasta 21	Salmon 22
Butter chicken 23	<u>Out</u> straight from NY pizza 24 <small>diwali (india)</small>	cauliflower wings 25	<u>Out</u> Scoop Korean 26	beef lo mein 27	shrimp platter 28	mediocre chicken wings 29
mushroom risotto 30	Rakuni pork belly 31 <small>halloween</small>					

Out  
leftovers  
 veg