

# 2021 september

sunday	monday	tuesday	wednesday	thursday	friday	saturday
august 2021	october 2021					
su m t w th f sa	su m t w th f sa					
1 2 3 4 5 6 7	1 2					
8 9 10 11 12 13 14	3 4 5 6 7 8 9					
15 16 17 18 19 20 21	10 11 12 13 14 15 16					
22 23 24 25 26 27 28	17 18 19 20 21 22 23					
29 30 31	24 25 26 27 28 29 30					
	31		1	2	3	4
5	6	7	8	9	10	11
	labor day rosh hashanah begins at sundown				patriot day	
12	13	14	15	16	17	18
grandparents day	meatless: tuna noodle casserole	chicken noodle soup	out: Thai Bloom!	leftovers: (thai) + Tofu cabbage	steak + potatoes + asparagus	Bacon eggs + pancakes
19	20	21	22	23	24	25
	respect for the aged day (japan)	international day of peace	autumnal equinox			
out: Mother's pork chops, brussel sprouts, butternut squash	meatless: veggie lasagna	shrimp tray (chick peas, peppers, broccoli)	Ribs Potatoes corn	Mushroom Barley Soup	Leftovers: Ribs + Broccoli	Out: Pine street Market Ramen
26	27	28	29	30		

## Meal ideas:

- mac w cheese
- fajitas
- mushroom barley soup
- curry
- shrimp platter
- quesadillas
- orzo/couscous
- pad thai + spring rolls
- fritata