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Explore: Transgender Children & Youth

Find resources that transgender children, families and other youth-serving professionals need to support one another in their journeys.



For transgender and gender-expansive youth, parental support is incredibly important. In light of growing transgender visibility in recent

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support one another in their journeys.

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Countless parents of transgender and gender-expansive youth are pledging to make the world safer for their children. Many are joining HRC's Parents for Transgender Equality Council, a coalition of the nation's leading parent-advocates working for equality and fairness for transgender people.

[Learn More](#)

Jazz and Friends Readings

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community, healing and even our nation's name, your identity, and even, supported and loved.

Schools In Transition

This groundbreaking guide, *Schools In Transition: A Guide for Supporting Transgender Students in K-12 Schools*, is written for administrators, teachers, parents, and other adults who work with youth, and covers topics ranging from basic concepts of gender and the importance of affirming gender identity, to best practices for restroom access and working with unsupportive parents.

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A new HRC survey of more than 50,000 young people reveals a troubling post-election spike in bullying and harassment.

Ask the Expert - Transitioning in Schools

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Read through an interview with Welcoming Schools Director Johanna Eager on transitioning in schools.

Understanding the Basics

This resource is designed to help parents of transgender and gender-expansive children understand the basics of their child's identity and some simple ways to

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TRANSYCHRON

Read through an interview with Dr. Johanna Olson, Adolescent Medicine, Assistant Professor, Children’s Hospital Los Angeles.

Talking to Medical Providers

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This resource is designed to help parents talk to their child's pediatrician, dentist, and other general doctors about their transgender child's gender identity and expression.

Clinical Care Programs

Check out our Google-based map of clinical care programs for transgender and

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This resource offers suggestions for where parents and families of transgender children and teens can first go to find support groups, other parents to talk to, and online resources.

Time to THRIVE

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Our annual Time to THRIVE Conference aims to promote safety, inclusion and well-being for LGBTQ youth. K-12 educators, professional counselors, and other youth-serving professionals are highly encouraged to attend.

More Resources

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to talk to family members.

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Members

- [Supporting and Caring for our Gender-Expansive Youth](#)
- [PFLAG](#)
- [Gender Spectrum](#)
- [Teen Dating Violence Among LGBTQ Youth](#)
- [Welcoming Schools](#)

Supporting & Caring for Transgender Children

This groundbreaking resource explains how families and health care professionals are

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Welcoming Schools

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Learn how HRC delivers professional development to elementary schools across the nation to nurture LGBTQ-inclusive schools.

Resources

Explore Transgender Children & Youth Resources

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Influencers and Celebrities Come Out for Equality in 2019

In honor of National Coming Out Day, here are a few of the standout coming out moments in pop culture from the last year.



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Bi+ Youth Report, a groundbreaking resource detailing the experiences of bisexual, pansexual, queer and sexually fluid (bi+) LGBTQ youth.



YOUTH WELL-BEING PROGRAM

HRC Foundation's Youth Well-Being Program

HRC Foundation's Youth Well-Being Program is dedicated to improving the lived experience of LGBTQ youth in everyday institutions of daily life.

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Welcoming Schools Book Buying Tips for Children for the Holidays



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Adoption is a Trans Issue

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Mimi Lemay: A Letter to My Son This Trans Awareness Week

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Latest Videos

Explore All Transgender Children & Youth Videos



HRC Endorses Sarah McBride for Delaware's First Senate District

August 25, 2019

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