

BEYOND THE BOX

TRANSCENDING THE GENDER BINARY IN SEXUAL HEALTH

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Bridging the Gaps: Eliminating Disparities in Teen Pregnancy Prevention and Sexual Health

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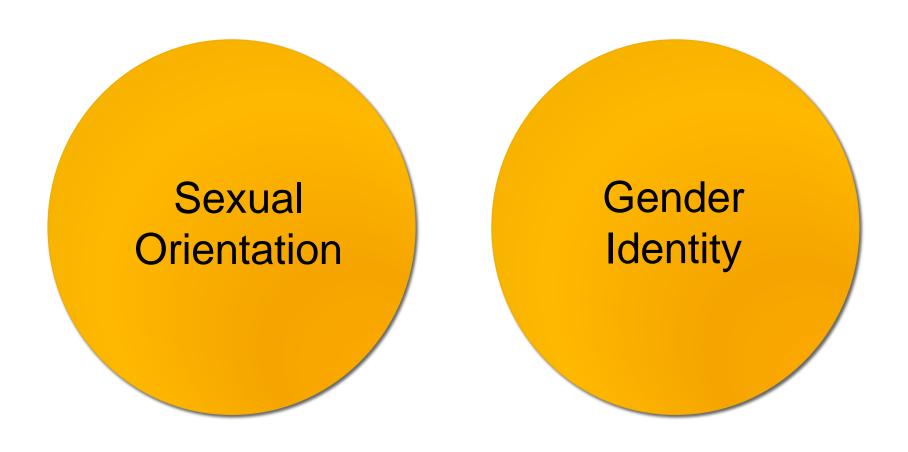
Objectives:

- By the end of this presentation, participants will be able to summarize terminology and policies related to gender identity and gender expression.
- 1. By the end of this presentation, participants will be able to identify the ways cissexism plays out in their work.
- By the end of this presentation, participants will be able to strategize and plan for *trans* inclusivity in their work.

Introductions

- Name
- •What pronouns honor you?
- •Where are you from?
- •What do you do there?

Trans* is not a sexual orientation



GenderWHAT?!





Photo by torbakhopper



What percentage of Americans live in an area which bans discrimination based on gender identity or expression?

A. 50%

B. 45%

C. 83%

D. 15%

National Gay and Lesbian Taskforce. (2012, June). Jurisdictions with Explicitly Trans-Inclusive Discrimination Laws



What percentage of transgender or gender non-conforming students (K-12) experience some form of harassment

A. 93%

B. 57%

C. 78%

D. 34%

National Center for Transgender Equality and National Gay and Lesbian Task Force, 2011. Injustice at Every Turn: A Report of the National Transgender Discrimination Survey.

What percentage of transgender people report having to teach their medical provider about how to care for them?



A. 50%

B. 19%

C. 28%

D. 74%

National Center for Transgender Equality and National Gay and Lesbian Task Force, 2011. Injustice at Every Turn: A Report of the National Transgender Discrimination Survey.

What percentage of transgender people report experiencing significant family rejection?



A. 89%

B. 13%

C. 32%

D. 57%

National Center for Transgender Equality and National Gay and Lesbian Task Force, 2011. Injustice at Every Turn: A Report of the National Transgender Discrimination Survey.

Intersectionality

- Trans people also have other identities.
- Discrimination and the Social Determinants of Health



Cissexism



Photo by MyDoorSign.com

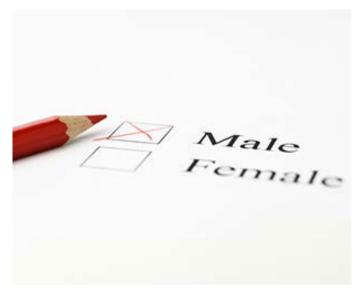


Image credit: Indiana University Bloomington



Photo by tompagenet



Image credit: RuPaul's Drag Race



Trans* Microaggressions

- Just use the women's room, it's not a big deal.
- Nothing against those people but I just don't understand...
- My transgender friend says ...
- You're so beautiful, you look like a real woman.
- You're so brave...
- I didn't know what to call it.
- You can't expect everyone to understand.
- Don't expect me to remember your new pronouns right away.

Common Forms of Cissexism in Sexual Health



- Gendered Spaces
 - Dividing boys and girls for sex education
- Forms & Surveys
 - Sex: Male/Female
- Language
 - Assigning body parts to a specific sex
- Policy/Laws
 - What would your organization do if you or a co-worker came out as transgender?
- Inclusion/representation
 - How many trans* youth are in your program?

5 Things You Can Do Right Now

- Stop Making Assumptions
- Watch For Microaggressions
- Speak Up
- Continue to Learn
- Acknowledge your Cis-Gender Privilege



Image credit: One Colorado

Talking to Youth About Gender

- Keep it simple and to the point.
- Be honest.
- Be open.

Examples:

- There are lots of ways to be a man or a woman.
- Everyone should be treated with respect.
- Everyone's body is different and unique.

Let's Practice!

- Find a person in the room who you don't know.
- Introduce yourself stating your name and the pronouns that honor you. And ask them what pronouns honor them.
- Switch.
- Sit back down.

Let's Practice

Scenario:

A youth you work with asks you, "what do transgender people have to do with pregnancy prevention?"

How do you respond?

Let's Practice!

Scenario:

Your organization is hosting an event and designates the restrooms as gender neutral with a sign. An attendee approaches you and asks, "what's the point of doing something like this?"

How do you respond?



Photo by Colorado Youth Matter

Closing Activity



Image credit: www.thegenderbook.com

References

- National Gay and Lesbian Taskforce. (2012, June). Jurisdictions with Explicitly Trans-Inclusive Discrimination Laws
 [Factsheet]. Retrieved from http://www.thetaskforce.org/reports_and_research/all_jurisdictions
- Grant, Jaime M., Lisa A. Mottet, Justin Tanis, Jack Harrison, Jody L. Herman, and Mara Keisling. Injustice at Every Turn: A Report of the National Transgender Discrimination Survey. Washington: National Center for Transgender Equality and National Gay and Lesbian Task Force, 2011.

Questions?

Thank you!

Please feel free to contact me at:

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