

CITIZENSLAB e.V.

COLLECTIVE CARE BERLIN

CITIZENS  
LAB

CODE 2 COMMUNITY  
| Y BERLIN  
HACKATHON @  
MOOS  
Challenge





Our mission is to **cultivate cultures of care, kinship and commoning**, and thereby lay the ground for re-imagine democratic structures and institutions.

We see this as an antidote to cultures of separation, extraction and perpetual growth which tend to dominate in modern Western civilisation.

**We envision a Europe where a culture of care, solidarity, power with, inclusion, diversity and justice is practiced.** A Europe of communities and neighborhoods where citizens (residents, immigrants, refugees) have the right, power, and opportunity to **self-organise, participate and co-create** situated and adapted solutions to issues that affect their lives.



### Collective Care Berlin creates spaces for community and regeneration!

| The vision of the **Collective Care Berlin initiative** is to create spaces for activists that support the resistance against the oppression of Palestinians and illegal occupations. We design environments where activists can gather, express their emotions, regenerate and learn from each other, as well as connect with fellow activists and other allies that stand in solidarity. Our aim is to build **a community centered approach to healing and regeneration** for fostering the resilience of activism.

| Berlin activists have been protesting against the ongoing siege and illegal occupation of Palestine, emphasizing Germany's complicity in war crimes and settlements. The urgency for international systematic change has increased due to the ongoing genocide in Gaza and worsening conditions in the occupied territories. Therefore, there's **a growing need for spaces facilitating dialogue and action** on these issues.

### What do we offer?

| **Monthly Community Care Workshops** at different community spaces focus on tending to our bodies and deepening the interpersonal connections within the *Free Palestine* movement.

| Moreover, we plan to hold **bigger gatherings every three months** with different rituals that nurture trust and community building in addition to connecting more deeply with the changing seasons.

Partnering locations include

Moos / 90Mil / ACUD / Oyoun / Tatwerk Theatre / Netzwerk Wedding





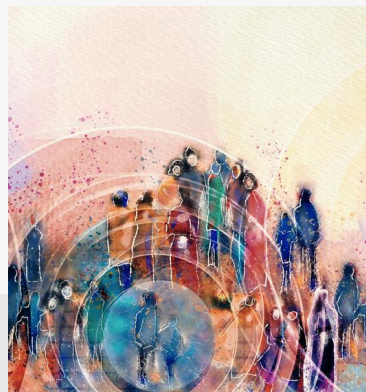
### How do we work?

| At the heart of our community care workshops is the intention to **create a profound sense of belonging**. We use innovative psycho-somatic practices to invite a state of safety and connection. This includes getting to know each other in playful ways. We use rituals and creative hosting methods that allow for the expression of emotions, and orient us toward collective listening, peer-learning and deep system-change.

| **Harvesting** is a key methodology in our workshops. The intention is to capture the co-created knowledge and narratives as a resource for deepening the reflection and community learning process.

| We are committed to **exploring the role that new technologies can play** in creating belonging and peer-learning. We especially would like to **experiment with the Seks.design and Element platforms** for capturing the knowledge generated by our community.

Action-Research  
Deep System-Change  
Social LABs  
Peer-Learning  
Inner to Outer transformation  
CoP\_Community of practice  
Prototyping



| The **Collective Care Berlin team**, as part of an initiative from **CitizensLab e.v.**, has had the possibility of attending activist **training** that focuses on regenerative activism, transformative collaboration, BIPOC+ training and more at the **Ulex Learning Center** in Spain. In the past year we have embarked in a community-of-practices collective learning journey process, where we shared and built the competences and tools we can apply to support our activist work.

| In March, we held the first of the monthly gatherings "**A CALL TO REGENERATE: Community Care Workshop**," aimed at nurturing our bodies and fostering deeper connections among Palestine liberation activists. The workshop employed psycho-somatic practices and facilitated genuine heart-to-heart interactions among participants. By creating this space, we forged a path for collective healing in the movements for social justice and activism.



### Collaboration with Ulex

CitizensLab and the **Collective Care Berlin** initiative partners with the **Ulex Activist Learning Center** in Spain.

Currently, we are actively looking for movement organizers, BIPOC+, and migrants to join our collective project and CoP. The CoP will get access to trainings in Ulex throughout the next four years to broaden and deepen the team's capacities and the offerings made available to the wider Berlin activist community.

### Community of Practice (CoP)

We are a **non-hierarchical inclusive community** of practice. We are open to anyone who feels called by our invitation.

Moreover, participants to the monthly gatherings are welcomed to co-create future sessions and contribute ideas and practices.

### Resource Sharing

We see **resource sharing** as an **essential tool** for nurturing a **Collective Care Ecosystem**.

We plan to create different modalities for disseminating resources and knowledge, through articles, podcasts etc. We are **exploring the potential of technology**, such as Telegram Groups, **Seks.design** and Element Platform to achieve this goal.