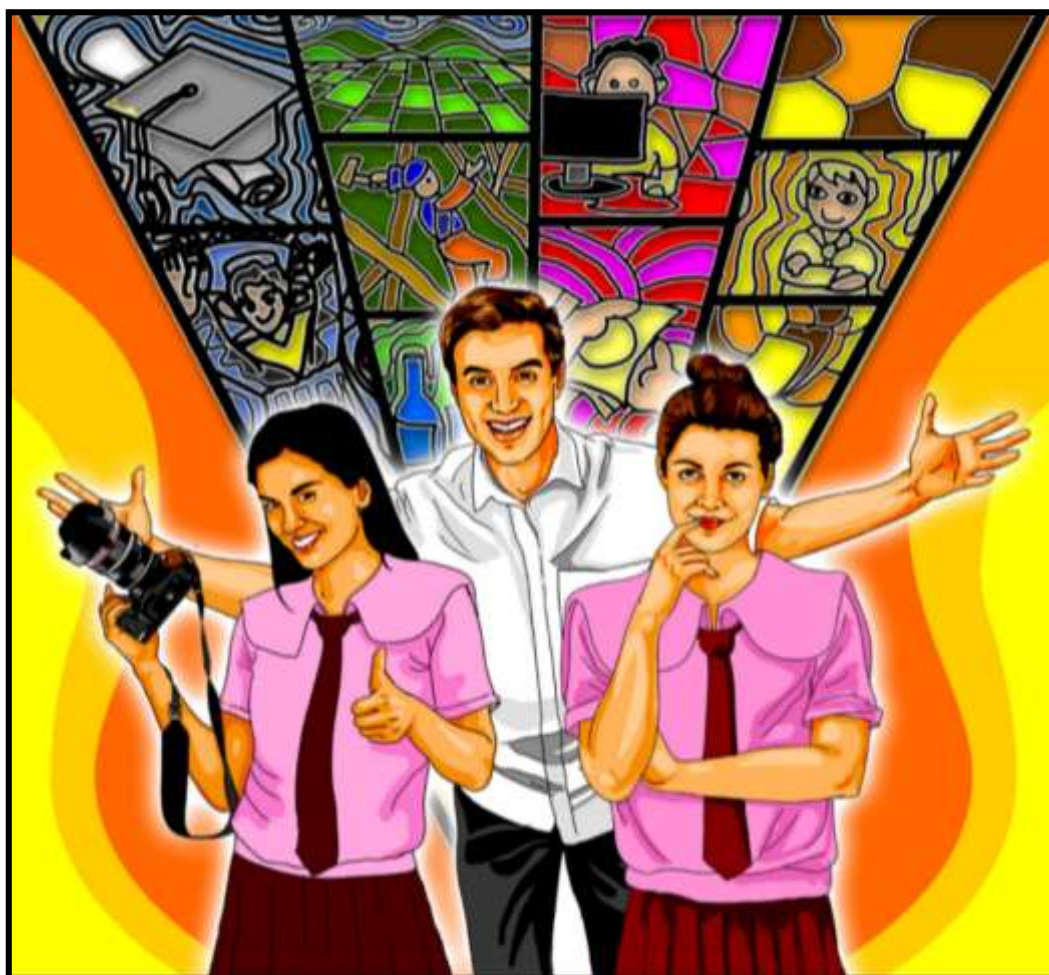


Homeroom Guidance

Quarter 4 – Module 11:

I Want to Make a Difference



Homeroom Guidance Self-learning Module – Grade 8

Quarter 4 – Module 11: I Want to Make a Difference

2021 Edition

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Homeroom Guidance Grade 8
Grade 8 Quarter 4 – Module 11:
I Want to Make a Difference



Gabay sa Magulang/Tagapag-alaga

Isinulat ang modyul na ito upang gabayan ang mag-aaral na linangin ang kaniyang aspektong personal, sosyal, akademiko, at karera. Dinisenyo ito sa alternatibong pamaraan na pagkatuto na hindi nangangailangan ng presensya sa paaralan, bilang tugon sa direktiba na pinalabas ng Kagawaran ng Edukasyon na naaayon sa Inter-Agency Task Force (IATF).

Maaaring may pagkakataon na hingin ng mag-aaral ang inyong patnubay sa pagsunod sa mga tagubilin at pagsagot sa mga tanong sa bawat bahagi ng gawain. Hinihiling ng Kagawaran ang inyong suporta upang matagumpay niyang maisakatuparan ang mga gawaing ito. Tiyakin na sasagutin niya ang bawat bahagi ng modyul nang tapat.

Naglalayong gabayan sa modyul na ito ang mag-aaral na magpupunyagi patungo sa tagumpay sa tulong ng kanyang mga karanasan sa kanyang pamilya, paaralan at komunidad. Isinusulong nito ang mas malalim na pagkilala sa sarili upang maihanda ang mga mag-aaral sa pagharap sa mga hamon ng buhay. Sa modyul na ito aalalahanin nila ang mga natatanging karanasang maaari nilang paghugutan ng tibay ng kalooban gayundin ang mga pamamaraang maaari niyang magamit sa kanyang kasalukuyang katayuan.

Ang modyul na ito naglalayong tukuyin ang mga kasanayan sa buhay at pag-uugali na kailangan sa pagbabago ng komunidad, maipakita ang mga kasanayan sa buhay bilang positibong disposisyon sa pagharap sa mga hamon ng buhay sa pagbabago ng buhay, kilalanin ang kahalagahan ng pakikilahok ng isang tao sa paglutas ng iba't ibang isyu ng komunidad at gumamit ng mahahalagang kasanayan sa buhay na nagtataguyod ng kahusayan sa pagbabago ng komunidad.

Introductory Message

For the Learner:

This module is designed to help you recognize your important role as a young citizen in the community. Put your thinking cap on because you will be tasked to identify the needs of others and your community to be able to share what you can do to address them. Remember, in your own little ways, you can do great things!

This consists of six interactive activities for you to follow, namely:

Let's Try This – which will help you get ready to learn

Let's Explore This – which will guide you towards what you need to learn for this module

Keep in Mind – which will give you the lessons that you need to learn and understand in this module

You Can Do It – which will help you apply the lessons learned in this module into real life practice

What I Have learned – which will test and evaluate your learnings in this module

Share Your Thoughts and Feelings – which will help you express your thoughts and personal point of view in this module.

Make sure to read, think, follow, and enjoy every task that you are asked to do.

Have fun! Stay safe and healthy!

**Learning Objectives**

At the end of this module, you are expected to:

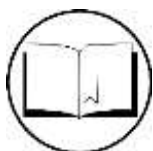
1. identify life skills and attitudes needed to the changing community;
2. demonstrate one's life skills as a positive disposition in facing life challenges in a changing community;
3. recognize the importance of one's involvement in resolving the different issues of the community; and
4. apply the essential life skills that promote competence to changing the community.

Period: *Week 4-7 of 4th Quarter*

Suggested Total Time Allotment: 90 Minutes

Materials Needed:

- Clean sheets of paper
- Ballpen

**Introduction**

In a constantly changing environment, having life skills is an indispensable part of being able to see the challenges of everyday life. The dramatic changes in our society over the past years have been matched with the transformation in technology and these are all impacting the educational system, the industries, and our home life. To cope with the changing community, you need new life skills such as the ability to deal with academic stress, frustration, and what this pandemic has brought us.

In the previous lesson, you identified ways how to utilize academic skills in helping the community and classifying actions that promote volunteerism in school. In this module, you will identify the life skills needed in facing life challenges in a changing community. Both academic and life skills are important in our journey, especially in this challenging time.



Let's Try This

Suggested Time Allotment: 25 minutes

Scrambled Words

Directions:

Copy and answer the table below. Identify the Life Skills and Attitude. Find the correct words by rearranging the letters. Answer the processing questions after. An example is given to guide you. Write your answer on a clean sheet of paper.

Life Skills	Positive Attitude
<i>Example: Litsening - Listening</i>	<i>Example: Hppay - Happy</i>
Wtiring Ittere _____	Pisotive Thkining _____
Spkeaing _____	Respcteflu _____
Frdniely _____	Craing _____
Wirkong wthi Ohters _____	Respsonive _____
Deaingl wthi Ohters _____	Resonpsibel _____
Decoisin Mingka _____	Fcous _____
Preblom Silvong _____	Lvoing _____
Knowing Strethsgn & Wkeanesses _____	Hlepful _____
Undrestandngi Ohters _____	Not Gviing Up _____
Awareenss of Feleign of Othres _____	Chreeful _____
Roecvering from Cheгна _____	Hadrwroking _____
Adsjuting to Wen Saitution _____	Felxibel _____
Stduy Habis _____	Endruing _____
Tmei Mangaement _____	Cnosiderate _____
Relxaation _____	

Processing Questions:

1. Are the words identified above useful or important in life? How?
2. Are these identified skills and attitudes important during changing times and communities? Why?
3. Are these skills and values helpful during this time of pandemic? How?



Let's Explore This

Suggested Time Allotment: 25 minutes

Copy and answer the table below. Identify life skills and positive attitude when you met challenges in life or community and changes during this time of the pandemic. Write the skill and positive attitude you used to overcome the challenge. You may use other skills or positive attitudes not listed above. Answer the processing questions after. Write your answer on a clean sheet of paper.

Challenge/s in Life & Community	Life Skill/s Used	Positive Attitude
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<i>Ex. Conflict with friends</i>	<i>Speaking, Dealing with Others, Understanding Others</i>	<i>Loving, Cheerful, Considerate</i>
1		
2		
3		
Changes/Challenges During Pandemic Time <i>Ex. I cannot go out from our house due to pandemic</i>	Life Skill/s Used <i>Adjusting to new situation, understanding others, problem solving</i>	Positive Attitude <i>Cheerful, Considerate, positive thinking</i>
1		
2		
3		

Processing Questions:

1. Were you able to handle the challenges or changes you met successfully? How?
2. Did the life skills and positive attitude you used helpful in meeting the challenges or changes in life and community? How?
3. What is the most challenging situation you have encountered during this time of pandemic? Why?



Keep in Mind

Suggested Time Allotment: 10 minutes

Life skills are necessary to survive in life. These skills are useful to meet the demands of everyday life, from basic skills like cooking, taking care of yourself, using a computer, establishing study habits, or problem-solving are examples of life skills. These skills are your abilities and positive attitude in meeting the changes and challenges in life. These skills will help you adapt to the changes in our society/community, respond to life and community challenges like disasters, loss of a loved one, or pandemic just like what we are facing today.

Life skills can be identified as decision-making, communication, and coping skills. Decision-making skills include problem-solving, looking for solutions to problems, and making wise decisions. The communication skills involve speaking, writing a letter, and listening. Along with communication skills, interpersonal skills are important, including being friendly, knowing how to deal with others, understanding, and awareness of the feelings of others. Lastly, coping and self-management skills comprise knowing one's strengths and weaknesses, recovering from change,

adjusting to a new situation, time management, establishing study habits, and coping with stress through relaxation.

For you to succeed in the changes and challenges in life and community, a positive attitude is necessary together with life skills. A positive attitude is to be able to see the bright side of things when it seems dark. Maintaining a positive attitude will bring you to be more adaptable to changes and challenges. Some of the positive attitudes are positive thinking that everything will be over soon and it will be solved, happy, caring, respectful, responsive, responsible, focus, loving, caring, not giving up, cheerful, flexible, enduring, and considerate.

However, remember that as you grow, time changing, and age, you will find that life has different demands and challenges. Just be open to changes, adjust to a new situation, and be open to new learnings and you will be successful in dealing with the demands of life.

Remember that as you go through these challenges there are also people around you that go through different challenges. They also need help to overcome these problems and we need to help each other in the community. The skills you have learned are important to you and in helping others in the community.



You Can Do It

Suggested Time Allotment: 10 minutes

During this time of the pandemic, your involvement and contribution in helping the community are important. In meeting the demands and challenges of times, think of the situation of your neighborhood/community. Make a plan on how to be involved in your community and what you can contribute by answering the questions below on a clean sheet of paper.

1. What is the need of your neighbor/community?
2. What will you do to help your neighbor/community? How?



What I have learned

Suggested Time Allotment: 10 minutes

Complete the phrase below. Write your answer on a clean sheet of paper.

My most essential life skills are _____
because _____
_____.



Share your Thoughts & Feelings

Suggested Time Allotment: 10 minutes

Answer the question below on a clean sheet of paper.

1. *What would you do to make a difference in this time of pandemic? Why?*

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For inquiries or feedback, please write or call:

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