Form 5500-SF

Department of the Treasury Internal Revenue Service

Department of Labor Employee Benefits Security Administration Pension Benefit Guaranty Corporation

Short Form Annual Return/Report of Small Employee Benefit Plan

This form is required to be filed under sections 104 and 4065 of the Employee Retirement Income Security Act of 1974 (ERISA), and sections 6057(b) and 6058(a) of the Internal Revenue Code (the Code).

1210-0089

OMB Nos. 1210-0110

2013

This Form is Open to Public Inspection

Pension Be	enefit Guaranty Corporation	▶ Complete all entries in accord	dance with the instruc	ctions to the Form 550	0-SF.		spection		
Part I	Annual Report I	dentification Information							
For calend	ar plan year 2013 or fisc	cal plan year beginning 01/01/2013	3	and ending 1	2/31/2	2013			
	urn/report is for: a single-employer plan a multiple-employer plan (not multiemployer) a one-participant plan					pant plan			
B This ret	turn/report is:	님 ' 님	the final return/report						
_				n/report (less than 12 m	onths)	_			
C Check box if filing under: Form 5558 automatic extension special extension (enter description)					DFVC program				
Part II	Racio Blan Infor	mation—enter all requested informa	·						
		mation—enter all requested informa	auon		1h	Three-digit	1		
1a Name	•	401(K) PLAN AND TRUST			טו	plan number			
ARTOLOI	L 1 00D 0001 , INO. 4	TOTAL PROPERTY				(PN) •	002		
					1c	Effective date of	f plan		
							/2008		
	ponsor's name and add PE FOOD COOP, INC.	lress; include room or suite number (er	mployer, if for a single-	employer plan)	2b	Employer Identification Number (EIN) 11-2424740			
782 UNION	STREET				2c	Sponsor's telephone number 718-783-2187			
	I, NY 11215-1307				2d	Business code	(see instructions)		
3a Plan a	dministrator's name and	d address XSame as Plan Sponsor N	ame Same as Plar	Sponsor Address	3b	Administrator's			
					3с	Administrator's	telephone number		
4 If the r	name and/or EIN of the	plan sponsor has changed since the la	ast return/report filed fo	or this plan, enter the	4b	EIN			
	, EIN, and the plan num or's name	ber from the last return/report.			4c	PN			
5a Total i	number of participants a	at the beginning of the plan year			5a		57		
b Total i	number of participants a	at the end of the plan year			5b		66		
		ccount balances as of the end of the p	, ,	•	5c		53		
	•	during the plan year invested in eligibl					X Yes No		
b Are yo	ou claiming a waiver of	the annual examination and report of a (See instructions on waiver eligibility a	an independent qualifie	ed public accountant (IQ	PA)		X Yes No		
If you	answered "No" to eit	her line 6a or line 6b, the plan canno	ot use Form 5500-SF	and must instead use	Form	5500.			
C If the p	olan is a defined benefit	plan, is it covered under the PBGC in	surance program (see	ERISA section 4021)? .		Yes No	Not determined		
Caution: A	penalty for the late o	r incomplete filing of this return/rep	ort will be assessed	unless reasonable cau	ıse is	established.			
Under penalties of perjury and other penalties set forth in the instructions, I declare that I have examined this return/report, including, if applicable, a Schedule SB or Schedule MB completed and signed by an enrolled actuary, as well as the electronic version of this return/report, and to the best of my knowledge and belief, it is true, correct, and complete.									
SIGN	Filed with authorized/v	ralid electronic signature.	07/21/2014	LISA MOORE					
HERE	Signature of plan ad	ministrator	Date	Enter name of individual signing as plan administrator					
SIGN HERE									
	Signature of employ		Date		dual signing as employer or plan spor				
Preparers	name (including firm na	ame, if applicable) and address; include	e room or suite numbe	r (optional)	Prep	parer's telephone	number (optional)		

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Pa	rt III Financial Information										
7	Plan Assets and Liabilities		(a) Beginning of Yea		T		(b) End o	f Voc	.r		
	otal plan assets				+		(b) Liid (9785		
	Total plan liabilities	7b			+						
			108808	0				143	9785		
			(a) Amount				(b) To				
	Contributions received or receivable from:		(a) Amount				(6) 10	ıaı			
	(1) Employers	8a(1)									
	(2) Participants	8a(2)	28436	2							
) Others (including rollovers)										
b	Other income (loss)	8b	14014	9							
C	Total income (add lines 8a(1), 8a(2), 8a(3), and 8b)	8c						424	4511		
d	Benefits paid (including direct rollovers and insurance premiums to provide benefits)	8d	7265	6							
е	Certain deemed and/or corrective distributions (see instructions)	8e									
f	Administrative service providers (salaries, fees, commissions)	. 8f									
g	Other expenses	8g	15	0							
h	Total expenses (add lines 8d, 8e, 8f, and 8g)	8h						7	2806		
<u>i</u>	Net income (loss) (subtract line 8h from line 8c)	. 8i						35	1705		
j	Transfers to (from) the plan (see instructions)	8j									
Pai	t IV Plan Characteristics										
9a	If the plan provides pension benefits, enter the applicable pension 2F 2G 2J 3D 2T 2E	feature co	des from the List of Plan Char	acteris	stic Co	odes in	the instruct	ons:			
b	If the plan provides welfare benefits, enter the applicable welfare fe	eature cod	es from the List of Plan Chara	cterist	ic Cod	des in t	he instruction	ns:			
Par	t V Compliance Questions										
10	During the plan year:				Yes	No		Amou	ınt		
	 Was there a failure to transmit to the plan any participant contributions within the time period described in 29 CFR 2510.3-102? (See instructions and DOL's Voluntary Fiduciary Correction Program) 			10a		X					
b	b Were there any nonexempt transactions with any party-in-interest? (Do not include transactions reported on line 10a.)			10b		X					
					X						
C				10c					5	000	000
d	or dishonesty?	······································		10d		X					
е	Were any fees or commissions paid to any brokers, agents, or oth insurance service, or other organization that provides some or all										
	instructions.)		. ,	10e		X					
f	Has the plan failed to provide any benefit when due under the plan?			10f		Χ					
g	Did the plan have any participant loans? (If "Yes." enter amount a	Did the plan have any participant loans? (If "Yes," enter amount as of year end.)				Χ					
h	If this is an individual account plan, was there a blackout period? (See instructions and 29 CFR			10g 10h		X					
i	2520.101-3.) If 10h was answered "Yes," check the box if you either provided the required notice or one of the										
Dowl	exceptions to providing the notice applied under 29 CFR 2520.10	1-3		10i							
Part VI Pension Funding Compliance 11 Is this a defined benefit plan subject to minimum funding requirements? (If "Yes," see instructions and complete Schedule SB (Form											
5500) and line 11a below)											
11a Enter the unpaid minimum required contribution for current year from Schedule SB (Form 5500) line 39											
12	12 Is this a defined contribution plan subject to the minimum funding requirements of section 412 of the Code or section 302 of ERISA? Yes X No										
	(If "Yes," complete line 12a or lines 12b, 12c, 12d, and 12e below, as applicable.)										
a If a waiver of the minimum funding standard for a prior year is being amortized in this plan year, see instructions, and enter the date of the letter ruling granting the waiver											
	you completed line 12a, complete lines 3, 9, and 10 of Schedule	•			<u> </u>	40:	1				
b	Enter the minimum required contribution for this plan year					12b					

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С	Enter the amount contributed by the employer to the plan for this plan year	12c					
d Subtract the amount in line 12c from the amount in line 12b. Enter the result (enter a minus sign to the left of a negative amount)							
e Will the minimum funding amount reported on line 12d be met by the funding deadline?				No N/A			
Part	VII Plan Terminations and Transfers of Assets						
13a	Has a resolution to terminate the plan been adopted in any plan year?	Y	es X No				
	If "Yes," enter the amount of any plan assets that reverted to the employer this year	13a					
b Were all the plan assets distributed to participants or beneficiaries, transferred to another plan, or brought under the of the PBGC?				Yes X No			
C If during this plan year, any assets or liabilities were transferred from this plan to another plan(s), identify the plan(s) to which assets or liabilities were transferred. (See instructions.)							
13c(1) Name of plan(s):			V(s)	13c(3) PN(s)			
Part	VIII Trust Information (optional)						
14a Name of trust			14b Trust's EIN				