

A blue-tinted portrait of Eleanor Roosevelt, smiling and looking slightly to the right. She has short, curly hair and is wearing a dark, patterned jacket over a light-colored blouse and a multi-strand pearl necklace. The word "BELIEF" is overlaid in large, white, serif capital letters across the center of her face.

BELIEF

"No one can make you feel inferior without your consent."

— *Eleanor Roosevelt*