Australia

Mental health policy

Total population (UN official estimate): a 23,630,167 Burden of mental disorders (WHO official estimates)

WHO Region: WPR Disability-adjusted life years (per 100,000 population) c 2,973

Income group: High income Suicide (age-standardized rate per 100,000 population) d 10.6

Total health expenditure per person (US\$, 2013) b \$6,110

Availability / status of mental health reporting Mental health specific data compiled in last two years for public and private sector

MENTAL HEALTH SYSTEM GOVERNANCE

Stand-alone policy or plan for mental health:	Yes
(Year of policy / plan):	2009

Implementation status: Available and partially implemented

Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)

Involvement of service users and families (as reported by MoH focal point)

a. INFORMATION gathered / disseminated by MoH

Partially implemented

b. POLICY on participation developed / published by MoH

Partially implemented

c. EARLY INVOLVEMENT in mental health policy and law Fully implemented

RESOURCES FOR MENTAL HEALTH

Mental health financing

Main source of funds for care of severe mental disorders

Inpatient / outpatient budget breakdown reported

Yes

If yes, estimated mental health spending per capita (US\$)

\$283.64

Human resources for mental health

Total reported staff (mental health inpatient care)

Not reported

Total reported staff (mental health outpatient care)

Not reported

Total mental health workers per 100,000 population

126.5

Mental health legislation

Stand-alone law for mental health:
(Year of policy / plan):

Implementation status:

Yes

Not applicable

Available and fully implemented

Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)

d. PARTICIPATION in MoH planning, policy, service development and evaluation

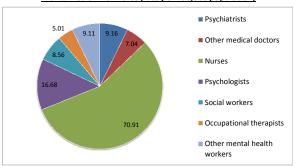
e. RESOURCES available for participation

and reimbursement Fully implemented

5

Fully implemented

Mental health workforce (rate per 100,000 population)



MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)		Outpatient care (per 100,000 population)			
Mental health outpatient facility	1,133	Mental health outpatient visits	:	23,445	;
Mental health day treatment facility	Not reported	Mental health day treatment sessions	Not reported		
Inpatient care (total facilities)		Inpatient care (per 100,000 population)			
Mental hospitals	16	Mental hospital beds / annual admissions	7.9	/	40.3
Psychiatric units in general hospitals	200	General hospital psychiatric unit beds / annual admissions	325.5	/	560.2
Residential care facilities	165	Residential care beds / annual admissions	10.0	/	24.2
Mental hospitals		Mental hospitals (length of stay)			
Total number of inpatients	Not reported	Inpatients staying less than 1 year	Not reported		
Admissions that are involuntary	46%	Inpatients staying 1-5 years	Not reported		
Discharged inpatients followed up within one month	Not reported	Inpatients staying more than 5 years	Not reported		
Treated prevalence (total cases)		Treeated prevalence (per 100,000 population)			
Treated cases of severe mental disorder	Not reported	Treated cases of severe mental disorder	Not	repor	ted

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes

Yes

Existence of a suicide prevention strategy

Yes

Programme examples	Category of programme	Target group	Scope
Beyondblue	Mental health awareness/prevention/anti-stigma	All ages	Universal
National Mental Health Programme	Mental health awareness/prevention/anti-stigma	All ages	Universal

a UN World Population Prospects, 2013; http://esa.un.org/unpd/wpp/

c WHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/

^b WHO Global Health Expenditure Database; http://apps.who.int/nha/database

d WHO, 2013: Preventing suicide; a global imperative; http://www.who.int/mental_health/suicide-prevention

Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.