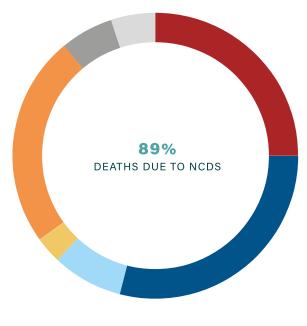
AUSTRALIA

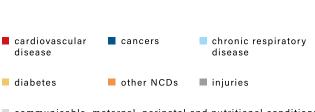


TOTAL POPULATION (2022)	26,178,000
POPULATION AGED <20 (%)	24
POPULATION AGED >60 (%)	23

WORLD BANK INCOME GROUP	HIGH
GROSS DOMESTIC PRODUCT per capita (INT\$)	53,317

NCD MORTALITY





communicable, maternal, perinatal and nutritional conditions

PREVALENCE OF PHYSICAL INACTIVITY



PHYSICAL INACTIVITY, ADOLESCENTS AGED 11-17 (%)

91



PHYSICAL INACTIVITY, ADULTS AGED 18+ (%)

34



PHYSICAL INACTIVITY, ADULTS AGED 70+ (%)

50

male female

DIRECT HEALTHCARE COSTS ATTRIBUTABLE TO NCDS AND MENTAL HEALTH ASSOCIATED WITH PHYSICAL INACTIVITY



PER YEAR

365,959,510 USS INT\$ 367,750,352



CUMULATIVE BETWEEN 2020 AND 2030

US\$ 4,025,554,615 INT\$ 4,045,253,871

ACTIVE SOCIETIES: CHANGING KNOWLEDGE AND MINDSETS



NATIONAL PHYSICAL ACTIVITY **COMMUNICATIONS CAMPAIGNS**

- with links to community programmes
- promoting the co-benefits of physical activity



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NATIONAL MASS PARTICIPATION EVENTS ON **PHYSICAL ACTIVITY**

supported by environmental improvements

AUSTRALIA



ACTIVE ENVIRONMENTS: ENABLING ENVIRONMENTS



NATIONAL POLICY ON WALKING AND CYCLING



NATIONAL POLICY ON PUBLIC TRANSPORT





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NOT AVAILABLE

LEGISLATION ON:

- speed limits
- driving and alcohol use · driving and drug use
- · driving and mobile phone use



STREET DESIGN STANDARDS FOR:

- separate walking and cycling infrastructure
- safe pedestrian and cycling crossings
- · management of speed

ACTIVE PEOPLE: OPPORTUNITIES AND PROGRAMMES



PROMOTION OF PHYSICAL ACTIVITY:

- in workplaces
- in childcare settings
- through community sports
- in public open spaces
- through walking and cycling
- for older adults
- for people with disability



BRIEF INTERVENTION ON PHYSICAL ACTIVITY

IN PRIMARY HEALTH

with referral

- used in >50% of facilities
- **USE OF DIGITAL PROGRAMMES**
- mHealth for NCD prevention



SCHOOL BASED APPROCHES: quality physical education

NOT AVAILABLE

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O no ● yes ■

ACTIVE SYSTEMS: NATIONAL POLICY AND GOVERNANCE



NATIONAL NCD POLICY INCLUDING **PHYSICAL ACTIVITY**



NATIONAL PHYSICAL ACTIVITY POLICY

O no O yes, but not operational O yes and operational



NATIONAL GUIDELINES ON PHYSICAL ACTIVITY FOR:

- children under 5 years
- · children and adolescents
- adults
- older adults



NATIONAL SURVEILLANCE OF PHYSICAL **ACTIVITY IN:**

- children
- adolescents
- adults



NATIONAL TARGET FOR PHYSICAL ACTIVITY

O no • ves -

Data sources: United Nations Department of Economic and Social Affairs. World Population Prospects 2022.

NATIONAL NCD COORDINATING MECHANISM

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