

Australia

Total population (UN official estimate): ^a	23,630,167	Burden of mental disorders (WHO official estimates)	
WHO Region:	WPR	Disability-adjusted life years (per 100,000 population) ^c	2,973
Income group:	High income	Suicide (age-standardized rate per 100,000 population) ^d	10.6
Total health expenditure per person (US\$, 2013) ^b	\$6,110		
Availability / status of mental health reporting	Mental health specific data compiled in last two years for public and private sector		

MENTAL HEALTH SYSTEM GOVERNANCE

Mental health policy		Mental health legislation	
Stand-alone policy or plan for mental health:	Yes	Stand-alone law for mental health:	Yes
(Year of policy / plan):	2009	(Year of policy / plan):	Not applicable
Implementation status:	Available and partially implemented	Implementation status:	Available and fully implemented
Policy / plan is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5	Law is in line with human rights covenants (self-rated 5-point checklist score; 5 = fully in line)	5
Involvement of service users and families (as reported by MoH focal point)			
a. INFORMATION gathered / disseminated by MoH	Partially implemented	d. PARTICIPATION in MoH planning, policy, service development and evaluation	Fully implemented
b. POLICY on participation developed / published by MoH	Partially implemented	e. RESOURCES available for participation and reimbursement	Fully implemented
c. EARLY INVOLVEMENT in mental health policy and law	Fully implemented		

RESOURCES FOR MENTAL HEALTH

<u>Mental health financing</u>		<u>Mental health workforce (rate per 100,000 population)</u>														
Main source of funds for care of severe mental disorders	Not reported	<table><tr><td>Psychiatrists</td><td>5.01</td></tr><tr><td>Other medical doctors</td><td>7.04</td></tr><tr><td>Nurses</td><td>70.91</td></tr><tr><td>Psychologists</td><td>16.68</td></tr><tr><td>Social workers</td><td>8.56</td></tr><tr><td>Occupational therapists</td><td>9.11</td></tr><tr><td>Other mental health workers</td><td>9.16</td></tr></table>	Psychiatrists	5.01	Other medical doctors	7.04	Nurses	70.91	Psychologists	16.68	Social workers	8.56	Occupational therapists	9.11	Other mental health workers	9.16
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Other mental health workers	9.16															
Inpatient / outpatient budget breakdown reported	Yes															
If yes, estimated mental health spending per capita (US\$)	\$283.64															
<u>Human resources for mental health</u>																
Total reported staff (mental health inpatient care)	Not reported															
Total reported staff (mental health outpatient care)	Not reported															
Total mental health workers per 100,000 population	126.5															

MENTAL HEALTH SERVICE AVAILABILITY AND UPTAKE

Outpatient care (total facilities)		Outpatient care (per 100,000 population)	
Mental health outpatient facility	1,133	Mental health outpatient visits	23,445
Mental health day treatment facility	Not reported	Mental health day treatment sessions	Not reported
Inpatient care (total facilities)		Inpatient care (per 100,000 population)	
Mental hospitals	16	Mental hospital beds / annual admissions	7.9 / 40.3
Psychiatric units in general hospitals	200	General hospital psychiatric unit beds / annual admissions	325.5 / 560.2
Residential care facilities	165	Residential care beds / annual admissions	10.0 / 24.2
Mental hospitals		Mental hospitals (length of stay)	
Total number of inpatients	Not reported	Inpatients staying less than 1 year	Not reported
Admissions that are involuntary	46%	Inpatients staying 1-5 years	Not reported
Discharged inpatients followed up within one month	Not reported	Inpatients staying more than 5 years	Not reported
Treated prevalence (total cases)		Treated prevalence (per 100,000 population)	
Treated cases of severe mental disorder	Not reported	Treated cases of severe mental disorder	Not reported

MENTAL HEALTH PROMOTION AND PREVENTION

Existence of at least two functioning programmes	Yes	Existence of a suicide prevention strategy	Yes
Programme examples		Category of programme	Target group
Beyondblue		Mental health awareness/prevention/anti-stigma	All ages
National Mental Health Programme		Mental health awareness/prevention/anti-stigma	All ages
			Universal

^a UN World Population Prospects, 2013; <http://esa.un.org/unpd/wpp/>

^c WHO Global Health Estimates; http://www.who.int/healthinfo/global_burden_disease/en/

^b WHO Global Health Expenditure Database; <http://apps.who.int/nha/database>

^d WHO, 2013: Preventing suicide; a global imperative; http://www.who.int/mental_health/suicide-prevention

Note: Age-standardised suicide rates - computed using standard categories, definitions and methods - are reported to facilitate comparisons over time and between countries, and may not be the same as official national estimates.