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# Chronic Kidney Disease: Awareness and Prevalence



Decrease in the kidney's ability to filter wastes from the body (Facts About Chronic Kidney Disease, 2022)

Risk Factors

Diabetes

Chronic NSAID Use High Blood Pressure

Autoimmune diseases

Familial History

Kidney Disease, 2022

Heart Disease

Ethnic background

2

#### CKD Stages with eGFR Ranges

Stage 1

• 90 and above

Stage 2

• 60-89

Stage 3

• 30-59

Stage 4

• 15-29

Stage 5

- 14 and below
- Dialysis or Kidney Transplant

#### Significant Statistics

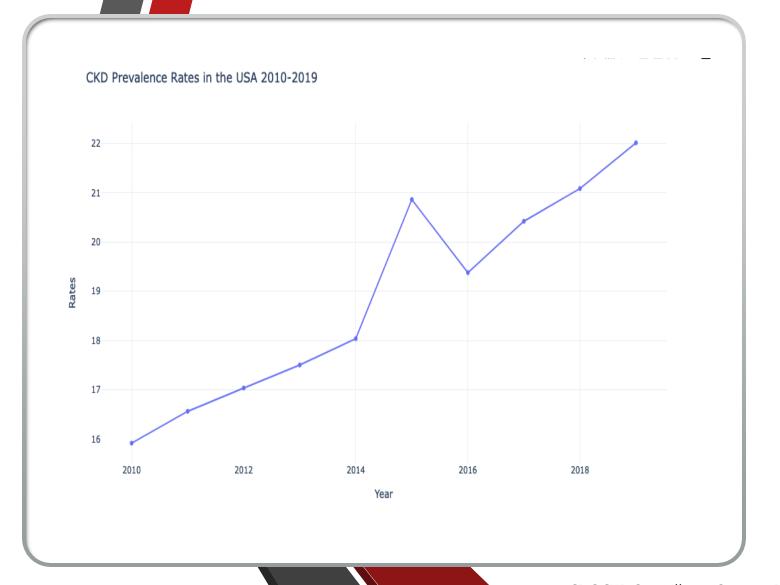
2 major causes of CKD are Diabetes and Hypertension

37.3 mil. Americans have Diabetes

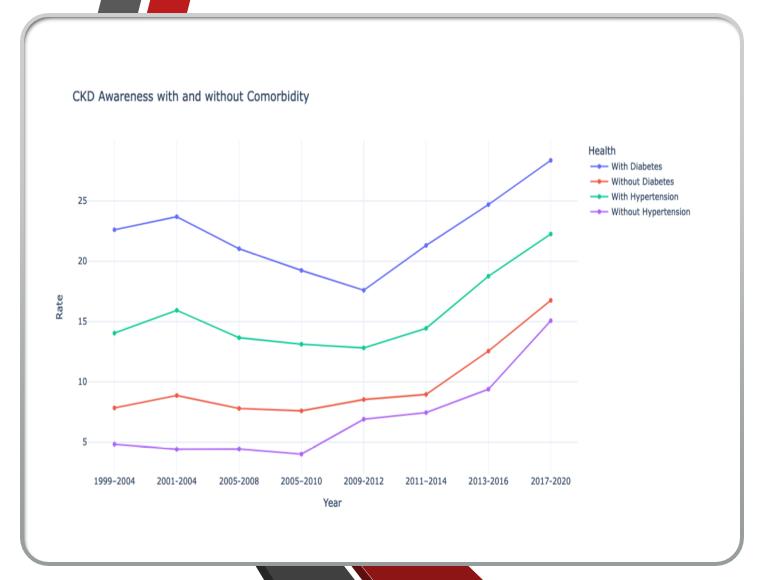
1 in 3 people with Diabetes have CKD

116 mil. Americans have Hypertension

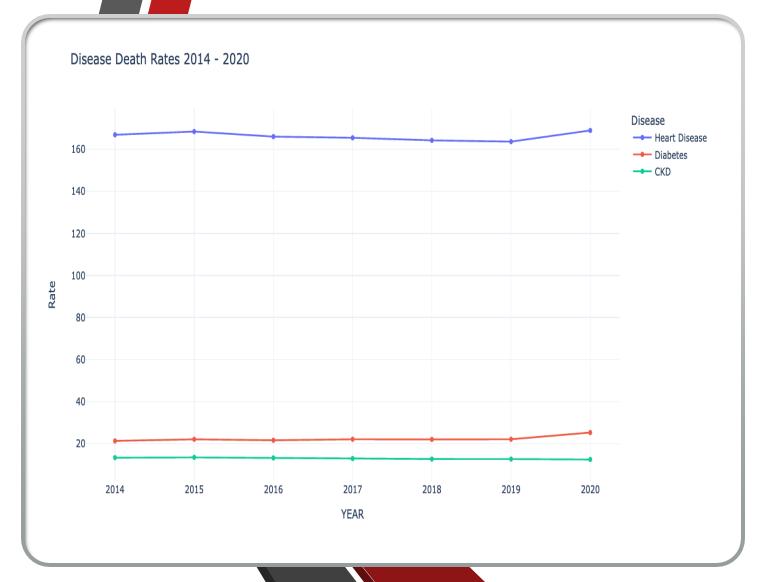
1 in 5 people with Hypertension have CKD



## CKD Becoming an Epidemic



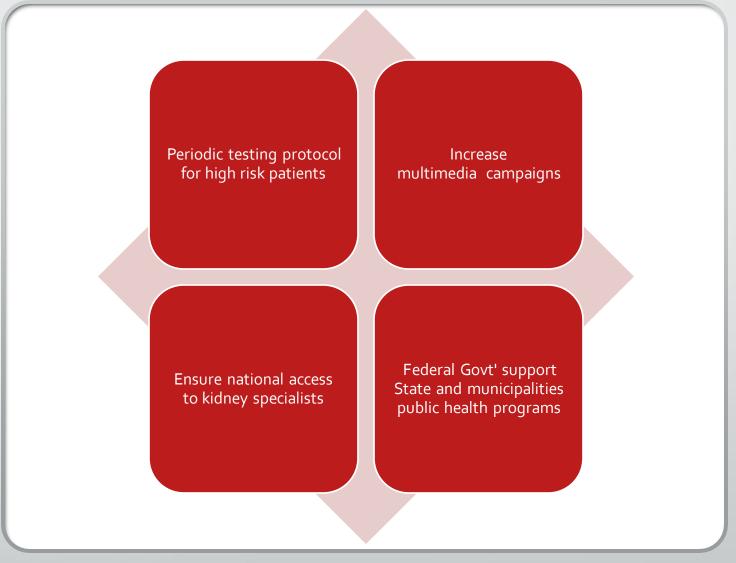
#### Awareness



### **Death Rates**

(NCHS Pressroom - Stats of the States, n.d.)

### Steps to Increase Awareness



#### References

- Facts About Chronic Kidney Disease. (2022, October 10). National Kidney Foundation. https://www.kidney.org/atoz/content/about-chronic-kidney-disease
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- Chronic Kidney Disease (CKD) Surveillance System. (n.d.-b). <a href="https://nccd.cdc.gov/ckd/default.aspx">https://nccd.cdc.gov/ckd/default.aspx</a>
- By the Numbers: Diabetes in America. (2022, October 25). Centers for Disease Control and Prevention. https://www.cdc.gov/diabetes/health-equity/diabetes-by-the-numbers.html
- Hypertension Prevalence in the U.S. | Million Hearts®. (2021, March 22). Centers for Disease Control and Prevention. https://millionhearts.hhs.gov/data-reports/hypertension-prevalence.html
- Chronic Kidney Disease (CKD) Surveillance System. (n.d.-b). <a href="https://nccd.cdc.gov/ckd/default.aspx">https://nccd.cdc.gov/ckd/default.aspx</a> Prevalence of CKD by US State and County 2010-2019 datasets.
- CDC Surveillance System CKD Awareness by Kidney Failure Risk and Awareness of CKD among US Adults with Stage 3 or 4 CKD datasets
- Center for Disease Control -Stats by the States (*NCHS Pressroom Stats of the States*, n.d.) Heart Disease Mortality by State, Diabetes Mortality by State datasets