



The Dish on Washington

Farms, Food & our Founding Father



GET STARTED ● FOOD ● SLAVERY ● RECIPES

Explore Washington's world through food

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Just like you and me, over 200 years ago, George and Martha Washington worried what time dinner was and if there would be enough dessert. But, as colonial Virginians, they had to do it without a grocery store, a refrigerator or a stove! Everything was done at their home—a plantation called Mount Vernon.



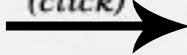
We can learn a lot about the Washingtons and other Virginians in the 18th century from the way they ate. Food was important, not just for eating but for showing off your **wealth, manners, and patriotism**. But getting food on the table was serious work. Hundreds of **slaves** at Mount Vernon **grew and cooked** the food that landed on planters' tables.



You're Invited!

*Go enjoy a meal with
the Washingtons*

(click)



From Farm to Table

Eating was never easy in Colonial Virginia. Follow the many steps food took to go from the ground to the dinner plate!

Farming



Preservation



Cooking



Shipping

