

Volunteering with the International Institute's Global Farms

Introduction

The International Institute's Global Farms Program provides opportunities for Refugee and Immigrant arrivals to more effectively adjust to life in America. Our program offers new Americans coming from subsistence agricultural lifestyles places where they can immediately engage in their traditional practice of farming and gardening. Your help to improve and maintain these sites is much needed and greatly appreciated.

What to Expect / Description of Work

Depending on the time of year, weather and needs the work may entail weeding, mulching, tilling garden berms, adding compost to the berms, working with compost bins and/or cleaning up the site. More experienced persons may be asked to mow, weed, trim or perform maintenance of structures. You will be using hand tools, getting dirty, working in hot, cold or wet conditions. For these reasons, it is essential that you come prepared accordingly. We recommend the following:

- o Everyone should wear closed toe shoes
- O Wear clothes you do not mind getting stained or torn, preferably long pants and long sleeved shirts
- o Bring sun hats and sunscreen for sunny weather, rain gear for rainy weather and warm clothes for cold weather
- o Drinking water is a must
- o Bring lunch if you are working during that time
- O There is no cover from rain or sun
- o These sites are not suitable for people with limited mobility

We will supply gloves, tools and safety equipment when needed.

! If working on the "Cultivating Connections Farm," "BPU Farm," or REAP Farm it is important to know there are no restrooms on site however, we can direct you to the nearest establishment with facilities.

Inclement Weather Contingency

Work will be cancelled and rescheduled in the event of extreme weather such as rain, snow or extreme heat or cold. Site Addresses:

Cultivating Connections/North Farm 1116 Hodiamont Ave. St Louis, MO 63112 Link to Google Maps

REAP Farm 3636 Aldine Ave. St. Louis, MO 63113 Link to Google Maps BPU Farm 1188 Hodiamont Ave. St. Louis, MO 63112 Link to Google Maps

South Farm 4030 Folsom Ave St Louis, MO 63110 Link to Google Maps