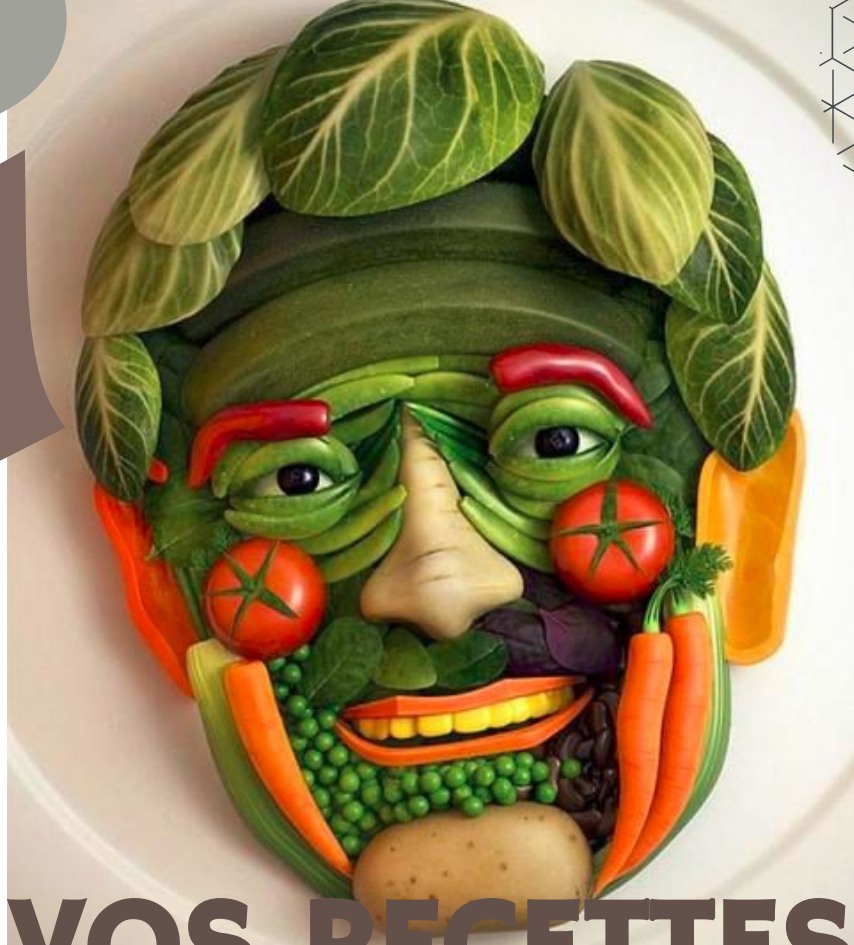


REZ



VOS RECETTES
SUR-MESURE

Préconfiguration du compte pour une expérience utilisateur unique

PERSONALIZE YOUR EXPERIENCE

Do you have any food allergies?

WHEAT-FREE

DAIRY-FREE

PEANUT-FREE

TREE NUT-FREE

SULFITE-FREE

SOY-FREE

SESAME-FREE

SEAFOOD-FREE

> G-I

Back

Next

Don't Personalize My Recommendations

Les recettes en favoris



Recettes pour tous les goûts



Des recettes personnalisées

ALMOND PANCAKES WITH CHICKPEA FILLING

- 2 eggs
- 200ml soy milk
- 70g almond flour
- 100g tomatoes
- 1 avocado
- 3 tablespoons of olives
- 1 spring onion
- 75g feta
- 200g chickpeas
- 40g arugula
- 2 tablespoons chopped coriander
- Juice of lemon

Mix the eggs with the soy milk and the almond flour for the pancake batter.

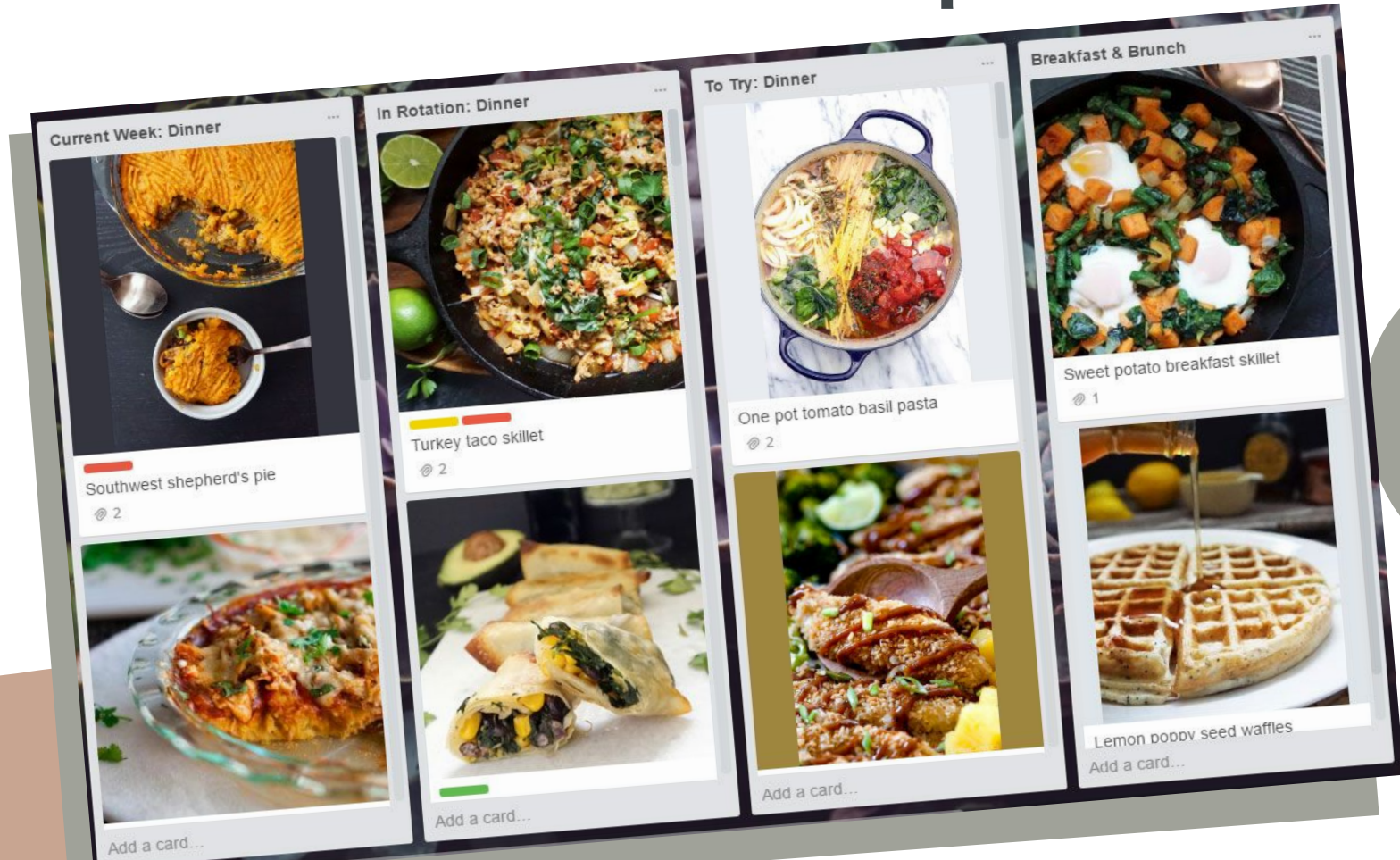
Mix the rest of the ingredients into a salad and use it as a filling for the pancake.



DELICIOUS!



Planificateur de repas



Liste course par rapport aux recettes



Je cuisine ce que j'ai dans mon frigo





Top en fonction des votes

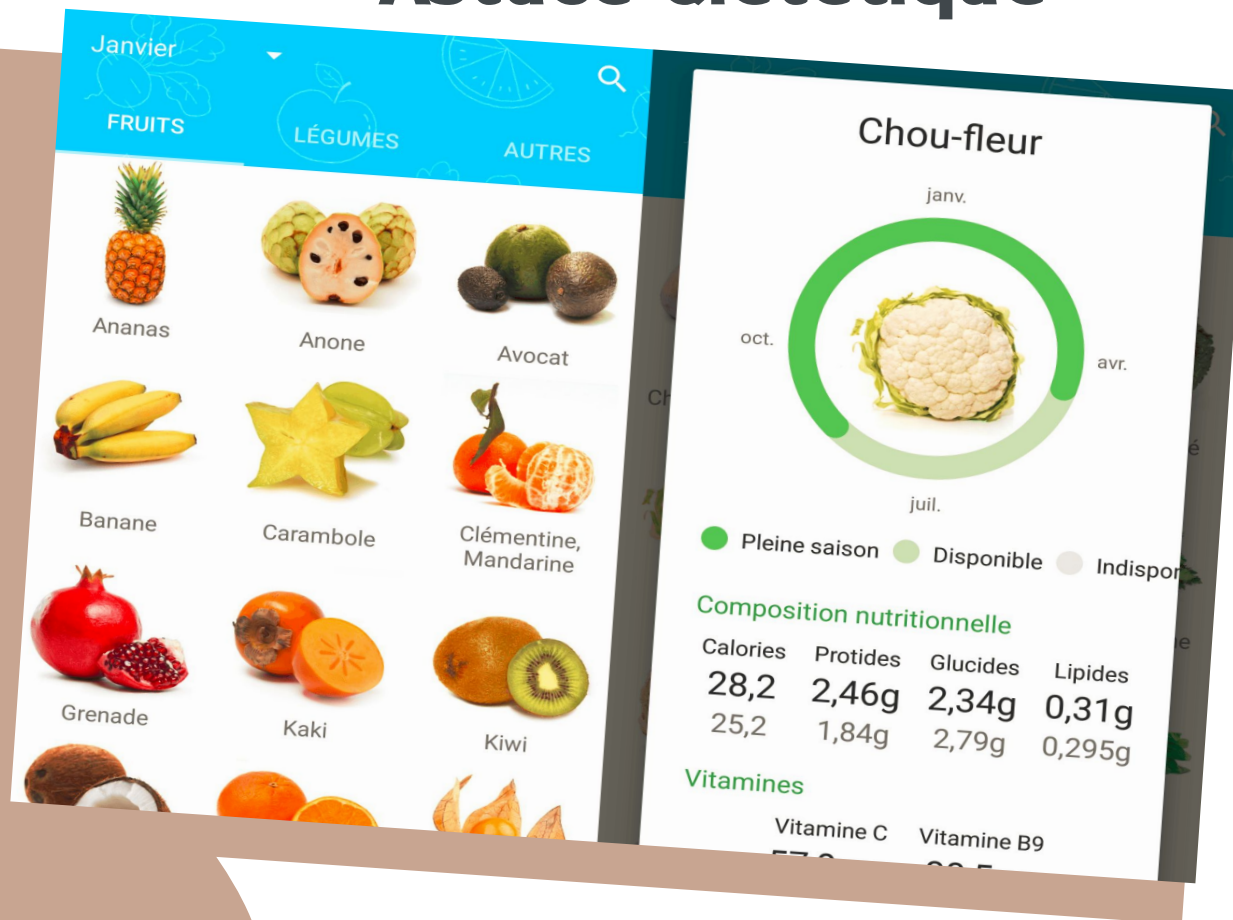


Five Star Rating



Devenez un(e) e-chef

Astuce diététique



Possibilité d'enregistrer son commerce favori



mammoth
écrase les prix



Casino



E.LECLERC



Auchan



MONOPRIX



Carrefour



INTERMARCHÉ
Les Mousquetaires

**LEADER
PRICE**

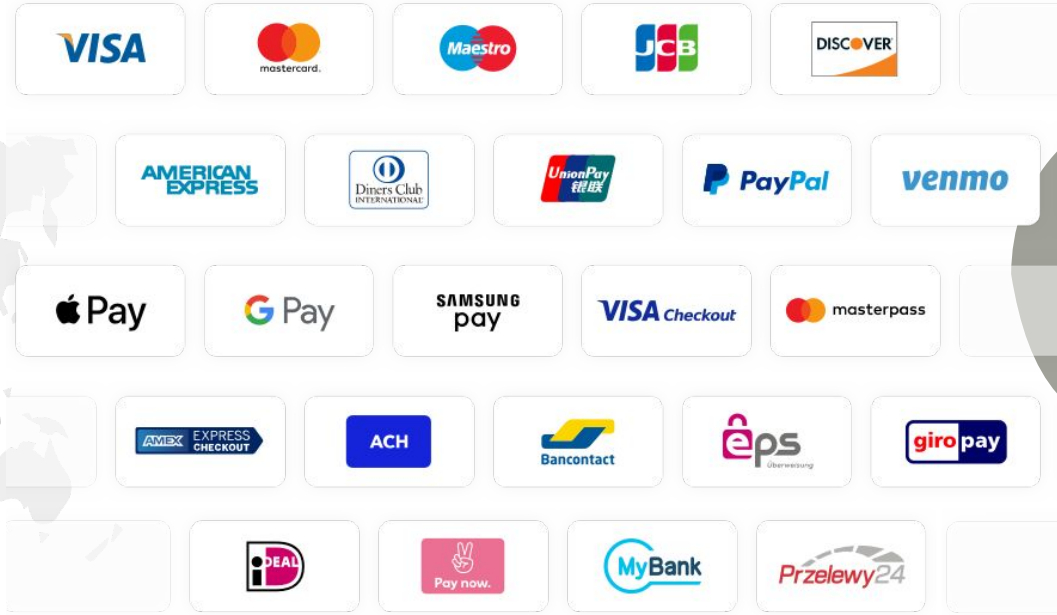


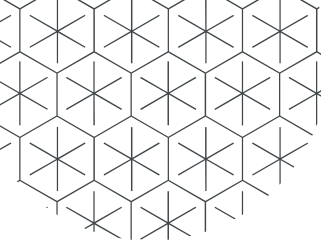
FOOD & MONEY

A top-down view of a round, light-colored ceramic plate with a textured rim. The plate is filled with a meal consisting of a sunny-side-up fried egg with a bright yellow yolk, sautéed orange noodles, green leafy vegetables, and some dark, possibly roasted, ingredients. A silver fork is placed on the right side of the plate. The entire scene is set against a vibrant teal background with visible brushstroke textures.

ANN *The Wealth Chef* WILSON

Plusieurs moyens de paiement





A high-speed photograph of three apples—green, red, and yellow—splashing in water. The apples are arranged vertically, with the green one at the top, the red one in the middle, and the yellow one at the bottom. Water droplets are frozen in mid-air around the apples, creating a dynamic and refreshing scene. The background is plain white.

Merci pour votre attention