

PSGT 2205

Exam 2 Review

- Arousal rules:
 - How much sleep prior to an arousal?
 - Duration of an arousal
 - In REM, how long must the chin come up with an arousal?
 - What waveforms can the EEG shift to?
 - Be able to visually identify
- Movement rules:
 - Limb movement minimum duration
 - Minimum amplitude
 - How many limb movements for a series?
 - Length between limb movements in a series
 - Can limb movements be scored if associated with respiratory events?
 - Impedance for leg EMG leads
 - Chin has to come up for how long in bruxism?
 - Be able to visually identify limb movements and bruxism
- Cardiac rules:
 - HR for sinus tachycardia
 - HR for sinus bradycardia
 - Asystole minimum duration
 - Duration for a rhythm to be sustained
 - Be able to identify basic rhythms
- Respiratory rules:
 - Minimum duration
 - Acceptable and recommended types of respiratory effort

- Apnea rules:
 - Acceptable thermal sensors
 - Types of apneas
 - Airflow decrease requirement
 - What parameter is required for detection?
 - Be able to visually identify
- Hypopnea rules:
 - Desat for recommended rule
 - Desat for acceptable rule
 - Airflow decrease requirement
 - What parameter is required for detection?
 - Central vs obstructive
 - Be able to visually identify
- Hypoventilation:
 - What parameter is needed for detection
 - What are the PCO₂ requirements for scoring?
- RERA:
 - Criteria for scoring RERAs
 - Be able to visually identify
- Cheyne Stokes:
 - Criteria for scoring CSR
 - Be able to visually identify