

Patient Prep, Pre-Meds and Supply List for



Patient Pre-Procedure Prep Instructions: *(Can follow same protocol as prostate biopsy instructions.)*

- 1) Bowel Prep - Fleets enema *at least 2hrs prior* to procedure
- 2) Antibiotics: Ciprofloxacin (500mg tablets) or other broad-spectrum antibiotic for prophylaxis of infection
- 3) Discontinue use of blood thinners as directed by Physician
- 4) Option of pre-medication, see detail below*
- 5) Option to shave perineal area prior to the procedure to minimize tape discomfort
- 6) On the day of the procedure, (for local anesthesia only) patients should eat a light breakfast - so they do not get light headed from laying down/ standing up or nauseous from any pre-medications /lidocaine.

***Optional Pre-Medication at Physician's Discretion:**

(These are the pre-meds recommended in the Physician Procedure Video; administered 1 hour before the procedure). These can be substituted per Physician preference.

- 1) Hydrocodone and Acetaminophen (5/325mg)
- 2) Diazepam (2mg)

Room Supplies & Required Equipment:

- 1) Probe covers, ultrasound gel and lubricating jelly
- 2) Tape/Tegaderm or Ioban drape for taping back the scrotum
- 3) Chlorhexadine or Betadine solution used to clean and prep the perineal skin
- 4) Lidocaine 2% (or 1%) without epi
- 5) 20mL syringe (for Lidocaine)
- 6) 22g 1.5 inch needle for skin wheel and 22g 5in spinal needle for deeper numbing
- 7) Topical numbing (optional): ie. McKesson Topical Anesthetic Spray (freeze spray)
- 7) 10mL syringe & Injectable Saline (pre-packaged injectable saline is fine)
- 8) Marking pen and (optional) sterile 4x4s /sterile towel for the field
- 9) Sterile gloves and drapes for the stand/counter
- 10) *Required equipment - Ultrasound system with sidefire bi-plane probe, stepper stabilizer unit and procedure table with stirrups
- 11) SpaceOAR Kits (keep backup kit on hand in room)

****this is a sample list of items physicians may use ****

Please check with MD prior to set up to identify supplies they prefer. With any questions, please contact your local rep: Victoria Billman (424) 212-2744, victoria.billman@bsci.com