

Content Set I

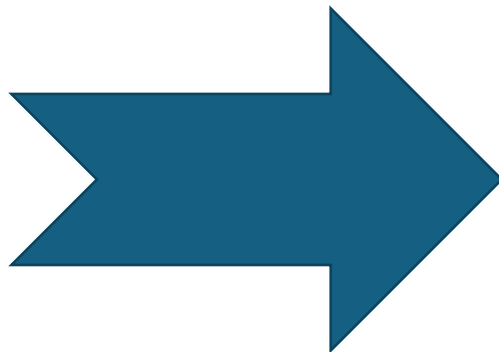
Teacher Resources

| Resources Needed to Teach Chart – Content Set I | | | |
|--|--|------------|------------|
| Equipment | Teaching Materials/Resources | Facilities | Time |
| <ul style="list-style-type: none"> • Hula Hoops (1 per student) • Long Ropes (1 per student or 1 rope per 2-3 students) • 2-3 sets of various height hurdles (6 inch, 8 inch, 12 inch, 18 inch) • 10-12 Small Cones • 4-8 Large Cones • 15-20 Poly Spots • Equipment to make obstacles | Music appropriate to grade level/activity (see resources) Speakers (Bluetooth or other) Cues posters Skills posters | Gymnasium | 40 minutes |
| Teacher Expertise/Training/Certification | | | |
| <ul style="list-style-type: none"> • Knowledge of motor development • Ability to identify and demonstrate fundamental locomotor and non-locomotor skills • Understanding of movement concepts and relationship to performance of locomotor and non-locomotor skills • Knowledge of developmentally appropriate activities and games. | | | |

VERTICAL JUMP – FROG (Example)



HORIZONTAL JUMP – FROG (Example)



HOP (NEED Image of Stork on one leg) – STORK (example)



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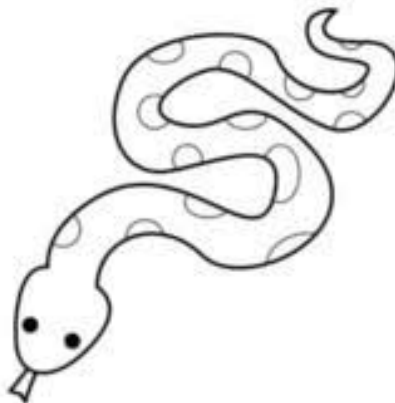
Bird
Flapping Wings (Example)



Horse Galloping (Example)



Snake (Example)



snake

POWERPOINT – LETTERS

I

S

C

Z

MUSIC

- **“Freeze Song”**: Mr. Heath Album: Seriously Silly iTunes
- **“Heads, Shoulders, Knees, and Toes”**
 - CoComelon Kids Hits, Vol. 5
 - Kid’s Dance Party: Toddler Fun Learning & Gecko’s Garage
- **“Heads, Shoulders, Knees, and Toes” – Instrumental** (30 Favourite Nursery Rhymes, Vol. 1)

Content Set I

AT HOME ACTIVITIES

Suggested At Home Activities:

1. Practice listening to directions by playing and practicing “Freeze Song” with child at home: *Mr. Heath Album: Seriously Silly iTunes*
2. Practice “Heads, Shoulders, Knees, and Toes”:
 - a. CoComelon Kids Hits, Vol. 5
 - b. Kid’s Dance Party: Toddler Fun Learning & Gecko’s Garage
3. Read to and perform skills in the following books:
 - a. “Shake a Leg” – Sesame Street: Allen, C. (2001). *Shake a leg*. Sesame Street
 - b. In the Tall Tall Grass (Fleming, D. (1991). *In the tall, tall grass*. Henry Holt and Company, Inc.: New York).
 - c. Earth Dance (Ryder, J. (1996). *Earth Dance*. Henry Holt and Company, Inc.: New York).
4. Practice Animal Actions:
 - a. Horse - Galloping
 - b. Bird – Arms Flapping while running/walking
 - c. Frog – Jumping
 - d. Stork – Hopping
 - e. Snake – Shapes
 - i. Straight
 - ii. Curved
 - iii. Zig-Zag

GRADING SUGGESTIONS

Based on the Grading Resources provided for all Elementary Units – the following are suggestions for grading the Locomotor/Non-Locomotor Content Set I:

- There are 8 Unit Outcomes for Content Set I and reflect the standards in the following way:
 - Standard 1 – 7 Unit Outcomes
 - Standard 3 – 1 Unit Outcome
- In a non-weighted system:
 - Sum of scores of assessments aligned to Standard 1 (see Rubric Example Scoring Chart)
 - Score of assessment aligned to Standard 3
 - Average of all scores - Performance Level Grade or Letter Grade aligned to average
- In a weighted system:

- Sum of scores of assessments aligned to Standard 1 (see Rubric Example Scoring Chart)
 - Average sum
 - Multiply by .875 (7 of 8 outcomes aligned to Standard 1 = 87.5%)
- Score of assessment aligned to Standard 3
 - Multiply by .125 (1 of 8 outcomes aligned to Standard 3 = 1.25%)
- Add 2 scores and use chart below to determine grade.

| Grade Determination Chart Example Weighted or Non-Weighted | | |
|---|--------------------------------------|----------------------|
| Average Rubric Score | Performance Level Description | Grade |
| 5 | Exceeds Standards | A |
| 4 | Meets Standards | A |
| 3 | Progressing Toward Standards | B |
| 2 | Advanced Beginner | C |
| 1 | Beginner | D |
| 0 | Did Not Attempt | F or No Grade |