

Entry #1 - 01/07/2022

Friday 1st July 2022 Diary Entry

Today has probably been the most happiest and free I have felt ever since August 2020 when I came back to the UK from my 4-year study abroad in Japan. The reason why I chose to come back to the UK was because I thought that the grass was greener on the otherside for job-hunting, but little did I know that was completely wrong. It doesn't matter which part of the world you choose to look for a job, because your own issues will stick with you until you resolve them slowly by yourself.

Up until now, I've not thought much about "Depression" because I pride myself on having high emotional intelligence, but I was wrong. Although I never had been diagnosed with depression, I understood from research that I was suffering from "Atypical Depression", which means that I will feel low the majority of the time, but I would still be able to temporarily have moments where I feel happy. And so I sought comfort in solitude and felt alienated even when out with real friends because I thought less of myself after the continuous rejection during my job-hunt in Japan. At one point I realised that I felt happy when I went out to go for an alcoholic drink because it relaxes the brain and stops you from overthinking, but that was dangerous because it can lead to alcohol addiction because I would use it as a crutch to hide my pains.

Therefore, once I had the support of my family and their understanding that healing takes time, however long it is, that was when I started healing. The pain from continuous rejection back in 2019 (When I started my job-hunt in Japan) and up until now (2022), it has taken 3 years for me to heal. It doesn't matter how long it takes, so long as you are still alive you will be able to heal. So first try to get support and help from your loved ones, and then the healing will begin and take time.

But besides that, I'm proud that I have been able to really solidify my understandings of JavaScript and for the sake of format, I will just use a list:

- Getting access to JavaScript Objects with both dot & bracket notation - understanding that unlike an array, the order of which an object's key:value pairs are listed doesn't matter. If there's only a single key within a JavaScript Object that has that key, you would just access it regularly with dot/bracket notation. (e.g. `object.data.lastName`)
- Solidified understanding of "Template Literals" (backticks) and multi-line usage. As well as, `${constant or expression}` placeholders where the const/expression is referenced. So let's say you have a const/array, you can use this placeholder like so and reference it.

Job-Hunting Clarity

- I used to believe that job-hunting was a 1-sided process because of the constant strings of rejections and not a single offer of employment. However, as of 01/07/2022 when I was contacted by a recruiter

on LinkedIn for a vague "Programmer" job at Adelphi Real World which requires HTML/CSS/JavaScript (jQuery) and scripting languages for interaction with the ConfirmedIt API. It made me realise that it's a 2-sided process;

- I asked myself: What type of work would I really be doing if it involves HTML/CSS/JavaScript (jQuery), VBA and an API;
- What type of company is it, and what type of people would I be working with?
- What type of visions do they have for the future, and where would I be in it all? Can I visualise myself working for that company?

It's as much as an interview for them so I can get to know if I want to spend my time there, as it is for me.

Solving the Find the First Odd Number (Northcoders Problem)

- I kept on thinking that I needed to use an if/else statement for when it's an odd number and what it should do if it's even (return undefined)
- But, I didn't need to do anything if the number was even.
- Simply, if the number is !== (Not Equal) to 0 then push it into an "OddsArray", and then return that oddArray at index 0 so you get the first odd number.
- Learnt about: for (let i of numbersParam)