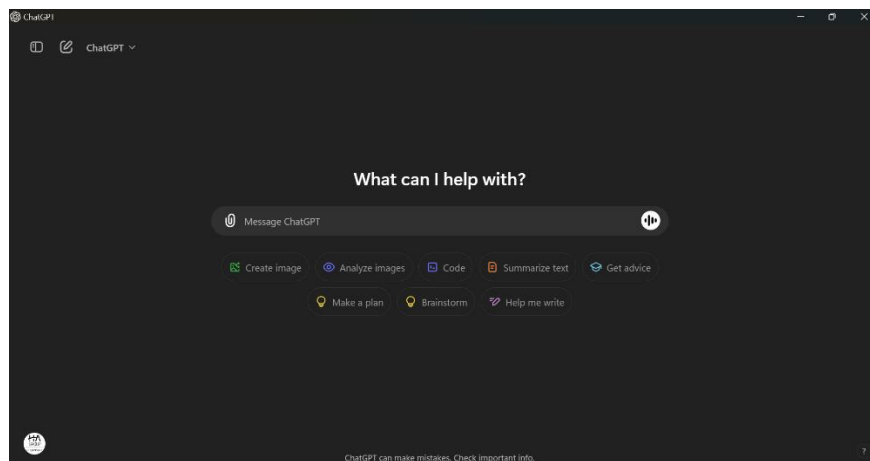




## ICT Shared Services

# ChatGPT Guide



*Figure 1 Home Page of ChatGPT*

## Basic Guide to Getting Started

### What is ChatGPT?

ChatGPT is like having a helpful assistant who can help you write, answer questions, and solve problems. Think of it as a smart tool that can help with your daily work tasks.

### Getting Started

#### 1. Create Your Account

- Go to: [chatgpt.com](https://chatgpt.com)

- Click "Sign Up"
- Use your work Gmail backup email\*
- Create a password
- Verify your email

*\*If you have not created the backup email, please do so **as soon as possible**.  
Refer to the IT Email and Website Policy.*

## 2. Basic Rules to Remember

- **NEVER** share company secrets or customer information
- Don't share your login details with others
- Log out when you're done
- Clear your chat history regularly

## How to Use ChatGPT

### 1. Starting a Chat

- Click "New Chat" on the left side
- Type your question or request
- Press Enter or click the send button
- Wait for the response

### 2. Writing Good Prompts

Bad prompt: "Write report"

Good prompt: "Write a maintenance report for a 500KVA generator serviced today, including oil change and filter replacement"

### 3. Real Examples for Your Work

For Project Managers:

Prompt: "Create a project timeline template for installing electrical systems in a shopping mall, including major milestones and safety checkpoints"

Prompt: "Write a site inspection report template for an industrial electrical installation"

For Technical Staff:

Prompt: "Create a troubleshooting checklist for a malfunctioning circuit breaker"

Prompt: "Write step-by-step instructions for safely testing a power distribution panel"

For Administrative Tasks:

Prompt: "Draft an email to schedule a site visit with a client for next week"

Prompt: "Create a meeting agenda template for weekly project progress reviews"

For the Finance Department:

Prompt: "Create a cost analysis template for electrical installation projects including labor, materials, equipment rental, and overhead costs"

Prompt: "Draft a budget variance report template focusing on common electrical project cost variations"

## Common Tasks and How to Do Them

### 1. Writing Reports

Prompt: "Write a technical report about [what was done] at [location] on [date]. Include [specific details] and [safety measures taken]"

Example: "Write a technical report about replacing a transformer at ABC Mining Site on November 15, 2024. Include details about the new 1000KVA unit and safety protocols followed"

### 2. Creating Checklists

Prompt: "Create a safety checklist for [specific task]"

Example: "Create a safety checklist for working with high voltage equipment in a manufacturing plant"

### 3. Technical Documentation

Prompt: "Write step-by-step instructions for [specific procedure]"

Example: "Write step-by-step instructions for conducting a power factor test on an industrial electrical system"

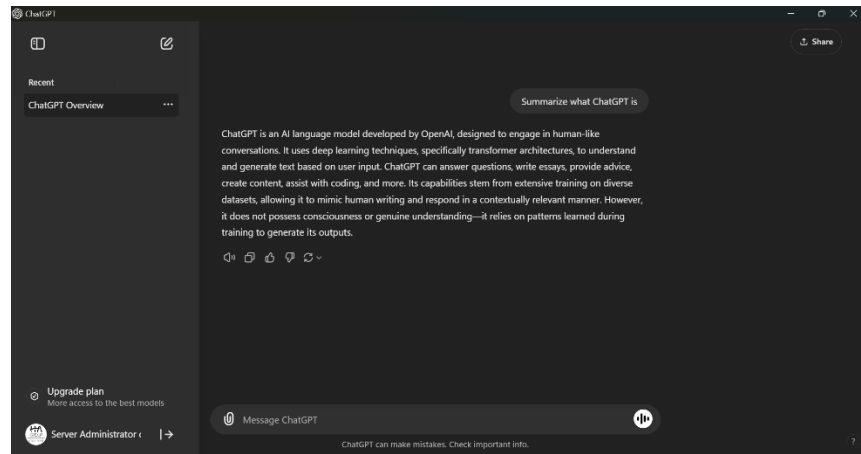


Figure 2 Example of a Prompt

## Tips for Better Results

### 1. Be Specific

Bad: "Help with electrical problem"

Good: "Help troubleshoot why a 400V motor keeps tripping its circuit breaker after 10 minutes of operation"

### 2. Add Context

Bad: "Write a proposal"

Good: "Write a proposal for upgrading the electrical system of a 3-story office building, focusing on energy efficiency"

### 3. Ask for Revisions

If the first response isn't quite right, say: "Please revise this to include [what's missing]"

## **IMPORTANT:** Safety and Security

**DO NOT** Share:

Client names

Exact site locations

Contract values  
Employee details  
Confidential company information

## Practice Exercise

Try these simple tasks to get started:

1. Write a basic safety checklist
2. Draft a meeting minutes template
3. Create a simple maintenance schedule

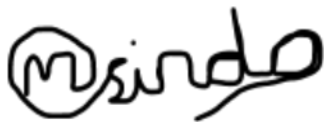
Remember: ChatGPT is a tool to help you work better - **it doesn't replace your expertise and judgment.**

## Getting Help

If you need help:

1. WhatsApp [+27680655718](tel:+27680655718)
2. Email [server\\_admin@hpcagroup.africa](mailto:server_admin@hpcagroup.africa)
3. Ask during our regular meetings

**Clarence Itai Msindo**

A handwritten signature in black ink, appearing to read 'msindo' with a stylized flourish at the end.

**ICT Shared Services Lead**