

ABE 20100

Laboratory Notebook Guidelines

Rationale. Whether in industry, academic, or government work environments, laboratory notebooks are critical documents for research and engineering design. They are *primary legal documentation of inventions* and can be the basis for supporting intellectual property and patent applications. They are also the documentation that allows anyone (including you at a later date) to repeat and perform the same procedures in the future. Science and engineering is founded in this principle called *autonomous replication*. Our entire framework of science and engineering is based on only accepted scientific results that can be reliably replicated by others.

Features of a Good Lab Notebook

- ☐ Contains enough detail that another person of comparable skill could repeat your experiment and obtain the same results using only the lab notebook.
 - Contains complete protocols
 - Contains thorough observations
 - Contains all raw data and calculations
- ☐ Contains enough detail that you can effectively troubleshoot your procedures should you obtain results that are not what you expect.
- ☐ Is neat and easy to read by you and others
- ☐ Makes use of tables, figures, photographs and drawings to organize data and illustrate procedures, set-up, observations, and results
- ☐ **Each page contains a date and your signature at the bottom**
- ☐ Uses headers to organize (example for lab work below)
 - Aim/purpose
 - Materials & Equipment Set-Up
 - Includes process diagram or drawing of equipment set-up
 - Procedures and Protocols
 - Includes all variables and order that they were varied
 - Should be detailed and step-by-step accounting of what you did
 - Results
 - All raw data
 - Organize numbers into tables when appropriate
 - Make and document observations
 - Sketch/Graph data as you go.
 - Tape in all photographs, images, printouts, etc. Date and initial each taped in item
 - Calculations that were made for the procedures
 - E.g. dilution calculations, mass to mole conversions for weigh outs etc.
- ☐ Analysis and Interpretation
 - Document your thoughts and observations on the results
 - Rationale and your thought process of why you did what you did
 - What you think the data means at the time you are recording it
 - Preliminary conclusions from the experiment