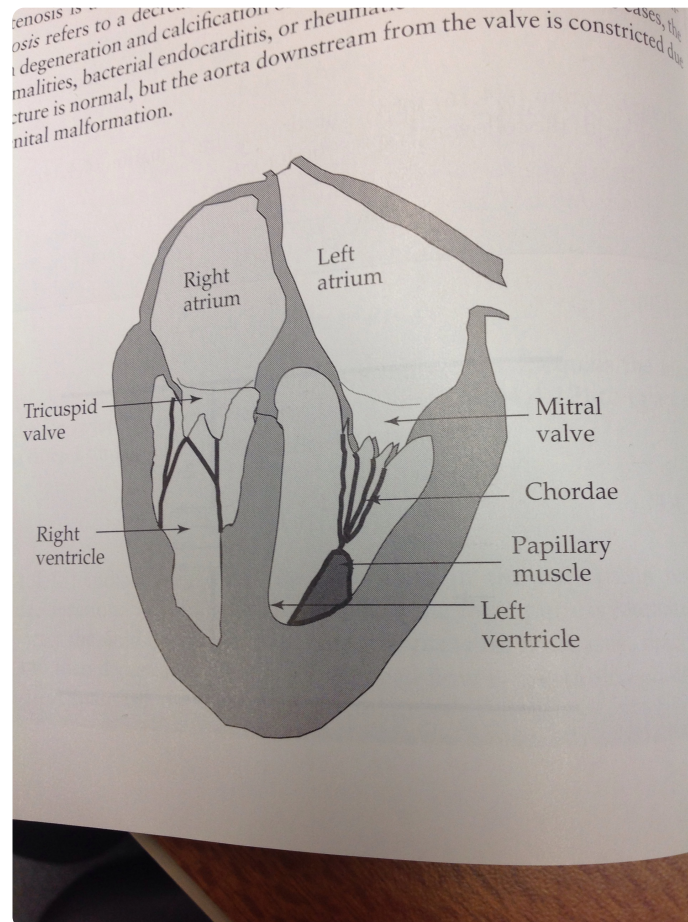


Flow through stenotic heart

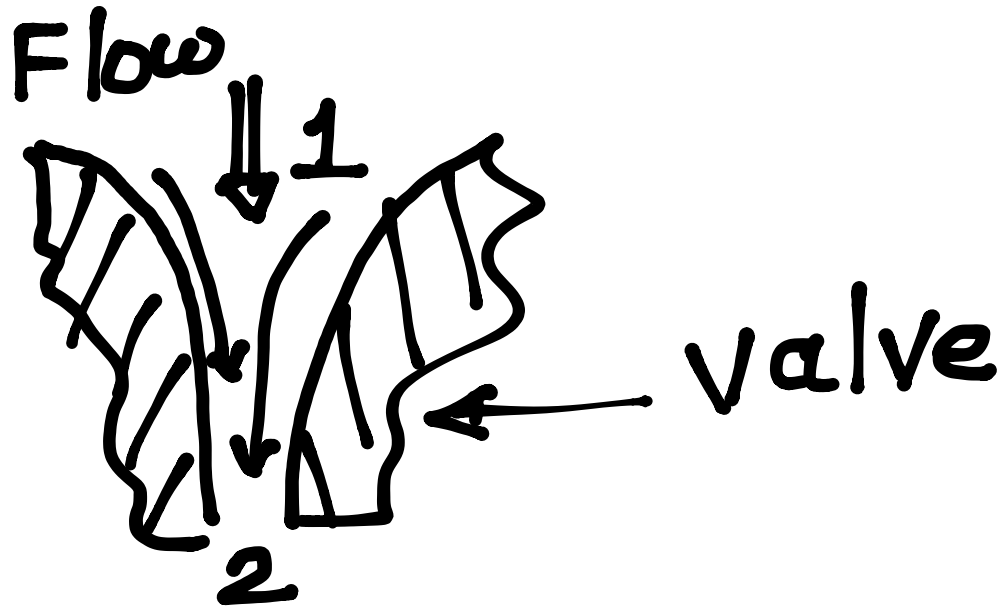
There are three valves, namely, aortic valve, tricuspid valve and mitral valve in the heart. Pathologies of heart valves are common, affecting a fairly large percentage of the population. The problem is classified as either regurgitation or stenosis. In regurgitation, valve fails to close properly, causing the blood to flow back into the atria or ventricles.



Valve regurgitation is most common in aortic valve followed by mitral valve. This pathology is a result of degeneration of the aortic valve, rheumatic heart disease, bacterial endocarditis, trauma or damage to the papillary muscle connected to mitral valve. More severe regurgitation can cause shortness of breath and palpitation.

Stenosis is a narrowing within the flow channel. Stenosis refers to a decreased area of opening of the valve. This arises from degeneration and calcification of the valve. In some cases, the aorta downstream is constricted due to congenital malfunction. Stenosis causes heart to expend more work in pumping blood through the body.

The heart compensates for narrowing by increasing its muscle mass (hypertrophy). This often leads to secondary complications. The schematic of the valve is shown below.



Bernoulli's equation is given by

$$\frac{1}{2} \rho v^2 + p + \rho g z = \text{constant along a streamline.}$$

Neglecting gravity, the above equation can be written between points 1 and 2 is given by

$$\frac{1}{2} \rho (v_2^2 - v_1^2) = (p_1 - p_2)$$

Since $v_1 \ll v_2$, one can write

$$(p_1 - p_2) \simeq \frac{1}{2} \rho v_2^2$$

Narrowing \Rightarrow Higher v_2 for same flow rate

∴ Narrowing \Rightarrow Higher $(p_1 - p_2)$

$$\text{Power} = \dot{m} \frac{\Delta p}{\rho}$$

$$\text{Power} \approx \frac{\dot{m} v_e^2}{2}$$

Narrowing \Rightarrow Higher power requirement.