

CHRONIC PAIN



1 in 5 adults in America have chronic pain.



Chronic pain is an emotional experience. Fear, depression, anger, stress, and negative thoughts strengthen the pain signal and make pain feel worse.

\$635,000,000,000



Health economists have reported the annual cost of chronic pain in the United States is as high as \$635 billion a year, which is more than the yearly costs for cancer, heart disease and diabetes.

MEDICATIONS



Drug	Side-Effects
Acetaminophen	Liver Injury
NSAIDs	GI bleed and ulcers
Anti-depressants	Cardiac symptoms and weight gain
Anti-convulsants	Dizziness and drowsiness
Muscle relaxants	Constipation and confusion

CANNABIS



There is substantial evidence suggesting effect of cannabinoids on pain.



The mechanisms are *not* clear. May be analgesic, psychological, or affective. The optimal formulation, route of administration, dose, and cannabinoid profile are *not* clear.



Side effects may include headache, dizziness, drowsiness, dry mouth, nausea, paranoid thinking, impaired mental functioning, increased appetite, increased heart rate, and change in blood pressure.

Sources:

<https://nccih.nih.gov/health/pain/chronic.htm>
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