

Addiction Treatment as a Sociological Outcome

Christopher Carbonaro

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Introduction

Drug Use in the U.S.

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- 60.2% (164.8 Million) of Americans have consumed alcohol, tobacco, or an illicit drug within the past month

Drug Use in the U.S.

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- 60.2% (164.8 Million) of Americans have consumed alcohol, tobacco, or an illicit drug within the past month
- Of these users, 31.9 million used an illicit drug within the past month

Drug Use in the U.S.

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- 60.2% (164.8 Million) of Americans have consumed alcohol, tobacco, or an illicit drug within the past month
- Of these users, 31.9 million used an illicit drug within the past month
- 20% of Americans are estimated to have used an illicit drug within the past year (SAMHSA, 2019, p. 3-8)

Addiction Treatment in the U.S.

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Approximately “21.2 million people aged 12 or older needed substance use treatment” in 2018 (SAMHSA, p. 3).

Unfortunately, while this comprises 7.8% of the U.S. population, only 1.4 received treatment within the past year (p. 3).

This Project's Focus

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Given the disparity between the number of individuals in need of treatment and the number who receive it, we are motivated to ask:

What sociological factors best predict whether an individual will undergo substance abuse treatment?

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Literature Review

Current Research

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This project eschews studying addiction as a neurological phenomenon (see Venniro et al., 2017).

Instead, it builds on work which looks at sociological factors which predict addiction (Boyle, Polinsky, & Hser, 2000; Taylor, Caudy, Blasko, & Taxman, 2017; Battjes, Gordon, O'Grady, Kinlock, & Carswell, 2003).

Current Research (cont.)

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Limitations of current research:

- Small sample sizes (Boyle et. al., 2000; Battjes et. al., 2003)

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 - Severity of substance being abused

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 - Severity of substance being abused
 - Gender

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 - Severity of substance being abused
 - Gender
 - Ethnicity

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 - Severity of substance being abused
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 - Ethnicity
 - Age

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 - Severity of substance being abused
 - Gender
 - Ethnicity
 - Age
 - ... and Education

Filling the Research Gap

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This project is an attempt to examine the importance of these variables (and others) on a larger scale while 1. looking for interactions between the predictors and 2. using tools other than OLS.

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Methods

Source of Data

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This project uses a survey conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA), namely the 2018 National Survey on Drug Use and Health (NSDUH).

The survey consists of roughly 56,000 participants.

Predictors in the Data

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There are hundreds of variables for each respondent in the NSDUH; this study narrows the focus to roughly 40 predictors.

These include variables like age and gender, variables describing the individual's health insurance coverage, and variables describing their recency/frequency/type of drug use.

Logistic Regression

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Our first tool for examining the data is regularized regression. We use this as a baseline against which to compare our second tool.

Here, we use the elastic net to assess the importance of each variable and avoid producing an overcomplicated model.

Logistic Regression (cont.)

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$$\log \frac{\Pr(G = 2|X = x)}{\Pr(G = 1|X = x)} = \beta_0 + \beta^T x$$

Logistic Regression (cont.)

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$$\begin{aligned}\hat{\beta}^{\text{elastic net}} = \operatorname{argmin} & \frac{1}{2} \sum_{i=1}^N (y_i - \beta_0 - \sum_{j=1}^p x_{ij} \beta_j)^2 \\ & + \lambda \sum_{j=1}^p (\alpha \beta_j^2 + (1 - \alpha) |\beta_j|)\end{aligned}$$

Boosting

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One of the biggest problems with linear regression is we have a comparatively small number of positive cases (only around 5%).

This makes classifying positive cases difficult.

Boosting (cont.)

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Boosting is a helpful solution here, since it will raise the relative importance of misclassified observations for each subsequent tree.

We can also use partial dependence plots to look for interactions between important terms.

Boosting (cont.)

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From Witten, Hastie, & Tibshirani (2017, p. 323):

- 1 Set $\hat{f}(x) = 0$ and $r_i = y_i$ for all i in the training set.

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Boosting (cont.)

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- 1 Set $\hat{f}(x) = 0$ and $r_i = y_i$ for all i in the training set.
- 2 For $b = 1, 2, \dots, B$, repeat:

Boosting (cont.)

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- 2 For $b = 1, 2, \dots, B$, repeat:
 - a. Fit a tree \hat{f}^b with d splits to the training data
 - b. Update \hat{f} by adding in a shrunk version of the new tree:

$$\hat{f}(x) \leftarrow \hat{f}(x) + \lambda \hat{f}^b(x)$$

Boosting (cont.)

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$$\hat{f}(x) \leftarrow \hat{f}(x) + \lambda \hat{f}^b(x)$$

- c. Update the residuals:

$$r_i \leftarrow r_i - \lambda \hat{f}^b(x_i)$$

Boosting (cont.)

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b. Update \hat{f} by adding in a shrunk version of the new tree:

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c. Update the residuals:

$$r_i \leftarrow r_i - \lambda \hat{f}^b(x_i)$$

3 Output the boosted model:

$$\hat{f}(x) = \sum_{b=1}^B \lambda \hat{f}^b(x)$$

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Results

OLS Results

```
knitr::kable(elastic$results)
```

alpha	lambda	Accuracy	Kappa	AccuracySD	KappaSD
0.5	0.00	0.9540226	0.2759743	0.0015548	0.035511
0.5	0.05	0.9515538	0.0698760	0.0005948	0.017748
0.5	0.10	0.9505340	0.0000000	0.0000897	0.000000
0.5	0.15	0.9505340	0.0000000	0.0000897	0.000000
0.5	0.20	0.9505340	0.0000000	0.0000897	0.000000
0.5	0.25	0.9505340	0.0000000	0.0000897	0.000000
0.5	0.30	0.9505340	0.0000000	0.0000897	0.000000
0.5	0.35	0.9505340	0.0000000	0.0000897	0.000000
0.5	0.40	0.9505340	0.0000000	0.0000897	0.000000
0.5	0.45	0.9505340	0.0000000	0.0000897	0.000000
0.5	0.50	0.9505340	0.0000000	0.0000897	0.000000
0.5	0.55	0.9505340	0.0000000	0.0000897	0.000000
0.5	0.60	0.9505340	0.0000000	0.0000897	0.000000

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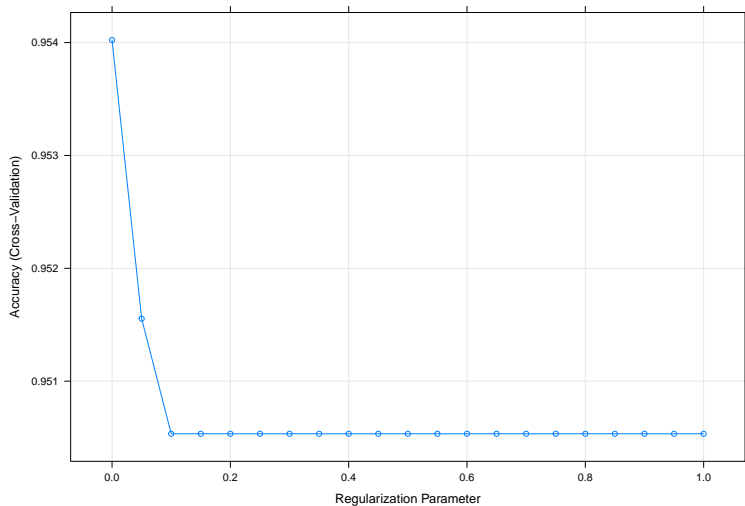
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```
summary(elastic$results)
```

alpha	lambda	Accuracy	Kappa
Min. :0.5	Min. :0.00	Min. :0.9505	Min. :0.000000
1st Qu.:0.5	1st Qu.:0.25	1st Qu.:0.9505	1st Qu.:0.000000
Median :0.5	Median :0.50	Median :0.9505	Median :0.000000
Mean :0.5	Mean :0.50	Mean :0.9507	Mean :0.002536
3rd Qu.:0.5	3rd Qu.:0.75	3rd Qu.:0.9505	3rd Qu.:0.000000
Max. :0.5	Max. :1.00	Max. :0.9540	Max. :0.035512

AccuracySD	KappaSD
Min. :0.0000897	Min. :0.000000
1st Qu.:0.0000897	1st Qu.:0.000000
Median :0.0000897	Median :0.000000
Mean :0.0001835	Mean :0.002536
3rd Qu.:0.0000897	3rd Qu.:0.000000
Max. :0.0015548	Max. :0.035512

plot(elastic)



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Boosting Results

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Next Steps

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Works Cited

Resources

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Resources (cont.)

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Resources (cont.)

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