ML_challenge

January 3, 2021

1 ML challenge: sleep stage detection

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2 Challenge description

This challenge is provided by Dreem which aims to develop an algorithm of sleep staging that can differentiate between Wake, N1, N2, N3 and REM on windows of 30 seconds of raw data. The raw data includes 7 EEG channels in frontal and occipital position, 1 pulse oximeter infrared channel, and 3 accelerometer channels (x, y and z).

```
import h5py
import matplotlib.pyplot as plt
import numpy as np
import pandas as pd
from scipy.interpolate import interp1d
from scipy.signal import butter, lfilter
from sklearn.metrics import f1_score, classification_report
from sklearn.model_selection import train_test_split
import torch
import torch.nn as nn
import torch.optim as optim
from torchvision.transforms import Normalize
import warnings
warnings.filterwarnings("ignore", category=UserWarning)
```

3 Data description

The data is separated between in different channels recorded by the Dreem headband. Windows of 30 seconds of data are extracted from 61 subject records.

EEG signals are measured at 7 different locations around the head (eeg_1 -> eeg_7). The sampling frequency is 50 Hz. Pulse oximeter (pulse_oximeter_infrared) and accelerometer (accelerometer_[x/y/z]) channels are sampled at 10Hz ### Main data - eeg_1 - EEG in frontal position sampled at 50 Hz -> 1500 values

- eeg $\,$ 2 EEG in frontal position sampled at 50 Hz -> 1500 values
- eeg_3 EEG in frontal position sampled at $50 \text{ Hz} \rightarrow 1500 \text{ values}$
- eeg 4 EEG in frontal-occipital position sampled at 50 Hz -> 1500 values
- eeg 5 EEG in frontal-occipital position sampled at 50 Hz -> 1500 values
- eeg_6 EEG in frontal-occipital position sampled at 50 Hz -> 1500 values
- eeg_7 EEG in frontal-occipital position sampled at 50 Hz -> 1500 values
- x Accelerometer along x axis sampled at 10 Hz -> 300 values
- y Accelerometer along y axis sampled at 10 Hz -> 300 values
- z Accelerometer along z axis sampled at 10 Hz -> 300 values
- pulse Pulse oximeter infrared channel sampled at $10 \text{ Hz} \rightarrow 300 \text{ values}$

3.0.1 Additionnal meta-data

- index Subject ID
- index_absolute correspondance index with y_train, and y_test
- index_window Index starting at 0 for the first 30-seconds window of a subject then 1 for the following window etc. until the end of the subject's record

3.0.2 Output Description

The output is a label between 0 and 4 - 0 Wake - 1 NREM1 Sleep (light sleep 1) - 2 NREM2 Sleep (light sleep 2) - 3 NREM3 sleep (deep sleep) - 4 REM sleep (paradoxical sleep)

3.0.3 Dataset Dimension

In the train dataset, each signal has a dimension of 24688 x (sampling frequency * 30). E.g. eeg_1 has a dimension of 24688 x 1500 and accelerometer 24688 x 300

In the test dataset, each signal has a dimension of $24980 \times (\text{sampling frequency * } 30)$. E.g. eeg_1 has a dimension of 24980×1500 and accelerometer 24980×300

4 Data preprocessing

Since the data come from different sensors, there exist two main drawbacks: * The existence of noise containing useless information which can disturb our prediction * Different length of data resulting in heterogeneousness

The preprocessing of data becomes important to get a better prediction. Hence we first create three functions: smooth filter, upsample and normalize to solve these problems above. * smooth filter

is based on butter function, butter is used to design an Nth-order digital or analog Butterworth filter and return the filter coefficients. Here we use a low-pass filter and return a digital filter. * upsample is based on interp1d which is a method that creates a function based on fixed data points, which can be evaluated anywhere within the domain defined by the given data using linear interpolation. We have extended the data of length 300 to the data of length 1500 without changing the shape of signal.

```
[2]: #This function aims to reduce noise. X is the data with size(24688,1500), for
     \rightarrow example: egg1
     def smooth_filter(X, cutoff, fs, order=5):
         def butter_lowpass(cutoff, fs, order=5):
             nyq = 0.5 * fs
             normal_cutoff = cutoff / nyq
             b, a = butter(order, normal_cutoff, btype='low', analog=False)
             return b, a
         b, a = butter_lowpass(cutoff, fs, order=order)
         X_filtered = lfilter(b, a, X)
         return X filtered
     #This function aims to upstream data. X is the data with size(24688,300), for
      \rightarrow example: pulse
     #And it will return an array with size(24688,1500)
     def upsample(X):
         cX = np.zeros((X.shape[0], 5*X.shape[1]))
         x = np.linspace(0, 5*X.shape[1], X.shape[1])
         xnew = np.linspace(0, 5*X.shape[1],5*X.shape[1])
         for i in range(X.shape[0]):
             y = X[i].copy()
             f = interp1d(x,y,kind='linear')
             cX[i] = f(xnew)
         return cX
     def normalize(X):
         return (X-X.mean(axis=-1, keepdims=True))/(X.std(axis=-1, keepdims=True))
     def preprocess_channel(X, upsampling=False, filtering=True):
         X is a channel of size (N,300) or (N,1500)
         if upsampling:
             if filtering:
                 X_prep = smooth_filter(upsample(X), cutoff=1.5, fs=10, order=5)
             else:
                 X_prep = upsample(X)
         else:
             if filtering:
                 X_prep = smooth_filter(X, cutoff=5, fs=50, order=5)
```

4.0.1 Save datasets

```
[4]: torch.save(X_train_h5_prep, PATH + "data/X_train_h5_prep.pt")
   torch.save(y_train_h5_prep, PATH + "data/y_train_h5_prep.pt")
   torch.save(X_train, PATH + "data/X_train.pt")
   torch.save(X_valid, PATH + "data/X_valid.pt")
   torch.save(y_train, PATH + "data/y_train.pt")
   torch.save(y_valid, PATH + "data/y_valid.pt")
   torch.save(X_test, PATH + "data/X_test.pt")
```

4.1 Directly load data

```
[5]: X_train_h5 = h5py.File(PATH + "X_train.h5", "r")
    X_test_h5 = h5py.File(PATH + "X_test.h5", "r")
    y_train_pd = pd.read_csv(PATH + "y_train.csv")
    X_train_h5_prep = torch.load(PATH + "data/X_train_h5_prep.pt")
    y_train_h5_prep = torch.load(PATH + "data/y_train_h5_prep.pt")
    X_train = torch.load(PATH + "data/X_train.pt")
    X_valid = torch.load(PATH + "data/X_valid.pt")
    y_train = torch.load(PATH + "data/y_train.pt")
```

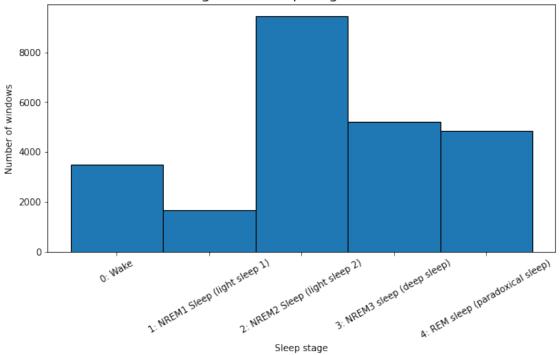
```
y_valid = torch.load(PATH + "data/y_valid.pt")
X_test = torch.load(PATH + "data/X_test.pt")
submission = pd.read_csv(PATH + "sample_submission.csv")
```

5 Data visualization

```
Shapes
                   Train set
                                      Test set
                 (24688, 1500)
                                    (24980, 1500)
eeg 1
eeg_2
                 (24688, 1500)
                                 (24980, 1500)
                 (24688, 1500)
                                 (24980, 1500)
eeg_3
eeg_4
                 (24688, 1500)
                                 | (24980, 1500)
              (24688, 1500)
                                 (24980, 1500)
eeg 5
              | (24688, 1500)
                                 | (24980, 1500)
eeg_6
eeg_7
              (24688, 1500)
                                 (24980, 1500)
index
                 (24688,)
                                 |(24980,)|
index_absolute |
                (24688,)
                                 |(24980,)
index_window
                 (24688,)
                                  (24980,)
                 (24688, 300)
                                 (24980, 300)
pulse
                 (24688, 300)
                                 (24980, 300)
X
                 (24688, 300)
                                 (24980, 300)
у
                 (24688, 300)
                                 (24980, 300)
z
```

```
[9]: SLEEP_STAGES = {
    0: "Wake",
    1: "NREM1 Sleep (light sleep 1)",
    2: "NREM2 Sleep (light sleep 2)",
    3: "NREM3 sleep (deep sleep)",
```



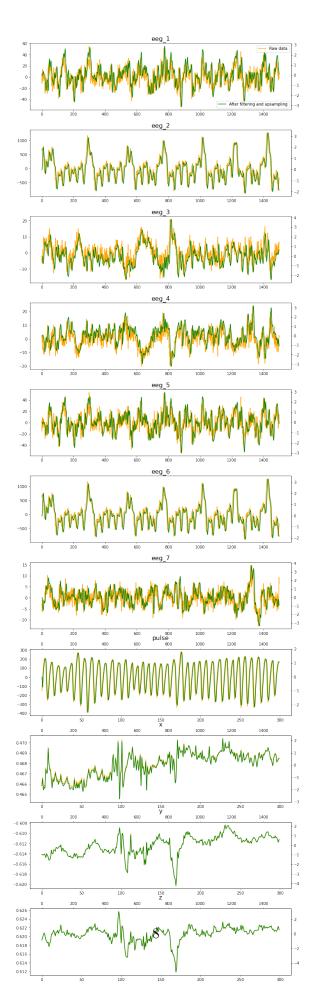


```
[24]: np.random.seed(0)
    window_id = np.random.randint(0, X_train_h5_prep.shape[0]-1)
    print("Subject ID:", X_train_h5["index"][window_id])
    print("Subject's window number:", X_train_h5["index_window"][window_id])
    print("Window ID:", X_train_h5["index_absolute"][window_id])
    print("Sleep stage:", y_train_pd.loc[window_id, "sleep_stage"])
    plt.figure(figsize=(12, 4*len(KEYS)));
    for i, key in enumerate(KEYS):
        plt.subplot(len(KEYS), 1, i+1);
        plt.subplots_adjust(hspace=0.3);
        plt.plot(X_train_h5[key][window_id], c="orange", label="Raw data");
        if i==0: plt.legend(loc="upper right");
        plt.twinx();
```

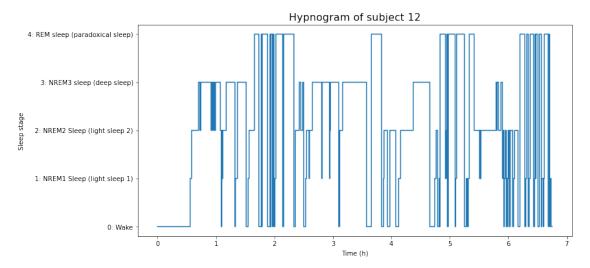
Subject ID: 2

Subject's window number: 944

Window ID: 2732 Sleep stage: 2



We can see from the result that the noise has been significantly reduced, therefore it can improve our future predictions for different stages by cleaning the useless information.



One can see that sleep stages can highly vary within a night.

6 Models

```
[12]: class StagerNet2(nn.Module):
    def __init__(self, C=11):
        super(StagerNet2, self).__init__()
```

```
self.conv_1 = nn.Conv2d(in_channels=1, out_channels=C,__
       \rightarrowkernel_size=(C,1))
              self.conv_2 = nn.Conv2d(in_channels=1, out_channels=64,__
       \rightarrowkernel size=(1,20))
              self.batch_norm_1 = nn.BatchNorm2d(64)
              self.max_pool_1 = nn.MaxPool2d(kernel_size=(1,4))
              self.conv_3 = nn.Conv2d(in_channels=64, out_channels=128,__
       \rightarrowkernel_size=(1,20))
              self.batch_norm_2 = nn.BatchNorm2d(128)
              self.max_pool_2 = nn.MaxPool2d(kernel_size=(1,4))
              self.flatten = nn.Flatten()
              self.linear_1 = nn.Linear(in_features=C*128*87, out_features=100)
              self.dropout = nn.Dropout(p=0.4)
              self.linear_2 = nn.Linear(in_features=100, out_features=5)
              self.softmax = nn.Softmax(dim=-1)
              self.relu = nn.ReLU()
          def forward(self, x):
              x = x.unsqueeze(1)
              x = self.conv_1(x).transpose(2,1)
              x = self.conv_2(x)
              x = self.batch_norm_1(x)
              x = self.max pool 1(x)
              x = self.relu(x)
              x = self.conv 3(x)
              x = self.batch_norm_2(x)
              x = self.max pool 2(x)
              x = self.relu(x)
              x = self.flatten(x)
              x = self.linear_1(x)
              x = self.dropout(x)
              x = self.relu(x)
              x = self.linear_2(x)
              x = self.softmax(x)
              return x
          def classify(self, x):
              x = self(x)
              return torch.argmax(x, 1)
[13]: class OneDCNN(nn.Module):
          """https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6406978/table/
       \rightarrow ijerph-16-00599-t002/"""
          def __init__(self, C=11):
              super(OneDCNN, self).__init__()
              self.relu = nn.ReLU()
```

self.flatten = nn.Flatten()

```
self.conv_1 = nn.Conv1d(
        in channels=C, out_channels=64, kernel_size=5, stride=3)
    self.conv_2 = nn.Conv1d(
        in_channels=64, out_channels=128, kernel_size=5, stride=1)
    self.max_pool_3 = nn.MaxPool1d(kernel_size=2, stride=2)
    self.dropout_4 = nn.Dropout(p=0.2)
    self.conv_5 = nn.Conv1d(
        in_channels=128, out_channels=128, kernel_size=13, stride=1)
    self.conv 6 = nn.Conv1d(
        in_channels=128, out_channels=256, kernel_size=7, stride=1)
    self.max_pool_7 = nn.MaxPool1d(kernel_size=2, stride=2)
    self.conv_8 = nn.Conv1d(
        in_channels=256, out_channels=256, kernel_size=7, stride=1)
    self.conv_9 = nn.Conv1d(
        in_channels=256, out_channels=64, kernel_size=7, stride=1)
    self.max_pool_10 = nn.MaxPool1d(kernel_size=2, stride=2)
    self.conv_11 = nn.Conv1d(
        in_channels=64, out_channels=32, kernel_size=3, stride=1)
    self.conv_12 = nn.Conv1d(
        in_channels=32, out_channels=64, kernel_size=6, stride=1)
    self.max_pool_13 = nn.MaxPool1d(kernel_size=2, stride=2)
    self.conv 14 = nn.Conv1d(
        in_channels=64, out_channels=8, kernel_size=5, stride=1)
    self.conv 15 = nn.Conv1d(
        in_channels=8, out_channels=8, kernel_size=2, stride=1)
    self.max_pool_16 = nn.MaxPool1d(kernel_size=2, stride=2)
    self.dense_18 = nn.Linear(in_features=64, out_features=64)
   self.dropout_18 = nn.Dropout(p=0.2)
    self.dense_19 = nn.Linear(in_features=64, out_features=5)
    self.softmax = nn.Softmax(dim=-1)
def forward(self, x):
   x = self.relu(self.conv 1(x))
   x = self.relu(self.conv_2(x))
   x = self.max_pool_3(x)
   x = self.dropout_4(x)
   x = self.relu(self.conv_5(x))
   x = self.relu(self.conv_6(x))
   x = self.max pool 7(x)
   x = self.relu(self.conv_8(x))
   x = self.relu(self.conv 9(x))
   x = self.max_pool_10(x)
   x = self.relu(self.conv 11(x))
   x = self.relu(self.conv_12(x))
   x = self.max_pool_13(x)
   x = self.relu(self.conv_14(x))
    x = self.relu(self.conv_15(x))
```

```
x = self.max_pool_16(x)
x = self.flatten(x)
x = self.dropout_18(self.relu(self.dense_18(x)))
x = self.dense_19(x)
x = self.softmax(x)
return x

def classify(self, x):
x = self(x)
return torch.argmax(x, 1)
```

```
[14]: class OneDCNN2(nn.Module):
          """https://www.ncbi.nlm.nih.qov/pmc/articles/PMC6406978/table/
       \rightarrow ijerph-16-00599-t002/"""
          def __init__(self, C=11):
              super(OneDCNN2, self).__init__()
              self.relu = nn.ReLU()
              self.conv 1 = nn.Conv1d(
                  in_channels=C, out_channels=64, kernel_size=5, stride=3)
              self.conv_2 = nn.Conv1d(
                  in_channels=64, out_channels=128, kernel_size=5, stride=1)
              self.max_pool_3 = nn.MaxPool1d(kernel_size=2, stride=2)
              self.dropout_4 = nn.Dropout(p=0.2)
              self.conv_5 = nn.Conv1d(
                  in_channels=128, out_channels=128, kernel_size=13, stride=1)
              self.conv_6 = nn.Conv1d(
                  in_channels=128, out_channels=256, kernel_size=7, stride=1)
              self.max_pool_7 = nn.MaxPool1d(kernel_size=2, stride=2)
              self.conv_8 = nn.Conv1d(
                  in_channels=256, out_channels=256, kernel_size=7, stride=1)
              self.conv 9 = nn.Conv1d(
                  in_channels=256, out_channels=64, kernel_size=7, stride=1)
              self.max_pool_10 = nn.MaxPool1d(kernel_size=2, stride=2)
              self.conv_11 = nn.Conv1d(
                  in_channels=64, out_channels=32, kernel_size=3, stride=1)
              self.conv_12 = nn.Conv1d(
                  in_channels=32, out_channels=64, kernel_size=6, stride=1)
              self.max_pool_13 = nn.MaxPool1d(kernel_size=2, stride=2)
              self.conv_14 = nn.Conv1d(
                  in_channels=64, out_channels=16, kernel_size=5, stride=1)
              self.conv_15 = nn.Conv1d(
                  in_channels=16, out_channels=16, kernel_size=2, stride=1)
              self.flatten_17 = nn.Flatten()
              self.dense_18 = nn.Linear(in_features=272, out_features=256)
              self.dropout_18 = nn.Dropout(p=0.2)
              self.dense_19 = nn.Linear(in_features=256, out_features=5)
              self.softmax = nn.Softmax(dim=-1)
```

```
def forward(self, x):
    x = self.relu(self.conv_1(x))
    x = self.relu(self.conv_2(x))
    x = self.max_pool_3(x)
    x = self.dropout_4(x)
    x = self.relu(self.conv_5(x))
    x = self.relu(self.conv_6(x))
    x = self.max_pool_7(x)
    x = self.relu(self.conv_8(x))
    x = self.relu(self.conv 9(x))
    x = self.max_pool_10(x)
    x = self.relu(self.conv_11(x))
    x = self.relu(self.conv_12(x))
    x = self.max_pool_13(x)
    x = self.relu(self.conv_14(x))
    x = self.relu(self.conv_15(x))
    x = self.flatten_17(x)
    x = self.dropout_18(self.relu(self.dense_18(x)))
    x = self.dense_19(x)
    x = self.softmax(x)
    return x
def classify(self, x):
    x = self(x)
    return torch.argmax(x, 1)
```

```
[15]: for parameter in OneDCNN2().parameters():
    print(parameter.numel())
```

16

```
512
     16
     69632
     256
     1280
[16]: print("Number of parameters StagerNet2: {:,}".format(sum([parameter.numel() for__
      →parameter in StagerNet2().parameters()])))
      print("Number of parameters OneDCNN:
                                              {:,}".format(sum([parameter.numel() for_
       →parameter in OneDCNN().parameters()])))
      print("Number of parameters OneDCNN2:
                                               {:,}".format(sum([parameter.numel()]
       →for parameter in OneDCNN2().parameters()])))
     Number of parameters StagerNet2: 12,416,033
     Number of parameters OneDCNN:
                                      1,086,901
     Number of parameters OneDCNN2:
                                       1,156,549
```

7 Training

```
[]: device = "cuda" if torch.cuda.is_available() else "cpu"
print("Device:", device)
```

Device: cuda

```
[17]: def plot_curves(train_loss, valid_loss, train_f1_score, valid_f1_score,
       ⇒print epochs=1, N=10):
          # N: running mean, print epochs: number of epochs in between each point
          plt.plot(
              np.arange(print_epochs, print_epochs*(len(train_loss)+1), print_epochs),
              train_loss, c="blue", alpha=1, label="Training loss");
          plt.plot(
              np.arange(print_epochs, print_epochs*(len(valid_loss)+1), print_epochs),
              valid_loss, c="brown", alpha=1, label="Validation loss");
          plt.ylabel("Loss");
          plt.xlabel("Epochs");
          plt.legend();
          plt.twinx();
          plt.plot(
              np.arange(print_epochs, print_epochs*(len(valid_f1_score)+1),__
       →print_epochs),
              valid_f1_score, c="orange", alpha=1, label="Validation f1 score");
          plt.plot(
              np.arange(print_epochs, print_epochs*(len(train_f1_score)+1),__
       →print_epochs),
              train_f1_score, c="green", alpha=1, label="Training f1 score");
```

```
plt.legend();
plt.ylabel("F1 score");
plt.tight_layout();
```

```
[]: torch.manual_seed(0)
   cla = OneDCNN().to(device)
   loss_fn = nn.CrossEntropyLoss()
   optimizer = optim.Adam(cla.parameters(), lr=0.00001)
   EPOCHS = 400
   PRINT_EPOCHS = 10
```

```
[]: train loss, valid_loss, valid_f1_score, train_f1_score = [], [], [],
     cla.train()
     epoch_train_loss = 0
     for epoch in range(EPOCHS):
         for i, data in enumerate(train_loader):
             inputs = data[0].to(device)
             labels = data[1].to(device)
            optimizer.zero_grad()
             outputs = cla(inputs)
            loss = loss fn(outputs, labels)
            loss.backward()
             optimizer.step()
             epoch_train_loss += loss.item()
         if epoch%PRINT EPOCHS == PRINT EPOCHS-1:
             cla.eval()
             epoch_valid_loss = loss_fn(cla(X_valid.to(device)), y_valid.to(device)).
      →item()
             valid predict = cla.classify(X valid.to(device))
             train_indices = np.random.choice(range(len(X_train)),__
      →size=20*BATCH_SIZE, replace=False)
             train_predict = cla.classify(X_train[train_indices].to(device))
             valid_f1 = f1_score(y_valid, valid_predict.cpu(), average="micro")
             train_f1 = f1_score(y_train[train_indices], train_predict.cpu(),__
      →average="micro")
             epoch_train_loss = epoch_train_loss/(len(train_loader)*PRINT_EPOCHS)
             print("[epoch {:2d}] train_loss: {:.3f} valid_loss: {:.3f} u

→train_f1_score: {:.3f} valid_f1_score: {:.3f}".format(
                 epoch+1, epoch_train_loss, epoch_valid_loss, train_f1, valid_f1))
             train_loss.append(epoch_train_loss)
             valid_loss.append(epoch_valid_loss)
             valid_f1_score.append(valid_f1)
             train_f1_score.append(train_f1)
             epoch_train_loss = 0
             cla.train()
```

cla = cla.eval()

```
[epoch 10] train loss: 1.523 valid loss: 1.519 train f1 score: 0.404
valid f1 score: 0.379
[epoch 20] train_loss: 1.497 valid_loss: 1.503 train_f1_score: 0.412
valid_f1_score: 0.387
[epoch 30] train_loss: 1.470 valid_loss: 1.472 train_f1_score: 0.442
valid f1 score: 0.418
[epoch 40] train_loss: 1.452 valid_loss: 1.459 train_f1_score: 0.424
valid_f1_score: 0.424
[epoch 50] train loss: 1.429 valid loss: 1.426 train f1 score: 0.484
valid_f1_score: 0.470
[epoch 60] train_loss: 1.399 valid_loss: 1.397 train_f1_score: 0.532
valid_f1_score: 0.501
[epoch 70] train_loss: 1.383 valid_loss: 1.386 train_f1_score: 0.531
valid_f1_score: 0.513
[epoch 80] train_loss: 1.372 valid_loss: 1.378 train_f1_score: 0.527
valid_f1_score: 0.520
[epoch 90] train_loss: 1.364 valid_loss: 1.372 train_f1_score: 0.553
valid_f1_score: 0.528
[epoch 100] train_loss: 1.359 valid_loss: 1.367 train_f1_score: 0.545
valid_f1_score: 0.533
[epoch 110] train_loss: 1.354 valid_loss: 1.365 train_f1_score: 0.562
valid_f1_score: 0.533
[epoch 120] train_loss: 1.351 valid_loss: 1.364 train_f1_score: 0.553
valid_f1_score: 0.534
[epoch 130] train_loss: 1.347 valid_loss: 1.358 train_f1_score: 0.573
valid_f1_score: 0.542
[epoch 140] train_loss: 1.343 valid_loss: 1.371 train_f1_score: 0.559
valid_f1_score: 0.530
[epoch 150] train_loss: 1.340 valid_loss: 1.356 train_f1_score: 0.557
valid_f1_score: 0.549
[epoch 160] train_loss: 1.337 valid_loss: 1.354 train_f1_score: 0.572
valid_f1_score: 0.545
[epoch 170] train_loss: 1.334 valid_loss: 1.352 train_f1_score: 0.584
valid_f1_score: 0.548
[epoch 180] train_loss: 1.331 valid_loss: 1.350 train_f1_score: 0.571
valid f1 score: 0.551
[epoch 190] train_loss: 1.328 valid_loss: 1.346 train_f1_score: 0.577
valid f1 score: 0.557
[epoch 200] train_loss: 1.326 valid_loss: 1.347 train_f1_score: 0.555
valid_f1_score: 0.557
[epoch 210] train_loss: 1.323 valid_loss: 1.342 train_f1_score: 0.582
valid_f1_score: 0.559
[epoch 220] train_loss: 1.321 valid_loss: 1.339 train_f1_score: 0.592
valid_f1_score: 0.563
[epoch 230] train_loss: 1.318 valid_loss: 1.336 train_f1_score: 0.605
valid_f1_score: 0.566
```

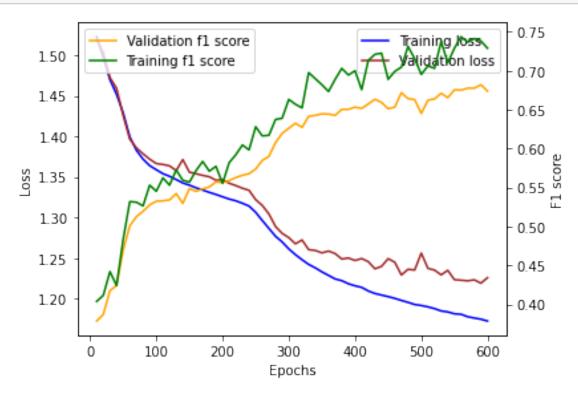
```
valid_f1_score: 0.568
    [epoch 250] train_loss: 1.306 valid_loss: 1.322 train_f1_score: 0.628
    valid_f1_score: 0.574
    [epoch 260] train loss: 1.296 valid loss: 1.315 train f1 score: 0.616
    valid f1 score: 0.585
    [epoch 270] train loss: 1.287 valid loss: 1.304 train f1 score: 0.617
    valid_f1_score: 0.590
    [epoch 280] train_loss: 1.277 valid_loss: 1.289 train_f1_score: 0.637
    valid_f1_score: 0.608
    [epoch 290] train_loss: 1.270 valid_loss: 1.280 train_f1_score: 0.639
    valid_f1_score: 0.620
    [epoch 300] train_loss: 1.261 valid_loss: 1.275 train_f1_score: 0.663
    valid_f1_score: 0.626
    [epoch 310] train_loss: 1.254 valid_loss: 1.268 train_f1_score: 0.657
    valid_f1_score: 0.633
    [epoch 320] train_loss: 1.248 valid_loss: 1.272 train_f1_score: 0.652
    valid_f1_score: 0.627
    [epoch 330] train_loss: 1.242 valid_loss: 1.260 train_f1_score: 0.698
    valid f1 score: 0.642
    [epoch 340] train loss: 1.238 valid loss: 1.259 train f1 score: 0.690
    valid f1 score: 0.643
    [epoch 350] train_loss: 1.233 valid_loss: 1.256 train_f1_score: 0.682
    valid f1 score: 0.645
    [epoch 360] train_loss: 1.229 valid_loss: 1.259 train_f1_score: 0.673
    valid_f1_score: 0.644
    [epoch 370] train_loss: 1.224 valid_loss: 1.256 train_f1_score: 0.689
    valid_f1_score: 0.643
    [epoch 380] train_loss: 1.222 valid_loss: 1.249 train_f1_score: 0.703
    valid_f1_score: 0.650
    [epoch 390] train_loss: 1.218 valid_loss: 1.250 train_f1_score: 0.695
    valid_f1_score: 0.650
    [epoch 400] train_loss: 1.216 valid_loss: 1.247 train_f1_score: 0.700
    valid_f1_score: 0.653
[]: cla.train()
    epoch_train_loss = 0
    for epoch in range (400, 400 + 200):
        for i, data in enumerate(train loader):
            inputs = data[0].to(device)
            labels = data[1].to(device)
            optimizer.zero_grad()
            outputs = cla(inputs)
            loss = loss_fn(outputs, labels)
            loss.backward()
            optimizer.step()
            epoch_train_loss += loss.item()
```

[epoch 240] train_loss: 1.314 valid_loss: 1.334 train_f1_score: 0.598

```
if epoch%PRINT_EPOCHS == PRINT_EPOCHS-1:
        cla.eval()
        epoch_valid_loss = loss_fn(cla(X_valid.to(device)), y_valid.to(device)).
 →item()
        valid_predict = cla.classify(X_valid.to(device))
        train indices = np.random.choice(range(len(X train)),
 ⇔size=20*BATCH_SIZE, replace=False)
        train_predict = cla.classify(X_train[train_indices].to(device))
        valid_f1 = f1_score(y_valid, valid_predict.cpu(), average="micro")
        train_f1 = f1_score(y_train[train_indices], train_predict.cpu(),__
 →average="micro")
        epoch_train_loss = epoch_train_loss/(len(train_loader)*PRINT_EPOCHS)
        print("[epoch {:2d}] train_loss: {:.3f} valid_loss: {:.3f} u
 →train_f1_score: {:.3f} valid_f1_score: {:.3f}".format(
            epoch+1, epoch_train_loss, epoch_valid_loss, train_f1, valid_f1))
        train_loss.append(epoch_train_loss)
        valid_loss.append(epoch_valid_loss)
        valid_f1_score.append(valid_f1)
        train_f1_score.append(train_f1)
        epoch train loss = 0
        cla.train()
cla = cla.eval()
[epoch 410] train_loss: 1.214 valid_loss: 1.249 train_f1_score: 0.676
valid_f1_score: 0.652
[epoch 420] train_loss: 1.210 valid_loss: 1.246 train_f1_score: 0.713
valid_f1_score: 0.657
[epoch 430] train loss: 1.206 valid loss: 1.237 train f1 score: 0.721
valid f1 score: 0.663
[epoch 440] train loss: 1.204 valid loss: 1.240 train f1 score: 0.723
valid_f1_score: 0.659
[epoch 450] train_loss: 1.203 valid_loss: 1.249 train_f1_score: 0.689
valid_f1_score: 0.651
[epoch 460] train loss: 1.200 valid loss: 1.245 train f1 score: 0.699
valid_f1_score: 0.653
[epoch 470] train_loss: 1.198 valid_loss: 1.229 train_f1_score: 0.705
valid_f1_score: 0.672
[epoch 480] train_loss: 1.195 valid_loss: 1.236 train_f1_score: 0.731
valid_f1_score: 0.664
[epoch 490] train_loss: 1.193 valid_loss: 1.235 train_f1_score: 0.716
valid_f1_score: 0.663
[epoch 500] train_loss: 1.192 valid_loss: 1.256 train_f1_score: 0.695
valid f1 score: 0.645
[epoch 510] train_loss: 1.190 valid_loss: 1.237 train_f1_score: 0.706
valid f1 score: 0.662
[epoch 520] train_loss: 1.188 valid_loss: 1.235 train_f1_score: 0.703
valid f1 score: 0.664
```

```
[epoch 530] train_loss: 1.185 valid_loss: 1.229 train_f1_score: 0.738
valid_f1_score: 0.671
[epoch 540] train_loss: 1.184 valid_loss: 1.235 train_f1_score: 0.710
valid_f1_score: 0.665
[epoch 550] train loss: 1.181 valid loss: 1.223
                                                 train f1 score: 0.729
valid_f1_score: 0.676
[epoch 560] train loss: 1.181
                               valid loss: 1.223
                                                 train f1 score: 0.744
valid_f1_score: 0.675
[epoch 570] train loss: 1.178
                               valid loss: 1.222 train f1 score: 0.737
valid_f1_score: 0.678
[epoch 580] train_loss: 1.176 valid_loss: 1.223 train_f1_score: 0.741
valid_f1_score: 0.678
[epoch 590] train_loss: 1.175
                               valid_loss: 1.219
                                                 train_f1_score: 0.738
valid_f1_score: 0.682
[epoch 600] train_loss: 1.172 valid_loss: 1.226 train_f1_score: 0.729
valid_f1_score: 0.674
```

[]: plot_curves(train_loss, valid_loss, train_f1_score, valid_f1_score, →print_epochs=PRINT_EPOCHS)



We draw the validation score, validation loss, training score and training loss together to observe our model's performance. Apparently, both score continu growning and both loss are declining. Finaly, the validation f1 score reachs around 67%, it won't augment anymore even with more epochs.

Besides, the training f1 score reachs around 73% which is higher than validation score indicating

there may be the overfitting.

```
[]: torch.manual_seed(0)
    cla = cla.train().to(device)
    optimizer = optim.Adam(cla.parameters(), lr=0.00001)
    epoch_train_loss = 0
    for epoch in range(600, 600 + 200):
        for i, data in enumerate(train_loader):
             inputs = data[0].to(device)
            labels = data[1].to(device)
             optimizer.zero grad()
             outputs = cla(inputs)
             loss = loss fn(outputs, labels)
             loss.backward()
             optimizer.step()
             epoch_train_loss += loss.item()
         if epoch%PRINT_EPOCHS == PRINT_EPOCHS-1:
             cla.eval()
             epoch_valid_loss = loss_fn(cla(X_valid.to(device)), y_valid.to(device)).
      →item()
             valid_predict = cla.classify(X_valid.to(device))
             train_indices = np.random.choice(range(len(X_train)),__
     ⇒size=20*BATCH_SIZE, replace=False)
             train_predict = cla.classify(X_train[train_indices].to(device))
             valid_f1 = f1_score(y_valid, valid_predict.cpu(), average="micro")
             train_f1 = f1_score(y_train[train_indices], train_predict.cpu(),__
     →average="micro")
             epoch_train_loss = epoch_train_loss/(len(train_loader)*PRINT_EPOCHS)
             print("[epoch {:2d}] train_loss: {:.3f} valid_loss: {:.3f} u
     →train_f1_score: {:.3f} valid_f1_score: {:.3f}".format(
                 epoch+1, epoch_train_loss, epoch_valid_loss, train_f1, valid_f1))
             train_loss.append(epoch_train_loss)
             valid loss.append(epoch valid loss)
             valid_f1_score.append(valid_f1)
             train_f1_score.append(train_f1)
             epoch_train_loss = 0
            cla.train()
    cla = cla.eval()
    [epoch 610] train_loss: 1.170 valid_loss: 1.222 train_f1_score: 0.749
    valid_f1_score: 0.680
    [epoch 620] train_loss: 1.169 valid_loss: 1.218 train_f1_score: 0.747
    valid_f1_score: 0.684
    [epoch 630] train_loss: 1.166 valid_loss: 1.220 train_f1_score: 0.750
    valid f1 score: 0.682
    [epoch 640] train_loss: 1.165 valid_loss: 1.224 train_f1_score: 0.733
    valid f1 score: 0.677
    [epoch 650] train_loss: 1.164 valid_loss: 1.220 train_f1_score: 0.772
```

```
valid_f1_score: 0.680
[epoch 660] train_loss: 1.161 valid_loss: 1.214 train_f1_score: 0.761
valid_f1_score: 0.686
[epoch 670] train_loss: 1.160 valid_loss: 1.215 train_f1_score: 0.759
valid f1 score: 0.686
[epoch 680] train_loss: 1.157 valid_loss: 1.216 train_f1_score: 0.761
valid f1 score: 0.684
[epoch 690] train_loss: 1.155 valid_loss: 1.216 train_f1_score: 0.752
valid f1 score: 0.684
[epoch 700] train_loss: 1.153 valid_loss: 1.216 train_f1_score: 0.765
valid_f1_score: 0.682
[epoch 710] train_loss: 1.152 valid_loss: 1.215 train_f1_score: 0.775
valid_f1_score: 0.685
[epoch 720] train_loss: 1.151 valid_loss: 1.214 train_f1_score: 0.770
valid_f1_score: 0.687
[epoch 730] train_loss: 1.149 valid_loss: 1.216 train_f1_score: 0.748
valid_f1_score: 0.684
[epoch 740] train_loss: 1.147 valid_loss: 1.213 train_f1_score: 0.779
valid_f1_score: 0.689
[epoch 750] train loss: 1.145 valid loss: 1.215 train f1 score: 0.773
valid f1 score: 0.687
[epoch 760] train loss: 1.143 valid loss: 1.216 train f1 score: 0.777
valid_f1_score: 0.685
[epoch 770] train_loss: 1.143 valid_loss: 1.221 train_f1_score: 0.752
valid_f1_score: 0.682
[epoch 780] train_loss: 1.140 valid_loss: 1.212 train_f1_score: 0.771
valid_f1_score: 0.688
[epoch 790] train_loss: 1.139 valid_loss: 1.214 train_f1_score: 0.769
valid_f1_score: 0.687
[epoch 800] train_loss: 1.137 valid_loss: 1.220 train_f1_score: 0.767
valid_f1_score: 0.680
```

We see clearly that training f1 score climbs a little bit but validation f1 score does not augment anymore.

```
[]: torch.manual_seed(0)
   cla = OneDCNN2().to(device)
   loss_fn = nn.CrossEntropyLoss()
   optimizer = optim.Adam(cla.parameters(), lr=0.00005)
   EPOCHS = 500
   PRINT_EPOCHS = 10

[]: train_loss, valid_loss, valid_f1_score, train_f1_score = [], [], [], []
   cla.train()
```

epoch_train_loss = 0

for epoch in range(EPOCHS):

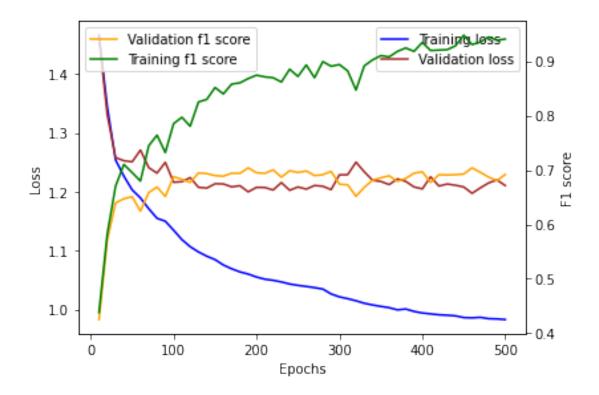
```
for i, data in enumerate(train_loader):
        inputs = data[0].to(device)
        labels = data[1].to(device)
        optimizer.zero_grad()
        outputs = cla(inputs)
        loss = loss_fn(outputs, labels)
        loss.backward()
        optimizer.step()
        epoch train loss += loss.item()
    if epoch%PRINT_EPOCHS == PRINT_EPOCHS-1:
        cla.eval()
        epoch_valid_loss = loss_fn(cla(X_valid.to(device)), y_valid.to(device)).
 →item()
        valid_predict = cla.classify(X_valid.to(device))
        train_indices = np.random.choice(range(len(X_train)),__
 →size=20*BATCH_SIZE, replace=False)
        train_predict = cla.classify(X_train[train_indices].to(device))
        valid_f1 = f1_score(y_valid, valid_predict.cpu(), average="micro")
        train_f1 = f1_score(y_train[train_indices], train_predict.cpu(),__
 →average="micro")
        epoch_train_loss = epoch_train_loss/(len(train_loader)*PRINT_EPOCHS)
        print("[epoch {:2d}] train_loss: {:.3f} valid_loss: {:.3f} u

→train_f1_score: {:.3f} valid_f1_score: {:.3f}".format(
            epoch+1, epoch_train_loss, epoch_valid_loss, train_f1, valid_f1))
        train_loss.append(epoch_train_loss)
        valid_loss.append(epoch_valid_loss)
        valid_f1_score.append(valid_f1)
        train_f1_score.append(train_f1)
        epoch_train_loss = 0
        cla.train()
cla = cla.eval()
[epoch 10] train_loss: 1.466 valid_loss: 1.462 train_f1_score: 0.438
valid f1 score: 0.425
[epoch 20] train_loss: 1.344 valid_loss: 1.330 train_f1_score: 0.583
valid_f1_score: 0.571
[epoch 30] train_loss: 1.254 valid_loss: 1.258 train_f1_score: 0.670
valid_f1_score: 0.640
[epoch 40] train_loss: 1.226 valid_loss: 1.253 train_f1_score: 0.710
valid_f1_score: 0.647
[epoch 50] train loss: 1.203 valid loss: 1.251 train f1 score: 0.695
valid_f1_score: 0.651
[epoch 60] train_loss: 1.189 valid_loss: 1.271 train_f1_score: 0.680
valid_f1_score: 0.625
[epoch 70] train loss: 1.171 valid loss: 1.241 train f1 score: 0.745
valid_f1_score: 0.659
[epoch 80] train_loss: 1.155 valid_loss: 1.232 train_f1_score: 0.764
```

```
valid_f1_score: 0.669
[epoch 90] train_loss: 1.150 valid_loss: 1.250 train_f1_score: 0.732
valid_f1_score: 0.651
[epoch 100] train_loss: 1.135 valid_loss: 1.216 train_f1_score: 0.785
valid f1 score: 0.688
[epoch 110] train_loss: 1.119 valid_loss: 1.217 train_f1_score: 0.797
valid f1 score: 0.683
[epoch 120] train_loss: 1.107 valid_loss: 1.224 train_f1_score: 0.780
valid f1 score: 0.677
[epoch 130] train_loss: 1.098 valid_loss: 1.207 train_f1_score: 0.825
valid_f1_score: 0.695
[epoch 140] train_loss: 1.090 valid_loss: 1.206 train_f1_score: 0.830
valid_f1_score: 0.693
[epoch 150] train_loss: 1.085 valid_loss: 1.214 train_f1_score: 0.852
valid_f1_score: 0.690
[epoch 160] train_loss: 1.076 valid_loss: 1.213 train_f1_score: 0.840
valid_f1_score: 0.689
[epoch 170] train_loss: 1.069 valid_loss: 1.208 train_f1_score: 0.858
valid_f1_score: 0.694
[epoch 180] train loss: 1.064 valid loss: 1.210 train f1 score: 0.860
valid f1 score: 0.694
[epoch 190] train loss: 1.060 valid loss: 1.200 train f1 score: 0.868
valid_f1_score: 0.704
[epoch 200] train_loss: 1.055 valid_loss: 1.207 train_f1_score: 0.874
valid_f1_score: 0.695
[epoch 210] train_loss: 1.051 valid_loss: 1.207 train_f1_score: 0.871
valid_f1_score: 0.694
[epoch 220] train_loss: 1.050 valid_loss: 1.203 train_f1_score: 0.870
valid_f1_score: 0.700
[epoch 230] train_loss: 1.047 valid_loss: 1.215 train_f1_score: 0.862
valid_f1_score: 0.687
[epoch 240] train_loss: 1.043 valid_loss: 1.202 train_f1_score: 0.885
valid_f1_score: 0.699
[epoch 250] train_loss: 1.041 valid_loss: 1.208 train_f1_score: 0.872
valid f1 score: 0.695
[epoch 260] train_loss: 1.039 valid_loss: 1.204 train_f1_score: 0.893
valid f1 score: 0.698
[epoch 270] train_loss: 1.037 valid_loss: 1.211 train_f1_score: 0.870
valid_f1_score: 0.690
[epoch 280] train_loss: 1.035 valid_loss: 1.209 train_f1_score: 0.899
valid_f1_score: 0.691
[epoch 290] train_loss: 1.026 valid_loss: 1.204 train_f1_score: 0.891
valid_f1_score: 0.697
[epoch 300] train_loss: 1.021 valid_loss: 1.229 train_f1_score: 0.894
valid_f1_score: 0.674
[epoch 310] train_loss: 1.018 valid_loss: 1.229 train_f1_score: 0.882
valid_f1_score: 0.673
[epoch 320] train_loss: 1.015 valid_loss: 1.250 train_f1_score: 0.847
```

```
valid_f1_score: 0.652
[epoch 330] train_loss: 1.010 valid_loss: 1.234 train_f1_score: 0.891
valid_f1_score: 0.668
[epoch 340] train_loss: 1.008 valid_loss: 1.219 train_f1_score: 0.902
valid f1 score: 0.681
[epoch 350] train_loss: 1.005 valid_loss: 1.217 train_f1_score: 0.910
valid f1 score: 0.686
[epoch 360] train_loss: 1.003 valid_loss: 1.212 train_f1_score: 0.908
valid f1 score: 0.689
[epoch 370] train_loss: 0.999 valid_loss: 1.222 train_f1_score: 0.918
valid_f1_score: 0.679
[epoch 380] train_loss: 1.001 valid_loss: 1.217 train_f1_score: 0.924
valid_f1_score: 0.684
[epoch 390] train_loss: 0.997
                              valid_loss: 1.208 train_f1_score: 0.918
valid_f1_score: 0.694
[epoch 400] train_loss: 0.994 valid_loss: 1.205 train_f1_score: 0.934
valid_f1_score: 0.697
[epoch 410] train_loss: 0.992 valid_loss: 1.225 train_f1_score: 0.920
valid_f1_score: 0.677
[epoch 420] train loss: 0.991 valid loss: 1.210 train f1 score: 0.920
valid f1 score: 0.691
[epoch 430] train loss: 0.990 valid loss: 1.213 train f1 score: 0.921
valid_f1_score: 0.691
[epoch 440] train_loss: 0.989 valid_loss: 1.211 train_f1_score: 0.928
valid_f1_score: 0.691
[epoch 450] train_loss: 0.986 valid_loss: 1.208 train_f1_score: 0.948
valid_f1_score: 0.693
[epoch 460] train_loss: 0.986 valid_loss: 1.197 train_f1_score: 0.930
valid_f1_score: 0.704
[epoch 470] train_loss: 0.987 valid_loss: 1.206 train_f1_score: 0.935
valid_f1_score: 0.696
[epoch 480] train_loss: 0.984 valid_loss: 1.215 train_f1_score: 0.945
valid_f1_score: 0.687
[epoch 490] train_loss: 0.984 valid_loss: 1.220 train_f1_score: 0.938
valid f1 score: 0.680
[epoch 500] train_loss: 0.983 valid_loss: 1.210 train_f1_score: 0.941
valid f1 score: 0.692
```

[]: plot_curves(train_loss, valid_loss, train_f1_score, valid_f1_score, uprint_epochs=PRINT_EPOCHS)



Compared to OneDCNN model, OneDCNN2 get a much better score around 95% for training data which is quite accurate.

On the contrary, the validation score stay around 70%. There is no significant improvement compared with OneDCNN model for the final score and may also have the problem of overfitting.

However, OneDCNN2 converge much faster than OneDCNN. Within 200 epochs, OneDCNN2 already reach 70% but it takes OneDCNN 600 epochs to get the same score.

7.1 Save model

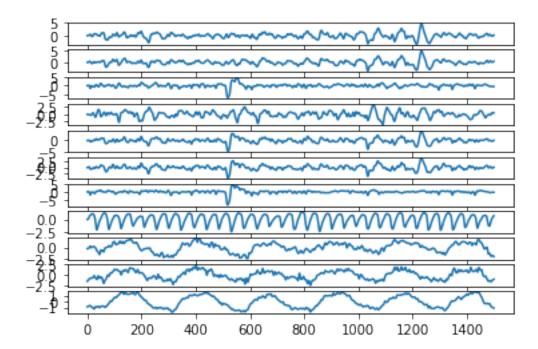
	precision	recall	f1-score	support
0	0.70	0.68	0.69	378
1	0.19	0.19	0.19	183
2	0.72	0.76	0.74	853
3	0.83	0.82	0.82	526
4	0.68	0.64	0.66	529

accuracy			0.69	2469
macro avg	0.62	0.62	0.62	2469
weighted avg	0.69	0.69	0.69	2469

8 Submission

Test set visualization

```
[]: for i in range(11):
    plt.subplot(11,1,i+1);
    plt.plot(X_test[100][i]);
```



```
Load trained model
[]: cla = OneDCNN2()
    cla.load_state_dict(torch.load(PATH + "OneDCNN2_500.pt"))
    cla.eval()

[]: OneDCNN(
          (relu): ReLU()
          (flatten): Flatten(start_dim=1, end_dim=-1)
          (conv_1): Conv1d(11, 64, kernel_size=(5,), stride=(3,))
          (conv_2): Conv1d(64, 128, kernel_size=(5,), stride=(1,))
          (max_pool_3): MaxPool1d(kernel_size=2, stride=2, padding=0, dilation=1, ceil_mode=False)
          (dropout_4): Dropout(p=0.2, inplace=False)
```

```
(conv_5): Conv1d(128, 128, kernel_size=(13,), stride=(1,))
       (conv_6): Conv1d(128, 256, kernel_size=(7,), stride=(1,))
       (max_pool_7): MaxPool1d(kernel_size=2, stride=2, padding=0, dilation=1,
     ceil_mode=False)
       (conv_8): Conv1d(256, 256, kernel_size=(7,), stride=(1,))
       (conv_9): Conv1d(256, 64, kernel_size=(7,), stride=(1,))
       (max_pool_10): MaxPool1d(kernel_size=2, stride=2, padding=0, dilation=1,
     ceil_mode=False)
       (conv 11): Conv1d(64, 32, kernel size=(3,), stride=(1,))
       (conv_12): Conv1d(32, 64, kernel_size=(6,), stride=(1,))
       (max pool 13): MaxPool1d(kernel size=2, stride=2, padding=0, dilation=1,
     ceil_mode=False)
       (conv_14): Conv1d(64, 8, kernel_size=(5,), stride=(1,))
       (conv_15): Conv1d(8, 8, kernel_size=(2,), stride=(1,))
       (max pool 16): MaxPool1d(kernel size=2, stride=2, padding=0, dilation=1,
     ceil_mode=False)
       (dense_18): Linear(in_features=64, out_features=64, bias=True)
       (dropout_18): Dropout(p=0.2, inplace=False)
       (dense_19): Linear(in_features=64, out_features=5, bias=True)
       (softmax): Softmax(dim=-1)
     )
[]: submission
[]:
            index sleep_stage
     0
            24688
     1
            24689
                             0
     2
            24690
                             0
     3
            24691
                             0
     4
            24692
                             0
     24975 49663
                             2
     24976 49664
                             4
     24977 49665
                             4
     24978 49666
                             4
     24979 49667
                             0
     [24980 rows x 2 columns]
    Model predictions on test set
[]: submission["sleep_stage"] = -1
     for i in range(249):
         submission.loc[100*i:100*(i+1)-1, "sleep_stage"] = cla.
      \rightarrowclassify(X_test[100*i:100*(i+1)]).numpy()
     submission.loc[24900:, "sleep_stage"] = cla.classify(X_test[24900:]).numpy()
[]: submission
```

```
[]:
           index sleep_stage
    0
           24688
                            0
           24689
                            0
    1
    2
           24690
                            0
           24691
    3
                            0
    4
           24692
                            0
    24975 49663
                            4
    24976 49664
                            1
    24977 49665
                            4
    24978 49666
                            4
    24979 49667
```

[24980 rows x 2 columns]

```
[]: submission.to_csv(PATH + "to_submit.csv", index=False)
```