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Current global situation of SARS-CoV-2 variants circulation and future actions required in Japan

Katsutoshi Nakano*, Kenzo Takahashi

Graduate School of Public Health, Teikyo University, Tokyo, Japan

Corresponding author (*) Katsutoshi Nakano

Graduate School of Public Health, Teikyo University, Tokyo, Japan

E-mail: sph-knakano@med.teikyo-u.ac.jp

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Abstract

One year after the COVID-19 pandemic, the spread of SARS-CoV-2 variants is one of the challenging public health issues. Significantly, the Variant of Interest (VOI), which was reported since the end of 2020, has already been reported to increase transmissibility and disease severity in various articles and reports. As a result, the concern has been raised of decreasing the vaccine's efficacy, and it is necessary to monitor the latest research.

As the infection of SARS-CoV-2 variants is spreading in Japan, it is necessary to implement effective public health preventive measures, promote vaccination, expand sequencing to identify variants, and continue to be vigilant against new variants as a global issue.

Introduction

It has been almost one year since the WHO declared a pandemic of COVID-19 on March 11, 2020. As of May 27, 2021, the number of infected people is 160 million, and the number of deaths is three million¹⁾ worldwide, and the new coronavirus infection is still a significant public health issue globally, although vaccines have been developed.

The first case of B.1.1.7, one of the SARS-CoV-2 variants, was reported in the United Kingdom (U.K.) on September 20, 2020²⁾.

SARS-CoV-2 variants have become an important issue in Japan. For example, a case of B.1.1.7 was confirmed in a returnee from the U.K. to Japan on December 25, 2020, and as of April 5, 2021, more than 2,000 cases of SARS-CoV-2 variants have been reported in Japan³⁾.

In this article, we provide an overview of the SARS-CoV-2 variants, the characteristics of each variant, vaccine efficacy and discuss the actions required in the future.

Variants of SARS-CoV-2

SARS-CoV-2 is classified as an RNA virus that mutates at a

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much higher rate than DNA viruses and other cellular organisms such as bacteria, with one to two nucleotide changes (mutations) occurring per month⁴⁾.

Although few mutations of public health concern were reported in the early stages of the pandemic, some of the currently identified SARS-CoV-2 variants have been reported to increase transmissibility and disease severity.

The CDC classifies important SARS-CoV-2 variants as Variant of Interest (VOI), Variant of Concern (VOC) and Variant of High Consequence (VOHC).

VOIs have been shown to have genetic changes that may affect infectivity, diagnosis and treatment, and vaccine effectiveness, while VOC is defined as those reported to increase transmissibility and disease severity. VOHC is defined as a VOC with clear evidence of reducing the effectiveness of conventional preventive measures and medical care, but no mutations belonging to VOHC have been reported to date⁵⁾.

Individual characteristics of each SARS-CoV-2 variants (Table 1)

The increased transmissibility and disease severity of SARS-CoV-2 variants are mainly due to the mutations increasing the binding affinity of the receptor-binding domain to the angiotensinconverting enzyme 2 (ACE2) receptor⁶).

• B.1.1.7 variant (501Y.V1)

B.1.1.7, classified as one of the VOCs, was first identified in the U.K. on September 20, 2020. Subsequently, B.1.1.7 infection spread mainly in southeastern England, leading to a UK-wide lockdown on December 29, 20207. According to the results calculated from mathematical models, the B.1.1.7 mutation is estimated to be 43-90% (95%CI: 38-130%) higher effective reproduction number than existing strains⁸⁾, and various studies have reported a significant increase in mortality compared to existing strains⁹⁾

On the other hand, a multivariate analysis of VOC cases in the E.U. did not show a significant increase in mortality but did report a higher risk of hospitalization in the age groups of 20-39 years and ICU admission in the age groups of 40-59 years¹⁰.

· B.1.351 variant (501Y.V2)

This variant, B.1.351, which is included in the VOC as well as B.1.1.7, appeared around October 2020 during the second wave of the SARS-CoV-2 epidemic in South Africa and became dominant in mid-November, replacing the conventional strain¹¹⁾.

Table 1. Representative SARS-CoV-2 variants in Japan				
Pango lineage	B.1.1.7	B.1.351	P.1 (B.1.1.28.1)	B.1.617
Nextstrain	20I / 501Y.V1	20H / 501.V2	20J / 501Y.V3	20A
Variant classifications (WHO) 16)	VOC	VOC	voc	VOC
First Detected	England	South Africa	Japan (traveler from Brazil)	India
Transmissibility, disease severity	43-90% higher effective reproduction numbers® High mortality or increase risk of hospitalization and ICU admission ¹⁰	Transmission rate is 1.5 times ¹³ Increased risk of hospitalization and ICU admission in some generations ¹⁰	Increased risk of hospitalization and ICU admission in some generations ¹⁰⁾	There are concerns about increased infectivity due to the form of the mutation ¹⁵
Effectiveness of vaccines	Reduce the risk of symptomatic infections in the elderly ¹⁹⁾	Reduce the incidence of serious cases ²⁰⁾	Not enough data	Not enough data

As for B.1.1.7, B.1.351 and P.1 (B.1.1.28.1) Vaccinees' sera can neutralize the N501Y mutant¹⁸⁾

Information on the transmissibility and severity of B.1.351 is limited at this time as of May 27, 2021. However, the risk of hospitalization in the age groups of 40-79 years and ICU admission in 40-59 years is high¹⁰.

The preprint paper reported that this mutant strain might have contributed to the increased mortality in the second wave in South Africa¹²⁾ and estimated a 1.50-fold higher transmission rate than conventional strains¹³⁾.

• P.1 variant (B.1.1.28.1, 501Y.V3)

The P.1 variant was found in an airport screening of travelers arriving at Tokyo from Brazil on January 2, 2021¹⁴). The risk of hospitalization in the age group of 20-79 years and ICU admission in the age group of 40 years or older is high, and the risk of hospitalization in the age group of 20-39 years is exceptionally high with an adjusted OR 13.1 (95% CI 6.5-26.5) compared to existing strains¹⁰).

· B.1.617 variant

B.1.617, which was first identified in India in October 2020. Although no large scale observational or cohort studies have been done, B.1.617 is feared to have increased infectivity due to the form of the mutation in the receptor binding domain¹⁵. For this reason, It is classified as a VOI by the CDC but is classified as a VOC by WHO¹⁶ and Japan¹⁷.

Effectiveness of vaccines against SARS-CoV-2 variants

As mentioned above, VOIs and VOCs are of concern because they involve mutations in the receptor-binding domain (RBD) of the S-protein on the virus surface.

Since the S-protein is a major target of vaccines, there is concern that mutations at this site may reduce the effectiveness of vaccines.

However, several articles, including preprints, have indicated that the vaccine is effective. Among these, there is a report that sera from Pfizer/Biontech vaccinees can neutralize the N501Y mutant (mutations in B.1.1.7, B.1.351, and P.1)¹⁸⁾, that vaccination with Pfizer/Biontech or Oxford/AstraZeneca vaccines significantly reduce the risk of symptomatic infection of SARS-CoV-2 in the elderly against the B.1.1.7 mutant strain¹⁹⁾, and that vaccination with the Johnson & Johnson/Janssen Pharma vaccine may reduce the incidence of severe cases of B.1.351²⁰⁾.

These studies suggest that the vaccines against SARS-CoV-2 available so far can have some effect on SARS-CoV-2 variants. However, given the existence of variants yet to be thoroughly investigated and the emergence of further variants, the information is not sufficient at this time to provide a definitive answer.

Infection status of the SARS-CoV-2 variant in Japan

The number of SARS-CoV-2 infected in Japan has been on the rise again since mid-March 2021. Initially, new infections were reported mainly in the Kansai region, and the number of new infections in Osaka reached a record high on April 14. The proportion of B.1.1.7 mutant strains in screening tests during this period was about 80% in Osaka and Hyogo, and about 30% in Tokyo²¹. The percentage of mutant strains reached 60% in Tokyo on May 12, 2021²², and by May 19, 2021, it was about 80% nationwide, suggesting that most infections have been replaced by mutant strains²³.

As shown above, most of the infections in Japan have been replaced by B.1.1.7, but the variant of concern is B.1.617. Infection with B.1.617 has been confirmed in persons with no history of overseas travel, and it is presumed that they were infected by community-acquired infection, and there is concern that the number of such cases will increase in the future¹⁷.

The world's preferred response to mutant strains

It is a concern that SARS-CoV-2 will continue to mutate and VOIs and VOCs will continue to emerge, and various experts have proposed countermeasures to deal with these situations.

The first requirement is to reduce the number of infections on an international basis. The more people who are infected, the more opportunities the virus may have to mutate⁷⁾. In order to fulfill this requirement, public health precautions must be taken that are as effective as previously. These include wearing masks, social distancing, hand washing, limiting access to high-risk facilities, and extensive testing and quarantine to rapidly identify and isolate infected individuals to SARS-CoV-2 ²⁴⁻²⁸⁾.

Next, it is necessary to roll out vaccination to all parts of the world, including areas where vaccines are challenging to deliver and reduce the chance of infection ^{24, 26-28)}. In addition, the effectiveness of currently used and future vaccines against SARS-CoV-2 variants needs to be continuously monitored ²⁸⁾. For this reason, it is essential to track the variants that have been identified so far strictly and to widely promote enhanced surveillance to identify new variants through multilateral cooperation rapidly ²⁴⁻²⁷⁾.

Currently, the spread of some SARS-CoV-2 variants is a problem in Japan. It may even trigger the creation of a new variants in Japan. If the mutated strains spread to other countries, it will become a global health issue problem. Therefore, it is necessary to address SARS-CoV-2 infection not as a domestic problem.

Thus, we must continue to implement adequate public health precautions to control the spread of the diseases, promote vaccination, expand sequencing to identify mutant strains, and remain vigilant against new mutant strains.

Authors' contributions

K.N. and K.T. drafted the idea of this article. K.N. drafted the first manuscript. K.T. advised and revised the manuscript. All the authors agreed to submit this article.

Conflict of Interest

Kenzo Takahashi reports personal fees from Novartis pharma, Japan, as a lecture reward, outside the submitted work. K.N. declares no conflicts of interest.

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