

TUALATIN VALLEY YOUTH FOOTBALL LEAGUE



LEAGUE
OPERATIONS GUIDE
2024 SEASON



LEAGUE OPERATIONS GUIDE

2024 SEASON

TABLE OF CONTENTS

TABLE OF CONTENTS	2
PREFACE	5
HOW DO MEMBER ASSOCIATIONS CHANGE THE TVYFL RULES?	5
HOW ARE TVYFL RULES ENFORCED?	5
CONCLUSION	5
ABOUT TVYFL	6
PURPOSE	6
OBJECTIVES	6
Have Fun	6
Play Safe	6
Increase Participation	7
2024 OPERATIONS CHANGES	8
VENDOR CONTACTS	10
TITLE 1: ADMINISTRATION OF DIVISIONS & PENALTIES	11
TITLE 2: GENERAL MEMBER OBLIGATIONS	12
MEMBERSHIP	12
MEMBER REQUIRED INSURANCE	12
SCOPE OF RESPONSIBILITIES	12
FEES	12
MEMBERSHIP APPLICATIONS	13
MEMBERSHIP AGREEMENT	13
SAFESPORT ACT BACKGROUND CHECKS	14
NON-PROFIT CORPORATION YEARLY REQUIREMENTS	14
How to Verify Status	14
State & Federal Required Due Dates	15
State Required Filings and Fees	15
Federal Required Filings and Fees	15
Who must file	15
MEMBER BOARD POSITIONS	15
MEETING ATTENDANCE	15
BEHAVIORAL ISSUES	16
GAME UNIFORMS	16
TITLE 3: REGISTRATION, AGE & BOUNDARY WAIVERS	18
PLAYER REGISTRATION AND DOCUMENTATION	18
FUNDAMENTAL RULE	18
BOUNDARY VERIFICATION	18
EXCEPTIONS TO THE FUNDAMENTAL RULE	18
PLAY UP AT THE NEXT GRADE LEVEL	18
MID-SEASON TRANSFERS	18
Q&A	19
AGE RESTRICTIONS	19
Q&A	19
INELIGIBLE PLAYERS	19
TITLE 4: TEAM FORMATION	20
DRAFT	20
MAXIMUM ROSTER SIZE	20
FLAG TEAM FORMATION	21
BLEND LEVEL TEAM FORMATION	21
VARSITY/BLEND/JUNIOR VARSITY	21
Q&A	21



LEAGUE OPERATIONS GUIDE

2024 SEASON

TITLE 5: COACH CERTIFICATION REQUIREMENTS	23
COACH CERTIFICATION REQUIREMENTS	23
Q&A	25
BACKGROUND CHECKS	25
VOLUNTEER APPROVAL GUIDELINES	26
TITLE 6: TEAM BOOK VERIFICATION	27
TEAM BINDER CONTENT	27
ITEMS NOT KEPT IN THE TEAM BOOK	28
Q&A	28
TITLE 7: PLAYER SAFETY	29
INJURY REPORTING	29
TEAM SAFETY COORDINATOR – CONTACT	29
BASELINE CONCUSSION TESTING	29
RETURN TO PLAY	29
CONCUSSION PROTOCOL	29
AUTOMATED EXTERNAL DEFIBRILLATOR (AED)	30
HEAT INDEX	30
ADVERSE WEATHER CONDITIONS	30
LIGHTNING SAFETY GUIDELINES	30
AIR QUALITY GUIDELINES	30
ACCIDENT MEDICAL CLAIMS	30
TITLE 8: OFF-SEASON, PRE-SEASON AND PRACTICE REGULATIONS	31
OFF SEASON	31
NON-SANCTIONED EVENTS: EQUIPMENT AND INSURANCE	31
Q&A	31
START OF SEASON	31
MORATORIUM PERIOD	32
CONDITIONING	32
PRACTICE TIME LIMITATIONS	32
SCRIMMAGES AND JAMBOREES	33
CONTACT LIMITATIONS	33
PARTICIPATION LIMITATIONS	33
TITLE 9: OFFICIALS	34
OFFICIALS	34
NUMBER OF OFFICIALS	34
UNIFORMS	34
RULE BOOKS	34
OFFICIAL'S REIMBURSEMENT	34
OFFICIAL'S GREIVANCES	35
TITLE 10: GAME FIELD PREPARATION	36
SITE OFFICIAL	36
CHAINS AND DOWN MARKER	36
SCALE	36
ELECTRONIC COMMUNICATION DEVICES	36
LOCKER ROOMS	36
PHOTOGRAPHER & VIDEOGRAPHER	36
GAME CLOCK AND SCOREBOARD	36
READY REF	37
GAME CLOCK OPERATORS	37
STADIUM ANNOUNCERS	37
TITLE 11: GAME TIME RULES & REQUIREMENTS	38
WEIGH-IN	38
TEAM BOOK AND PLAYER IDENTIFICATION	38
GRIEVANCE PROCESS	39



LEAGUE OPERATIONS GUIDE

2024 SEASON

SCORE REPORTING	39
CROWD CONTROL	39
Spectator Conduct	39
Sportsmanship Violations/Penalties	40
Q&A	40
SIDELINE CONTROL	41
WITHDRAWAL DURING A COMPETITION	41
VIDEO EXCHANGE	41
TITLE 12: EJECTION POLICIES	42
RULES PERTAINING TO EJECTIONS	42
Player Ejections:	42
Coach Ejections:	42
Ejection Procedure:	42
Flagrant Ejection Procedure:	42
Oregon Revised Statutes pertaining to conduct	42
EJECTION POLICIES – COACH EJECTED; CONTEST FORFEITED	43
EJECTION POLICIES – EJECTED PLAYER OR COACH	43
Additional Requirements Regarding an Ejected Coach	43
Appeal Process	43
EJECTION POLICIES – FINES	43
EJECTION POLICIES – MULTIPLE EJECTIONS OF INDIVIDUAL	44
EJECTION POLICIES – PHYSICAL CONTACT WITH OFFICIAL	44
SPORTSMANSHIP & INCLUSIVITY	44
Q&A	45
TITLE 13: SCHEDULING	47
NUMBER OF WEEKS	47
TEAM/PLAYER COUNTS, FIELD AVAILABILITY	47
DIVISION DEFINITION 5 TH – 6 TH GRADE	47
DIVISION DEFINITION JV, BLEND & VARSITY	47
VARSITY	48
JUNIOR VARSITY	48
BLEND	48
RESCHEDULING/GAME CHANGE PROCEDURE	48
TITLE 14: PLAYOFFS	49
BRACKETS	49
Four (4) Team Bracket	49
SEEDING	49
TIEBREAKERS	49
PLAYOFF LOCATION SCHEDULING	50
MATCHED GAME PAIRINGS (PREVIOUSLY “MEDAL GAME”)	50
INDEX	51



LEAGUE OPERATIONS GUIDE

2024 SEASON

PREFACE

The members of the Tualatin Valley Youth Football League (TVYFL) resolve that the following rules and regulations have been adopted by a majority vote of the Board of Directors and ratified by a majority vote of the TVYFL Membership.

The TVYFL follows the Oregon School Activities Association's (OSAA) Handbook unless specified in this document. Rules set forth in this document take precedence in cases when OSAA and TVYFL policies differ.

These Titles are binding on all members of the TVYFL and by committing to membership in the TVYFL, all members accept all bylaws, rules, regulations, and Titles as adopted without recourse.

HOW DO MEMBER ASSOCIATIONS CHANGE THE TVYFL RULES?

The TVYFL Bylaws mandate that all changes to the Titles and Rules of the League must be sponsored by general membership and must be adopted by the League following a majority vote by General Membership as defined within the TVYFL Bylaws. Members of the TVYFL Board do not vote in this process. These procedures require that all members be informed in advance that changes are being considered to allow full discussion and response by all members prior to consideration and vote in a General Membership Meeting by General League Members.

Rule changes may be proposed by the general membership and TVYFL Board members. However, any changes in the TVYFL rules must be adopted by representatives of the member associations.

HOW ARE TVYFL RULES ENFORCED?

All TVYFL rules are self-enforced. The general membership agrees as a condition of membership to follow the rules that they have helped create and to self-report any violations.

The Board may also impose additional penalties ranging from fines, placement of the member on probation or, in the most extreme case, expulsion from the League, depending upon the severity of the violation.

CONCLUSION

Through the TVYFL, the general membership governs themselves by setting their own rules. The rules are self-enforced and are constantly changing through a carefully defined democratic process. In short, the general membership regulates the rules of the TVYFL.



LEAGUE OPERATIONS GUIDE

2024 SEASON

ABOUT TVYFL

The TVYFL is a non-profit organization that promotes youth football for K through 8th grade youth in the Tualatin Valley, Portland, and Salem Metropolitan areas in Northwest Oregon. Our goal is to provide safe and enjoyable athletic competition while developing good sportsmanship and individual growth.

Founded in 1996, the TVYFL now boasts over 50 associations, approximately 6,500 players and 1000+ volunteers.

PURPOSE

- To foster the ideals of teamwork, good sportsmanship, good citizenship, and character as well as the beneficial opportunities of becoming positive examples for others.
- To advance balanced and sportsmanlike competition in youth football with a strong focus on Player Safety and the rules and coaching methods to facilitate both.
- To educate players, parents, coaches, and the community about the game of youth football and the importance of teamwork and good sportsmanship.
- To reinforce the primary importance of schoolwork in elementary school and middle school students lives.

OBJECTIVES

01 	02 	03 
HAVE FUN	PLAY SAFE	INCREASE PARTICIPATION
Participants play sports to have fun; this is key in everything we do	Ensure a safer playing environment with a positive experience.	Foster and increase participation in youth football

The objective of the TVYFL is to provide a fun athletic environment while facilitating youth in benefitting from participation in team sports within a structured environment. Through this active participation, our program builds fundamental values, skills, knowledge, and character that our youth will use throughout their lives.

TVYFL strives to inspire youth, regardless of race, creed, or national origin, to practice the ideals of sportsmanship, scholarship, and physical fitness.

Have Fun

- To ensure a safer and positive playing environment for all participants.
- Provide fun learning opportunities.
- To instill life-long values of character, teamwork, leadership, and resilience with a superior work ethic on and beyond the playing field.

Play Safe

- There are strict mandatory equipment requirements.



LEAGUE OPERATIONS GUIDE

2024 SEASON

- TVYFL requires yearly certification of sound techniques through our partnership with USA Football.
- An enforced rule book emphasizes safety while incorporating time-tested rules.

Increase Participation

- To encourage and increase youth participation in football.
- No tryouts or cutting of rosters.
- Everyone participates under minimum play requirements at each level.



LEAGUE OPERATIONS GUIDE

2024 SEASON

2024 OPERATIONS CHANGES

- 2, 9 Officials moved from Title 2 to its own Title (9)
- 3.7 Must respond to a Waiver request within 72 hours. Failure to do so will result in fines.
- 3.9 Students attending private school during the League's season must register to play with the program based on their home address as aligned with their Public School District.
- 5.1.a.iii Updated Safe Sport certification to bi-annually in alignment with USA Football
- 5.1.b.iii
- 5.1.c.iii
- 5, 6, 7 Safety Coach replaced with Safety Coordinator
The Membership Agreement will be electronically signed this season and a copy of the agreement is now maintained in the League Operations Guide for reference
- 7.3 All Injury Reports are due by midnight on Sunday, even if no reportable injuries occur. In this case, a report would be filed as, "No injuries to report". Fines are calculated by Member, not team.
- 7.6 Updated the Concussion Return to Play process to require the OSAA Medical Release – Return to Participation Following a Concussion form be completed.
- 7.7 Included a link to the "6-Step Return to Play Progression" as prescribed by the CDC and USA Football.
- 8.17 Included clarification that participation in all-star teams or a second league during the TVYFL season is not allowed per OSAA 5 or 6 quarter maximum participation within a week.
- 9.15.b-c The maximum number of officials allowed for reimbursement are as follows:
a. Four (4) for Senior Tackle games
b. Three (3) for Rookie Tackle games
c. One (1) for 5/6 Flag games
d. Three (3) youth officials as Chain Crew (Varsity level of play only)
- 9.6.c Where feasible, add a minimum of one white hat PFOA/SFOA official for 5/6 Senior Tackle games. Use trained TVYFL officials as line and back judge only.
- 9.6.d PFOA/SFOA game field assignments should be randomized week over week
- 10.3 Allow the use of a digital scale in addition to a beam-type scale for weigh-ins.
- 10.6, 11.7.c Allow more than one photographer on the field for each team
- 11.11 Film Exchange: Each member participating in the JV, 7/8 Blend and Varsity level of play, shall be required to post film of the current week's game to the TVYFL HUDL Exchange by noon on Sunday following the game. The film must include the following: each play is its own clip, it must be zoomed in enough to see the player's numbers, and it should not be filmed directly into the setting sun.
- 11.21 The Grievance Process now includes issues with officials
- 11.24 The following individuals are allowed on the sidelines if they are listed on the team roster AND they are wearing a league approved lanyard that lists their name and association (if the individual forgot their lanyard but they are listed on the roster, the home field will provide a "visitor" lanyard for that game):
- 13.9 Further document the steps to take when a schedule change is necessary



LEAGUE OPERATIONS GUIDE

2024 SEASON





LEAGUE OPERATIONS GUIDE

2024 SEASON

VENDOR CONTACTS

Registration	SportsEngine	Randy Wise randy.wise@nbcuni.com
Game Uniforms	GearUp Sports	Nick Beasley nbeasley@gearupsports.net
Online video sharing and assist	HUDL	Nick Burger Customer Success Manager - Middle School Hudl Nicholas Burger nicholas.burger@hudl.com C: (402) 809-5753 *To begin texting, please text START first. To schedule a meeting with me, please click here.
Insurance	ESP Specialty	Joe Micciche Joe.Micciche@espspecialty.com
Oregon Dept of Justice		Frank Najar Financial Investigator Charitable Activities Section Civil Enforcement Division https://justice.oregon.gov/charities Frank.M.Najar@doj.state.or.us 971-673-3896
USA Football		Jacob Letourneau jletourneau@usafootball.com 913-954-1408
ImPACT Testing	ImPACT Applications, Inc.	Josh Gyurke Director of Global Business Development US and International ImPACT Applications, Inc. 813-230-7903 JoshG@impacttest.com



LEAGUE OPERATIONS GUIDE

2024 SEASON

TITLE 1: ADMINISTRATION OF DIVISIONS & PENALTIES

1. The Co-Division Presidents of each division shall have full jurisdiction over grievances, challenges, enforcement and interpretation of rules, policies and protests within their division and they will conduct such investigations, if any, as they in their sole discretion deem necessary and issue such sanctions as they in their sole discretion deem appropriate.
2. Each Member for itself and for its players, parents, guardians, and coaches, waive, release and discharge any and all rights, if any, to notice and an opportunity for a hearing as it relates to actions by the Co-Division Presidents and waive, release and discharge any and all rights, if any, to pursue, commence or maintain any legal challenge, proceeding or action arising under or related to the action of the Co-Division Presidents.
3. Co-Division Presidents shall have the full power and authority to suspend, fine or provide whatever sanction they deem appropriate upon any officer, player, parent, guardian, or coach within the following guidelines for each violation:
 - a. Forfeits and Suspensions of not more than two games and weeks
 - b. Fines of not more than \$250
 - c. Directions to provide communications of explanation, apology or acceptance to any person or entity.
 - d. Probations of not more than one season.
4. If the Member filing the grievance, or having the grievance filed against it, is that of a Co-Division President, the Commissioner of League will fill that position for all purposes. To the extent the people serving in the role of Co-Presidents disagree on the outcome then the Executive Board shall make the determination on the grievance by a majority vote. A vote of the Executive Board will be taken on any issues not covered by the Tualatin Valley Youth Football League Bylaws or Titles.
5. Any sanctions beyond those granted the Co-Division Presidents hereby shall be determined by the Executive Board upon such terms and conditions and in such manner as they in their discretion shall deem appropriate. There shall be no appeal to the Executive Board or to any court, arbitrator or any other person or entity of any sanctions by the Co-Division Presidents. There shall be no appeal to any court, arbitrator or any other person or entity of any sanctions by the Executive Board. Provided, however, no Member shall be expelled from the League except upon a vote of the presidents of all the Members of the League.
6. Teams found in violation of League Bylaws or Titles shall be subject to sanctions up to and including being required to forfeit all rights to become Division Champion and being prohibited from participating in any playoff, championship, or post-season game. Additionally, all games played wherein an ineligible player participated may be forfeited by the team involved.
7. Members shall, as determined by the Executive Board, be divided into one or more divisions. Teams from other divisions may, subject to the terms of these Titles, engage in scrimmages against or practice with each other. No Members teams may practice, scrimmage, or play teams from other leagues or Members except during a scheduled bye week to allow for a team to have eight (8) games during the regular season. TVYFL is not responsible for any issues that arise from such games nor shall TVYFL make any effort to schedule or host non-league games. The Member must notify their Co-Division President of the game and what rules it will be played under.



LEAGUE OPERATIONS GUIDE

2024 SEASON

TITLE 2: GENERAL MEMBER OBLIGATIONS

MEMBERSHIP

Per TVYFL Bylaw 2.2: Members of the League must be either non-profit corporations, school district-managed organizations, or entities organized under a special district such as a Park and Recreation District that meet additional requirements set forth by the Executive Board and are eligible for full membership in the League if they meet all the following qualifications:

1. Organized to provide youth tackle and flag football programs within the geographic boundaries of a single high school attendance area.
2. Subscribe to the Articles, Rules, Executive Board Policies, Executive Board Interpretations, Participation Limitations, Sports Seasons, Plan Books and Officials Fees (collectively, the Regulations) of the League
3. Annually certify to the TVYFL that its policies and practices follow all federal and state laws and regulations regarding non-discrimination.
4. Members of this League shall be bound by the regulations, standards, rulings and position papers of the League and other decisions made by the Executive Board and shall be bound to self-report any violations of the regulations to their Co-Division Presidents.
5. Members of this League have a responsibility to educate student participants, coaches and other appropriate persons about League regulations that could affect them.
6. Each Member shall be responsible for funding its own teams and operations.

MEMBER REQUIRED INSURANCE

7. Per TVYFL Bylaw 7.2, each member organization of the TVYFL must provide the Secretary of the league with proof of the following insurance on an annual basis:
 - a. Liability Insurance (this is covered as part of the league Team Fees and provided by TVYFL's Insurance)
 - i. Each member organization shall maintain comprehensive general liability insurance coverage insuring their association and board of directors.
 - ii. Limits of liability under such insurance shall not be less than One Million Dollars (\$1,000,000) on a combined single limit basis.
 - iii. Such policy or policies shall be issued on a comprehensive liability basis and shall provide a cross-liability endorsement wherein the right of named insured under the policy or policies shall not be prejudiced as respects his, her or their action against another named insured.
 - iv. Liability coverage begins on August 1st and ends on July 31st of each league year.
 - b. Directors and Officers Insurance. Each member shall maintain a policy to insure the liability of all individuals serving as Directors and Officers.
 - c. Fidelity Bond. Each member shall purchase and maintain a fidelity bond covering the theft or misappropriation of funds from their organization resulting in a loss of revenue equal to at least 50% of their annual value of the adopted budget or a minimum of \$50,000 in coverage.
8. Pay general membership fees annually as established by the League membership.

SCOPE OF RESPONSIBILITIES

9. It is the responsibility of each member to manage its program in compliance with the rules and regulations of the League. The Association President is responsible for the administration of all aspects of their program.
10. The member's responsibility for the conduct of its program includes responsibility for the actions of its staff members, participants (players and parents), and coaches (paid or volunteer), and for the actions of any other individual or organization engaged in activities promoting the interests of the member.

FEES

11. The fees and costs, if any, for officials, insurance, and any other expenses relative to the operation of the League, will be itemized on invoices to be given to each Member. Each Member shall be solely responsible for paying all fees and costs related to its participation in the League. Fees are set by the Executive Board before the July Meeting. Failure to comply with payment will result in a fine of \$250 unless an agreement has been worked out with the Member's Co-Division President.
12. Should any civil matter arise by a Player, Parent, Guardian, or Coach against the League concerning League Bylaws or Titles or any sanction imposed, the Member for whom the Player participates shall to the fullest extent permitted by law defend, indemnify, and hold the League and its officers, directors, and other members harmless there from.



LEAGUE OPERATIONS GUIDE

2024 SEASON

13. If a member brings an administrative or judicial challenge to any Regulations or Rules of the League and/or a final determination of the Executive Board, and the League is the prevailing party, the member shall be assessed a membership surcharge equal to the League's attorney fees and costs actually incurred in defending such action, whether at the administrative or trial court level or on appeal or discretionary review.

MEMBERSHIP APPLICATIONS

14. Membership Applications for the current season are due by the League Season Kick-Off Meeting. Applications submitted after the due date will be considered for the following season.
15. Required information during application:
 - a. Department of Justice Registry # (can be found here: <https://justice.oregon.gov/charities>)
 - b. Secretary of State Registry # (can be found here: https://egov.sos.state.or.us/br/pkg_web_name_srch_inq.login)
 - c. Tax ID EIN# (can be found here: <https://apps.irs.gov/app/eos/>)
 - d. USA Football Membership # (can be found here: <https://usafootball.com>)
 - e. Mailing address
 - f. Association website address

MEMBERSHIP AGREEMENT

The Membership Agreement is completed and approved electronically on a yearly basis. The agreement is as follows: The ("Association") hereby make application for membership in Tualatin Valley Youth Football League ("TVYFL") as a member association and agrees to be bound by all terms and conditions of this Application and Agreement and to abide and be bound by the Bylaws, League Operations and Rules of Play of the TVYFL. A current copy of the Bylaws, League Operations and Rules of Play have been read and is fully understood and agreed to by the Association. The Association represents and warrants that the information here is true and correct and that if approved for membership in the TVYFL, will participate in the TVYFL in accordance with this Application and Agreement.

RULES OF PLAY

Association recognizes and agrees to follow the National Football High School (NFHS) Rule Book and the Oregon School Activities Association (OSAA) Rule Book except when the rule is superseded by a TVYFL Rules of Play.

FEES

The TVYFL Executive Board may change the amount of the annual membership dues, referee fees, play-off fees, and other items. The Association agrees to pay all fees when due.

LIMITATION OF LIABILITY

THE ASSOCIATION ASSUMES ANY AND ALL RISKS AND LIABILITY related to or arising out of membership in the TVYFL. The Association agrees that no damages, direct, consequential, incidental, or other damages or remedy of any kind arising by reason of or related to this Agreement or any acts or omissions of TVYFL, or any of its association members, or any of their agents related to TVYFL activities shall be recoverable from the TVYFL, any of its association members or any of their agents. This includes, but is not limited to, claims in contract, equity, warranty, negligence (active or passive), strict liability, tort or otherwise and includes all claims now existing or arising at any time in the future. Association's rights, now existing or arising at any time in the future, to make claims or recover damages, whether such rights or damages now exist or arise any time in the future or in the future are hereby fully, finally, irrevocably and unconditionally waived, released and discharged.

INDEMNIFICATION

To the fullest extent permitted by law, Association shall fully and forever defend (with counsel acceptable to TVYFL), indemnify, protect, save and hold TVYFL harmless for any claim, loss, liability and expense, including legal expenses, related to or arising out of Association's membership in TVYFL, (including without limitation any all claims by players, parents, coaches of the Association related to any fine, suspension or expulsion from the TVYFL) or its breach of this Agreement. A breach of the Bylaws or the League Operations of the TVYFL by any Association shall be a breach of this Agreement.

NON-ASSIGNMENT

Association agrees not to assign, transfer or pledge, any of Association's rights, duties, obligations, or interest provided hereunder without the prior written consent of TVYFL. This Agreement is binding on the heirs, successors, and assigns, if any, of the Association.

SEVERABILITY

Should any portion of this Agreement at any time during its effective term be in conflict with any applicable law, then such provision shall continue in effect only to the extent permitted by law. The invalidity of any one or more of the



LEAGUE OPERATIONS GUIDE

2024 SEASON

articles, covenants, phrases, sentences, clauses or provisions of this Agreement or any part thereof, shall not affect the remaining portions of this Agreement or any part thereof, and in the event any one of the same shall be declared invalid, this Agreement shall be construed as if such invalid portion had not been inserted.

BASIS OF AGREEMENT

It is understood and agreed that the terms of this Agreement are contractual and not mere recitals and have been fully and fairly negotiated by TVYFL and the Association, and that both parties have equal bargaining positions and power. It is further agreed that this Agreement is an independent contractual agreement, independent of the obligations of TVYFL and the agreed Association arising under the Bylaws of TVYFL. To the extent that any of the terms and conditions of this Agreement conflict with a valid and enforceable term or provision of the Bylaws, and are not merely supplemental, such terms or conditions of this Agreement shall be considered null and void and the valid and enforceable Bylaw provision(s) shall govern.

APPLICABILITY TO SUBSEQUENT AGREEMENT

It is understood and agreed that the terms and conditions of this Agreement shall apply to any, and be incorporated by reference unto all, future agreements, written or oral, between TVYFL and Association except to the extent this term has been altered, modified or waived by the express prior written agreement of the parties, with the consent and agreement of TVYFL being solely authorized by its Executive Board.

TERMINATION

This agreement may be terminated with or without cause, by either or both parties, upon written notice.

FULL & FINAL AGREEMENT AND NO ORAL MODIFICATIONS

This Agreement represents the parties' final and entire agreement and supersedes all prior or contemporaneous oral or written agreements or communications regarding the subject matter hereof. There are no promises, terms, representations, or conditions other than those contained herein. No amendment, change, or modification of this Agreement shall be valid, unless in writing and signed by all the parties hereto. This Agreement shall not be amended, modified or changed except by written agreement signed by parties, the consent and agreement of TVYFL being solely authorized by its Executive Board. The terms of this Agreement take precedence over any terms and conditions set forth in Applicant(s)' purchase order or other similar document, or any other agreement Applicant(s), whether now existing or arising at any time in the future, and to the extent of any conflict this Agreement shall control. This Agreement, and every term, condition, and requirement herein, shall be effective only upon approval of the Association by the Executive Board of TVYFL.

The undersigned association representative has read all the terms and conditions stated herein, and together with the present Bylaws of TVYFL, understand the terms and conditions therein and hereby agree to them. If signed by a representative of an organization, the undersigned hereby certifies that he/she has the actual and requisite authority to bind the organization to this document and execute this Application and Agreement on behalf of the organization.

SAFESPORT ACT BACKGROUND CHECKS

16. Members will background check all volunteers and maintain compliance in accordance with the SafeSport Act.

NON-PROFIT CORPORATION YEARLY REQUIREMENTS

As defined by the Oregon Dept of Justice, "Nonprofit corporation" means a mutual benefit corporation, a public benefit corporation or a religious corporation. Further, a "Public benefit corporation" means a domestic corporation that:

- Is formed as a public benefit corporation under ORS 65.044 (Incorporators) to 65.067 (Corporation sole), is designated as a public benefit corporation by a statute, is recognized as tax exempt under section 501(c)(3) of the Internal Revenue Code of 1986 or is otherwise organized for a public or charitable purpose;
- Is restricted so that on dissolution the corporation must distribute the corporation's assets to an organization organized for a public or charitable purpose, a religious corporation, the United States, a state or a person that is recognized as exempt under section 501(c)(3) of the Internal Revenue Code of 1986; and
- Does not come within the definition of "religious corporation."

Nonprofit organizations must register with and be certified by the Secretary of State. The Department of Justice regulates charitable activities in Oregon. You may also need to register with them. Nonprofit corporations must register and renew annually with the Secretary of State Corporation Division.

How to Verify Status

- Oregon Department of Justice: <https://justice.oregon.gov/charities>
- Oregon Secretary of State: https://egov.sos.state.or.us/br/pkg_web_name_srch_inq_login
- US Internal Revenue Service: <https://apps.irs.gov/app/eos/>
- NOTE: if you have recently filed your taxes or paid your fees for Oregon Secretary of State, the website may not reflect your latest transactions.



LEAGUE OPERATIONS GUIDE

2024 SEASON

State & Federal Required Due Dates

Membership in the league is tied to timely filing with the State and IRS. The League deadline for completion is set as May 31st. Members in violation will have their season start dates delayed by the number of days the deadline is missed.

State Required Filings and Fees

All organizations registered with the Charitable Activities Section of the Oregon Department of Justice must annually file Form CT-12, with all required attachments and fees to the Charitable Activities Section's office no later than 4 months and 15 days after the end of the organization's fiscal year. If the due date falls on a weekend or legal holiday, the due date is the next business day. The Charitable Activities Section does not use the postmark date to determine whether an organization has filed timely. Instead, filings are considered timely if they are physically received within 5 business days after the due date. All filings received more than 5 business days after the due date will be assessed a late charge.

Amendments to Articles of Incorporation, Bylaws, Trust Documents, or Tax-Exempt Status: you must attach copies of amendments to articles of incorporation bearing the Secretary of State's file stamp, signed and dated copies of amended bylaws, amended trust documents, and/or IRS determination letters with your yearly CT-12.

Federal Required Filings and Fees

Don't lose your tax-exempt status. Most tax-exempt organizations other than churches must file a yearly return with the IRS. Very small organizations are required to file IRS Form 990, Form 990-N or Form 990-EZ -N, also known as the e-Postcard, on a yearly basis. The IRS is required by law to revoke the tax-exempt status of any organization that has failed to file a required return for three consecutive years.

Who must file

Most small tax-exempt organizations whose annual gross receipts are normally \$50,000 or less can satisfy their annual reporting requirement by electronically submitting Form 990-N if they choose not to file Form 990 or Form 990-EZ instead.

Exceptions to this requirement include:

1. Organizations that are included in a group return,
2. Churches, their integrated auxiliaries, and conventions or associations of churches, and
3. Organizations required to file a different return.

Form 990-N is due every year by the 15th day of the 5th month after the close of your tax year. You cannot file the e-Postcard until after your tax year ends.

1. Example: If your tax year ended on December 31, the e-Postcard is due May 15 of the following year. If the due date falls on a Saturday, Sunday, or legal holiday, the due date is the next business day.

If your 990-N is late, the IRS will send a reminder notice to the last address we received. While there is no penalty assessment for filing Form 990-N late, organizations that fail to file required Forms 990, 990-EZ or 990-N for three consecutive years will automatically lose their tax-exempt status. Revocation of the organization's tax-exempt status will happen on the filing due date of the third consecutively missed year.

MEMBER BOARD POSITIONS

17. The following positions are required by law (see State of Oregon requirements [here](#) with job descriptions) or recommended based on participation in the League (member may have additional board members based on individual needs):

- a. President (required by law)
- b. Secretary (required by law)
- c. Treasurer (required by law)
- d. Director of Coaches or Coach of Coaches
- e. Director of Officials
- f. Registrar
- g. Director of Player Safety

MEETING ATTENDANCE

18. A representative of each Member must attend all League Meetings. A Member may be excused if notification is given to their Co-Division President prior to the meeting taking place. Members will be fined \$250 for each non-



LEAGUE OPERATIONS GUIDE

2024 SEASON

excused meeting missed. If a Member is absent for three (3) meetings in a calendar year they will be subject to further sanctions that can include teams not being scheduled for that season, forfeiture of games, prohibited from participating in or hosting playoff and/or championship games and up to expulsion from TVYFL. An administrative penalty can be applied, in which the Member loses voting rights at League meetings for one calendar year.

19. As of August 1st, each Member shall have paid all fees and penalties to TVYFL. If there is a balance unpaid on August 1st the Member will be subject to further sanctions determined by the Executive Board and brought before the Membership. Sanctions can include teams not being scheduled for that season forfeiture of games, prohibited from participating in or hosting playoff and/or championship games and up to expulsion from TVYFL.
20. Members who are not current with the general membership requirements will have their membership rescinded.

BEHAVIORAL ISSUES

21. Behavioral Issues

- a. No player, parent, guardian, or coach shall by any act or omission result in any conduct unbecoming to the League, the game of Football or the ideals of teamwork, good sportsmanship, good citizenship, and character at any time.
- b. If any Member expels a player, parent, guardian, or coach for life, the League shall uphold said expulsion for at least the following football season. The expelled person then shall be eligible to re-apply to a different Member. If the expelled person is accepted by the new member, the Leagues Executive Board shall vote whether to lift the expulsion. Any member who expels a player, parent, guardian, or coach for life shall immediately notify his or her Co-Division President. Any Member who knowingly accepts an expelled player, parent, guardian, or coach shall be subject to discipline as listed above.

GAME UNIFORMS

22. All teams participating in the TVYFL will wear Nike uniforms and coach's apparel per the following agreement with Nike **Re: Team Sales/Product Supply for Athletic Program**

- a. NIKE is pleased to have reached agreement with the Tualatin Valley Youth Football League regarding the purchase and supply of NIKE product for use by its program. We have agreed as follows:
 - i. The duration of this agreement is 3/1/2021 to 2/28/2031.
 - ii. All teams participating in the TVYFL program will wear Nike uniforms and coach's apparel.
 - iii. Nike Team Stock uniforms will be purchased at 45% off MSRP.
 - iv. Nike Custom Digital uniforms will be purchased at 40% off final designed price of jersey on [Nike Team](#) and per Nike lead-times at the time.
 - v. For each top or pant purchased, TVYFL programs will receive two tops or pants for free. Orders must be paid at order date and follow Nike order timelines.
 - vi. Programs will be responsible for the freight on all uniforms and coach's gear.
 - vii. Each team of jerseys ordered will receive \$300 retail credit (6 coaches x \$50) to order coaches gear from the Nike website setup by Gear Up Sports (this is only available through Gear Up Sports).
 - viii. Required stock training and practice apparel for athletes will be 40% off MSRP when individual parent purchased via Gear Up Sports website (this is only available through Gear Up Sports).
 1. Items limited to Gear Up Sports' Nike stock e-commerce items (e.g., Dri- Fit Shirts, Shorts, Polo's, etc.)
 - ix. Footwear and equipment will be purchased at 25% off MSRP and ordered via Gear Up Sports website.
 - x. All Nike Team Apparel purchased or otherwise procured via Nike Team Dealer must be embellished with the Nike Team Dealer to qualify for discounts above.
 1. No embellishment of Nike product by non-authorized 3rd party.
 - xi. All programs will utilize Nike uniforms for Boy's & Girl's Flag football programs. The discount program noted above in item #3 & #5 will be provided when uniforms are ordered by the individual parent and shipped directly to their home via the Gear Up Sports (Nike) site for that team.
- b. **NOTE:** the web pricing does not reflect TVYFL's league pricing; the price will be updated when you are provided a quote before placing the order with [Gear Up Sports](#).
- c. Example pricing:
 - i. A \$120 custom jersey would be \$24 per player after the discount ($\$120 \times 0.6 = \72 ; $\$72 \div 3 = \24)



LEAGUE OPERATIONS GUIDE

2024 SEASON

- ii. \$85 stock game pants would be \$15.59 per player after the discount ($\$85 \times 0.55 = \46.75 ;
 $\$46.75 \div 3 = \15.59)



LEAGUE OPERATIONS GUIDE

2024 SEASON

TITLE 3: REGISTRATION, AGE & BOUNDARY WAIVERS

PLAYER REGISTRATION AND DOCUMENTATION

1. Player, coach, and volunteer registration must be facilitated within SportsEngine.
2. Registration cannot open prior to May 1st as this allows the league and SportsEngine time to prepare the templates and forms. Members can choose to open their specific registration later than May 1st, but it cannot open any earlier.
3. The registration will be built by SportsEngine based on league input before publishing it locally to each member's SportsEngine site. Once it is published to the member, SportsEngine will work with the member to add additional questions, registration fees and e-signatures and then prepare the registration to open.
4. No Member will close registration for any level before 12:01am on July 16th though Members may form a wait list at their discretion.

FUNDAMENTAL RULE

5. Fundamental Rule: It is a Fundamental Rule of the League that a student must register with the Member based on the high school in the high school attendance boundary within which the Joint Residence of the student and the student's parents are located. Exceptions to this Fundamental Rule are to be narrowly construed.

BOUNDARY VERIFICATION

6. If any student wishes to participate for a Member other than where the student resides the student shall be required to have a waiver. The waiver is within the sole discretion of the presidents of the two Members at issue and must be signed by the president of the Member where the student resides and the president of the Member where the student would like to participate. Inter-Member waivers must be fully completed and approved prior to the student beginning any participation.
7. The Member presidents must respond within seventy-two (72) hours once a waiver request is received. The first occurrence for failing to respond within 72 hours shall result in a warning; the second occurrence shall result in an automatic fine of \$50, the third occurrence will incur a \$100 fine. Additional occurrences will incur a \$250 fine per infraction by the offending Member.
8. All registrants must be verified by either report card or ParentVue.

EXCEPTIONS TO THE FUNDAMENTAL RULE

9. Students attending private school during the League's season must register to play with the program based on their home address as aligned with their Public School District.
10. Students who have an approved public school intra or inter-district transfer may choose the Member that provides the most convenience in consideration of travel and family arrangements. The student may play in either the Member in which boundaries the student resides or the Member the school street address is in, without any waiver. If the student desires to play in any other Member than as specified here a waiver is required.
11. Students who are wards of the court. A student who is otherwise eligible does not become ineligible by virtue of being made a ward of the court and placed in a residence (such as a foster home) in a different attendance boundary, except a student made a ward of the court under ORS 419C.555 (Juvenile Code).

PLAY UP AT THE NEXT GRADE LEVEL

12. Students shall play at their grade level. Provided, however, a student may play up if:
 - a. The parent or guardian so requests in writing before August 1st
 - b. The coach of the team the player would otherwise be on determines that it would be in the best interest of the player and the coach's team to approve such request and does so.
 - c. The coach of the team the player would move to determines that it would be in the best interest of the player and the coach's team to approve such request and does so.
 - d. The Member can comply with the terms of these Titles relating to the composition of teams and determines that it would be in the best interest of the player and both teams to approve such request and does so; and
 - e. The Co-Presidents of the Division approve such waiver.
 - f. No waiver is required for 8th graders to play at the JV level or 7th graders to play at the Varsity level. No waivers are required if participating in the Blend level of play.

MID-SEASON TRANSFERS

13. In connection with any student who has transferred but is eligible under the Rules of the League the member shall complete an Eligible Student Transfer Certificate in the form prescribed by the League, properly signed by the



LEAGUE OPERATIONS GUIDE

2024 SEASON

president of the Member the student enters and maintain it at the Member for inspection at the request of the League.

- a. If the student is transferring from a program that participates in USA Football's Heads-Up program and that program provides written certification the student has completed conditioning periods and participation within the current season, the student does not need to compete additional conditioning and practice time before being eligible to participate in competition.

Q&A

Q A Member drops an activity or does not offer a form of play in its program, so a student then transfers to another Member that provides the activity. The parents do not move from one school district to another in connection with the transfer. What is the student's eligibility status?

A This student will be eligible for a period of one year from the date of their transfer.

Q How does legal guardianship apply to eligibility when both guardians reside in different Members?

A Historically, TVYFL allows the guardians to decide which program the student will participate in. In several instances, the non-custodial guardian has tried to invoke TVYFL or its members to force the other guardian to accept their preferred Member. TVYFL does not get involved in these instances. The guardians will need to resolve where the student will participate based on their legal residence and student's school boundary.

Q At what point is a student considered to have transferred to another school?

A A student is considered to have transferred to another school if the student attends classes (or studies at a home school) at another school.

AGE RESTRICTIONS

14. No player may participate in the designated divisions if they are the noted age before August 1st. For example, someone who turns fifteen (15) on July 31st, would not be permitted to participate at any level. A player, who turns fifteen (15) on August 1st, could only play at the Varsity or Blend level.
15. Waivers can be granted to allow a player to play within a player's grade level (different age level) or at their appropriate age level (different grade level), this waiver will need Co-Division President approval for the extenuating circumstance. This is reserved for rare special circumstance cases where the player presents with special social, emotional, and/or physical needs.

AGE RESTRICTIONS CHART	
Division	Age
Varsity/Blend	15
JV	14
5/6	13
3/4 RT	11

Q&A

Q We have a player who is small for their age, can we file a waiver to play at a lower age level?

A No. Allowing older players to play at a younger grade level based on weight alone does not consider other attributes like physical and mental abilities.

INELIGIBLE PLAYERS

16. No team shall knowingly use an ineligible player in practice or a game. An ineligible player shall be defined as:
 - a. Not falling within the division of play guidelines as designated by the League Operations Guide.
 - b. Residing outside of legal boundaries without required waiver. Falsification of information provided to the League or to the Member. Residing outside of legal boundaries defined by the Oregon Department of Education without a required waiver. Penalties for waiver infraction will include a \$250 Member fine, probation for one (1) year, and forfeiture of all rights for post-season play.
 - c. Participation in any other football program other than the League's program during the same season.



LEAGUE OPERATIONS GUIDE

2024 SEASON

TITLE 4: TEAM FORMATION

1. If a Member fields more than one team in at any given level the teams shall be equitably and equally balanced.
2. No Member shall offer, provide, or permit any stacked teams, any "A" or "B" teams, any competitive or developmental teams. Stacking is defined, in part, as a coach or Member continuing with, drafting, selecting, or placing students (or permitting the same) with the intended purpose of dominating or continuing to dominate other teams with disregard to or at the expense of other students who participate for the Member.
3. Every effort should be made by the Members to place all students with the intent of promoting the development of the entire student population of the Member as teammates, athletes, and citizens of their community. Each season, each one of the Member's players and coaches must and shall be available for placement on any one of the Member's teams. There shall be no core teams. There shall be no returning teams, players, or coaches.
4. The president of each Member is solely responsible for balancing each one of the Member's teams. This includes, but is not limited to, balancing the players and the coaching staffs.
5. If any issue arises concerning the balancing of the Member's teams, only the Member's president may provide any explanation or analysis of their efforts. The president may not and shall not defer this responsibility or right to any other person.

DRAFT

6. Members may utilize a draft or other methods to assign players to teams, but the results of any draft and other team assignment method not conducted by the president shall be subject to being overridden and changed by the Member's president if the Member's president determines that the teams are not equitably and equally balanced.
7. If a draft is utilized, each one of the Member's players must and shall be available in the draft each year and a team's coaching staff may not be organized prior to any draft to enable or assist the coach's children being placed on a particular team.
8. Members may, however, adopt a rule which permits a team the right to draft in that season the brother or sister of a player previously chosen in that season's draft so that brothers and sisters are on the same team.
9. A description of each Member's player draft process will be submitted to the Co-Division Presidents by July 1st.
10. If a Member fields more than one team at any given level, the team rosters shall be divided as follows:
 - a. As of verification day, not more than a one-person difference in the grade level participants.
 - i. Example: If a team has fifteen (15) 5th graders the other team must have fourteen (14), fifteen (15), or sixteen (16) 5th graders
 - ii. Example: If a JV team has six (6) 8th graders the other JV team must have five (5), six (6), or seven (7) 8th graders
 - b. Subject to the requirement of these bylaws, Members are encouraged to divide their teams by feeder schools.
11. Members may not divide teams, draft any players, or place any player on any team prior to having at least four (4) hours of regular scheduled practice/conditioning time that is freely open to all player participation.
12. **Exception:** Head coach may select up to two assistant coaches with a child/relative to play on his/her team, prior to team formation.
13. New players, with Co-Division President approval, can be added to a team after book verification, but will require the book to be re-verified by the Co-Division President and all conditioning and practice hours still apply to the new player.
14. No Member shall conduct any form of tryout related to acceptance or consideration for acceptance by the Member as a player. Only after a player is accepted by the Member as a player may tryouts be conducted to assist in the placement of players on their respective teams. No player shall be cut by the Member because of any tryout.

MAXIMUM ROSTER SIZE

15. The maximum roster size for any one team
 - a. Flag: twelve (12) players
 - i. The ideal team size is approximately ten (10) players.
 - b. 3/4 Rookie Tackle: twenty-one (21) players
 - i. It is preferred that the team sizes be closer to fourteen (14) to sixteen (16) players to optimize playing time and player development. Minimum team size will be nine (9) players. Every effort should be made to increase numbers to the recommended number.
 - c. 5/6 Senior Tackle: thirty-three (33) players
 - d. JV Senior Tackle: thirty-three (33) players



LEAGUE OPERATIONS GUIDE

2024 SEASON

- e. 7/8 Blend Senior Tackle: thirty-three (33) players
- f. Varsity Senior Tackle: thirty-three (33) players

FLAG TEAM FORMATION

- 16. Kindergarten through 2nd Grade Flag teams can be comprised of all three (3) levels. Where possible, Kindergarten should not be assigned to teams with 2nd grade. Preference are teams comprised of kindergarten with 1st Grade or 1st Grade with 2nd Grade.
- 17. 3rd and 4th grade are combined.
- 18. 5th and 6th grade are combined.
- 19. Each team is limited to three (3) coaches.
- 20. If a Member fields more than one team in at any given level the teams shall be equitably and equally balanced.

BLEND LEVEL TEAM FORMATION

- 21. Members will only be eligible to participate in the Blend level of play if forming a full Varsity or a full JV team is not possible due to insufficient numbers. If the Member has formed either a Varsity or JV team, they may not form a 7/8 Blend team. A full team will be defined as twenty (20) or more players. Teams that participate in this level of play, from a scheduling standpoint, will be matched, as closely as possible, with teams with similar number of 8th grade players.
 - a. For example, ten (10) or more 8th graders on a team will play in one division. Less than ten (10) 8th graders will play in another division. This could be expanded, depending on number of participating Members.

VARSITY/BLEND/JUNIOR VARSITY

- 22. Varsity/Blend/Junior Varsity Variations
 - a. These levels shall include players from the 7th and 8th grades. Teams will be arranged to accommodate ability, experience, size, and maturity of player.
 - b. The Varsity level shall be the Member's higher level of player talent, experience, and size.
 - c. The Junior Varsity level is designed to be a level to gain experience for players of similar ability.
 - d. In the event of fifty (50) or more 8th grade players within a Member, it is required that two (2) varsity teams are established within said Member.
 - e. Teams with eight (8) or more 8th grade players on verification day are a Varsity team. The exception to this rule is if a team is eligible for and chooses to participate in the Blend level.
 - f. Any 8th grade player over 175 pounds on the Member's verification day, which shall not be before August 15th, must play at the Varsity level.
 - i. Playing a 176+ pound player down from 8th grade to JV:
 - (1) Is reserved for rare special circumstance cases where the player presents with special social, emotional, and/or physical needs.
 - (2) The Member President will petition their Co-Division Presidents for a waiver review on a case-by-case basis.
 - (a) Petition will include
 - (i) Player's weight, date weight was collected, and method for collecting the weight
 - (ii) Special circumstance description
 - (3) An approved waiver will include each of the following signatures:
 - (a) Co-Division President
 - (b) Member President
 - (c) JV Head Coach
 - (d) Varsity Head Coach
 - (e) Player's parent

Q&A

- Q** We had a player sign-up after teams were formed and this will put us over by one player. Can we expand one player beyond the maximum roster size?
A No
- Q** We do not have enough coaches to form a second team, can we have a team with more players than the maximum roster size?
A No



LEAGUE OPERATIONS GUIDE

2024 SEASON

- Q** We have 35 8th graders and we have already sent eight (8) 8th graders down to the JV team, but the JV team only has 33 players, can we send the additional 8th grader down to JV and still have one JV team and one Varsity team?
- A** No, any JV team with more than eight (8) 8th graders is considered a Varsity team.
- Q** How late can a player be added?
- A** There is not a deadline to add players if all other conditions are met: conditioning hours prior to wearing pads and pad wearing practice hours before participating in a game. Note: your per player costs are fixed and will not be prorated. If the Member offers the family a proration, the Member will incur the costs.



LEAGUE OPERATIONS GUIDE

2024 SEASON

TITLE 5: COACH CERTIFICATION REQUIREMENTS

Coaches and staff must complete all the mandatory requirements before interacting with participants in any practices, jamborees or TVYFL contests.

CONTACT ONLINE CERTIFICATION

LEVEL ONE CERTIFICATION	LEVEL TWO CERTIFICATION (FORMERLY RECERTIFICATION)	INCLUDED RESOURCES
FOUNDATIONS OF QUALITY COACHING	<small>ELECTIVE OPTION</small> EFFECTIVE PRACTICE PLANNING OR COMMUNICATION STRATEGIES	✓ 48 PRE-MADE PRACTICE PLANS
TRANSFORMATIONAL COACHING	TACKLING & BLOCKING: SKILLS & DRILLS	✓ FULL COACH PLANNER APP ACCESS
HEALTH & SAFETY * Concussion, Sudden Cardiac Arrest, Heat & Hydration, Emergency Action Planning (EAP) & Foundations of Flag Safety	HEALTH & SAFETY * Concussion, Sudden Cardiac Arrest, Heat & Hydration & Emergency Action Planning (EAP)	✓ DRILLS, SCHEDULES & PRACTICE PLANS
ABUSE PREVENTION **	ABUSE PREVENTION **	✓ PLAYER PROGRESSION GUIDE & CONTACT MANUAL Featuring 250+ Drills
	PRINCIPLES OF SAFER CONTACT *** Equipment Fitting, Levels of Contact, Shoulder Tackling, Blocking & Defeating Blocks	✓ GAME TYPE PLAYBOOKS Featuring 325+ Plays
		✓ 16 FOOTBALL DEVELOPMENT MODEL AGE-BASED COACHING VIDEOS
		✓ LIVE COACHING WEBINARS
		✓ TEMPLATES Rosters, Call Sheets, etc.

HOW DO I CHOOSE WHICH CERTIFICATION TO TAKE?

Based on your eligibility, our system will automatically determine which certification you are eligible for. If you certified last year, be sure to use the same account/email address to login.

GET CERTIFIED

* Health & Safety must be passed every four years regardless of Certification Level. In addition, a user must pass a quiz testing their knowledge if previously completed and certified in the previous year. If a user passes the quiz, they will not need to retake Health & Safety in that year.

** Abuse Prevention must be completed every two years regardless of Certification Level.

○ A coach may select one of these two options in 2023. If they are eligible for a Level Two certification next year, they must complete another elective course that year.

COACH CERTIFICATION REQUIREMENTS

1. Coach Certification Requirements

a. Tackle Coaches

- USA Football – Tackle Football Level 1 Certification
- Background Check
- Safe Sport Act – Abuse Prevention Training (Bi-annually. Proof of training completed in another sport is acceptable)
- First Aid & CPR/AED Certification
 - All coaches must be First Aid and CPR certified.
 - Medical Professionals (doctors, nurses, EMTs, etc.) may provide proof of professional certification in place of First Aid/CPR Certification.

b. Safety Coordinator

- Concussion Awareness Training: [CDC Online Training](#) or USA Football Tackle Football Level 1 Certification
- Background Check
- Safe Sport Act – Abuse Prevention Training (Bi-annually. Proof of training completed in another sport is acceptable)
- First Aid & CPR/AED Certification



LEAGUE OPERATIONS GUIDE

2024 SEASON

1. Medical Professionals (doctors, nurses, EMTs, etc) may provide proof of professional certification in place of First Aid/CPR Certification and Concussion Awareness Training

NON-CONTACT FLAG ONLINE CERTIFICATION

LEVEL ONE CERTIFICATION	LEVEL TWO CERTIFICATION (FORMERLY RECERTIFICATION)	INCLUDED RESOURCES
FOUNDATIONS OF QUALITY COACHING	ELECTIVE OPTION	✓ 48 PRE-MADE PRACTICE PLANS
TRANSFORMATIONAL COACHING	EFFECTIVE PRACTICE PLANNING OR COMMUNICATION STRATEGIES	✓ FULL COACH PLANNER APP ACCESS
HEALTH & SAFETY * Concussion, Sudden Cardiac Arrest, Heat & Hydration, Emergency Action Planning (EAP) & Foundations of Flag Safety	FLAG SKILLS & DRILLS Foundations of Flag Safety, Flag Pulling & Evasive Running	✓ DRILLS, SCHEDULES & PRACTICE PLANS
ABUSE PREVENTION **	HEALTH & SAFETY * Concussion, Sudden Cardiac Arrest, Heat & Hydration & Emergency Action Planning (EAP)	✓ PLAYER PROGRESSION GUIDE & CONTACT MANUAL Featuring 250+ Drills
	ABUSE PREVENTION **	✓ GAME TYPE PLAYBOOKS Featuring 325+ Plays
		✓ 16 FOOTBALL DEVELOPMENT MODEL AGE-BASED COACHING VIDEOS
		✓ LIVE COACHING WEBINARS
		✓ TEMPLATES Rosters, Call Sheets, etc.

HOW DO I CHOOSE WHICH CERTIFICATION TO TAKE?

Based on your eligibility, our system will automatically determine which certification you are eligible for. If you certified last year, be sure to use the same account/email address to login.

GET CERTIFIED

* Health & Safety must be passed every four years regardless of Certification Level. In addition, a user must pass a quiz testing their knowledge if previously completed and certified in the previous year. If a user passes the quiz, they will not need to retake Health & Safety in that year.

** Abuse Prevention must be completed ever two years regardless of Certification Level.

⊙ A coach may select one of these two options in 2023. If they are eligible for a Level Two certification next year, they must complete another elective course that year.

- c. Flag Coaches
 - i. USA Football Flag Level 1 Certification
 - ii. Background Check
 - iii. Safe Sport Act – Abuse Prevention Training (Bi-annually. Proof of training completed in another sport is acceptable)
 - iv. First Aid & CPR/AED Certification (optional but recommended)
- d. Membership approved training as voted on during the current league year League Wide Meetings. These trainings can change year-over-year and as such are not listed above. The requirements per team are stated and approved during voting.
- e. High school coaches that are listed on OSAA as a staff member of a high school program can use their proof of current season NFHS training in place of the USA Football Certification. The courses required to be certified:
 - i. Football Tackling – Oregon
 - ii. Sudden Cardiac Arrest – Oregon
 - iii. Concussion in Sports – Oregon
 - iv. Heat Illness Prevention – Oregon



LEAGUE OPERATIONS GUIDE

2024 SEASON

Q&A

- Q** I have a parent helping during practices but is not a member of the coaching staff. Do they still need to complete all mandatory certifications?
- A** Yes. Any individual that has contact with a player during instruction must be certified due to insurance requirements. If a player is injured during a drill run by the uncertified individual, that injury will expose the Member's Association and the League to potential damages. In these instances, the individual is not covered by the league's liability Insurance.
- Q** One of our coaches works a lot of hours and has yet to complete the mandatory certifications. Can he/she help coach during practices until they complete their training?
- A** No. Uncertified coaches are not covered by the league's liability insurance.

BACKGROUND CHECKS

2. Members will submit the names of all volunteers that might have 1:1 contact with a player to Criminal Information Services (CRIS). The TVYFL rubric for criminal offenses shall be consulted as a guideline when determining the eligibility of any volunteer with a criminal history and the eligibility of this person should be put to a vote of the Member's executive board with the applicant's name withheld for privacy. Any person who is required to register as a sex offender in any state shall be automatically refused from any position and should not be allowed to serve in any capacity within a Member.
 - a. The below criteria act as a guide; each applicant will be considered individually and their merits as a volunteer considered. The safety and proper development of each child is our priority along with the security and liability of each Member and the TVYFL.
3. All head coaches must be age twenty-one (21) or over. Assistant coaches, reporting directly to the head coach can be age eighteen (18) or over. Coach trainees will be allowed with the consent of the individual Member president.
4. The head coach shall be present at all practices and games unless excused by the Member president and appropriate arrangements have been made. Subject to the terms of these League Operations related to team formation, the head coach shall be allowed to select his assistants as the Member deems appropriate. The head coach shall be subject to removal as the Member deems appropriate.
5. Each head coach and assistant coach must have completed, signed, and submitted a coach's contract online.
6. Coaches do not make league policies; however, they are expected to follow all rules and regulations. On the playing and practice fields, the coaching staff is in complete charge and shall not be interfered with except in cases of rules violations and any other conduct deemed inappropriate by Member or League officers or directors.





LEAGUE OPERATIONS GUIDE


2024 SEASON

VOLUNTEER APPROVAL GUIDELINES

VOLUNTEER APPROVAL GUIDELINES											
Year	1	2	3	4	5	6	7	8	9	10	10+
Felony											
Class A											
Class B											
Class C											
Misdemeanor											
Class A											
Class B											
Class C											
Sex Abuse (Any)											
Any crime involving a child or children											
Any crime with sex as the main element											
DUI/DWI											
Diversion Program		Maybe after diversion program is completed and the charge is dismissed									
1st Conviction											
2nd Conviction (within 3 years)											
3rd Conviction (within 3 years)											
Drug Manufacturing and Distribution											
1st Conviction											
2nd Conviction											
Manufacturing Methamphetamine											
Arrest/Conviction/Association with											
Drug Possession and/or Use											
1st Conviction											
2nd Conviction (within 3 years)											
3rd Conviction (within 3 years)											

 = Not qualified to participate

 = May be approved upon further investigation

 = The applicant is qualified



LEAGUE OPERATIONS GUIDE

2024 SEASON

TITLE 6: TEAM BOOK VERIFICATION

Team Books are used to verify coaches and players as eligible to participate in league-sponsored contests, provide for emergency contact information and designate who is allowed on the sidelines during contests. Team Books are verified ahead of the first contest of the season on Book Verification Night as scheduled by the Members Co-Division Presidents. Member Registrars are required to attend Book Verification Night in person; the Member President should plan to attend or be available by phone at minimum. Any tackle teams without a stamped and approved Team Book by a TVYFL Co-Division President are not eligible to participate in any contests leading to forfeit. The Team Book will fit within a 1½" binder.

TEAM BINDER CONTENT

1. Front of Binder – TVYFL Team Roster Template (generated from SportsEngine). Insert 13 copies to provide announcers a copy for use during games.
 - a. Roster needs to be placed in front of the book, inside the plastic view cover.
 - b. Player roster needs to be in order of jersey numbers with small numbers first.
 - c. Player roster needs to list the grade the player is in.
 - d. Head coach and staff names and phone numbers need to be on the team roster.
 - e. The total number of players in each grade level and the total number of players on the team needs to be displayed.
 - f. Registrar, Head coach and Member President must sign the roster.
 - g. A copy of the roster with signatures needs to be made and turned in at verification night.
2. 1st Open Pocket in Front of the Binder – Emergency Action Plan (information for use during emergency situations (EMT, AED, etc.))
3. In front of Page 1 – Zippered Pouch: Insert NFHS Rule Book (can be purchased from [NFHS](#)), scissors, 1" tape of contrasting color of any other color on helmets, and pen.
4. Page 1 – Member's Board Members contact list – Member's Board Roster and Contact Information
5. Page 2A – Weigh-in Guidelines sheet
6. Page 2B – Weigh Master Responsibilities
7. Page 3 – TVYFL Ineligible Players
 - a. Place 13 copies inside plastic pocket. (These forms will be filled out before each game when teams weigh-in.)
 - b. To save time at weigh-ins, it is recommended to fill out your team's ineligible player form, as much as possible, prior to weigh-ins.
 - c. The Weigh Master from each team completes the opponent's team's Ineligible Player form.
 - d. Both teams' weigh masters sign both forms. Each team keeps their opponent's Ineligible Player Form. The completed forms are kept in the book throughout the season.
8. Page 4 – Weigh-In Sheet (these should be placed in clear plastic protective pockets or printed on water resistant paper)
 - a. Players need to be in order by jersey numbers, small numbers first.
 - b. Player's picture, with visible jersey number, must be attached to the card. Two pictures are allowed if home and away jerseys have different numbers.
 - c. Team, Head Coach and Member Name at the top of each page
 - d. Registrar and Member President's signature on the last page
 - e. DP's stamp on each page (if pictures are pasted to the form, the DP's stamp must be on each picture)
 - f. These should be placed in clear plastic protective pockets or printed on water resistant paper.
 - g. The weigh-in sheet should be filled out the first time the player weighs-in each season. If a player is not there at weigh-in for the first game, skip that player on the sheet and write their name on the ineligible player form. If a player is not already checked off on the sheet at any other game that the player is weighing in at, check their correlating box off at that weigh-in (that is their first weigh-in of the season). At NO TIME should a Weigh Master cross off any player on the weigh-in sheet!
9. Page 5 – Emergency Contact Roster (generated from SportsEngine)
 - a. Players need to be in order by last name, ascending order (A-Z).
10. Page 6 – TVYFL Play Plotter sheets (insert 13 copies as you need one for each week of play including playoffs)
 - a. Completed sheets are kept in the book throughout the season.
11. Page 7 – Team book index and instructions on how to locate forms no longer stored in the book.



LEAGUE OPERATIONS GUIDE

2024 SEASON

ITEMS NOT KEPT IN THE TEAM BOOK

Bring physical OR digital documents to Book Verification night. After verification, the Member stores the physical or digital copies.

12. OSAA Sports Physical for Tackle Football. ONLY the OSAA Sports Physical Form will be accepted. The physical is good for two (2) years from the player's examination date and must be valid through the end of the season.
 - a. The OSAA Sports Physical Form is not required for Book Verification Night, just a listing of exam dates by player.
 - b. The OSAA Sports Physical Form may be kept by the Member either physically, digitally or discarded after verification.
13. Transfer/Play-Up Request approval if applicable.
14. Player Proof of Baseline Testing (Certificate/Medical Sign-Off, etc.). The Baseline Testing is good for two years from the previous examination date. Any Baseline Tests that expire during the season must be updated prior to the first day of practice.
15. First Aid/CPR Certification
 - a. Required for all members of team's coaching staff
 - (1) Medical Professionals (doctors, nurses, EMTs, etc) may provide proof of professional certification in place of First Aid/CPR Certification
16. Team Safety Coordinator Concussion training certificate
 - a. [CDC Online Training](#) or USA Football Tackle Football Level 1 Certification
 - (1) Medical Professionals (doctors, nurses, EMTs, etc) may provide proof of professional certification in place of Concussion Awareness Training
17. USA Football Level 1 Certification for each member of the coaching staff.
 - a. ALL members of the Team's Coaching staff must provide proof of completing a concussion training from a TVYFL approved source. The USA Football Level 1 Certification meets the concussion protocol standard.
18. Abuse Prevention Training proof of completion.
 - a. Abuse Prevention is included in USA Football coaches training.
 - b. For other staff members you will need to provide proof of training.
19. Proof of Background check completion for all staff members
 - a. Provide proof, not the physical background check
 - b. Current League Operations only state that a Background check must be completed and approval by the Member is based on TVYFL's provided rubric. We are not verifying if the background check was cleared or required additional inspection.

Q&A

Q Isn't the signature date of the provider more accurate on the OSAA Sports Physical form than the Exam Date as maintained by the parent?

A No. The provider is either just stamping the form or entering the date the form is provided to them. There are instances where the actual physical was performed within the previous year and in those instances the provider is not entering the date they performed the physical, only that they completed a physical for the student and the date they are signing the form.

Q

A

Q

A



LEAGUE OPERATIONS GUIDE

2024 SEASON

TITLE 7: PLAYER SAFETY

1. It is STRICTLY PROHIBITED for a player or group of players to participate in any practice session, jamboree, or game with players from another level of play (i.e., No 5th/6th vs. JV, JV vs. 7/8 Blend, etc.).

INJURY REPORTING

2. Injury reporting: Injury reporting is a weekly requirement for all teams in the TVYFL. The method used for this reporting will be communicated to all Members and coaches. Reporting will be required on a weekly basis for all injuries in practice or games that meet the following criteria:
 - a. Any injury identified as head or spinal.
 - b. Any injury identified as soft tissue and/or internal damage that requires a player to be removed for the remainder of a game or practice (lost play case).
 - c. Any injury that requires a player to have normal practice modified to a "light duty".
 - d. REPORT 1ST OCCURRENCE ONLY: Once an injury is reported, do not duplicate the injury each week the player is out.
 - e. Injuries that occur outside of football are not reported (injury that occurred during school for example)
 - f. Illnesses are not reported
3. All Injury Reports are due by midnight on Sunday, even if no reportable injuries occur. In this case, a report would be filed as, "No injuries to report". Fines are calculated by Member, not team. Failure to report will result in:
 - a. First offense: Warning
 - b. Second/third offense: \$100 fine to Member
 - c. Fourth/fifth offense: \$250 fine to Member
 - d. Additional offenses will result in suspension of coach for balance of the year. Further coaching in the league may also be jeopardized by this situation.

TEAM SAFETY COORDINATOR – CONTACT

4. All teams will be required to have a coach, identified on team roster, who is the Team Safety Coordinator. This person cannot be the head coach and should not be an offensive or defensive coordinator. The role of this person will be to ensure compliance on concussion protocol.

BASELINE CONCUSSION TESTING

5. Baseline concussion testing is required for all 7th and 8th grade players in the TVYFL.
 - a. A baseline test, once completed, is considered current for a two (2) year period. Thus, all 7th grade players are required to have baseline testing done. This test will be considered a current test for their 8th grade season as well, so, at the varsity or blend levels, only 8th graders who did not complete baseline testing at the 7th grade level, would be required to complete this testing. It is important that test results and/or proof of testing is maintained from year to year so that proof of this testing can be put in books for verification.
 - b. Testing must be completed before a player can participate in any on field related activity.

RETURN TO PLAY

6. Once a player is removed from the game due to a serious injury or any injury involving the head, neck, or spine, that player shall not re-enter the game nor shall they be allowed to practice or play in a subsequent game, scrimmage, or practice session unless specifically cleared for such activities by a licensed Physician or Nurse Practitioner in writing. At no time may the player, or the player's parent or guardian, or the player's coaches (this includes all coaches even those who are licensed Physicians or Nurse Practitioners or any other person on site) make the decision for the player to return to play without such written consent. The written consent to return will be kept on file by the player's local Member for a period of three (3) years or for a period that the law or insurance may require, whichever is greater. A copy of the written medical consent will be placed in the player's team book for the duration of that season along with the OSAA Medical Release – [Return to Participation Following a Concussion Form](#).
7. Guiding the recovery of individuals of any age with a concussion who participate in competitive or recreational activities requires careful management to avoid re-injury or prolonged recovery. The "[6-Step Return to Play Progression](#)" as prescribed by the CDC and USA Football must be followed before a player is returned to play.

CONCUSSION PROTOCOL

8. Concussion Protocol requirement: Any time a player is removed from play for suspected head injury (concussion), the Concussion protocol will be administered by a sideline designee. After protocol is completed, a minimum of ten (10) minutes (real time, not clock time), must elapse. Once the ten (10) minutes has elapsed, a follow-up



LEAGUE OPERATIONS GUIDE

2024 SEASON

protocol check will be administered. If the player passes both checks, only then may he/she be released to come back into the game.

AUTOMATED EXTERNAL DEFIBRILLATOR (AED)

9. A FULLY FUNCTIONING Automated External Defibrillator (AED) is required to be IMMEDIATELY accessible at any practice, jamboree, or game facility. The Site Official, Concession Stand, and Coaches must know location of the AED. Failure to have an AED present will result in contests not getting scheduled at that facility. Field use forms reflect acknowledgement and compliance of the requirement. Holding practices, jamborees, or contests at a facility without an operating AED is a violation of League Operations.

HEAT INDEX

10. Refer to the [OSAA Handbook](#), under Executive Board Policies item 41. The OSAA Heat Index Calculator can be found at <https://www.osaa.org/heat-index>.

ADVERSE WEATHER CONDITIONS

11. Refer to the [OSAA Handbook](#), under Executive Board Policies item 4.

LIGHTNING SAFETY GUIDELINES

12. Refer to the [OSAA Handbook](#), under Executive Board Policies item 44.

AIR QUALITY GUIDELINES

13. Refer to the [OSAA Handbook](#), under Executive Board Policies item 5. Oregon's DEQ AirNow page can be found at <https://www.airnow.gov/>.

ACCIDENT MEDICAL CLAIMS

14. When filing a claim, the injury must go through the family's insurance first. The medical policy picks up on a secondary basis with a \$250 deductible after the primary is exhausted. If the family does not have insurance, then the medical policy will act as the primary with \$250 deductible.
 - a. Process for filing a claim. Complete the [AIG Claim Form](#):
 - i Section A completed by Member president.
 - ii Section B completed by parent/guardian.
 - iii Claim form signed and dated by the league commissioner.
 - iv Claim form submitted to AIG by the league commissioner.
 - b. Participant Medical Claims:
 - i Reference Policy Number: SRG0009158709
 - ii AIG
 - iii Fax: 866.831.3636
 - iv Phone: 800.551.0824
 - v Email: AHClaims@AIG.com



LEAGUE OPERATIONS GUIDE

2024 SEASON

TITLE 8: OFF-SEASON, PRE-SEASON AND PRACTICE REGULATIONS

OFF SEASON

1. The TVYFL off-season occurs between the 2nd Sunday in November and July 15th of the following calendar year. Off-season activities under the direction of any person affiliated with the member program, including practices, contests, weight training and conditioning, are permissible throughout the off-season, excluding the defined Moratorium Period, and must consider the following points:
 - a. OSAA regulations regarding the Heat Index Calculator are always in effect.
 - b. Implement a slow and gradual preseason-conditioning regimen that prepares the athlete for the rigors of the sport.
 - c. Slowly build up the intensity of activity over several days.
 - d. Consider the level of conditioning of all individuals.
 - e. Slowly introduce new exercises or workout routines to allow for adaptation by muscle groups.
 - f. Provide adequate rest and recovery between repetitions.
 - g. Athletes should refrain from consuming high caffeine energy drinks and supplements, or other stimulants, as they may contribute to dehydration.
 - h. Athletes should refrain from extreme exercise during acute illness, if feeling ill, or while experiencing a fever.

NON-SANCTIONED EVENTS: EQUIPMENT AND INSURANCE

2. Individual members have the option of determining whether they will allow an individual athlete within their Association to use protective equipment owned by the member when attending camps/clinics not organized by any member personnel. This decision should take into consideration the inherent liability when participants use protective equipment owned by the member.
 - a. Non-TVYFL sanctioned events are not covered by our insurance (both medical and liability). Any player injury during third party camps, clinics or games will not be covered and the Member can be held personally liable.
 - b. Any equipment worn for this activity cannot be used during the regular season until it is inspected and reconditioned.

Q&A

- Q** Our high school is holding a camp during the Moratorium Period, does our insurance cover that camp?
- A** No. The camp is being facilitated by a third party and as such is not a sanctioned event.
- Q** Our high school is helping us run practices the first week of conditioning with our coaches assisting, is this covered by our insurance?
- A** Yes. This would be a Member sanctioned event with Member personnel directly involved.
- Q** Our association is planning to run flag football in the Spring, does our insurance cover this activity?
- A** Yes. This would be a Member sanctioned event with Member personnel directly involved.
- Q** One of our participants wore our equipment for a camp in July. Can he/she just hold onto the equipment and then wear it in August when our season starts?
- A** No. The equipment must be inspected and reconditioned before use during TVYFL sanctioned activities. Any damage to the equipment during non-sanctioned activities could lead to injury during the regular season and lead to the league and Members being liable for the injury due to damaged equipment.

START OF SEASON

3. Senior Tackle – The season officially starts on Monday, four (4) weeks before Labor Day of each year. No practice may occur prior to the season starting date and no conditioning prior to the starting date shall apply to the conditioning requirements hereof.



LEAGUE OPERATIONS GUIDE

2024 SEASON

4. Rookie Tackle – The season officially starts on Monday, four (4) weeks before Labor Day of each year. No practice may occur prior to the season starting date and no conditioning prior to the starting date shall apply to the conditioning requirements hereof.
5. 3/4 and 5/6 Flag – The season officially starts on Monday, two (2) weeks before Labor Day of each year.
6. K-2 Flag – The season officially starts on Monday, two (2) weeks before Labor Day of each year.

MORATORIUM PERIOD

7. Moratorium Period
 - a. The TVYFL Moratorium Period begins July 15th up to the start of the season.
 - b. During the Moratorium Period no football related practice, camp or event organized by a TVYFL Member, Member board member or Coach may occur and no conditioning prior to the end of the Moratorium Period shall apply to the conditioning requirements hereof.
 - c. Exceptions to the Moratorium Period are equipment hand-out and other administrative matters, administrative meetings, and TVYFL sanctioned events such as a 7-on-7 league or camp that is approved yearly by the Executive Board.
 - d. Members may promote and communicate camps to their members throughout the year without restrictions, but they are not allowed to organize, register, or run camps during the Moratorium Period.
 - e. Any TVYFL coach or Association board member who wishes to participate in a football camp during the Moratorium Period where there could be contact with players from his/her association needs to notify their Co-Division President to ensure that the spirit of the Moratorium Period is not being violated. It will be up to the decision of the Co-Division President if such a violation is taking place.

CONDITIONING

8. The first ten (10) hours of practice shall be devoted entirely and exclusively to conditioning. No pads will be allowed; however, helmets shall be permitted. Each Member may extend this conditioning to more than ten (10) hours, but not less than.
9. No Player shall be permitted to participate in any practice, conditioning, or other Member activity until all the necessary paperwork has been received by the Member, including but not limited to: Player Registration and OSAA Physical Form.
10. All practices where contact takes place shall be conducted with full protective gear as covered by these regulations.
11. A mandatory ten (10) minute water break after each hour of practice is required. During extreme heat, fifteen (15) minute water breaks, or on demand, are encouraged to avoid heat exhaustion or fatigue. It is highly recommended to require water vs. soft drinks during these practices. Breaks do not count against practice time limits.
12. Any player training or camps organized, run, or coached by TVYFL members after the start of the TVYFL season will be counted as practice time.

PRACTICE TIME LIMITATIONS

13. Senior and Rookie Tackle
 - a. Practice Time Limitations (a week is defined as Sunday–Saturday)
 - i Pre-Labor Day:
 - (1) Maximum of ten (10) hours per week, not including water breaks
 - (2) Maximum of two (2) hours per day, not including water breaks
 - ii Post-Labor Day:
 - (1) Maximum of six (6) hours per week, not including water breaks
 - (2) Maximum of two (2) hours per day, not including water breaks
 - b. Non-Practice Time Limitations
 - i Maximum of ninety (90) minutes per week for any team activities, including but not limited to, team parties, watching film, and all other similar activities. These types of activities do not count as practice.
 - ii Maximum of one (1) hour of warm-up and preparation time prior to a contest on game day. This counts as practice time only if it exceeds one (1) hour.
14. Flag
 - a. Practice Time Limitations (a week is defined as Sunday–Saturday)
 - i Pre-Labor Day:
 - (1) Maximum of six (6) hours per week, not including water breaks
 - (2) Maximum of two (2) hours per day, not including water breaks
 - ii Post-Labor Day:
 - (1) Maximum of four (4) hours per week, not including water breaks



LEAGUE OPERATIONS GUIDE

2024 SEASON

- iii Maximum of two (2) hours per day, not including water breaks

SCRIMMAGES AND JAMBOREES

15. Scrimmages and Jamborees

- a. After 4 hours of full pads, teams are permitted to engage in joint practice sessions with other teams in what are called controlled inter-squad scrimmages. Prior to the onset of these scrimmages, both coaches MUST mutually agree on the guidelines to conduct these scrimmages. However, these scrimmages ARE NOT to be held between two different levels of play, but rather two teams within the same level of play.
- b. Scrimmages and jamborees between Members count as a practice time.
- c. All the time warming up and preparing for a scrimmage or jamboree counts as practice time.
- d. The one (1) hour warm-up exception for games does not apply for scrimmages and jamborees.

CONTACT LIMITATIONS

16. Contact Limitations

- a. Contact is described as any drill or scrimmage in which the drill is run at competitive speed until the moment of contact even if the players stay on their feet, or the drill is run in game-like conditions and players are taken to the ground (examples of contact include but are not limited to lineman vs. lineman drills, player on player tackle drills, team scrimmages, etc...).
- b. Prior to Labor Day, there can be no more than 3.5 hours of contact per week, excluding Jamboree games.
- c. After Labor Day, there can be no more than 90 minutes of contact per week.

PARTICIPATION LIMITATIONS

17. Participation in all-star teams or a second league during the TVYFL season is not allowed.

- a. In the off season (after playoffs in November through July 15th), a player is allowed to join camps and participate in other leagues.
- b. Once the TVYFL season starts the player will have to forfeit all involvement in any other league. The reason is OSAA rules on practice and playing time will be violated. Per OSAA, 6 quarters per week are allowed however TVYFL cannot monitor this so 4 quarters will be the maximum playing time for all players. From a safety standpoint, there are concerns with unreported injuries, liability and player safety that should not have to be addressed. As such, players and coaches will need to either play with a TVYFL association or an All-Star team, not both during the TVYFL season as defined in Title 8.3.
- c. If at any time TVYFL determines that a player is participating for another league during the TVYFL season, the player will be removed from participation and the team will forfeit all games where that player competed based on fielding an ineligible player. Association Presidents are responsible for verification of eligible players.
- d. In the unlikely event that a Board Member of a Member Association is a parent or is knowingly aware of a player in their association participating for another league during the TVYFL season, the Member will be fined and depending on the findings from the investigation, may result in a vote by the League Members for expulsion from the league.
- e. Any TVYFL coach participating in another league in the offseason must abide by the Moratorium Period and withdraw from the other league as of the start of TVYFL's season.



LEAGUE OPERATIONS GUIDE

2024 SEASON

TITLE 9: OFFICIALS

OFFICIALS

1. Each Member shall be solely responsible for obtaining such number of officials and official's candidates as the Executive Board of the League deems appropriate.
2. Officials must be certified by TVYFL or an OSAA certified association to be allowed to officiate TVYFL contests. Training sessions are scheduled on a yearly basis, and it is mandatory that officials complete training in that calendar year or they are not eligible to officiate games.
3. Background checks: youth officials under the age of 18 do not require a background check. Applicants over the age of 18 must complete a background check and Abuse Prevention Training (once per calendar year. Proof of training completed in another sport is acceptable).

NUMBER OF OFFICIALS

4. Members who do not have at least 4 Certified Officials by the final training date will not host any regular or post season home games unless they have a contract with an OSAA certified official's association. The number of officials a Member should field is as follows:
 - a. 1-2 home games on any given Saturday: 4 to 6 officials
 - b. 3-4 home games on any given Saturday: 6 to 8 officials
 - c. 5-6 home games on any given Saturday: 10 to 12 officials
5. The expectation is that the Member will always have 4 officials on the field and that officials work a maximum of 2-3 games a day. If you know you are going to be short officials due to SATs or other conflicts, we can attempt to secure additional officials from other Members provided enough notice is given and/or there is availability from other Members to share their officials. Worst case scenario, you will run a 3-man crew, but this is not ideal or recommended.
6. PFOA (Portland Football Officials Association)/SFOA (Salem Football Official's Association) Assignments
 - a. PFOA & SFOA are assigned to 2 or 3 game sets where at least a 7th or higher is paired with nothing less than a 5th or higher game.
 - b. For instances where a single game is scheduled for JV, 7/8 Blend and Varsity, at least one (1) PFOA/SFOA will be scheduled for the single-game set at an increased cost.
 - c. Where feasible, add a minimum of one white hat PFOA/SFOA official for 5/6 Senior Tackle games. Use trained TVYFL officials as line and back judge only.
 - d. PFOA/SFOA game field assignments should be randomized week over week.

UNIFORMS

7. We recommend that you order your officials the following package:
 - a. <https://www.refereestore.com/football-official/packages/>
 - b. <https://honigs.com>
8. If officials are not in proper attire, they CANNOT OFFICIATE. Proper Official's Attire: Must Have!
 - a. Hat, Whistle, Yellow Flag, Marker (white bean bag).
 - b. All officials should have 2 shirts (1 Long Sleeve, 1 Short Sleeve)
 - c. All officials should have 1 Long Pant.
 - d. Black Shorts ONLY! Cannot have stripes, patches, markings, etc.
9. All officials should be wearing the same while on the field. If one official wear a long sleeve, everyone else must as well. This goes for shorts and pants as well.
10. Shirts must be tucked in to shorts or pants.

RULE BOOKS

11. Members must purchase the current season's NFHS Rule Book for each official. Rule books can be purchased from NFHS (<http://www.nfhs.com/c-204-football.aspx>).

OFFICIAL'S REIMBURSEMENT

12. North Youth Officials Pay Scale:
 - a. Level 1: \$30/game
 - b. Level 2: \$35/game



LEAGUE OPERATIONS GUIDE

2024 SEASON

- c. Level 3: \$40/game
 - d. Level 4: \$45/game
 - e. If an Official travels to another site, add \$5 per game.
- 13. North Youth Official Levels
 - a. First year officials start at level 1.
 - b. If an official's proficiency and professionalism rise to the level expected of a 2nd year official, then they are Level 2.
 - c. If the expected proficiency is not met, an official can also be moved back down (e.g. level 3 could be moved back to a level 2 if needed).
 - d. Etc.
- 14. TVYFL only reimburses officials to be on the field officiating games. We do not reimburse for officials to:
 - a. Attend any of the required training.
 - b. To work in Jamborees
 - c. To run the clock or any other function at the Member Level
 - d. Train on the field in addition to the officials necessary to cover the game (for example, TVYFL will cover the cost for 4 officials for a Varsity game. If you choose to add a 5th TVYFL will not reimburse for the additional official)
 - e. Officiate Flag games for K-2 or 3/4.
- 15. The maximum number of officials allowed for reimbursement are as follows:
 - a. Four (4) for Senior Tackle games
 - b. Three (3) for Rookie Tackle games
 - c. One (1) for 5/6 Flag games
 - d. Three (3) youth officials as Chain Crew (Varsity level of play only)
- 16. PFOA and SFOA officials are invoiced and paid directly by TVYFL, these officials are not to be included for reimbursement.

OFFICIAL'S GREIVANCES

- 17. See "GRIEVANCE PROCESS"



LEAGUE OPERATIONS GUIDE

2024 SEASON

TITLE 10: GAME FIELD PREPARATION

The home site (Member) is responsible for the preparation of the playing field and all required equipment for a game. All fields will be equipped and marked in accordance with NFHS Football Rules standards.

SITE OFFICIAL

1. The home site (Member) is responsible for providing a Site Official. This person(s) will be required to greet officials and maintain order on the site. Site Officials must be always visible.
 - a. Greet officials as they arrive and direct them to the Official's Dressing Room
 - b. Greet visiting teams as they arrive and direct them to the practice fields where they can warm-up.
 - c. Facilitate weigh-ins:
 - i. Prior to weigh-in, validate the scale is calibrated. This is done using the provided 10lb weight and ensuring the scale registers at 10lbs. This should be done with both home and away Weigh Masters present if possible. After calibration, set the scale to the ball carrying weight.
 - ii. Coordinate weigh-ins between both the home and visiting teams. Visiting teams weigh-in first 30 minutes prior to the start of the game immediately followed by the home team.
 - iii. On occasion, the Site Official may have to make a call on weigh-in guidelines. If needed, the TVYFL Weigh-In Guidelines are included in every team book.
 - d. Resolve any issues that arise between coaches and officials on the field.
 - e. Know the location and have access to a fully functioning AED

CHAINS AND DOWN MARKER

2. The chains and down marker shall be on the visitor side of the field, staffed by the visiting team, and provided by the home site.

SCALE

3. The home site will provide a beam doctor type scale or a digital scale for weigh-in prior to the game. The home site will also provide a ten (10) lb. weight at the site of the scale and the scale will be calibrated to the ten (10) lb. weight prior to weighing players for each game. Should the beam doctor type scale fail, an alternate scale (that both head coaches agree to) can be used. In the event a backup scale is not available, the weights for the prior week will be used for each player.

ELECTRONIC COMMUNICATION DEVICES

4. Use of any electronic communication device between coaches on the sideline area and other players or coaches in other locations is prohibited. This includes cell phones, handheld radios, or headsets.

LOCKER ROOMS

5. Both teams shall have equal access to locker rooms and or covered facilities before, during and after the game. If equal facilities are not provided for both teams, the available facilities shall be shared equally or not used by either team. Warm-up areas for the home and visiting teams must be equivalent.

PHOTOGRAPHER & VIDEOGRAPHER

6. Each team will be allowed one (1) official videographer and no more than two (2) official photographers.
 - a. The videographer will have access to the Press Box if available, or any equivalent location on either sideline. No videographer is allowed in the bench area.
 - b. The photographer(s) will be allowed on the sideline area if listed on the roster as an authorized team personnel or spectator locations. Equal access must be given to both teams.
 - c. Individual Members can further restrict the location of the videographer and photographer if the restriction is equal.

GAME CLOCK AND SCOREBOARD

7. All sites must have a game clock and score visible to both sidelines to be eligible to host games. If a clock becomes disabled during a contest, time and score will be kept on the field by the officiating crew, and this will be the official time. A site will not be allowed to host games until the clock is fixed or a temporary clock is brought in for use.



LEAGUE OPERATIONS GUIDE

2024 SEASON

READY REF

8. The home site (Member) will provide a Ready Ref (Model #1128) to the referee in charge of the game. This will be used by the referee to time the play clock for delay of game penalties. If a referee refuses to use the Ready Ref, the home site (Member) will report this to the Head of Officials for discipline.

GAME CLOCK OPERATORS

9. The game clock operator should watch the head referee (normally lines up behind the ball.) He will wind his arm like a windmill to start the clock or wave both hands over his head to stop the clock. The head referee is the only one who can start the clock once it is stopped. Any referee may stop the clock.
 - a. Game clock operators must be trained prior to running the game clock.
 - b. Only authorized personnel should be in the press box to avoid distraction. Having an additional person while "in training" is allowed.
 - c. Every effort should be made to reduce distractions. Please ask press box crew to refrain from cell phone usage during game play.

STADIUM ANNOUNCERS

10. Stadium announcers, if used, need to be un-biased and fair to both teams and show sportsmanship expected by the TVYFL. Repeated complaints of an announcer will be investigated by the home team's Co-Division President and possible sanctions up to a season expulsion from announcing could be enforced.



LEAGUE OPERATIONS GUIDE

2024 SEASON

TITLE 11: GAME TIME RULES & REQUIREMENTS

WEIGH-IN

18. Weigh-In for Contact Teams

- a. The Member will conduct a weigh-in prior to the first game of the season. Each player will be weighed with full gear except helmet. This determines their playing weight. However, a player's weight at game time weigh in determines who can carry the ball or line up in a position defined as "ball carrier" (Backs and Ends).
- b. Required for all games (with Team Books) and jamborees (without Team Books).
- c. Takes place thirty (30) minutes before game time with the visiting team weighing in first.
- d. Weigh Master(s) (refer to the TVYFL Weigh-In Guidelines and Weigh Master Responsibilities documents for more detailed information)
 - i. Each team will provide their Weigh Master(s) at the scales at the time of weigh-in.
 - ii. Weigh Master(s) cannot be a coach on either team.
 - iii. No more than two (2) Weigh Masters from each team will be allowed at the scales during weigh-in. TVYFL executives and Member board members are exempt from this, unless they are coaching a team involved in the weigh-in.
 - iv. Weigh Masters shall be trained and certified by TVYFL.
- e. A written list of ineligible players for the game must be presented and given by the Weigh Master to the opposing team at the time of weigh-in.
- f. The helmet and mouth guard are not worn at weigh-in. The following is the minimum equipment that must be worn at weigh-in: Girdle w/ pads, pants w/ pads, game shoes, game shoulder pads, and jersey. All these items may not be changed after weigh-in. Further, any optional equipment that is to be worn in the game must be worn at weigh-in, including but not limited to items such as socks, arm pads, cowboy collars, gloves, undergarments, knee braces, elbow pads, kidney pads and rib protectors. Any violation will result in a fine, suspension, or expulsion. Provided, however, games shoes may be changed if the weather or field conditions reasonably so require. The only exception to this rule shall be to allow a kicker to change into a specialty shoe for the purposes of kicking or punting. In such instance, the opposing coach shall be informed of such change prior to the start of the game.
- g. Weigh-in remains open for both teams until the home team's book is signed. The home team's book shall not be signed until every player present at the field has been weighed.
 - i. A player arriving after the first half of the game (end of 2nd quarter, before the start of halftime) is not eligible to play. If a player arrives after weigh-ins have closed, the Weigh Masters will weigh the player as soon as possible and the player will be eligible to play during the second half of the game. Weigh Masters must weigh late players. The 10-play minimum rule still applies to the tardy player.
- h. A player will be allowed to weigh in only one (1) time. There will be no exceptions.
- i. All players over the weight limit must have a one (1) inch stripe of a contrasting color, clearly visible, placed horizontally on the front and back of their helmet. This tape stripe must be of contrasting color to helmet color, helmet stripes and decals.
- j. The Weigh Master may inspect cleats and mouth pieces and advise both coaching staffs of the possible equipment issue. They may not refuse to weigh the player or sign their player card for that game. Any disqualification of a player for equipment issue is up to the referee of the game. A Weigh Master can be removed from the field by the Site Official, Member president or Co-Division President if they do not comply with this Title.
- k. If there is a discrepancy with both Weigh Masters, the chain of command is as follows:
 - i. Site Official > Head Official > Co-Division Presidents

TEAM BOOK AND PLAYER IDENTIFICATION

19. Team Book and Player Identification for Contact Teams

- a. The weigh-in sheet will have a full-face photograph of the player wearing game jersey (or reasonable facsimile thereof) with number clearly visible. If a player wears more than one game number (i.e., if a team has home and away jerseys with different numbers), the player must be photographed in each number.



LEAGUE OPERATIONS GUIDE

2024 SEASON

- b. Each weigh-in sheet must have a verification stamp from Tualatin Valley Youth Football Co-Division President.
 - i. If pictures are attached to the weigh-in page individually versus printed directly, each picture must have a verification stamp from Tualatin Valley Youth Football Commissioner.
- c. Two or more players cannot wear the same game jersey number.
- d. Game jersey numbers do not restrict the position(s) that a player plays.
- e. The team roster will be at the front of the coach's book with the book arranged by jersey number, lowest number first.

GRIEVANCE PROCESS

20. Grievance Process (inclusive of officiating issues)

- a. Grievances may be initiated by the Executive Board or Co-Division Presidents at any time.
- b. Grievances by a Member must be signed and submitted by Member president to the Co-Division Presidents. This must take place by the 9:00 p.m. on the Monday following the game.
- c. The president of the filing Member must contact the president of the Member having the grievance filed against them. This must take place by the 9:00 p.m. on the Monday following the game.
- d. The president of the Member having the grievance filed against them must contact the head coach of the team affected and explain the reason the grievance was filed.
- e. A written response to the grievance must be submitted by the Co-Presidents by 9:00 p.m. on the Thursday following the game.
- f. The Executive Board and Co-Division Presidents may undertake and consider grievances, challenges, enforcement and interpretation of rules, policies, and protests at any time and in any manner they deem appropriate.

SCORE REPORTING

- 21. All members hosting games at their facility must complete the score reporting sheet and keep a copy for the duration of the season. The score sheet is no longer sent to the League unless requested for verification purposes (e.g. the score reported on SportsEngine is questioned by the participating teams).
- 22. The Home Team must report the final score in the SportsEngine app (instructions can be found [here](#)) right after the game is completed. Playoff games shall be reported by the Home Team regardless of the field played on. There shall be no excuse for reporting late. The first occurrence shall result in a warning; any occurrence after the warning shall result in an automatic fine of \$100 up to \$250 against the Member of the offending team.

CROWD CONTROL

- 23. Sportsmanship Responsibility. The Member administration, coach, and other responsible officials of each member shall take all reasonable measures to ensure that the coaches, players and spectators maintain a sportsmanlike attitude at all events so that events may be conducted without unreasonable danger or disorder. All cheers, comments and actions shall be in direct support of one's team. Discriminatory harassment and bullying behavior will not be tolerated. Discrimination is defined as (OAR 581-021-0045(1)(a)) "any act that unreasonably differentiates treatment, intended or unintended, or any act that is fair in form but discriminatory in operation, either of which is based on age, disability, national origin, race, color, marital status, religion, sex, and sexual orientation." Harassing conduct may take many forms, including verbal acts and name-calling; graphic and written statements, which include use of cell phones or the internet; or other conduct that may be physically threatening, harmful, or humiliating. Examples include but are not limited to hazing, intimidation, taunting, bullying, cyberbullying, or menacing another, or engaging in behavior deemed by the member to endanger the safety or well-being of players, administrators, self or others. Harassment does not have to include intent to harm, be directed at a specific target, or involve repeated incidents. Harassment creates a hostile environment when the conduct is sufficiently severe, pervasive, or persistent, so as to interfere with or limit the ability to participate in or benefit from the activities or opportunities offered by a member. This includes the use of, or engagement in, abusive verbal expression or physical conduct, especially if that conduct interferes with the performance of players, coaches, or volunteers.

Spectator Conduct

- a. Spectator Conduct. The following expectations regarding spectator conduct at all TVYFL sanctioned events, including regular and post season competition, are provided. Those violating or threatening to violate the following League rules or site management spectator conduct expectations, may be ejected from the premises, issued a trespass citation, excluded from sanctioned activities temporarily or permanently and/or referred to law enforcement officials.



LEAGUE OPERATIONS GUIDE

2024 SEASON

- i. All cheers, comments and actions shall be in direct support of one's team. No cheers, comments, or actions shall be directed at one's opponent or at contest officials. Some examples of unacceptable conduct include but are not limited to: disrespecting players by name, number or position; negative cheers or chants; throwing objects on the playing surface; use of derogatory or racially explicit language; discriminatory harassment or conduct that creates a hostile environment that is disruptive to the environment.
- ii. Spectators shall not be permitted to use vulgar/offensive or racially/culturally insensitive language or engage in any racially/culturally insensitive action.

Sportsmanship Violations/Penalties

- b. Sportsmanship Violations/Penalties. When the coaches, players, volunteers or spectator of any member engage in unsportsmanlike conduct, discriminatory harassing behaviors, act in a manner disruptive to the environment, or cause disorder or infliction of damage to persons or property in connection with any contest or championship sponsored by this League, the Board may treat such acts as a violation by the member of the League Operations and the member shall be subject to penalty. Penalties may vary depending on the actions taken by the member after the event as it relates to trespassing spectators involved, removing player/coaches from the team for a period of time, requiring additional education/training etc. Upon a ruling by the Co-Division Presidents or Board the member may be subject to probation, required plan of action, forfeitures, fines, suspension of membership or expulsion from the League as determined by the Board. The Board may determine that no penalties are necessary when an incident has been handled appropriately and in a timely fashion by the member.

Q&A

Q Is the host member exclusively responsible for crowd control?

A No. While the host member for any activity must assume a primary responsibility for the physical management of the activity, including providing for crowd control, this is a mutual responsibility. The visiting member also must take such measures as are necessary to ensure proper behavior on the part of its own participants and fans.

Q May home team schools display signs and/or banners at their home venues?

A Yes, home team schools may display "permanent" signs and/or banners that are positive / supportive at their home venues. Examples are welcome signs, in-season rosters, league banners and sportsmanship banners.

Q Are "run through" signs allowed?

A Yes, so long as the message is positive/supportive.

Q May visiting members bring signs and/or banners to hang at the host member's venue?

A No

Q May spectators have signs at events?

A Spectators are not permitted to have signs or banners larger than 8 1/2 by 11 inches. "Fathead" type items are considered signs and shall not be larger than 8 1/2 by 11 inches. Spectators are required to wear shirts.

Q May a spectator use an artificial noisemaker?

A No, spectators are not permitted to have artificial noisemakers. Some examples of artificial noisemakers are: Thunder Stix, cowbells, clappers and air horns.

Q May a school use an artificial noisemaker at specific times during athletic events?

A In limited cases, yes. An example of an allowable use of artificial noisemakers by a school would be the firing of a cannon or the ringing of a bell after a touchdown is scored.

Q May spectators use small, handheld megaphones?



LEAGUE OPERATIONS GUIDE

2024 SEASON

A Yes, provided they are not electric. Only cheerleaders are allowed to use large megaphones. Neither cheerleaders nor spectators may use megaphones for banging on the floor or bleachers.

Q May spectators have oversized foam fingers at athletic events?

A Yes, they are allowed so long as they are not blocking spectator viewing.

SIDELINE CONTROL

24. The sidelines are reserved for players, coaches, medical personnel, chain crews and authorized team personnel only. At no time should parents and/or spectators be allowed to stand directly in the area designated for the above. The following individuals are allowed on the sidelines if they are listed on the team roster AND they are wearing a league approved lanyard that lists their name and association (if the individual forgot their lanyard but they are listed on the roster, the home field will provide a "visitor" lanyard for that game):
- Coaches and authorized team personnel.
 - Chain Crew for visiting teams.
 - The photographer(s)
 - Play Plotters
25. At no time shall any individual other than the Head Coach speak with an Official on the field of play or a member of the opposing team
- ONE VOICE:** If anyone outside of the Head Coach speaks to an official on the field or opposing team participant, it will result in an Unsportsmanlike Conduct call against the team. Continued infractions will lead to ejection from the game and additional penalties as defined under Ejections.
 - Foul language, threats or aggression directed toward the coach, official, player or even another parent. Providing excessive instruction or coaching from the sidelines. Often, in contrast to what the child's coach has instructed, generating confusion and embarrassment for players.

WITHDRAWAL DURING A COMPETITION

26. Removal of a team from competition prior to completion of that competition shall be considered a gross act of unsportsmanlike conduct.
27. In such a case, the Member shall forfeit the contest and the coach responsible shall be held liable for any missing minimum plays. Further sanctions include fines and suspension.

VIDEO EXCHANGE

28. Each member participating in the JV, 7/8 Blend and Varsity level of play, shall be required to post film of the current week's game to the TVYFL HUDL Exchange by noon on Sunday following the game. The film must include the following: each play is its own clip, it must be zoomed in enough to see the player's numbers, and it should not be filmed directly into the setting sun.



LEAGUE OPERATIONS GUIDE

2024 SEASON

TITLE 12: EJECTION POLICIES

RULES PERTAINING TO EJECTIONS

The Bylaws state that the purpose of the League is to foster among the members the ideals of teamwork, good sportsmanship, good citizenship, and character as well as the beneficial opportunities of becoming positive examples for others.

In certain situations, behavior becomes unacceptable, and the player or coach is ejected from the game. The following is the league's position on those ejections. Punishment will be swift and meaningful.

Player Ejections:

If at any time during a game, a player is ejected by an official for unsportsmanlike conduct that player will be disqualified from playing in the remainder of that game and at least one additional game. Player must remove pads but is allowed to remain on the sideline with team.

Additional game disqualifications may be assessed based on the severity of the conduct.

It is the coaches' responsibility to work to eliminate (or at least minimize) situations giving rise to possible instances of inappropriate behavior. Examples include removal of the player from the game, counseling the player about their conduct and/or benching the player.

Coach Ejections:

If at any time during a game, a coach is ejected by an official for unsportsmanlike conduct that coach will be disqualified from the remainder of that game and practice and game the following week. Upon ejection, the coach must immediately leave the premises.

Additional game disqualifications may be assessed based on the severity of the conduct. Disqualifications may include an expulsion from coaching in any association playing in Tualatin Valley Youth Football League.

The head coach may also be subject to disciplinary actions due to the actions of his players, coaches, or parents. The head coach is responsible for his players, his assistant coaches, and the parents of his players.

Ejection Procedure:

1. 1st offense: Unsportsmanlike to the offending coach with a warning to Head Coach
2. 2nd offense: Unsportsmanlike to both the offending coach and to the Head Coach
3. 3rd offense: Unsportsmanlike to offending coach and unsportsmanlike to Head Coach
 - o Any player or coach receiving two (2) unsportsmanlike fouls is a disqualification by rule.

Any single foul judged by the game official to be flagrant is disqualification. A second unsportsmanlike foul with a 15-yard penalty results in disqualification. A disqualified member of the coaching staff shall be removed from the stadium area and be prohibited from any further contact, with his team, direct or indirect, during the remainder of the game. If the coach fails to comply, the referee may forfeit the game.

Flagrant Ejection Procedure:

1. Flagrant Unsportsmanlike Conduct Foul (15-yard penalty)
2. Second Flagrant Unsportsmanlike Conduct Foul (15-yard penalty and Ejection)

Anytime a player, coach, or spectator is ejected, the official involved must submit an Ejection Incident Report. The electronic form is available on TeamApp. It is recommended that the report be completed immediately following the game and given to the Site Official to forward to the association president. In addition to completing the Ejection Incident Report, the official will also note the ejection on the Score Reporting Form.

The association president will notify the appropriate division presidents. The purpose of this description will be to review the incident or situation giving rise to the ejection to assess the length of the disqualification, not to overturn it. The official shall have final authority to make the ejection. Descriptions from outside parties including coaches, parents, or spectators will not be accepted or utilized.

All ejections must be communicated to all associations, as well as PFOA or SFOA. The Division Co-Presidents shall have the final authority to assess the punishment.

Oregon Revised Statutes pertaining to conduct

164.274 Definitions for ORS164.276 and 164.278

1. "Coach" means a person who instructs or trains members of a team or directs the strategy of a team participating in a sports event
2. "Inappropriate behavior" means:
 - a. Engaging in fighting or in violent, tumultuous, or threatening behavior



LEAGUE OPERATIONS GUIDE

2024 SEASON

- b. Violating the rules of conduct governing coaches, team players and spectators at a sport event.
 - c. Publicly insulting another person by abusive words or gestures in a manner intended to provoke a violent response, or;
 - d. Intentionally subjecting another person to offensive physical contact.
3. "Premises" has the meaning given in ORS 164.205.
4. "Spectator" means any person, other than a team player or coach, who attends a sports event.
5. "Sports official" has the meaning given that term in ORS 30.882.

164.276 Authority of sports official to expel persons from a sports event. A sports official may order a coach, team player or spectator to leave the premises at which a sports event is taking place and at which the sports official is officiating if the coach, team player or spectator is engaging in inappropriate behavior.

164.278 Criminal trespass at sports event

1. A person commits the crime of criminal trespass at a sports event if the person:
 - a. Is a coach, team player or spectator at a sport event;
 - b. Engages in inappropriate behavior
 - c. Has been ordered by a sports official to leave the premises at which the sports event is taking place, and;
 - d. Failure to leave the premises or return to the premises during the period reentry is prohibited.
2. Criminal trespassing at a sports event is a Class C misdemeanor.

EJECTION POLICIES – COACH EJECTED; CONTEST FORFEITED

1. If a coach is ejected from a contest and that contest is forfeited, such incident must be reported to the TVYFL by the Members involved and by the contest officials. If a coach is ejected and the game is not forfeited, it is the Member's responsibility to be certain that any such person who assumes the coaching responsibilities in such a situation meets the requirements of the TVYFL and that school district.

EJECTION POLICIES – EJECTED PLAYER OR COACH

2. If a player or coach is ejected by an official, the Director of Officials shall notify the TVYFL and the Member president of the association of the ejected player/coach by completing the online ejection report by the next workday. Ejected coaches must leave the contest immediately and shall remain out of "sight and sound" of the team for the duration of that contest and any other Member contests that day. It shall be the responsibility of the Member to disallow the ejected player or coach from participating during the period of suspension specified, regardless of whether written notification has been received by the Member from the Director of Officials. Should an ejected player participate, or an ejected coach remain within "sight and sound" of the team during the period of suspension, and no appeal is pending, that action shall be considered use of an ineligible participant and shall result in forfeiture of that contest and other penalties as determined by the Co-Division Presidents.

Additional Requirements Regarding an Ejected Coach

- a. In addition to the requirements previously listed in this policy, an ejected coach shall be required to complete the online NFHS course, "Teaching and Modeling Behavior", within seven calendar days of the Member being notified of the ejection. Should a coach fail to complete the course requirement within the time limit stipulated in this policy, the ejection suspension shall be reinstated, and the coach shall be ineligible to coach until the requirement has been fulfilled. Should an ejected coach remain within "sight and sound" of the team during the reinstated period of suspension, and no appeal is pending, that action shall be considered use of an ineligible participant and shall result in forfeiture of that contest and other penalties as determined by the Co-Division Presidents.

Appeal Process

- b. If the Member president of the ejected coach/player and the Director of Officials agree that the suspension should be set aside, the Member president may appeal to the Co-Division Presidents within 48 hours of the ejection to set aside the next game suspension portion of the penalty. Unless the Director of Officials agrees that the suspension should be set aside, the appeal must be denied by the Co-Division Presidents as the final ruling. Implementation of the next game suspension may be postponed during the time that an appeal is pending.

EJECTION POLICIES – FINES

3. Members shall be assessed fines for ejections. When the first participant or coach is ejected, the Member that the participant or coach is representing shall be assessed a \$50 fine by the Co-Division Presidents. A second ejection



LEAGUE OPERATIONS GUIDE

2024 SEASON

during the same season shall result in the assessment of a \$100 fine, and each ejection thereafter during that season shall result in a fine to be increased by \$50 increments for each ejection without limitation.

a. **EXCEPTION:** The fine for an ejection in the last contest of the season shall be increased by \$100 over the greater of the standard fine described above or the most recent fine for that program.

4. A Member receiving five or more ejections during one season shall be required to attend a sportsmanship training class and submit a written Plan of Correction to the TVYFL, including timelines for implementation of the plan.

EJECTION POLICIES – MULTIPLE EJECTIONS OF INDIVIDUAL

5. A second ejection during the same season will result in a two-game suspension. A third ejection during the same sport season will result in disqualification from further participation during that season.

EJECTION POLICIES – PHYSICAL CONTACT WITH OFFICIAL

6. Inappropriate physical contact between a coach/player and an official shall be considered a gross act of unsportsmanlike conduct. The offending coach/player shall be immediately ejected from the contest, shall be suspended, and may be required to satisfy other requirements as prescribed by the Co-Division Presidents. Both the Member president of the offending coach/player and the Director of Officials shall notify the TVYFL in writing of the incident by the next workday. In addition, the Member shall be fined and may receive other penalties as determined by the Co-Divisions Presidents.

SPORTSMANSHIP & INCLUSIVITY

7. The TVYFL aims to be inclusive of all students from varying cultural backgrounds to access athletic and activity programs provided at member schools, while providing a fair and safe environment. This policy was developed inclusive of the language established in Oregon House Bill 2935. The TVYFL recognizes that this policy will need to be reviewed on a regular basis. The TVYFL recognizes the value of athletics and activities for all students and the potential for inclusion to reduce harassment, bullying and barriers faced by certain students. The TVYFL also recognizes the concerns of students, parents, and coaches to ensure a fair, equitable and safe competitive environment.
 - a. House Bill 2935 Language. House Bill 2935 amended, [ORS 659A.001](#), [ORS 332.075](#) and [ORS 659.850](#) relating to discrimination.
 - i. [ORS 332.075](#), Amended to read: (1) Any school district board may: (e) Authorize the school district to be a member of and pay fees, if any, to any voluntary organization that administers interscholastic activities or facilitates the scheduling and programming of interscholastic activities only if the organization:
 - (1) Implements equity focused policies that:
 - (a) Address the use of inappropriate names, insults, verbal assaults, profanity or ridicule that occurs at an interscholastic activity, including by spectators of the interscholastic activity;
 - (b) Prohibit discrimination as defined in [ORS 659.850](#);
 - (c) Permit a student to wear religious clothing in accordance with the student's sincerely held religious belief and consistent with any safety and health requirements; and
 - (d) Balance the health, safety and reasonable accommodation needs of participants on an activity-by-activity bases;
8. The TVYFL will sanction members whom it has found negligent in the duties of reasonably protecting those involved in interscholastic activities from derogatory or inappropriate names, insults, verbal assaults, profanity, ridicule or engaging in behavior deemed by the member to endanger the safety or well-being of students, self or others.
 - a. TVYFL will acknowledge receipt of the complaint within 48 hours.
 - b. TVYFL may prioritize the investigation of complaints based on information received.
 - c. Complaints must include the complainant's name and contact information (phone and email address). Anonymous complaints shall not be considered.
 - d. Every effort will be made to complete the investigative process within 30 days; however, should the investigation require more time, a 30-day status update shall be provided.
 - e. To assist in investigation of the complaint, complainants are asked to note the following:
 - i. Complaints which are determined to be outside the scope of TVYFL will be returned to the complainant via the contact address provided.
 - ii. Whenever possible, provide first-hand accounts, with names and contact information of witnesses.
9. Sportsmanship Violations/Penalties. When the coaches, players or spectator of any member engage in unsportsmanlike conduct, discriminatory harassing behaviors, act in a manner disruptive to the contest



LEAGUE OPERATIONS GUIDE

2024 SEASON

environment, or cause disorder or infliction of damage to persons or property in connection with any contest or championship sponsored by this League, the Executive Board may treat such acts as a violation by the member of the Rules of the League and the Member shall be subject to penalty. Penalties may vary depending on the actions taken by the member during and after the event as it relates to trespassing spectators involved, removing player/coaches from the team for a period of time, requiring additional education/training etc. Upon a ruling by the Co-Division Presidents, the member may be subject to probation, mandatory appearance before the Executive Board, required plan of action, forfeitures, fines, suspension of membership or expulsion from the League as determined by the Executive Board. The Board may determine that no penalties are necessary when an incident has been handled appropriately and in a timely fashion by the member.

Q&A

Q When a player is ejected, may the player remain on the bench?

A Yes. The player is required to sit out the remainder of the contest but may remain on the bench.

Q When a coach is ejected, must the coach leave the playing area?

A Yes. The coach must leave the playing area and shall be allowed no further direct or indirect contact with the team until the contest is completed. To avoid direct or indirect contact, the coach must be "out of sight and sound" of the team.

Q May a player sit on the bench during a period of suspension?

A Yes, but the player must not be in uniform.

Q May a coach have any contact with a team at a contest following an ejection or at the contest at which the suspension is served?

A No. The coach is allowed no direct or indirect contact with the team during the contest following ejection. To avoid direct or indirect contact, the coach must be "out of sight and sound" of the team. Further, the coach is allowed no direct or indirect contact with the team at the contest at which the suspension is served nor is the coach permitted to attend the contest at which the suspension is served.

Q May a coach or participant who has been suspended at one level of competition (e.g. varsity) participate in a contest at another level during the period of suspension?

A No

Q May a coach or participant who has been suspended at one level of competition (e.g. varsity) serve the suspension in a contest at another level?

A No

Q When a coach or player is ejected, when and over what period are the ejection period and suspension period?

A NOTE: If the ejection occurs in the last contest at a particular level, the suspension carries over to the next contest at any level in that sport in that season. Ejection Period is for the remainder of that day, the Suspension Period is through the next contest at that level.

Q When does the period of suspension begin?

A The suspension is served after the ejection has been served. The ejection and suspension may not be served simultaneously.

Q May a coach or participant ejected from a contest serve the one-game suspension at a jamboree?



LEAGUE OPERATIONS GUIDE

2024 SEASON

- A** No, the coach or participant may not count a jamboree as a “contest” for the purpose of serving the period of suspension. The coach or participant must sit out the jamboree and the next contest at that level of competition.
- Q** May a suspended coach have contact with team members/other coaches of the team during the period of suspension on a game day?
- A** The suspended coach may have no contact with team members/other coaches of the team until the game is over.
- Q** May a suspended coach have any contact with other coaches of the team (for example, via mobile phone or wireless radio) during a game in which a suspension is being served?
- A** No. The suspended coach must be “out of sight and sound” of the contest during which a suspension is served.
- Q** If a player or coach is ejected during the last contest of the season, does the unserved suspension carry forward to a subsequent season?
- A** Yes
- Q** When a player or coach is ejected while acting as a spectator at a contest in the same sport in which the coach or player participates, but at which he or she is not serving as a player or a coach, does a period of suspension still apply?
- A** Yes. The ejected player or coach is suspended from all participation for the same period as if he or she had been a participant in the contest at which the ejection occurred.
- Q** May a forfeited contest that is not actually played count toward the period of suspension for a player or coach?
- A** Yes, but only for a player or coach from the team that is receiving the forfeit. It would not count toward the period of suspension for a player or coach from the team forfeiting the contest.



LEAGUE OPERATIONS GUIDE

2024 SEASON

TITLE 13: SCHEDULING

Scheduling for TVYFL Division games will utilize this section in developing the annual game schedule.

1. All regular season games, regardless of the opponent, count in the standings of the division(s) in which both teams are playing.
2. Unless later afternoon or evening games are scheduled, reasonable efforts will be made to schedule the younger grade levels first and older players later at any game site.

NUMBER OF WEEKS

3. Number of weeks to be scheduled per level as listed below. Note, in instances where there exists an odd number of teams within a division, a BYE week will be scheduled for all teams within that division.
 - a. K-2 Flag: 6 weeks; the season ends the Sunday eight (8) weeks after Labor Day.
 - b. 3/4 Flag: 8 weeks; the season ends the Sunday eight (8) weeks after Labor Day.
 - c. 5/6 Flag: 8 weeks; the season ends the Sunday eight (8) weeks after Labor Day.
 - d. 3/4 Rookie Tackle: 8 weeks; the season ends the Sunday eight (8) weeks after Labor Day.
 - e. 5/6 Senior Tackle: 7 weeks plus a Matched Game for week 8
 - f. JV: 7 weeks plus a Matched Game for week 8 for those who do not qualify for playoffs; the season ends the 1st Sunday of November
 - g. 7/8 Blend: 7 weeks plus a Matched Game for week 8 for those who do not qualify for playoffs; the season ends the 1st Sunday of November
 - h. Varsity: 7 weeks plus a Matched Game for week 8 for those who do not qualify for playoffs; the season ends the 1st Sunday of November
4. The TVYFL off-season occurs between the 1st Sunday in November and July 15th of the following calendar year.

TEAM/PLAYER COUNTS, FIELD AVAILABILITY

5. To get the season's schedule out in a timely manner, all team numbers, team names, field availability, and player counts for all grade levels must be turned into the Scheduler by the date approved on the yearly calendar and published on www.tvyfl.org. These will be the player count used for scheduling that season.
 - a. Failure to do so will result in fines to the Member of \$250 and possible Member teams not being scheduled for that season.
 - b. Any material changes to team counts, field availability, and player counts that affect the schedule will also result in a fine to the Member of \$250.
 - c. Members are required to provide field availability that allows for each of their teams to play a home game on a weekly basis. Failure to do so will lead to sanctions or fines against the member. For example, a Member that fields 3 teams must provide 3 timeslots per week.
 - i. Instances where the member has a team count greater than the total timeslots available at their facility are not required to find a second facility. For example, a Member with twelve (12) teams that can only provide six (6) timeslots per week.
 - d. Team naming methodology must follow "(Member) + (level of play) + (team color)". Example, "Aloha 5/6 Blue"

DIVISION DEFINITION 5TH – 6TH GRADE

6. Scheduling for 5th -6th Grade teams and creating annual competitive divisions, the TVYFL will prioritize scheduling by the following criteria:
 - a. Teams will be assigned for divisions by OSAA Conference as much as possible to create a division. Where there are not enough teams from different Members in each OSAA Conference to fill the division, teams will be brought in first based on proximity, second by scheduling necessity.
 - b. Teams will be assigned for scheduled games first by assigned division, second by out of division by proximity and third by out of division by scheduling necessity.

DIVISION DEFINITION JV, BLEND & VARSITY

7. When scheduling for JV, Blend, and Varsity teams and creating annual competitive leagues, the TVYFL will prioritize scheduling by the following criteria:



LEAGUE OPERATIONS GUIDE

2024 SEASON

VARSITY

- a. Divisions will be created with similar size teams after taking the number of 8th graders divided by number of teams and then sorting from largest to smallest.
- b. Teams can choose to play up in a division with more players. However, teams cannot choose to play down.
- c. Associations with more than 1 team in JV or Varsity can choose if their teams play in the same division or not.
- d. IF a member fields one Varsity Team AND has an excess of 33 8th graders registered, after the member sends 8th grade players down to JV, the JV teams must not have more players than the Varsity team.

JUNIOR VARSITY

- e. JV teams will be sorted by total players per team AND 8th graders. The goal is to have teams with 8th graders play each other.
- f. Based on the sort, there could be JV teams with fewer 8th graders playing teams without 8th graders.
- g. Teams will be assigned for scheduled games first by assigned division, second out of division by scheduling necessity.

BLEND

- h. Blend divisions will be assigned based on number of 8th grade players registered on each team. Geography will be second criteria for division assignments for the Blend level.
8. Teams will be assigned for scheduled games first by assigned division, second out of division by scheduling necessity.
9. On an annual basis, the Rules of Play Committee will consider realignment of divisions based on individual and collective requests from Members. The Rules of Play Committee will make an annual recommendation on assignment of divisions to the League Membership for ratification.

RESCHEDULING/GAME CHANGE PROCEDURE

10. Once the schedule is published, all schedule changes are managed by the home team association that requires a change. Any changes must be communicated and approved by the following:
 - a. Opponent's Head Coach and Association President
 - b. Director of Officials
 - c. Youth Officials
 - d. Co-Division Presidents
 - e. TVYFL Director of Technology to update the website.



LEAGUE OPERATIONS GUIDE

2024 SEASON

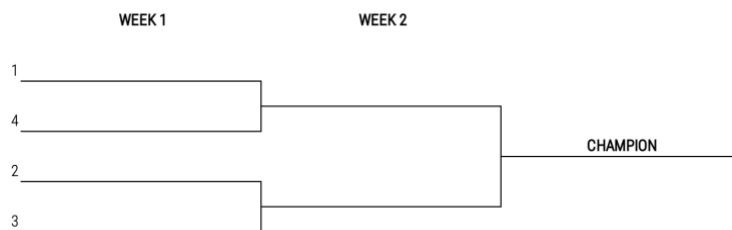
TITLE 14: PLAYOFFS

The TVYFL Playoffs are a single-elimination tournament held over two (2) weeks immediately following the regular season for all JV, 7/8 Blend, and Varsity Divisions using the TVYFL Senior Tackle Rules of Play except for the Kansas Plan. The tournament culminates in a single champion for each Division.

BRACKETS

1. Playoffs will occur within each division; there will be no cross-division play-off games where smaller teams are paired against larger teams.
2. The top 4 teams in each division compete in the playoffs, the remaining teams play Matched Games for week 8.
3. Within each division, team 1 plays team 4 while team 2 plays team 3 in week 8 (see Four (4) Team Bracket below).
4. Week 9 would see the remaining two teams play for the Division Championship.

Four (4) Team Bracket



SEEDING

5. The top 4 teams within each division is seeded based on their overall won-lost-tied record.
6. There will be no re-seeding of brackets once the determination is complete.

TIEBREAKERS

7. When teams finish with identical records, it becomes necessary to break these ties, either to determine which teams will qualify for the playoffs, or to determine seeding in the playoff brackets. The rules below are applied in order until the tie is broken. Ties within divisions are always broken first so to eliminate all but the highest ranked club in each division before breaking ties between teams in different divisions, however, it should be emphasized that other than for division winners, divisional ranking is *not* in itself a tiebreaker – for example, if a division runner-up ties with teams finishing third and fourth in another division, the runner-up's record will be compared to the team awarded third place in the other division without regard to the teams' divisional finish.
8. If three or four teams in one division are tied for the division title and/or division runner-up, and if after breaking ties within divisions three or four teams in different divisions are tied, then should the one or two team(s) be qualified or eliminated at any step the tie breaker reverts to step one for the remaining two or three teams. If multiple playoff spots are at stake, the rules are applied in order until the first team qualifies or is eliminated, then the process is started again for the remaining teams. Finally, once ties are broken between three or more teams qualifying for the playoffs, the relative positions of the seeds determined will not change.
 - a. **NOTE: points for or against do not increase or decrease strength of victory or strength of schedule.** Points are not considered in any of the below rules.
 - i Head-to-head (best won-lost-tied percentage in games between the teams).
 - ii Best won-lost-tied percentage in games played within the division.
 - iii Best won-lost-tied percentage in common games (games played against the same opponents); head-to-head
 - iv Strength of victory (the combined won-lost-tied percentage of all the teams that a team has defeated).
 - v Strength of schedule (the combined won-lost-tied percentage of all the teams that a team has played against).
 - vi Coin flip.



LEAGUE OPERATIONS GUIDE

2024 SEASON

PLAYOFF LOCATION SCHEDULING

9. Home field for playoff games is determined by seeding number, not position on the bracket. The TVYFL does not use a fixed bracket system; the lowest remaining seed in each pairing will travel to the higher seed, and the second-lowest remaining seed traveling to the second-highest remaining seed.
10. Championship games will be held at neutral facilities where possible to consolidate the number of fields for staffing officials and TVYFL Board members.
11. Playoff games tend to run long causing subsequent games to start late. The more games scheduled at a single field, the more this problem multiplies.
 - a. Playoff and Championship games will be:
 - i. Scheduled in 2 game sets (or 3 game set maximum) with thirty (30) minute breaks in between games.
 - ii. Scheduled at as many fields as possible.

MATCHED GAME PAIRINGS (Previously "Medal Game")

12. The goal of matched game pairings are to schedule teams with similar records that a team has not played in each season (where possible). The below criteria are used to determine seeding.
 - a. Sort by wins (largest to smallest)
 - b. Sort by loses (smallest to largest)
 - c. 1 seed plays the 2 seed, 3 seed plays the 4 seed, etc.
 - d. In the instance a pairing has played previously, the next seed will be selected unless the pairing creates a disparity in records and could create an unfair advantage.
 - i. Every effort will be made to pair teams equitably. However, in some cases this may not be feasible depending on the number of teams and the team records for a given season.



LEAGUE OPERATIONS GUIDE

2024 SEASON

INDEX

A

Adverse Weather Conditions	30
AED	23, 24, 27, 30, 36
Age Restrictions	19
Air Quality	30
all-star teams	8, 33
Articles of Incorporation	15
authorized team personnel	36, 41

B

background check	14, 23, 24, 28
Behavioral Issues	16
Blend level	18, 19, 21, 48
book verification	20
boundary verification	18
Bylaws	5, 11, 12, 15, 42

C

camp	31, 32
certification	19, 23, 24, 28
civil matter	12
Coach Certification Requirements	23
concussion	28, 29
Concussion Awareness Training	23, 24, 28
Concussion Protocol	29
return to play	29
conditioning	19, 20, 22, 31, 32
Criminal Information Services (CRIS)	25
criminal offenses	25
CT-12	15

D

discrimination	12, 44
Disqualifications	42
division	11, 19, 21, 42, 47, 48
draft	20

E

Ejections	41, 42
Ejection Incident Report	42
Flagrant Ejection	42
Multiple Ejections	44
electronic communication device	36
eligibility	19, 25
expulsion	5, 16, 37, 38, 40, 42, 45

F

Falsification	19
Federal Required Filings and Fees	15
fees	12, 13, 15, 16, 44
fine	11, 12, 18, 19, 29, 38, 39, 43, 44, 47
First Aid & CPR/AED Certification	23, 24
flag team formation	21
forfeit	11, 27, 41, 42, 46
Form 990	15
Fundamental Rule	18
Exceptions to the Fundamental Rule	18

G

Game clock operator	37
grievance	11, 39

H

Heat Index	30, 31
------------------	--------

I

ineligible player	11, 19, 27
insurance	12, 25, 29, 30, 31
liability insurance	25
medical claims	30
inter-district transfer	18

J

jerseys	16, 27, 38
judicial	13

L

legal guardianship	19
Lightning	30
locker rooms	36

M

Matched Game	47, 50
maximum roster size	20, 21
Medal Game	See Matched Game
meeting attendance	15
meetings	16, 32
Membership	5, 13, 15, 16, 24, 48
Membership Agreement	13
membership rescinded	16
Mid-Season Transfers	18
Moratorium Period	31, 32



LEAGUE OPERATIONS GUIDE

2024 SEASON

N

Nonprofit.....	14
non-sanctioned events.....	31

O

officials.....	8, 12, 34, 35, 36, 39, 40, 43
Number of Officials.....	34
Official's Reimbursement	34

P

PARTICIPATION LIMITATIONS	33
PFOA.....	34, 35, 42
play up.....	18
probation.....	5, 19, 40, 45

R

Ready Ref.....	37
Removal of a team from competition	41
Residing outside of legal boundaries	19

S

SafeSport Act.....	14
Safety Coordinator	23, 29
sanction	11, 12, 44
Scheduling	47, 50
BYE week.....	47
Division Definition 5th – 6th Grade	47
Division Definition Jv, Blend & Varsity.....	47

Number of weeks to be scheduled	47
Rescheduling games.....	48
SFOA	34, 35, 42
sideline.....	27, 29, 36, 41, 42
Sideline Control.....	41
spectators	39, 40, 41, 42, 43, 44, 45
Sportsmanship	39, 40, 44
stacked teams.....	20
State Required Filings and Fees	15
Students attending private school	18
suspension.....	11, 29, 38, 40, 41, 43, 44, 45, 46

T

tax-exempt status.....	15
transfer.....	18, 28
tryout.....	20

U

uniforms	16
agreement with Nike	16
unsportsmanlike conduct	40, 41, 42, 44

V

VIDEO EXCHANGE.....	41
Volunteer Approval Guidelines	26

W

waiver.....	18, 19, 21
wards of the court	18