

# Personal Mindset Assessment Results

PREPARED FOR



### Personal Mindset Assessment Results

Congratulations on completing the most comprehensive and research-backed mindset assessment ever developed!

Psychologists and neuroscientists have identified mindsets as being the most foundational element of why you do what you do. They are our mental habits and "meaning makers" that dispose us to think, learn, and behave in certain ways, which dictates the level of our success across our life, work, and leadership.



This report is designed to help you awaken to the quality of your current mindsets. In fact, to produce your results below, your responses were compared to over 40,000+ people, giving you a sense of the quality of your mindsets relative to others.

#### The Four Sets of Mindsets

This assessment evaluated the quality of your mindsets across four sets of mindsets. Each of these mindset sets have been researched for 30+ years, and have been repeatedly been shown to affect our thinking, learning, and behaviors in reliable and consistent ways.

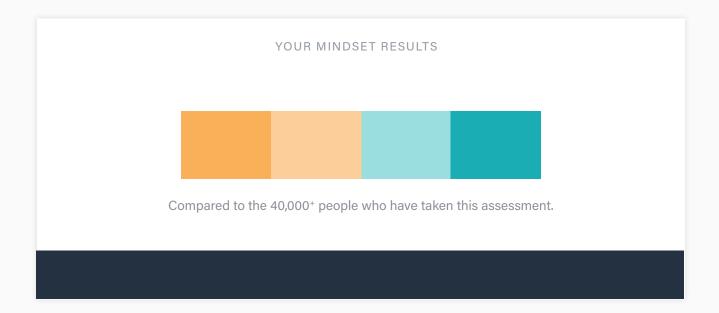
In other words, you can have confidence that this mindset assessment and results are both research-backed and valid.

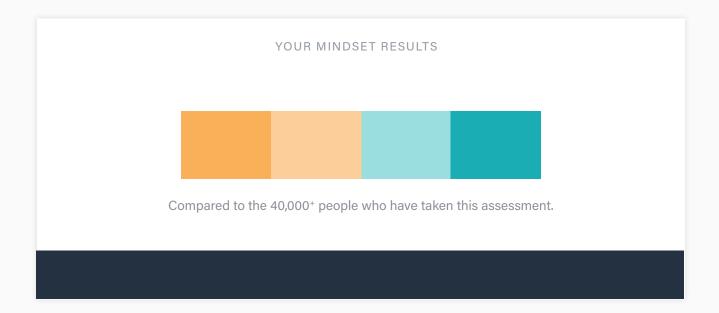
The four sets of mindsets each exist along a continuum ranging from a mindset with more negative outcomes to a mindset with more positive outcomes.

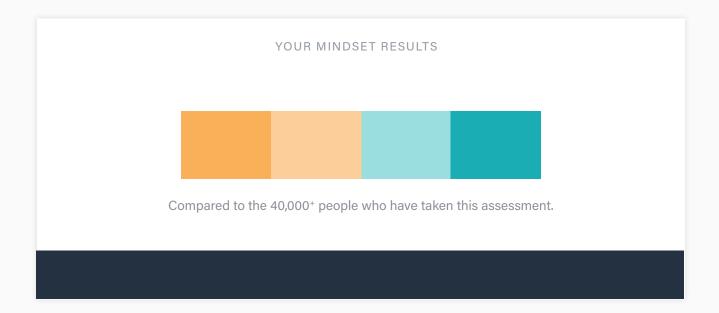


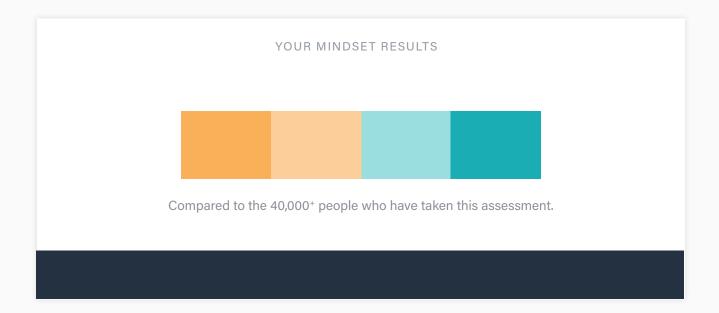
The results presented below are designed to help you identify the quality of your mindsets across each continuum.

After your results are provided, you will be offered opportunities to deepen your knowledge about these mindsets and receive direction on how to improve your mindsets to elevate your success across your life, work, and leadership.









## Continue Your Mindset Development Journey

Across the 40,000+ people who have taken this mindset assessment, only 2.5% are in the top quartile for all four mindset sets. This means that essentially all of us have some room for mindset development.

If you want to improve your mindsets, I have three different packages to help you out:

ESSENTIAL Mindset Development	ADVANCED Mindset Development	CUTTING-EDGE Mindset Development
All The foundational resources to deepen your awareness of mindsets	Practice and improve developing consistent positive mindsets	Get deep insights and strategies to gain a competitive advantage
\$29.97	\$149.97	\$1,497
INCLUDES:	ESSENTIAL PACKAGE PLUS	ADVANCED PACKAGE PLUS
WHITE PAPERS & VIDEOS to help deepen your understanding of mindsets      What are Mindsets?     Fixed and Growth Mindsets: What are they and how do they affect me?      Closed and Open Mindsets: What are they and how do they affect me?      Prevention and Promotion Mindsets: What are they and how do they affect me?      Inward and Outward Mindsets: What are they and	PAPERBACK - Success Mindsets: Your Keys to Unlocking Greater Success in Your Life, Work, & Leadership ebook and audiobook  DIGITAL MINDSET COACH A Micro-learning Tool Designed to:  Enhance Positive Mindsets Increase self-awareness and meta-cognitive abilities Elevate your intentionality around your mindsets and how you approach your life	2 (75 MIN) COACHING CALLS     CALL 1: An overview of your mindset results     (Get an individualized understanding of your mindsets and how they influence your life, work, and/or leadership)  CUSTOM MINDSET DEVELOPMENT PLAN     CALL 2: Mindset Breakthrough Exercise (A deep dive into your mindset-fueld blocks)
how do they affect me?	How do I shift my mindsets?	- GAIN:
- How do I shift my mindsets?  - MINDSET DEVELOPMENT PLANNING GUIDE  - 4 PDFs (one for each mindset set) filled with helpful resources for strengthening and improving your mindsets	This package is for people who don't want to put together their own mindset development plan. The <u>Digital Mindset Coach</u> has the plan already built in.	<ul> <li>Deep clarity on blocks that are holding you back from greater success</li> <li>Clear guidance and direction on what mindset(s) you need to focus on to blast past your blocks and elevate your success</li> <li>Individualized mindset development plan</li> </ul>



