



A SNAPSHOT OF KEY FINDINGS

World Cafe- Exploring Heat, Health, Technology, and Ageing 2023

27 FEBRUARY 2023
GU REF: 2022/940

WHAT DID WE LEARN FROM YOU?

World Cafe is an engagement process based on the belief that "we are wiser together" and this collective power can help in exploring and getting insights on important topics in the research world. We learnt a lot from you in this world cafe regarding each of the four elements of an early warning system within the context of heatwaves and older people. These findings will help shape our research in a meaningful way.

A

Heat-health risk knowledge

"Heat affects different people in different ways"

Key themes highlighted under this section included: awareness regarding humidity being a driver of heat stress, influence of built environment on heat risk of individuals, lack of knowledge of risks relating to heatwaves as compared to other disasters, risk perception impacts risk knowledge, and heat risk is being influenced by various biological and demographic factors.

B

Response and behaviour to heat

"Older people don't drink enough water in afternoon"

From change of clothing, usage of fans to reduction in physical activity various active and passive cooling strategies were highlighted. A key theme was strategical and nuanced usage of multiple interventions, for instance using air-conditioner at a definite temperature with fan on during particular time of the day to save energy. Built environment and house location also seemed to influence the responses and behaviour.

C

Monitoring heat and health

"Cater to diversity of digital literacy"

While talking about various technologies already in place such as BOM alerts the key themes under this section included: privacy and security regarding data collection, diversity of technology users, external support for technology, and suggestions for Ethos technology. Another aspect highlighted was to clarify the difference between personal monitoring and in-home monitoring.

D

Communicating risks and actions

"Building up relationship with technology so that people listen"

The key themes highlighted in this section were: heat awareness within the healthcare system and within the broader community, messaging from trusted sources as aged- cared organisations for gaining trust, various channels as social media, text messages, radio and television could be used and the influence of community on actions. The key message was to work on the existing systems in terms of reliability and timeliness.



THANK YOU TO ALL OUR PARTICIPANTS

The **Ethos team** would like to express our heartfelt gratitude for your active participation in our World Cafe. Your presence and contributions were invaluable, and we are truly grateful for your support. The diverse perspectives brought forward by all the participants created a stimulating atmosphere that encouraged fruitful exchanges and the exploration of various ideas. It is through the active engagement of individuals like you that we can continue to push the boundaries of knowledge and contribute to the betterment of our society. We look forward to future collaborations and the opportunity to engage with you again.

Thank You!!



WHAT 'S HAPPENING NEXT?

A lot is happening in the Ethos space which might be of interest to you:

- We are working on the data collected to do a more detailed qualitative analysis and to further unravel the various themes and concepts that were discussed during the day. This work will form part of a research publication.
- We plan to host another world cafe early in 2024 and will be in touch with you closer to the date with a clear agenda, should you be interested in participating again.
- We have started recruiting people for our in-home trials (from Dec 2023 to Feb 2024), and if you or someone you know is:
 - 65 years and older
 - Living in Moreton Bay, Toowoomba or Ipswich
 - Ready to complete a confidential health history questionnaire
 - Have no diagnosis of cognitive or psychological disorder (schizophrenia, bipolar disorder, dementia etc)

and might be interested in participating in our in-home trials, please register your interest by going on our website **climateethos.com** or you can call us on **(07) 555 279 03** or email us at **ethos@griffith.edu.au**

