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# PHYSICAL INJURY MODES

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## Learning Outcomes

- Identify common modes of physical injury in processing, including chemical exposure, heat flux, and overpressure.
- Calculate or estimate injury thresholds, such as the time to onset of 2nd-degree burns from heat flux.
- Distinguish between acute and chronic hazards and their long-term effects on the body (e.g., carcinogens vs. neurotoxins).

## Reading

- Foundations of Spiritual and Physical Safety: with Chemical Processes; Chapter 3, Sections 2 (Heat/Overpressure) through the end of Chapter 3

Heat flux and burns; Overpressure and blast injuries; case studies

- 1 Heat Flux Hazards**
- 2 Overpressure Hazards**
- 3 Acute vs. Chronic**
- 4 Elimination of Toxins**
- 5 Process Injuries**
- 6 Common Injury Frequencies**

**Action Items**

1. Estimate the heat flux from a burning burst natural gas pipeline (shown here: <https://www.youtube.com/watch?v=EverTT2D0NM>). Estimate the heat flux at a distance of 50 feet from such a scenario. Assume a flow of natural gas of 0.25 kg per second.
2. Pick a needed chemical that is used in the plastics or rubber industry. Find and read a toxicology report on its effects on the body and summarized what you learned.
3. Pick a chemical that is a toxin and review the literature to determine teh pathway or process by which the body removes that specific chemical.
4. Review the "Green Beans Canning Procedure"Example Scenario: Canning Green Beans and detail three specific potential physical injury modes (e.g., thermal, overpressure, or blunt force) that could occur during this home process.
5. Read, watch a video, or otherwise learn about an incident as described by the US Chemical Safety Board (CSB) as detailed at [csb.gov](http://csb.gov). Document some of the details of the event and what should happen in the future to prevent a similar accident.