
HUMAN BODY SYSTEMS

Clint Guymon, PhD PE

Brigham Young University

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Learning Outcomes

- Identify major human body systems (e.g., integumentary, respiratory, nervous) and their critical functions.
- Understand the role of specific cell types, such as pneumocytes and erythrocytes, in maintaining life and how they interact with chemical agents.
- Recognize the physiological impact of damage to specific systems, such as the collapse of alveoli or interruption of oxygen transport.

Reading

- Foundations of Spiritual and Physical Safety: with Chemical Processes; Chapter 3, Sections 1-2 (Chemical Lethality).

This section provides an overview of human body systems and toxicology, which are essential for understanding how injuries occur. It covers the major body systems, some of their functions, and how they can be affected by chemical exposures.

1 Major Human Body Systems

nervous system

The nervous system consists of the brain, spinal cord, and nerves. It controls and coordinates body activities. Damage to the nervous system can lead to loss of sensation, paralysis, or death.

circulatory system

The circulatory system includes the heart, blood vessels (arteries and veins), and blood. It transports oxygen, nutrients, and waste products throughout the body. Damage to this system can result in hemorrhage, shock, or organ failure. Typical blood volume is 5 liters (1.3 gallons). It takes 20 - 60 seconds for a red blood cell (one of

20-30 trillion) to make a full circuit of the body. Starting in the right atrium it then moves to the right ventricle, pulmonary artery, lungs (to pick up oxygen), pulmonary vein, left atrium, left ventricle, aorta, arteries, capillaries (to deliver oxygen), veins, and back to the right atrium.

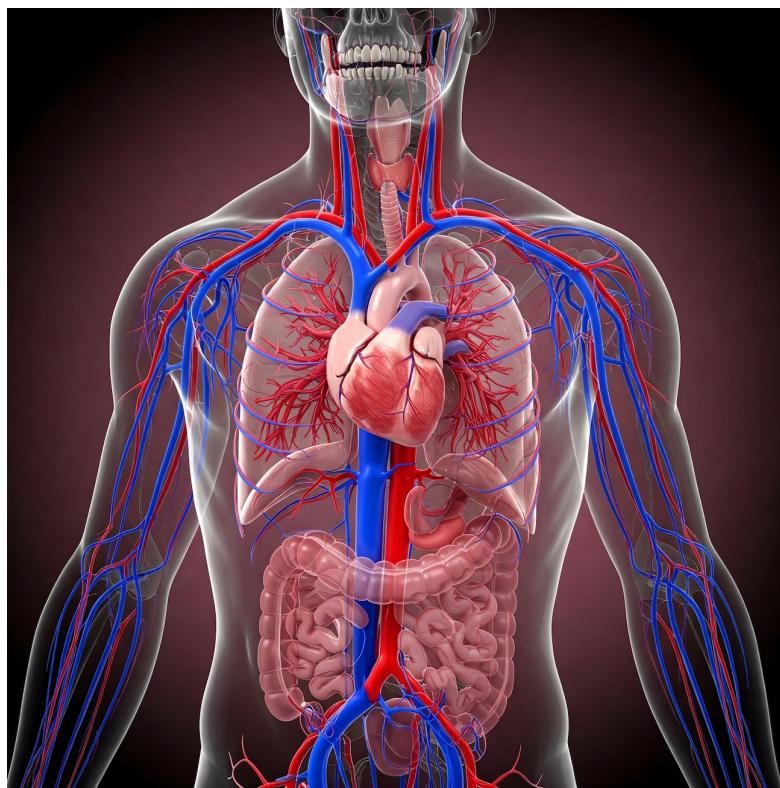


Figure 1: AI generated image of parts of the circulatory, respiratory, and digestive systems.

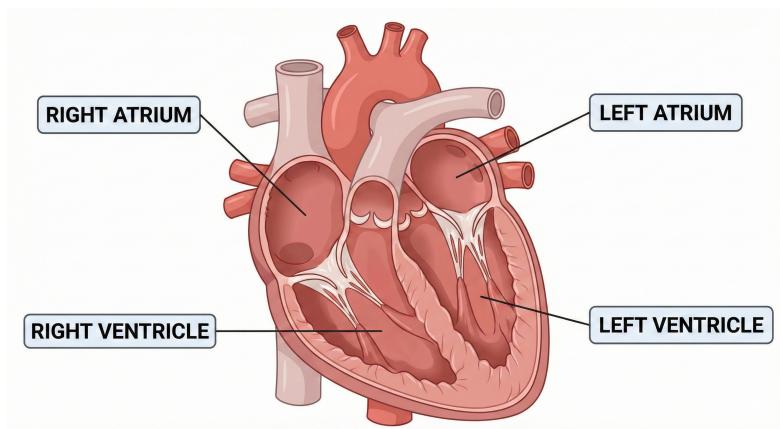


Figure 2: AI generated image of the heart where blood flows through the chambers and valves. Oxygen-deficient blood enters the right atrium from the superior vena cava, moves to the right ventricle, and is pumped to the lungs via the pulmonary artery. Oxygen-rich blood returns to the left atrium, moves to the left ventricle, and is pumped out to the body through the aorta. Heart vessels (not shown) supply the heart muscle with oxygen and nutrients.

skeletal system

The skeletal system is made up of bones, cartilage, and ligaments. It provides structural support, protects internal organs, and facilitates movement. Damage to the skeletal system can lead to fractures, dislocations, or impaired mobility.

muscular system

The muscular system consists of muscles that enable movement and maintain posture. It works in conjunction with the skeletal system. Damage to muscles can result in strains, tears, or loss of function.

digestive system

The digestive system includes the mouth, esophagus, stomach, intestines, liver, and pancreas. It breaks down food into nutrients that the body can absorb. Damage to this system can lead to malnutrition, dehydration, or systemic toxicity.

respiratory system

The respiratory system comprises the lungs, trachea, bronchi, and alveoli. It facilitates the exchange of oxygen and carbon dioxide. Damage to the respiratory system can result in impaired gas exchange, respiratory distress, or failure.

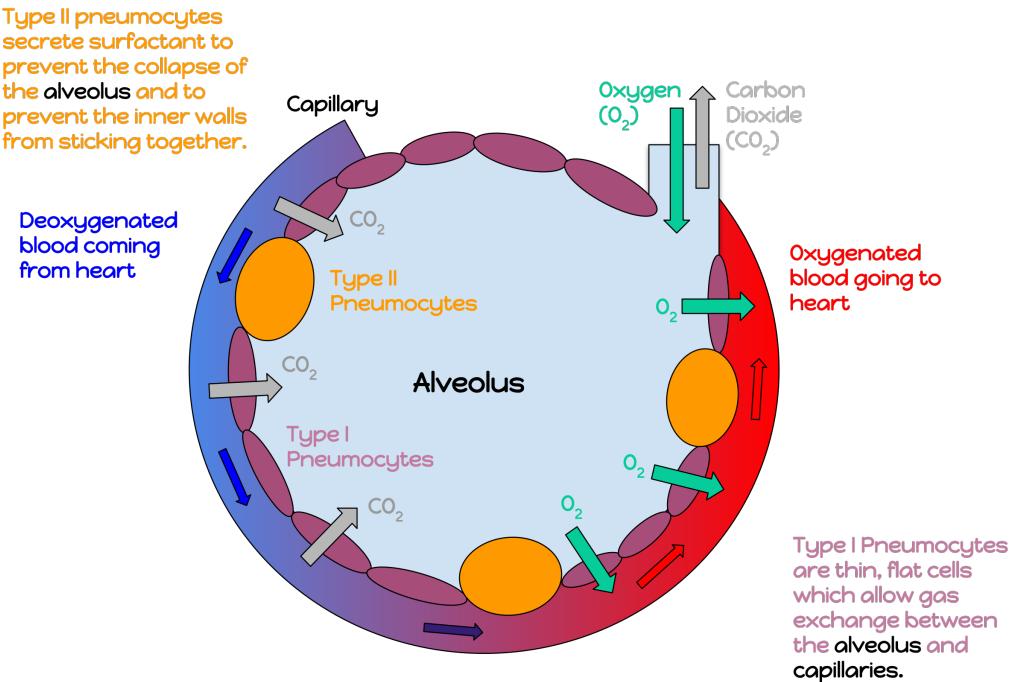


Figure 3: Un adapted image of an alveolus: a 200 micron diameter air sac found in the bronchi of the lungs. Credit to Katherinebutler1331, used per the Creative Commons Attribution-Share Alike 4.0 International license.

Excretory system

The excretory system includes the kidneys, ureters, bladder, and urethra. It removes waste products and excess substances from the bloodstream. Damage to this system can lead to toxin buildup, electrolyte imbalances, or kidney failure.

Endocrine system

The endocrine system consists of glands that produce hormones like the hypothalamus, pituitary, thyroid, and adrenal glands. It regulates various bodily functions such as metabolism, growth, and reproduction. Damage to this system can result in hormonal imbalances and metabolic disorders.

Reproductive system

The reproductive system includes organs such as the ovaries, testes, uterus, and prostate. It is responsible for producing gametes and supporting reproduction. Damage to this system can lead to infertility or hormonal imbalances.

Lymphatic system

The lymphatic system comprises lymph nodes, lymph vessels, and lymph fluid. It helps maintain fluid balance, absorbs fats from the digestive tract, and plays a role in immune function. Damage to this system can result in lymphedema or compromised immunity. There are approximately 600 lymph nodes in the human body with the largest clusters found in the neck, armpits, and groin. There are no lymph nodes in the brain or spinal cord. There is about 3 liters (0.8 gallons) of lymph fluid or about 3 liters drains back into the circulatory system (near the heart) each day.

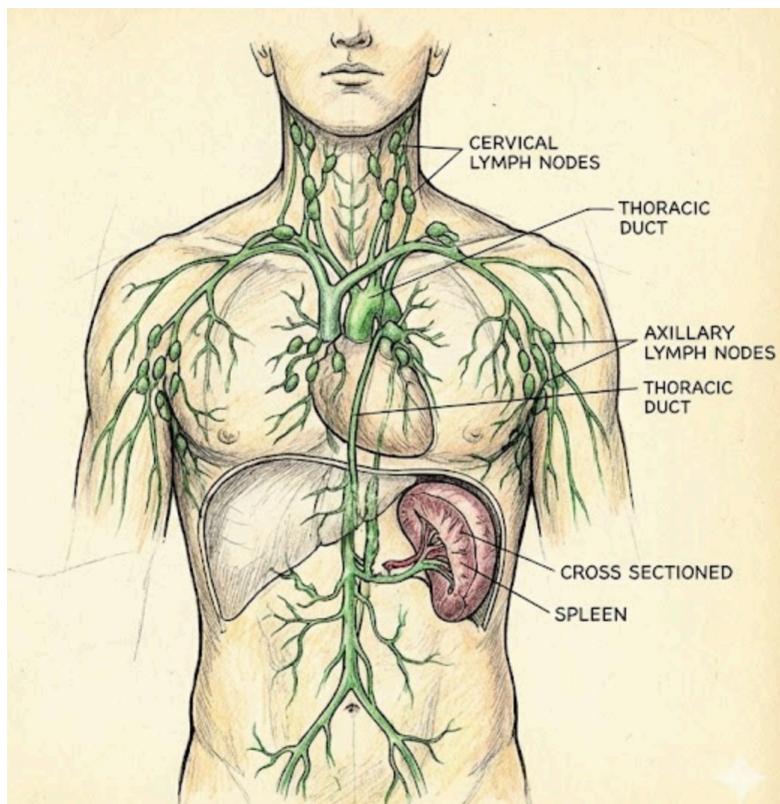


Figure 4: An AI generated drawing of the lymphatic system, showing lymph nodes and vessels.

Integumentary system

The integumentary system includes the skin, auditory and vision sensors, and sweat glands. It protects the body from environmental hazards, regulates temperature, and provides sensory information. Damage to this system can lead to infections, dehydration, or impaired sensation.

Microbiome

The human microbiome consists of trillions of microorganisms (bacteria, viruses (bacteriophages), fungi) that live on and inside the body, particularly in the gut. These microbes play a crucial role in digestion, immune function, and overall health. Disruption of the microbiome can lead to infections, digestive issues, or weakened immunity.

2 Cell Types and Functions

There are many cell types in the human body including:

stem, red blood, white blood, platelets, skeletal muscle, cardiac muscle, smooth muscle, neuron, neuroglial, endothelial, epithelial, bone, cartilage, fat, fibroblasts, mast, etc.

Some of those cell types with their functions include:

pneumocytes

Pneumocytes are specialized cells in the alveoli of the lungs that facilitate gas exchange. Type I pneumocytes form the structure of the alveolar walls, while Type II pneumocytes produce surfactant, which reduces surface tension and prevents alveolar collapse. Damage to pneumocytes can impair oxygen uptake and lead to respiratory distress.

red blood cells (erythrocytes)

Red blood cells (RBCs) are responsible for transporting oxygen from the lungs to tissues and carbon dioxide from tissues back to the lungs. They contain hemoglobin, a protein that binds oxygen. Damage to RBCs can lead to anemia, reduced oxygen delivery, and fatigue.

neurons

Neurons are the primary cells of the nervous system that transmit electrical signals. They consist of a cell body, dendrites, and an axon. Neurons communicate with each other through synapses. Damage to neurons can result in loss of sensation, motor function, or cognitive abilities.

There are approximately 30 trillion human cells (with our DNA) and 38 trillion bacterial cells (microbiome) in the average adult human body. Red blood cells make up about 84% of all human cells.

3 Injury Modes

Human Body System	Common Injury Modes
Muscular, skeletal	Slips, trips, falls, heavy or awkward lifting of objects, falling objects, machine crushing or cutting, high-speed or high-energy debris, blast or pressure waves, or blast fragment
Integumentary (skin, ears, eyes)	Cuts, thermal burns, chemical burns, noise, damage to eyes
Nervous, circulatory, digestive, respiratory, excretory, endocrine, reproductive, lymphatic, microbiome	Chemical interactions upon absorption through the skin, inhalation, ingestion, or injection

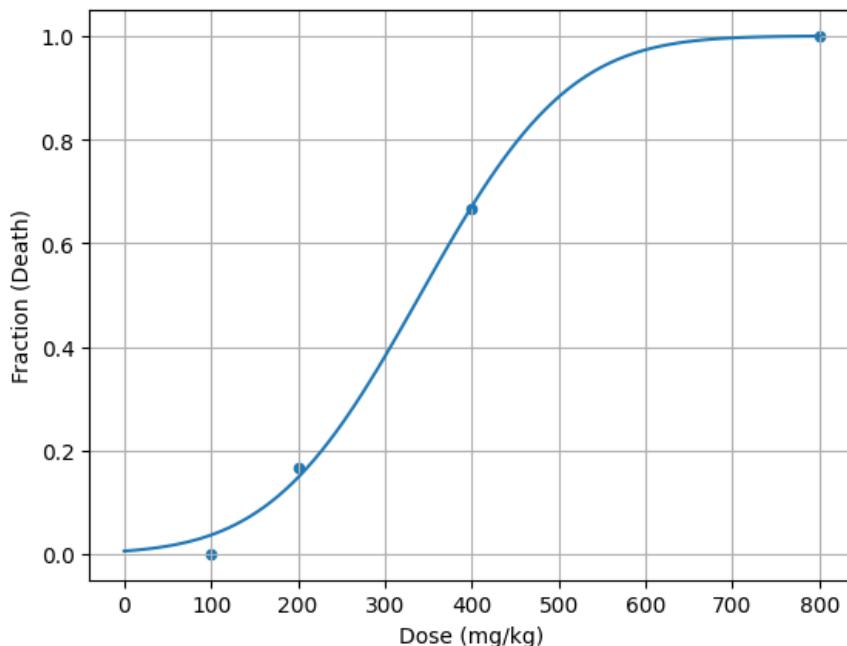
4 Chemical Lethality

```

import numpy as np; import pandas as pd
import matplotlib.pyplot as plt
from scipy.optimize import curve_fit
from scipy.stats import norm
#create a dataframe with the data
df = pd.DataFrame([100,200,400,800], columns=['Dose (mg/kg)'])
df['Fraction (Death)'] = [0/6,1/6,4/6,6/6]
#set function for fitting with curve_fit
def cumulative_gaussian(x, mu, sigma):
    return norm.cdf(x, mu, sigma)
# fit a cumulative gaussian to the data
popt, pcov = curve_fit(cumulative_gaussian, df['Dose (mg/kg)'], df['Fraction (Death)'], p0=[350, 100])

x = np.linspace(0, 800, 100)
y = cumulative_gaussian(x, *popt)
#plot the data and the fit
df.plot(x='Dose (mg/kg)', y='Fraction (Death)', kind='scatter')
plt.plot(x, y, label='fit'); plt.grid()
plt.show()

```



$$Y = \text{scipy.stats.norm.ppf}(f) + 5$$

where Y is the probit value and f is the mortality fraction of probability.

4.1 Thought Experiment

Roll two dice with the following criteria and plot the results:

- Roll the dice 5 times and count how many times you get a sum less than 3
- Roll the dice 5 times and count how many times you get a sum of 3 to 5

- Roll the dice 5 times and count how many times you get a sum 5 to 12

Plot the cumulative results.

```
import random
import matplotlib.pyplot as plt
import numpy as np
from scipy.stats import norm

num_rolls = 1000

count_2 = 0          # Sum <= 2
count_3_to_5 = 0    # 3 <= Sum <= 5
count_6_to_12 = 0   # 6 <= Sum <= 12

for _ in range(num_rolls):
    total_sum = random.randint(1, 6) + random.randint(1, 6)

    if total_sum < 3:
        count_2 += 1
    elif 3 <= total_sum <= 5:
        count_3_to_5 += 1
    elif 6 <= total_sum <= 12:
        count_6_to_12 += 1

# - - - 2. Process Data for Dose -Response Plot - - -
# The "Dose" is the upper limit of our sum ranges
doses = [2, 5, 12]

# Calculate Cumulative Fractions (accumulating the counts)
cum_fraction_1 = count_2 / num_rolls
cum_fraction_2 = (count_2 + count_3_to_5) / num_rolls
cum_fraction_3 = (count_2 + count_3_to_5 + count_6_to_12) / num_rolls

simulated_probs = [cum_fraction_1, cum_fraction_2, cum_fraction_3]

print(simulated_probs)
[0.03, 0.281, 1.0]

mu = 7 #average of 2 dice
sigma = np.sqrt(5.833) # Variance of 2 dice is ~5.833

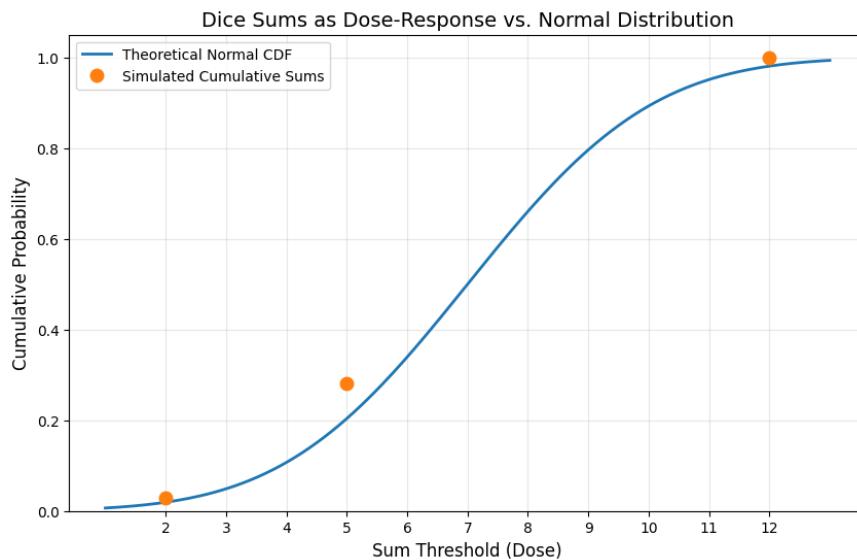
# Generate smooth line data
x_theoretical = np.linspace(1, 13, 200)
y_theoretical = norm.cdf(x_theoretical, loc=mu, scale=sigma)

plt.figure(figsize=(10, 6))
plt.plot(x_theoretical, y_theoretical, linewidth=2,
         label='Theoretical Normal CDF') # Plot the Theoretical Normal CDF (The Curve)

plt.plot(doses, simulated_probs, 'o', markersize=9,
         label='Simulated Cumulative Sums') # Plot the Simulated Data (The "Dose" Points)
```

```
# Formatting
plt.title('Dice Sums as Dose -Response vs. Normal Distribution', fontsize=14)
plt.xlabel('Sum Threshold (Dose)', fontsize=12)
plt.ylabel('Cumulative Probability', fontsize=12)
plt.legend()
plt.grid(True, alpha=0.3)
plt.xticks(range(2, 13))
plt.ylim(0, 1.05)

plt.show()
```



Action Items

1. Pick a human cell type mentioned in the sources (e.g., pneumocytes or erythrocytes) and research its function; write three paragraphs discussing its specific role in the body and the potential consequences if these cells were damaged by chemical exposure.
2. Explain the pathway through which a chemical entering the respiratory system eventually interacts with cells throughout the body.
3. Plot the linearized version of the plot given in the Figure above.