

Behavioral Intervention Plan for N

N's Hypothesis:

N is noncompliant (i.e., refuses directives and prompts 3 or more times for a scheduled task) and uses verbal aggression (i.e., insults staff and peers, uses profanity) when he is transitioning into quiet, hygiene, recreational, meal times, or free periods while in his residential setting in order to gain control of his environment (i.e., when engaging in noncompliance and verbally aggressive behavior, he attracts attention and argues with staff or peers, disagreeing with ideas or tasks that he expresses as undesirable).

Definitions:

Physical Aggression: striking staff or peers with any body part, invading personal space in a threatening manner, or throwing property of any sort.

Verbal Aggression: threatening physical harm to staff or peers or using vulgar language towards staff or peers (Includes bullying other peers)

Non-Compliance: having to be prompted 3 or more times for a scheduled task.

Target Goal:

- N will comply with daily schedule without displaying verbal aggression towards others. (reduce number of incidents from 127 to no more than 63 incidents a month.
- N will comply with daily schedule without displaying physical aggression towards others or property. (reduce number of incidents from 49 to no more than 25 incidents a month.

Positive Reinforcement (reward):

- N will earn "tokens" for displaying appropriate behavior and earn specific privileges for displaying appropriate behaviors in the residential setting.

Technique Guidelines (Singh, 1990):

- Obtain two coffee cans with plastic lids. Cut a slot into the lids of both coffee cans. Decorate one can with the name of the target student. (You may want to invite the student to decorate his or her coffee can with drawings or other artwork to personalize it.) Label the other coffee can "Grumpy." (You can embellish the "Grumpy" can with pictures of frowning faces or other symbols of irritation.) These necessary materials and instructions will be prepared and provided.
- Tell the student that he or she can earn points for readily and politely following adult requests. Introduce the "Points for Positive Program":
 - Behavioral Expectations:
 - Use helping behaviors with others.
 - Comply with schedule with 1 prompt with no angry words.
 - Remove self from stressful situations and use coping skills.
- Tell the student what your behavioral expectations for ready and polite compliance. The child will lose a point if you have to approach him or her for:
 - Talking back to you
 - Arguing
 - Verbal Aggression
 - Failing to comply within 60 seconds or 3 prompts of your making a request

- At the beginning of the shift, staff will obtain 20 “tokens” and place in their pocket.
- Each time staff has to approach N because he is verbally defiant or non-compliant, you will take out a token and place in the “grumpy” box.
- At the end of staffs shift they will give the remainder of their tokens to N to put in his “Positive Points” can.
- N may earn tokens periodically throughout the shift for displaying appropriate behaviors such as the following :
 - ^ Displaying helping behaviors towards others and using proper social skills
 - ^ Complying with schedule upon one prompt without verbal aggression
 - ^ Removed self from situation and implemented coping skills / self-directed

Consequences for displaying targeted behaviors in education or residential setting:

- Physical aggression- client will not receive next free time.
- Verbal aggression- client will receive 10 minutes off free time for each incident.
- Noncompliance –client will make up noncompliance time during free time.
- Physical intervention (TCI) – client will lose all remainder of free time for day/evening.

N’s progress will be monitored counting the total number tokens collected after each day on a Student Chart for ‘Points for Positive Program.’

Token Rewards: (180 tokens possible a week)

1. 150 Tokens (Scheduled in advance)

- McDonald’s Sundae
- \$10 Gift Card to Wal-Mart (can not be saved up)
- Library Outing on Sunday
- Lunch with dorm supervisor
- 15 Walk with Ms. Sample
- Bicycle outing at park

2. 75 Tokens (Immediate)

- Extra 15 minutes of free time
- Office work assignment from staff/supervisor that can be completed during recreation.
- Extra 15 minutes of late stay up.
- Can assist Safety & Security with lock up procedures.
- Ride bicycle around campus during recreation
- Candy Bar of Choosing
- Bag of Chips of Choice
- Can of Soda (Caffeine Free)

***He will cash in tokens during quiet time after school. This will help with him serving quiet time in his room such as counting his tokens, figuring out what he would like to purchase, etc.

Things to Remember:

- During a situation of verbal aggression, client does not lose 10 minutes of free time for each cuss word or exchange of words in one episode. The incident should be counted as one and ten minutes taken off free time. If they redirect and then begin again, that would be another incident. Do not engage in power struggles.
- Clients have their rooms set up where “coping items” should be the only items stored in or on their desks.
- Clients should have all “toys” in their toy bin which will be removed during loss of free time.

Progress/Results Monitored

Date	Shifts Weekday PM or Weekend AM/PM	Points in Grumpy Can (at end of shift)	Points in Positive Can (at end of shift)
03/13/2012	Weekend AM	0	20
03/14/2012	Weekend AM/PM	2	18
03/15/2012	Weekend AM/PM	2	18
03/16/2012	Weekend AM/PM	5	15
03/17/2012	Weekend AM	3	17
03/17/2012	Weekend PM	4	16
03/18/2012	Weekend AM	11	20
03/19/2012	Weekend AM/PM	5	15
03/20/2012	Weekend AM/PM	0	20
03/21/2012	Weekend AM/PM	0	20
03/22/2012	Weekend AM/PM	3	17
03/23/2012	Weekend AM/PM	4	16
03/24/2012	Weekend AM	3	17
03/24/2012	Weekend PM	4	16
03/25/2012	Weekend AM	5	15
03/26/2012	Weekend AM/PM	5	15
03/27/2012	Weekend AM/PM	4	16
03/28/2012	Weekend AM/PM	6	34
03/29/2012	Weekend AM/PM	4	16
03/31/2012	Weekend AM	4	16
03/31/2012	Weekend PM	3	17

***Not implementing plan during EDUCATION shifts.



