

CHOCOLATE MOUSSE

No need to give up yummy desserts when eating plant-based! Here is how to make a chocolate mousse with avocados.

Ingredients

2 ripe avocados 1/2 cup cocoa powder 1/4 cup maple syrup 3 Tbsp soy milk 1/2 tsp vanilla extract pinch of salt

DIRECTIONS

Blend all the ingredients together et voila!

www.clorofil.org 41