

Crème Brûlée is a classic French dessert consisting of a rich custard base topped with a contrasting layer of hard caramelized sugar. Here's an easy plant-based version of this fancy dessert.

## INGREDIENTS

*serves 4*

### CREAM:

2/3 cup raw cashews  
1 1/2 cup plant-based milk  
(I use oat milk)  
1/2 cup sugar  
3/4 Tbsp cornstarch

### CARAMEL:

1 tsp superfine sugar  
(caster sugar) per ramekin

## DIRECTIONS

Blend all the ingredients for the cream until smooth.

In a saucepan, cook the mixture over medium high heat, stirring constantly until the sauce thickens.

Pour the cream into 4 ramekins. Flatten the surface of the cream in each ramekin.

Let cool in the refrigerator until ready to eat.

When ready to serve, evenly spread a thin layer of superfine sugar on top of each ramekin.

Using a kitchen torch, carefully caramelize the sugar (this requires some practice!).

Serve immediately.