

ONE MINUTE CHOCOLATE MUG CAKE

Want a slice of cake with your coffee but don't have time to bake a whole cake? Here is a quick recipe for a quick all plant-based chocolate cake for 1 person.

INGREDIENTS

makes 1 mug cake

3 Tbsp flour

2 Tbsp cocoa powder

2 Tbsp sugar

1/4 tsp baking powder

1 pinch of salt

4 Tbsp soy milk

2 tsp oil

1/2 tsp vanilla extract

DIRECTIONS

Mix all the dry ingredients well before adding the wet ones. Put 1 minute in the microwave for a moist lava type cake.

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