## MOOS



## community consent forms



## Welcome to MOOS

Thank you for joining us. Be a guest, be a host.









- 1. **High Trust:** We believe each of us is doing the best they can with the information we have, fostering an atmosphere of trust and respect. This foundational belief in each other's intentions strengthens our collective commitment and support.
- 2. **Radical Self-reliance**: We encourage everyone to rely on their own resources, ask for support, and seek help when necessary. This means simply ask for things you need, ask to participate in events, meals, or conversations if you would like. When in doubt, ask it out.
- 3. **Radical Self-expression**: Express yourself as respectfully and authentically as possible. We believe our unique selves are our greatest gifts and contribution to the community.
- 4. **Collective Collaboration**: We work together and embrace the power of collective effort over individual action. Our strength lies in unity and support. We share the creation and enjoyment of communal spaces and projects.
- 5. **Leaving No Trace**: we aim to honour the beauty of our spaces by leaving no matter out of place in spaces and at all our gatherings. This means cleaning up after cooking meals, putting empty bottles in pfand, all that good stuff.
- 6. **Radical Consent**: Clear verbal communication is essential to respect individual boundaries and consent. We hope you feel safe to always speak your boundaries. If you need support setting boundaries, please talk to an organiser at any time. Only yes means yes.
- 7. **Immediacy**: Valuing the present, we aim to break down barriers to inner self-awareness, societal participation, and nature connection through direct experience. Be here now.
- 8. **Neighbourhood Care**: We respect our local community by minimising disturbances, responsibly using community spaces, and adhering to designated parking and noise guidelines. The DG kitchen, as well as the courtyard and street outside are whisper zones after 10pm.
- 9. **Stewardship of Belongings**: Most items within our community have their homes. They like to stay where they belong. We preserve the harmony of our shared spaces by ensuring things aren't taken or moved without communal consent, upholding a collective respect for our environment and each other's property.
- 10. **Gifting**: We embrace non-transactionality, where sharing reflects caring without expectation of return. To be able to gift is a gift.