

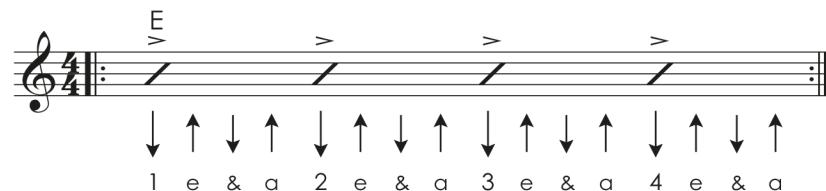
Be introduced to 16th-note strumming

Now you will learn another way to approach strum patterns.

In rhythmic music theory, we have 8th notes and we have 16th notes. For now, you do not need to know the details of each except for how it works out with the down strums and the up strums per beat and per bar (or measure).

eighth notes = two strums per beat x four beats = 8 strums per bar

sixteenth notes = four strums per beat x four beats = 16 strums per bar



We use “e & a” along with the beat number to count aloud. This helps us keep track of the 16th-note rhythm for each beat.

Make sure you tap your foot only on beats 1, 2, 3 and 4, not with every down strum, which is what we did for 8th-note strumming.

Also, put an accent on each beat. That will help you really feel the 16th notes.

Strum this basic 16th-note pattern for a few minutes each practice session and you will quickly internalize this new strum. You will soon be creating variations using dotted arrows, just like we did with the 8th-note strum patterns.