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# Kubernetes Defensive Monitoring with Prometheus

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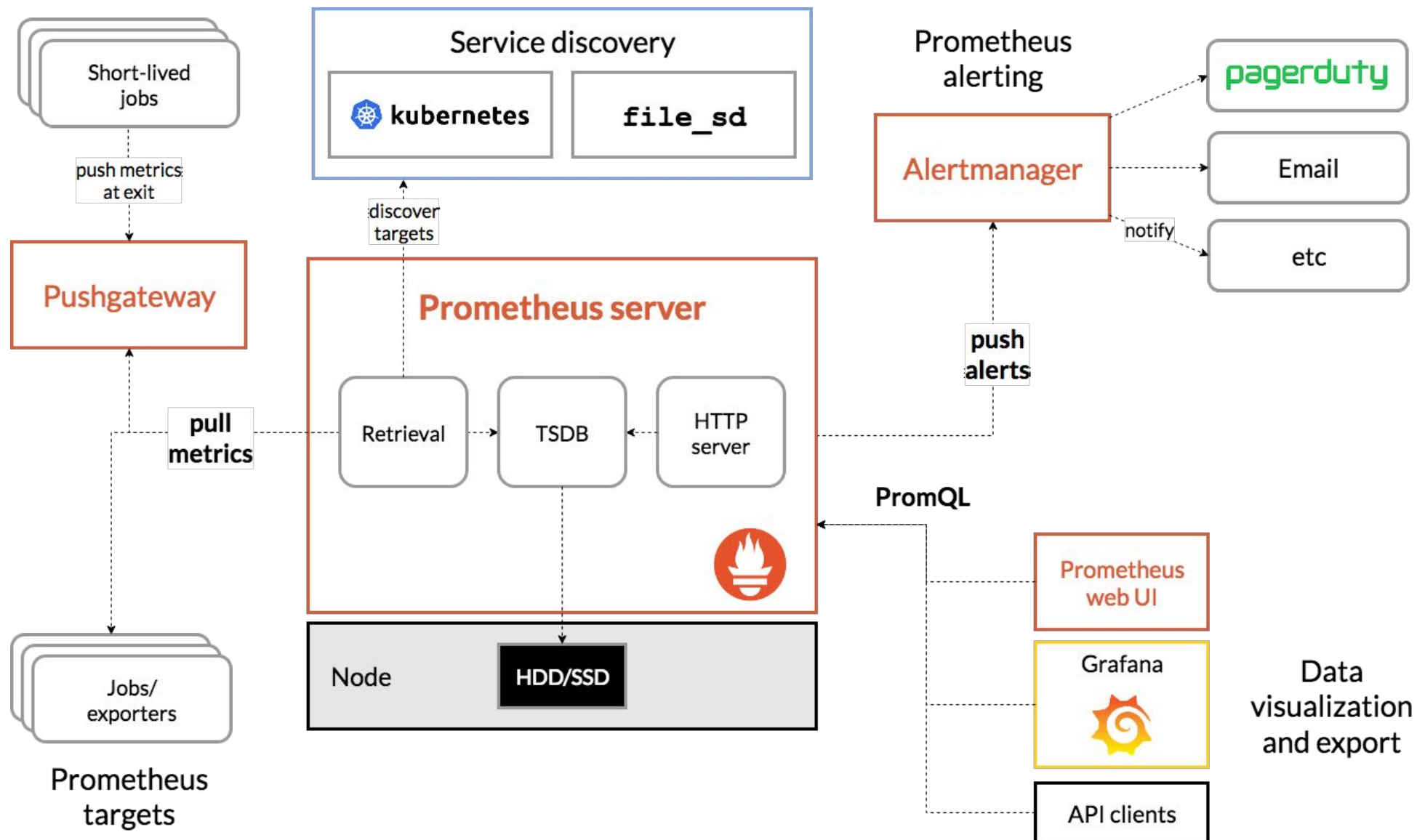
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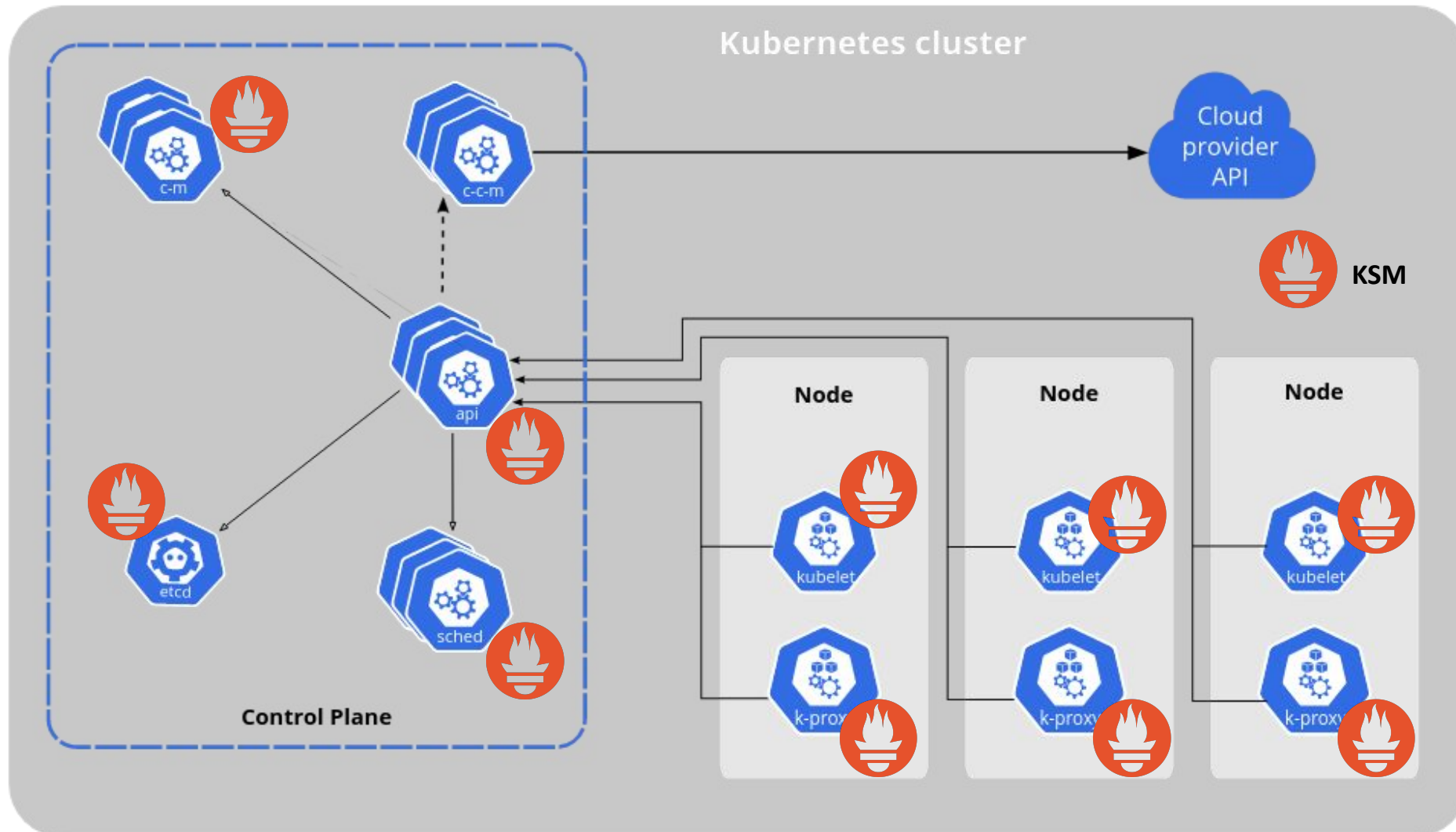
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# What is Prometheus





# What is Prometheus





# What is Prometheus

```
# TYPE apiserver_flowcontrol_priority_level_request_count_samples_count_untyped
apiserver_flowcontrol_priority_level_request_count_samples_count{instance="172.20.58.7:443",job="kubernetes-
apiservers",phase="waiting",priority_level="workload-low",origin_prometheus="prometheusDemoInternal"} 3.8021091022e+10 1681302897117
apiserver_flowcontrol_priority_level_request_count_samples_count{instance="172.20.58.7:443",job="kubernetes-
apiservers",phase="executing",priority_level="global-default",origin_prometheus="prometheusDemoInternal"} 3.8021082011e+10 1681302897117
apiserver_flowcontrol_priority_level_request_count_samples_count{instance="172.20.58.7:443",job="kubernetes-
apiservers",phase="executing",priority_level="leader-election",origin_prometheus="prometheusDemoInternal"} 3.8021090825e+10 1681302897117
apiserver_flowcontrol_priority_level_request_count_samples_count{instance="172.20.58.7:443",job="kubernetes-
apiservers",phase="executing",priority_level="catch-all",origin_prometheus="prometheusDemoInternal"} 3.8021084859e+10 1681302897117
apiserver_flowcontrol_priority_level_request_count_samples_count{instance="172.20.58.7:443",job="kubernetes-
apiservers",phase="executing",priority_level="system",origin_prometheus="prometheusDemoInternal"} 3.802109102e+10 1681302897117
apiserver_flowcontrol_priority_level_request_count_samples_count{instance="172.20.58.7:443",job="kubernetes-
apiservers",phase="executing",priority_level="workload-high",origin_prometheus="prometheusDemoInternal"} 3.8021090867e+10 1681302897117
apiserver_flowcontrol_priority_level_request_count_samples_count{instance="172.20.58.7:443",job="kubernetes-
apiservers",phase="executing",priority_level="workload-low",origin_prometheus="prometheusDemoInternal"} 3.8021091022e+10 1681302897117
apiserver_flowcontrol_priority_level_request_count_samples_count{instance="172.20.58.7:443",job="kubernetes-
apiservers",phase="waiting",priority_level="catch-all",origin_prometheus="prometheusDemoInternal"} 3.8021084852e+10 1681302897117
apiserver_flowcontrol_priority_level_request_count_samples_count{instance="172.20.58.7:443",job="kubernetes-
apiservers",phase="waiting",priority_level="global-default",origin_prometheus="prometheusDemoInternal"} 3.8021082e+10 1681302897117
apiserver_flowcontrol_priority_level_request_count_samples_count{instance="172.20.58.7:443",job="kubernetes-
apiservers",phase="waiting",priority_level="leader-election",origin_prometheus="prometheusDemoInternal"} 3.8021090821e+10 1681302897117
apiserver_flowcontrol_priority_level_request_count_samples_count{instance="172.20.58.7:443",job="kubernetes-
apiservers",phase="waiting",priority_level="node-high",origin_prometheus="prometheusDemoInternal"} 3.8021090711e+10 1681302897117
apiserver_flowcontrol_priority_level_request_count_samples_count{instance="172.20.58.7:443",job="kubernetes-
apiservers",phase="waiting",priority_level="system",origin_prometheus="prometheusDemoInternal"} 3.802109102e+10 1681302897117
apiserver_flowcontrol_priority_level_request_count_samples_count{instance="172.20.58.7:443",job="kubernetes-
apiservers",phase="waiting",priority_level="workload-high",origin_prometheus="prometheusDemoInternal"} 3.8021090866e+10 1681302897117
apiserver_flowcontrol_priority_level_request_count_samples_count{instance="172.20.58.7:443",job="kubernetes-
apiservers",phase="executing",priority_level="node-high",origin_prometheus="prometheusDemoInternal"} 3.8021090723e+10 1681302897117
# TYPE apiserver_flowcontrol_priority_level_request_count_samples_sum_untyped
apiserver_flowcontrol_priority_level_request_count_samples_sum{instance="172.20.58.7:443",job="kubernetes-
apiservers",phase="waiting",priority_level="workload-low",origin_prometheus="prometheusDemoInternal"} 852675.3804900392 1681302897117
apiserver_flowcontrol_priority_level_request_count_samples_sum{instance="172.20.58.7:443",job="kubernetes-
apiservers",phase="executing",priority_level="global-default",origin_prometheus="prometheusDemoInternal"} 86374.16326409948 1681302897117
```



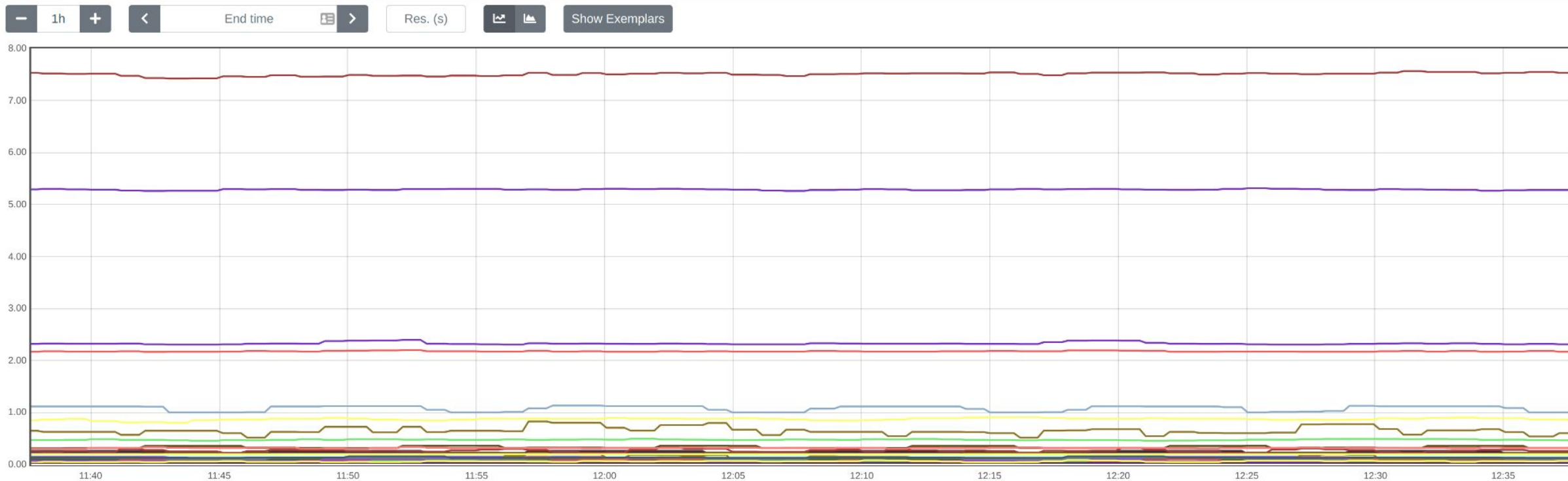
# What is Prometheus

Q `rate(apiserver_request_duration_seconds_count[5m])`

Execute

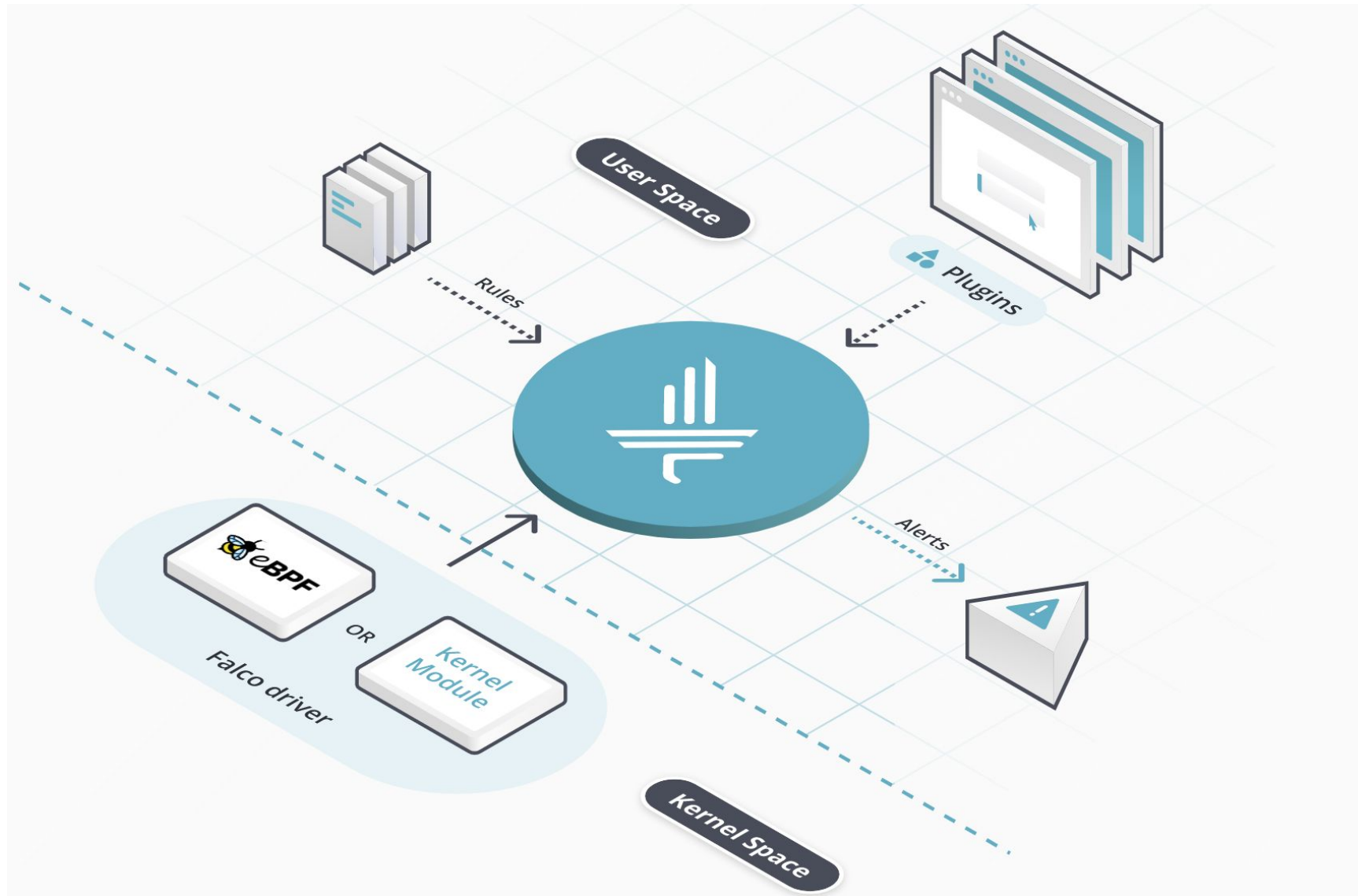
Table Graph

Load time: 305ms Resolution: 14s Result series: 662



- `{component="apiserver", group="acme.cert-manager.io", instance="172.20.58.7:443", job="kubernetes-apiservers", resource="challenges", scope="cluster", verb="LIST", version="v1"}`
- `{component="apiserver", group="acme.cert-manager.io", instance="172.20.58.7:443", job="kubernetes-apiservers", resource="challenges", scope="cluster", verb="WATCH", version="v1"}`
- `{component="apiserver", group="acme.cert-manager.io", instance="172.20.58.7:443", job="kubernetes-apiservers", resource="challenges", scope="namespace", verb="DELETE", version="v1"}`
- `{component="apiserver", group="acme.cert-manager.io", instance="172.20.58.7:443", job="kubernetes-apiservers", resource="challenges", scope="namespace", verb="LIST", version="v1"}`
- `{component="apiserver", group="acme.cert-manager.io", instance="172.20.58.7:443", job="kubernetes-apiservers", resource="challenges", scope="namespace", verb="POST", version="v1"}`
- `{component="apiserver", group="acme.cert-manager.io", instance="172.20.58.7:443", job="kubernetes-apiservers", resource="challenges", scope="resource", subresource="status", verb="PUT", version="v1"}`
- `{component="apiserver", group="acme.cert-manager.io", instance="172.20.58.7:443", job="kubernetes-apiservers", resource="challenges", scope="resource", verb="DELETE", version="v1"}`
- `{component="apiserver", group="acme.cert-manager.io", instance="172.20.58.7:443", job="kubernetes-apiservers", resource="challenges", scope="resource", verb="PUT", version="v1"}`

# What is Falco







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# Preface



*When the only tool you have is hammer, everything looks like a nail.*

*When the only tool you have is ~~hammer~~, everything looks like a ~~nail~~.*  
*Prometheus metrics*



# Why metrics?

| Capability                       | Metrics-based Monitoring         | Runtime Security (Falco)  | Image Scanning              |
|----------------------------------|----------------------------------|---------------------------|-----------------------------|
| Detect unusual behavior          | ✓                                | ✓                         | ✗                           |
| Monitor resource usage           | ✓                                | ⚠<br>Limited              | ✗                           |
| Alert on specific events         | ✓                                | ✓                         | ✓                           |
| Anomaly detection                | ✓                                | ⚠<br>Limited (Rule-based) | ✗                           |
| Detect insecure configs          | ✗                                | ✓                         | ✓                           |
| Monitor network activity         | ⚠<br>Limited                     | ✓                         | ✗                           |
| Detect vulnerable packages       | ⚠<br>Limited (Labels)            | ✗                         | ✓                           |
| Container visibility             | ⚠<br>Limited (Metrics)           | ✓<br>(System calls)       | ✗                           |
| Real-time detection              | ✓                                | ✓                         | ✗<br>(Pre-deployment)       |
| Incident investigation           | ⚠<br>Limited (Metrics)           | ✓<br>(Detailed events)    | ⚠<br>Limited (Scan results) |
| Historical data and past context | ✓                                | ⚠<br>Limited              | ⚠<br>Limited                |
| Detect insider threats           | ⚠<br>Limited                     | ✓                         | ⚠<br>Limited                |
| Detect application-level attacks | ✓<br>(Custom metrics & alerting) | ⚠<br>Limited              | ✗                           |



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# Quick introduction to Anomaly detection with Prometheus

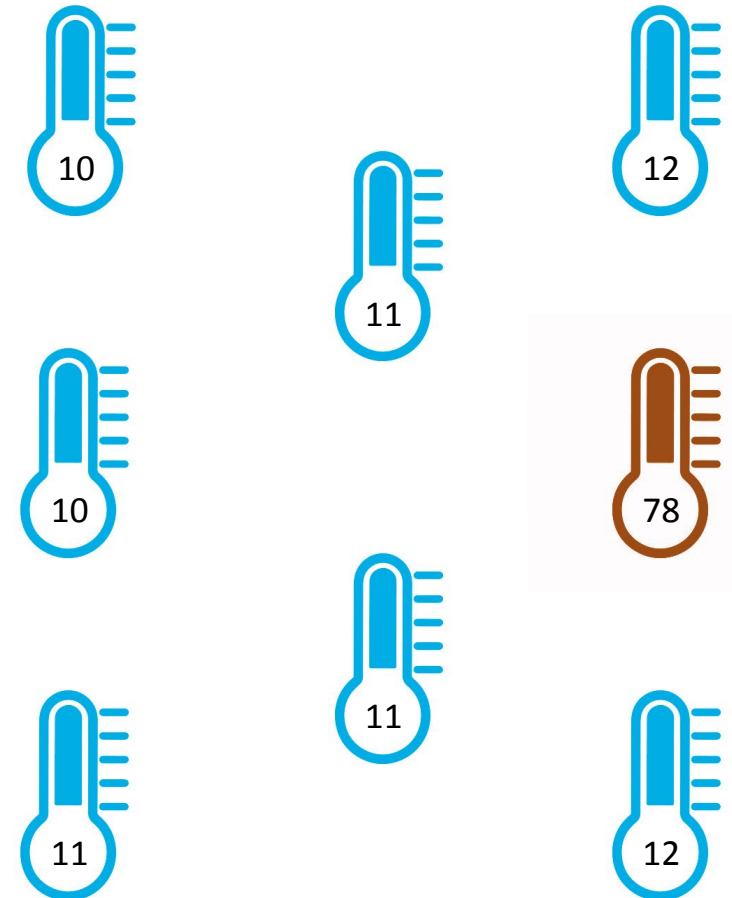
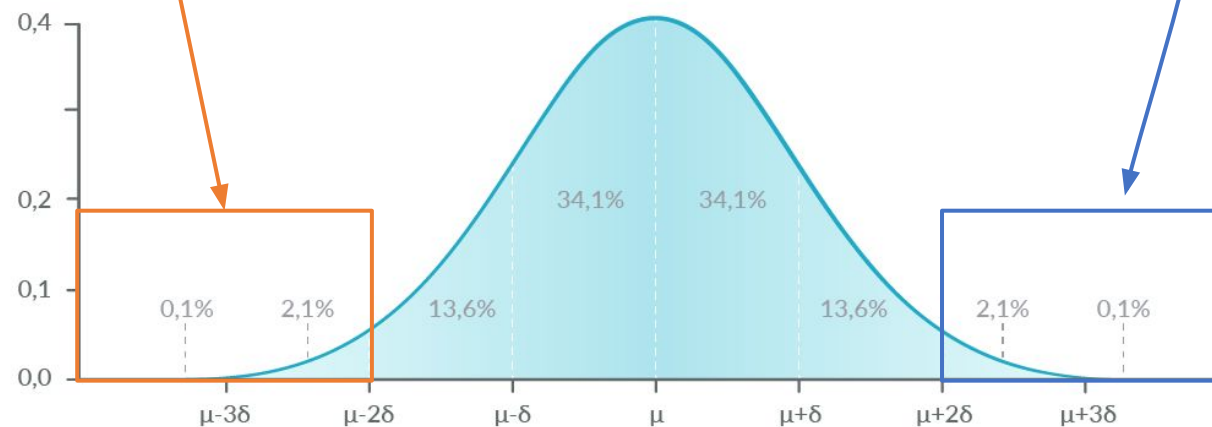
# Anomaly detection

## Group anomaly:

Detect 5% anomalies (top and bottom):

$\text{temp} > \text{avg}(\text{temp}) + 2 * \text{stddev}(\text{temp})$

OR  $\text{temp} < \text{avg}(\text{temp}) - 2 * \text{stddev}(\text{temp})$



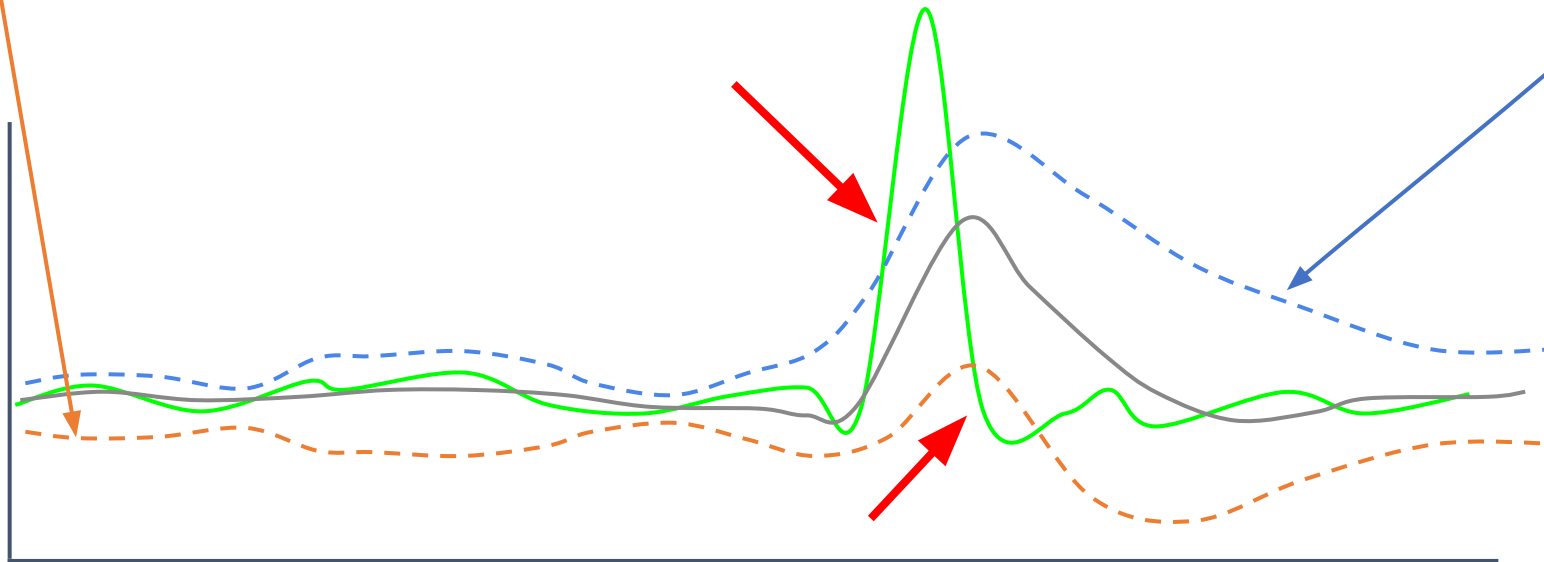


# Anomaly detection

## Simple time anomalies:

Detect samples that are "different" than the values in the last minutes (or hours, days...):

```
temp > avg_over_time (temp[5m]) + 2 * stddev_over_time(temp[5m])  
OR temp < avg_over_time (temp[5m]) - 2 * stddev_over_time(temp[5m])
```



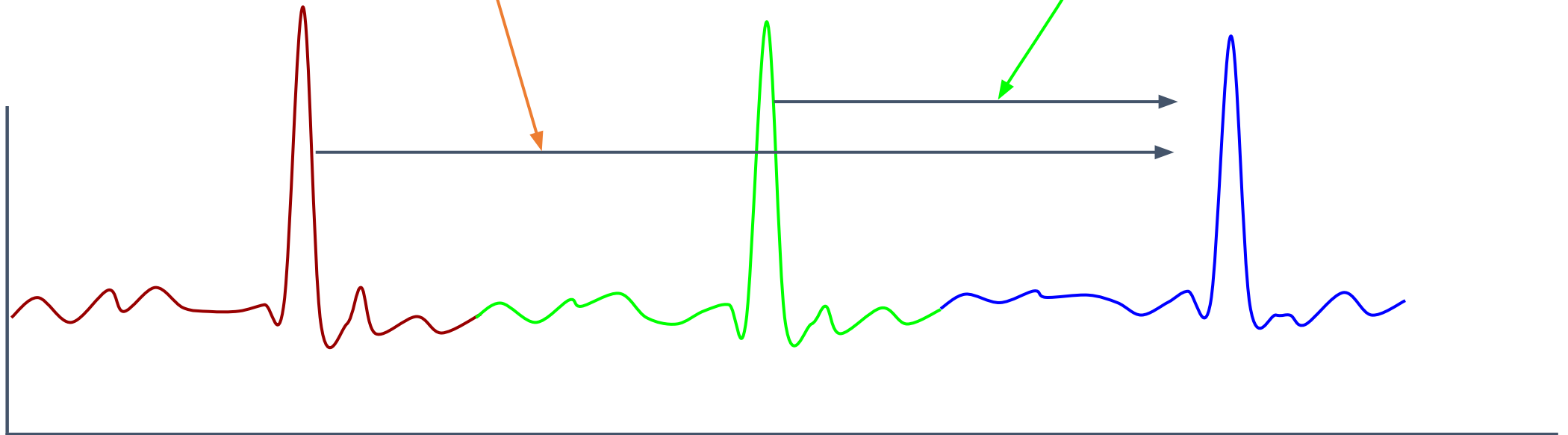
# Anomaly detection

**Seasonal time anomalies:** We move the windows to the present with the offset modifier and create new auxiliary time series and adding new label tsprofile with label\_replace

```
(  
label_replace(temp offset 1h, "tsprofile", "1h", "", "")
```

```
or label_replace(temp offset 2h, "tsprofile", "2h", "", "")
```

```
)
```

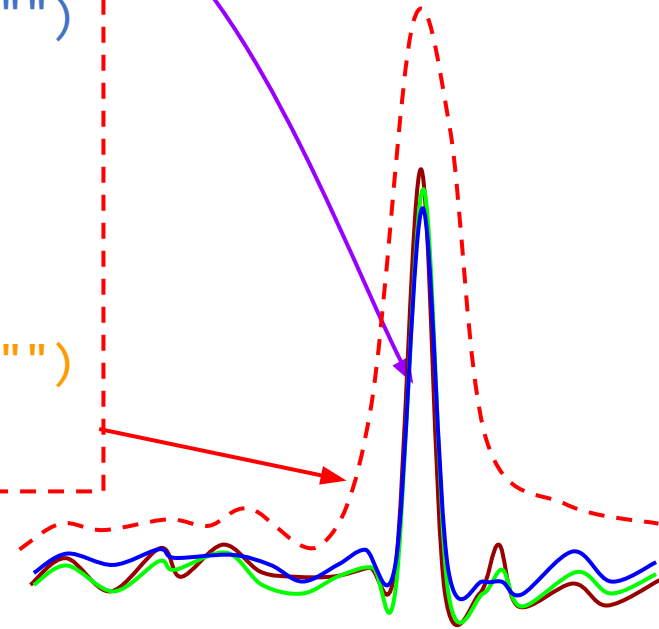


# Anomaly detection

**Seasonal time anomalies:** And when they overlap, we will treat them as a group anomaly

```
temp > (
```

```
  avg by (sensor_id)(  
    label_replace(temp offset 1h, "tsprofile", "1h", "", "")  
    or label_replace(temp offset 2h, "tsprofile", "2h", "", "")  
  ) + 2 *  
  stddev by (sensor_id)(  
    label_replace(temp offset 1h, "tsprofile", "1h", "", "")  
    or label_replace(temp offset 2h, "tsprofile", "2h", "", "")  
  ))
```







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# Security threats with Prometheus

# Security threats with Prometheus

## Unauthorized attempts to access to API-Server:

Detect unauthorized attempts to access the API server:

```
sum by (client)(  
    rate(apiserver_request_total{code=~"401|403"}[5m]))
```

# Security threats with Prometheus

## Unauthorized attempts to access to resources:

Unauthorized access attempts to sensitive resources:

```
sum by (username, resource) (  
  rate(apiserver_request_total  
    {resource=~"secrets|configmaps",  
      code=~"401|403"}[5m]))
```

Cluster-wide changes (possible insider):

```
rate(apiserver_request_total  
  {verb=~"CREATE|UPDATE|PATCH|DELETE",  
    scope="cluster"}[5m])
```



# Security threats with Prometheus

## Creation of new ingress (possible back-door creation):

New ingress in the last 5 minutes:

```
count(kube_ingress_created)
- count(kube_ingress_created offset 5m)
> 0
```

# Security threats with Prometheus

## Certificates near to expire:

In Kubernetes elements:

```
histogram_quantile(0.01, sum by(job, instance, le)
  (rate(apiserver_client_certificate_expiration_seconds_bucket[5m])))
< 3600 * 24 * 7
```

In Apps:

```
certmanager_certificate_expiration_timestamp_seconds - time()
< 3600 * 24 * 7
```

# Security threats with Prometheus

## Fingerprinting attempts:

High 404 errors in ingress controller:

```
(sum by (host, path)
  (rate(nginx_ingress_controller_requests{status=~"404"}[5m])))
```

```
/ sum by (host, path)
  (rate(nginx_ingress_controller_requests{}[5m])))
```

> 0.3

# Security threats with Prometheus

## Force brute attacks:

High 403 errors in ingress controller:

```
(sum by (host, path)
  (rate(nginx_ingress_controller_requests{status=~"403"}[5m])))
```

```
/ sum by (host, path)
  (rate(nginx_ingress_controller_requests{}[5m])))
```

> 0.3



# Security threats with Prometheus

## SQL injection attacks:

High 500 errors in ingress controller:

```
(sum by (host, path)
  (rate(nginx_ingress_controller_requests{status=~"500"}[5m])))
```

```
/ sum by (host, path)
  (rate(nginx_ingress_controller_requests{}[5m])))
```

> 0.3

# Security threats with Prometheus

## Anomaly usage of volumes (possible symlink attack or DoS):

High inode usage in a volume compared with other volumes:

```
(sum by (instance)(kubelet_volume_stats_inodes_used)
/ sum by (instance)(kubelet_volume_stats_inodes))

>

scalar(
  avg (
    sum by (instance) (kubelet_volume_stats_inodes_used)
    / sum by (instance) (kubelet_volume_stats_inodes)))

+ 3 * scalar(
  stddev (
    sum by (instance) (kubelet_volume_stats_inodes_used)
    / sum by (instance) (kubelet_volume_stats_inodes)))
```

# Security threats with Prometheus

## Abnomal CPU consumption in container (possible crypto-mining):

Container consuming more CPU than the same containers in other pods of the same workload:

```
rate(container_cpu_usage_seconds_total{pod!="",cpu="total"}[5m]) * on (pod)
group_left(owner_name,owner_kind) kube_pod_owner
```

```
> on (owner_name,owner_kind,namespace,container) group_left
```

```
avg by (owner_name,container,namespace,owner_kind)
(rate(container_cpu_usage_seconds_total{pod!="",cpu="total"}[5m]) * on (pod)
group_left(owner_name,owner_kind) kube_pod_owner)
```

```
+ 3 * stddev by (owner_name,container,namespace,owner_kind)
(rate(container_cpu_usage_seconds_total{pod!="",cpu="total"}[5m]) * on (pod)
group_left(owner_name,owner_kind) kube_pod_owner)
```

# Security threats with Prometheus

## Abnormal network outbound bytes from a pod (possible data exfiltration):

Pod sending more bytes than the rest of the pods of the same workload:

```
sum by (pod,namespace)
  (rate(container_network_transmit_bytes_total{pod!=""}[5m])) * on (pod)
  group_left(owner_name,owner_kind) kube_pod_owner

> on (owner_name,owner_kind,namespace) group_left

avg by (owner_name,owner_kind,namespace)
  (sum by (pod,namespace)
    (rate(container_network_transmit_bytes_total{pod!=""}[5m])) * on (pod)
    group_left(owner_name,owner_kind) kube_pod_owner)

+ 3 * stddev by (owner_name,owner_kind,namespace)
  (sum by (pod,namespace)
    (rate(container_network_transmit_bytes_total{pod!=""}[5m])) * on (pod)
    group_left(owner_name,owner_kind) kube_pod_owner)
```

# Security threats with Prometheus

## Abnormal network outbound package size (possible massive extraction):

Abnormal packets response size in ingress controller:

```
histogram_quantile(0.99,  
  sum by (path,host, le)  
    (rate/nginx_ingress_controller_response_size_bucket[5m])) )
```

>

```
avg_over_time(  
  histogram_quantile(0.99, sum(rate/nginx_ingress_controller_response_size_bucket[5m])) by  
    (path,host, le))[1h:5m]  
  
+ 3 * stddev_over_time(  
  histogram_quantile(0.99, sum(rate/nginx_ingress_controller_response_size_bucket[5m])) by  
    (path,host, le))[1h:5m])
```





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# Time machine of kubernetes topology

# Time machine of kubernetes topology

kube-state-metrics provides **kube\_pod\_info**, which can be used to infer some information about the cluster's topology

```
kube_pod_info{  
  pod  
  namespace  
  host_ip  
  pod_ip  
  node  
  created_by_kind  
  created_by_name  
  uid  
  priority_class  
  host_network  
}
```



Deployment  
StatefulSet  
DaemonSet

The PromQL modifier **offset** allows us go back in time and query the value of the metric in the past:

```
kube_pod_info offset 5m
```

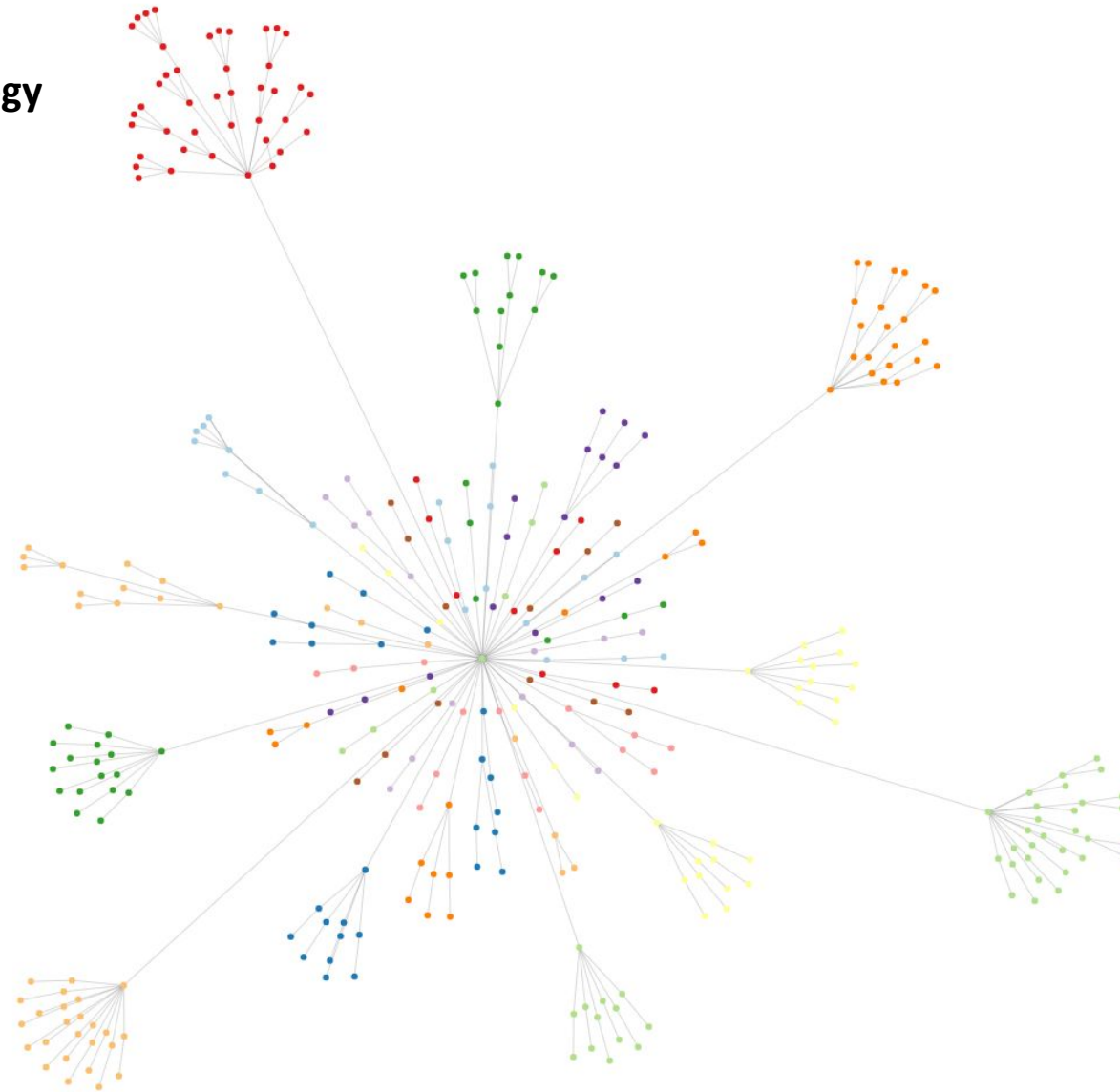
```
kube_pod_info offset 1h
```

```
kube_pod_info offset 2d
```

```
kube_pod_info offset 4w
```

# Time machine of kubernetes topology

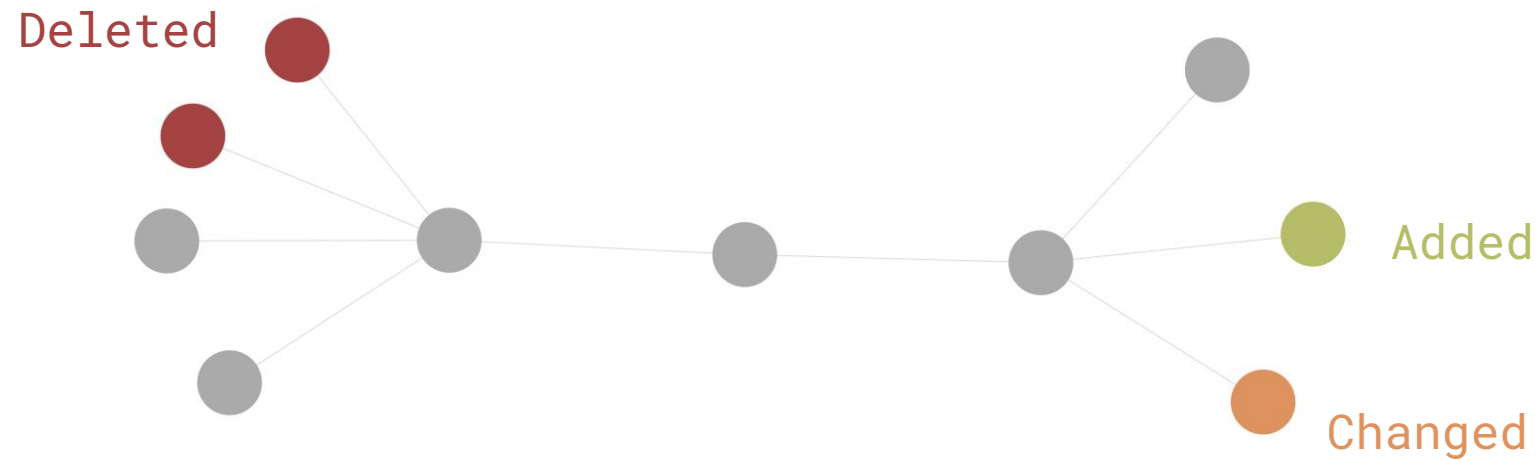
## Visualizing Infrastructure Topology



<https://gist.github.com/mircodezorzi/fbcbd69319888d23717daaaa9361e98c>

# Time machine of kubernetes topology

## Visualizing Topology Over Time



# Time machine of kubernetes topology

Service meshes can give more insight regarding network topology, emitting service level metrics with request source and destination.

## Istio

```
istio_requests_total{  
    source_app  
    source_workload  
    destination_app  
    destination_workload  
    ...  
}
```

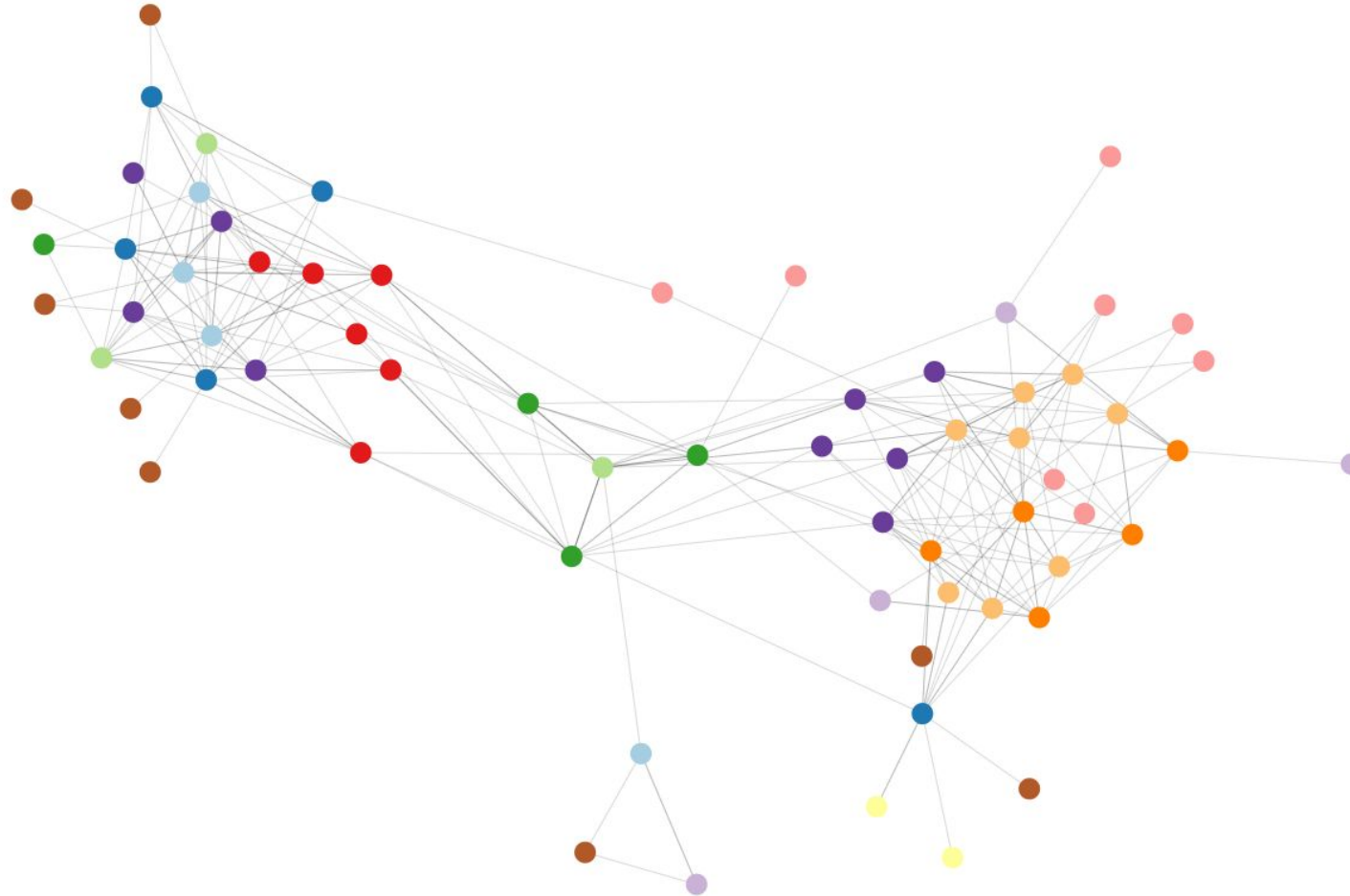
## Linkerd

```
request_total{  
    pod  
    deployment  
    ...  
    dst_deployment  
}
```



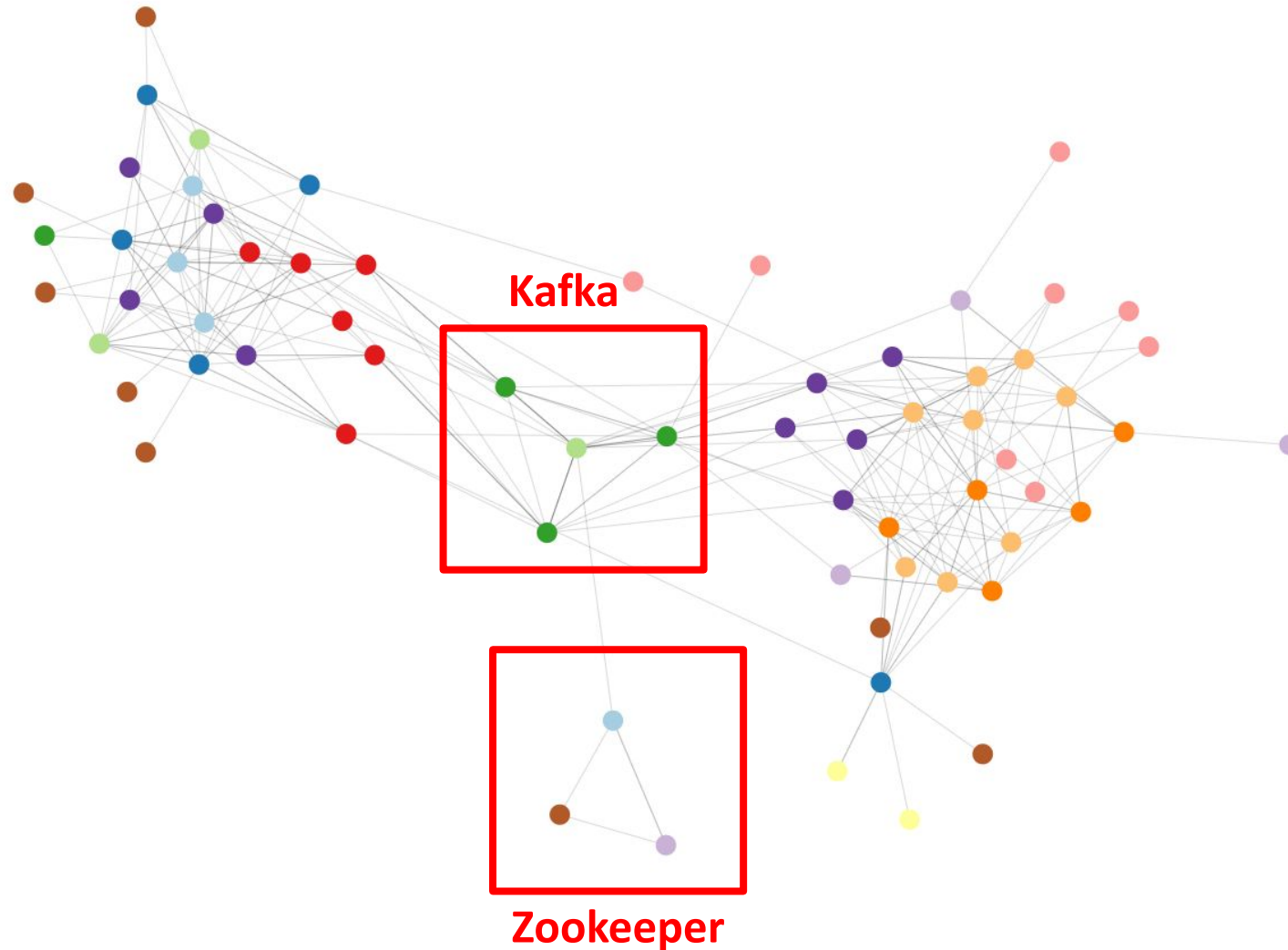
# Time machine of kubernetes topology

## Visualizing Network Traffic Between Pods



# Time machine of kubernetes topology

## Visualizing Network Traffic Between Pods





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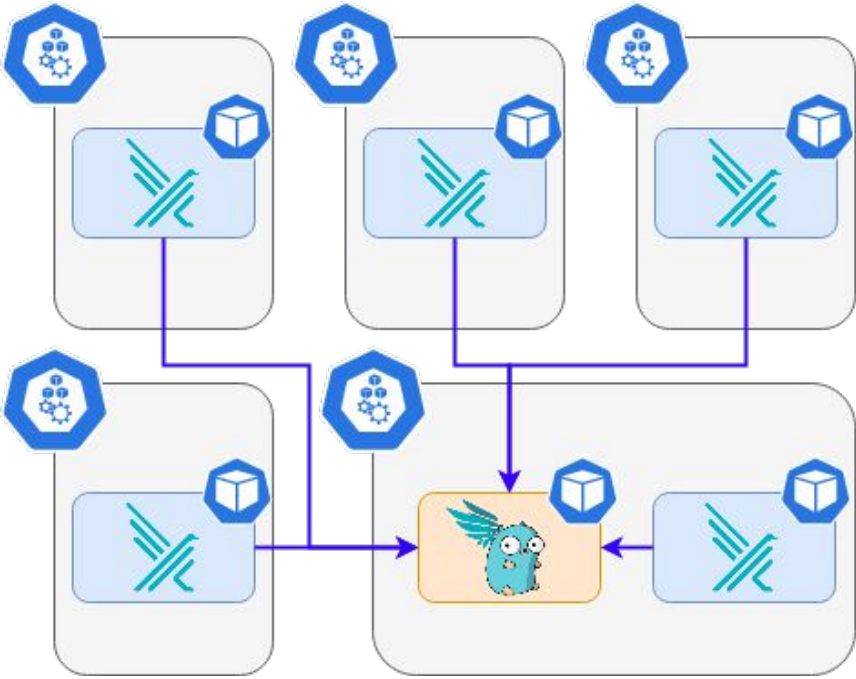
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# Monitoring Falco



# Monitoring Falco

|                    | Falco Exporter | Falco Sidekick                                |
|--------------------|----------------|---|
| Type of deployment | Sidecar        | Deployment                                    |
| Cardinality        | 1 / node       | 1 / cluster                                   |
| Metrics            | Falco Events   | Falco events<br>Output (destination + status) |
| Extra labels       | ✗              | ✓   |



High number of detections of a rule:

```
increase(falco_events{rule="Write below monitored dir"}[5m]) > 5
```

High number of critical events:

```
increase(falco_events{priority="Critical"}[5m]) > 10
```

High number of errors in outputs:

```
rate(falcosidekick_outputs{destination="webui", status="error"}[5m]) /  
rate(falcosidekick_outputs{destination="webui"}[5m])  
> 0.1
```





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to leave feedback on this session